

MEADOWLARK

Save the Date: Dinner for the Friends of the Sharing Fund

The 33rd Annual Friends of the Sharing Fund Dinner will be held on Wednesday, October 23, 2019 in Fisher Auditorium. We are excited to welcome baritone singer, Anthony Brown to the Dock Woods campus to provide entertainment. Anthony, an international promoter of peace, was involved in facilitating the reduction of tensions in Northern Ireland, Bosnia and Northern Uganda. He is lauded for his moving performances of spirituals, but he is a versatile and dynamic performer who sings in a variety of genres including opera and oratorio. Timothy Bentch, our guest from last year, will join him for a number of songs. You can learn more about Anthony at www.anthonybrowncbaritone.net. All proceeds from the event benefit the Dock Woods and The Willows Sharing Fund, which provides grants to residents who are no longer able to cover the full cost of their care. Invitations will be mailed in mid-September. For more information, please contact Keith Heavener at extension 44115.



On Thursday, September 12 at 2:00 p.m. we will hold our **Quarterly Resident Meeting** in the Activity Room. Please plan to attend this meeting! As always, we will have updates and reports from Willows' leadership. This month we will also have Bruce Alder, Chief Risk Officer for Living Branches, join us for a special presentation. Bruce will take some time to discuss hot scams of the moment and preventing Elder financial abuse. This is important information and will provide you with tools you can use to protect yourself.



September Movie Titles

Join us Friday Nights at 6:00 p.m.
the TV Lounge

September 6 - "Beyond the Sea"

September 13 - "Swing Kids"

September 20 - "Back to the Beach"

September 27 - "Rocky Balboa"

* See the bulletin boards for full movie descriptions

Do you love pets? We love pets!

Certified pet therapy dogs and cats are a welcome addition to our volunteer program. Loved ones are also welcome to bring the family dog or cat to visit with their loved one in our facility. Our infection control policy does require that any pet visiting must have a vet record indicating that the pet is up-to-date on all required vaccines and boosters. This documentation should be given to the front desk. Additionally, pets must wear collars with ID tags at all times while in the facility.

Our full policy can be viewed in the information board located in the 300 Level North Wing hallway near the laundry room. You may also request a copy from the front desk.



September Brain Teaser

Many have heard me, but no one has seen me, and I will not speak until spoken to.
What am I?

Correct answers submitted at front desk will be entered into a drawing for a candy prize.



LEADERSHIP CORNER

I cannot believe we are in September! Where did the summer go? I feel a little sad thinking about how wonderful it has been having the longer daylight, balmy days, the time spent outside, the fresh vegetables, the picnics and shore trips... (sigh). Well, I can be thankful for the memories and look forward to next year's summer season. In the meantime, we do have plenty to keep us busy before the cooler weather comes and the holidays descend upon us!



Our Main Building Elevator Replacement will begin Monday, September 9th. You will be able to eat breakfast in either Dining Room that morning. Following the breakfast service, contractors will initiate the elevator shutdown, and Dining Services will start using a golf cart to bring food from the main kitchen to Upper Dining Room.

The first week of the shutdown will involve Penn City dismantling the current elevator and removing a lot of large machinery. The Environmental Services Department will be securing the area around the elevator and restricting access, including the stairs to the main lobby and the doors to the laundry area. Parking areas have been defined for staff to accommodate the additional contractor vehicles and equipment. If you walk outside, please use extra caution and watch for increased vehicle traffic and activity.

Throughout the shutdown, we want South Wing residents to be able to continue to enjoy activities and time with friends in the North Wing. Take note of the posted daily calendars and announcements as there will be times that activities are offered in both areas. During the week, a transportation van will be on site to allow for your involvement in scheduled activities in the North Wing, and rest assured that we will get you to your scheduled hairdresser appointments on time! On the weekends, drivers have been arranged to get you to Bingo and Sunday Morning Worship services.

I will continue to update everyone as we move forward with this project. There will be times when the contractors' plans may need to be adjusted, and the Willows' team is prepared to work together and be flexible with our routines. We look forward to the completion of this project and to a safe and reliable new elevator!

Our goal is to continue to serve each of you every day as you have been accustomed to. We want to make sure everyone is safe, and that all of your needs are met. Please do not hesitate to let me know if you have concerns or questions.

Cheryl A. Loftis, Director



CALENDAR HIGHLIGHTS

WORLD OF BUBBLES

Tuesday, September 3

1:00 p.m. (DWC shuttle bus)

Dick Close (aka Dr. Bubbles) was a teacher in the Souderton School District for 35 years, and now he is coming to share the story of how he became intrigued with bubbles and used them to change his life. You will hear how he became a scientist through the exciting "world of bubbles" as he solved mysteries and challenges given to him by his teachers, and you may even become part of a live experiment ~ being inside of a bubble! Sign up with Gerry to go along.



