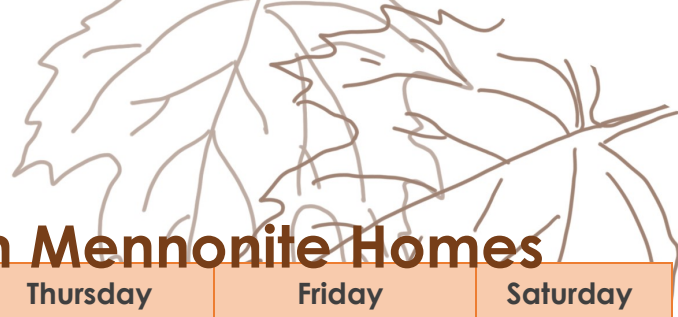


OCTOBER 2020

Residential Living at Souderton Mennonite Homes



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Exercise -Tasia ***10:00 Check voting status w/ Heather(Fam) *** 1:30 Activity Planning Session(Fam) ***2:30 Chair Aerobics (Fam) ***3:00 Line Dancing (Fam) ***3:30 Choir Chime (SVA) 6:30 We Visited Bruderhof 8:00 Calvary Service (1978)	2 9:00 Exercise - Tasia 10:00 Friday Funday with Good News LIVE ***10:00 RL Knitting Club (Fam) 10:30 World Smile Day w/ Pam Travor Noon We Sing "Blueberry Hill" 1:30 Joanna Mell-Harpist ***2:00 Stay Strong 3 & 7:00 Souderton Menn Service (1978) *** 3:00 Wii (Fam) 3:00 Shuffleboard	3 12:30 Abbott & Costello in the Movies– best scenes of this dynamic duo 3:00 & 7:00 Franconia Mennonite Service (1978) 6:30 Saturday Movie Night-
4 9:30 Church Music 9:45 Church Service with Bob Thompson 3:& 7 Salford Church Service (1978) ***6:30 Chat & Color (Fam)	5 ACTIVE 9-10 Shredding Event ***Landis Trip 9:00 Exercise -Tasia 9:-3 Healthy Recipe Exchange (FC) ***11:00 Fam) *** 1:30 Bible Study (Fam) 3 & 7:00 SMH Service (1978) 3:00 Shuffleboard 6:30 A Women Called Moses : Life of Harriet Tubman-	6 AGING 8:00-3:30 How do you exercise? (FC) 9:00 Exercise -Tasia ***9:30 Trader Joe's Trip ***1:00 Wii Bowling (Fam) 2:30 Boxercise (Fam) 3&7 Zion Service (ch 1978) 6:30 A Women called Moses –Life of Harriet Tubman Pt 2	7 WEEK 9:00 Exercise-Tasia ***9:00 Balance Basics (Fam) 10:00 Bible Study Silence No More 11:00 Music Café with Hannah LIVE ***3:00 Stretch & Flex (Fam) 3 & 7:00 Blooming Glen Service (1978)	8 9:00 and 2:00 Breathe, Relax, Yoga ***10:00 Resiliency and you (Fam) 2:00 Medicare Q&A with M. Angelucci-pick up packets at Heather's office ***2:30 Chair Aerobics (Fam) ***3:00 Line Dancing (Fam) 6:30 Miracles from Heaven 8:00 Calvary Service (1978)	9 Walk to end ALZ 9:00 Exercise -Tasia 10:00 Friday Funday LIVE ***10:00 RL Knitting Club (Fam) 12:30-2:30 Strolling music with Emily(1st=12:30, 2nd= 1:10pm, 3rd= 1:50pm) must wear mask ***2:00 Stay Strong 3 & 7:00 Souderton Menn Service (1978) *** 3:00 Wii Bowling (Fam) 3:00 Shuffleboard	10 3:00 & 7:00 Franconia Mennonite Service (1978) 7:30 Southeastern Symphony Orchestra presents Music for a Quiet City
11 9:30 Church Music 9:45 Church Service with Pastor Debra 3:00 & 7:00 Salford Church Service (1978)	12 9:00 Exercise -Tasia 10:30 Mind-ful Diet ***11:00 Stretch & Flex (Fam) 2:00 Annual Community Meeting (reminder on CH.1979) 3 & 7:00 SMH Service (1978) 3:00 Shuffleboard 6:30 Elva Hurst-Greatest Generation Chalk Art Video	13 9:00 Exercise-Tasia 10:30 The Timing of Our Lives ***1:00 Wii Bowling (Fam) 1:00 Spousal Support(2224) 2:00 Herb Kaufman Dual at Dawn–Hamilton & Burr ***2:30 Boxercise 3&7 Zion Service (Ch 1978) 6:30 Hullerites by Redeem TV	14 9:00 Exercise with Tasia ***9:00 Balance Basics (Fam) 10:00 Bible Study 11:00 Music Café with Hannah LIVE 1:00 Back to Basics – Nutrition ***3:00 Stretch & Flex (Fam) 3 & 7:00 Blooming Glen Service (1978)	15 9:00 Exercise with Tasia 10:30 Healthy Brain Aging ***2:30 Chair Aerobics (Fam) ***3:00 Line Dancing (Fam) ***3:30 Choir Chimes (SVA) 6:30 Acapella Singing by Paul & Laura Lloyd family 8:00 Calvary Service (1978)	16 9:00 Exercise with Tasia 10:00 Friday Funday LIVE ***10:00 RL Knitting Club (Fam) 1:00 Mindful Aging in Motion ***2:00 Stay Strong 3 & 7:00 Souderton Menn Service (1978) *** 3:00 Wii Bowling (Fam) 3:00 Shuffleboard	17 12:30 Jesus and the lepers presented by Bible Collection 3:00 & 7:00 Franconia Mennonite Service (1978) 7:00 MCC 100 Anniversary Celebration