END-OF-SUMMER PICNIC at PEACE VALLEY PARK

Thursday, September 5

4:00 p.m. (bus)

We will travel by bus to Peace Valley Park in nearby Chalfont, taking the grill along for hot dogs and sausages. You will enjoy time to fellowship with other residents, take a short walk on the walking path, or just sit on the bench and enjoy the view of the lake and scenery. There are restrooms close by for your comfort! We would love to see packed buses for this lovely late day outing! This picnic is not open to guests or family; it is just for residents and the staff. Sign up with Gerry to enjoy this special event!

GRANDPARENTS' DAY ICE CREAM SOCIAL

Sunday, September 8

2:00 p.m. (South Wing Lot)

Invite your grandchildren and great-grandchildren to join you as we celebrate all grandparents in the best way – with ice cream! This event is rain-or-shine, but please RSVP all anticipated guests to the front desk by Wednesday, Sept. 4th so that we are sure to have enough for everyone!



OCEAN CITY, NJ OR BUST!

Tuesday, September 10

8:30 a.m. (bus trip)

What better way to wrap up the summer season than with our annual jaunt to the beach?! Leaving early, we make a rest stop on the way for your comfort, then eat lunch at the Windjammer Diner in Somers Point before heading to our destination and gathering point – the Music Pier on the Ocean City Boardwalk. You will have time to get your ice cream, fudge, salt water taffy, caramel popcorn and anything else you would enjoy. Soak up the sun, sights, and sounds of the beach and boardwalk before enjoying a picnic supper. The cost of the trip is \$20.00, and will be billed to your room. You will need to bring along extra money to cover your lunch and other purchases you may wish to make on the boardwalk. Sign up with Gerry to come along! The raindate for this trip is Tuesday, September 17.



NEIGHBORHOOD COFFEE KLATCH SOCIALS

Wednesday, September 11

2:00 p.m. (South Lounge)

3:00 p.m. (North Game Room)

Join Gerry and your neighbors for an informal afternoon coffee/tea hour.



BERMUDA By Katie

Thursday, September 19

2:30 p.m. (Activity Room)

Join our Student-In-Residence, Katie Alfieri, as she shares with us a slide show of her recent school trip to Bermuda.

POETRY AND PARFAITS

Wednesday, September 25

1:15 p.m. (Activity Room)

Join Pam for a fun afternoon of poetry readings, and yummy parfaits! Do you have a favorite poem? Did you write your own poetry? Bring these along and let the group enjoy your selections in a no-pressure, relaxed activity. Read your own, or Pam can read it for you!



Story Core

The Story Core program is alive and well at Living Branches. If you would like to get your life story in writing, we have trained volunteers to work with you. For more information about Story Core, speak with Gerry.



Care Coordinator Corner ~ Kathy Cassel

It is still summertime! On favorable weather days, feel free to enjoy the patio. The awning is under repair, and may not be open, but you are still welcome to go out there and enjoy the fresh air and sunshine. Remember to stay hydrated.

Please remember to empty your mailbox regularly! Once your box is too full to accept any more mail, the mail carrier will need to refuse delivery and return your mail to sender! If you need assistance with retrieving your mail, the nursing staff would be happy to help you with this.

I am in the process of planning our October Flu Vaccine Clinic, and will be scheduling appointments shortly. If you plan to get your vaccination at your doctor's office, or another location, please be sure to provide the nursing staff with documentation of your visit.

Please remember that our policy states that you are not allowed to have heating pads, electric blankets, nor irons in your unit.

The Dish on Dining Services

Tom Madara



Last year we extended the breakfast service hours in both dining rooms to be 7:30 – 9:30 a.m. Please make every effort to be in the dining rooms BY 9:30 a.m.

As we say 'so-long' to those students who returned to college for the fall semester, we say 'hello' to some new faces on the dining services team: Welcome Tia Jackson, Amanda Baranowski, Katherine Monterrosa and Ivania Velasquez.

Social Worker Spotlight

Leslie Novak



If you have any interest in voting in the upcoming election later this fall, please stop in to see me. I am happy to assist with obtaining and completing the voter registration form, as well as the application for an absentee ballot.

COMMUNITY HEARTBEATS ~ Pastor Deb Neild



Although we all hope to be in heaven one day, we still have many questions about this place that our hearts long for. *Revealing the Mysteries of Heaven* will answer and clarify the most important questions Christians have about their future eternal home. Pastor David Jeremiah provides answers to questions about the nature of heaven, the kinds of bodies heaven's occupants will have, why heaven will never be boring, why infants and small children will go to heaven, and the dwelling place God is preparing for Christians in heaven. Answers to those questions and more – 11 critical issues in all – are revealed in this Turning Point DVD series. All are welcome to join with Pastor Debra in the TV Lounge at 9:30 a.m. on Tuesdays and Thursdays beginning September 17. Each video will be followed with discussion of that day's topic using discussion questions.

Regina Schlosser returns on September 11 to start a new 6-week bible study she is calling "Come Walk With Me". Peter may have been the first one out of the boat, but Jesus' invitation is for us all. Walk on water? What does that mean in later life? Come and listen about moving beyond fear to discover God's unique calling for your life. Regina's study will take place each Wednesday through October 16th at 6:30 p.m. in the TV Lounge.