All activities listed are to be viewed in your home on Channel 1979 unless otherwise noted

All group activities require sign up on RL bulletin board ***indicates that you must sign up to participate

Morning announcements are Monday-Friday at 8:40 a.m. followed by devotions

LIVE indicates program is live as you watch on Channel 1979

Residential Living Staff: Mark Snavely 42201 Heather Scattergood 42225 Sharon Fluck 42203 Crystal Kratz 42312 Tasia Coblentz 42245

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>18</p> <p>9:30 Church Music</p> <p>9:45 Church Service with Pastor Joy</p> <p>3:00 & 7:00 Salford Church Service (1978)</p>	<p>19</p> <p>9:00 Exercise -Tasia</p> <p>***10:00 Gratitude Journaling Nature Reflections (Fam)</p> <p>***11:00 Stretch & Flex (Fam)</p> <p>*** 1:30 Bible Study (Fam)</p> <p>2:00 Norman Rockwell Documentary</p> <p>3:00 Shuffleboard</p> <p>3 & 7 SMH Service (1978)</p> <p>6:30 Borrowed Heart-Christian Family Movie</p>	<p>20</p> <p>9:00 Exercise -Tasia</p> <p>*** 10:00 Landis Trip</p> <p>***1:00 Wii Bowling (Fam)</p> <p>***2:30 Boxercise (Fam)</p> <p>3 & 7 Zion Service (1978)</p> <p>6:30 Briargreen the Cottonpatch by Redeem TV</p>	<p>21</p> <p>9:00 Exercise -Tasia</p> <p>***9:00 Balance Basics (Fam)</p> <p>10:00 Bible Study</p> <p>11:00 Music Café with Hannah LIVE</p> <p>***3:00 Stretch & Flex (Fam)</p> <p>3 & 7:00 Blooming Glen Service (1978)</p>	<p>22</p> <p>9:00 Exercise- Tasia</p> <p>2:00 Gaither Instrumentals [Piano] - Joy Comes In The Morning by Stan Whitmire</p> <p>***2:30 Chair Aerobics (Fam)</p> <p>***3:00 Line Dancing (Fam)</p> <p>6:30 Travelogue with Brian Burkhardt</p> <p>8:00 Calvary Service (1978)</p>	<p>23</p> <p>9:00 Exercise with Tasia</p> <p>10:00 Friday Fun-day Talk Show LIVE</p> <p>***10:00 RL Knitting Club (Fam)</p> <p>12:30-2:30 Strolling music with Emily (1st=12:30, 2nd= 1:10pm, 3rd= 1:50pm) must wear mask</p> <p>***2:00 Stay Strong</p> <p>3 & 7:00 Souderton Menn Service (1978)</p> <p>*** 3:00 Wii Bowling (Fam)</p> <p>3:00 Shuffleboard</p>	<p>24</p> <p>3:00 & 7:00 Franconia Mennonite Service (1978)</p> <p>6:30 Saturday Movie Night- Resident Selection</p>
<p>25</p> <p>9:30 Church Music</p> <p>9:45 Church Service with SMH Choir</p> <p>Chimes & Pastor Penny Naugle</p> <p>3:00 & 7:00 Salford Church Service (1978)</p>	<p>26 FALL</p> <p>9:00 Exercise Tasia</p> <p>***10:00 Individual Autumn Craft Packs(Fam)</p> <p>***11:00 Stretch & Flex (Fam)</p> <p>1:00 RL Traveling cart 1:00 Villas & Cottages 1:45 1st floor, 2:10 2nd floor, 2:30 3rd floor must wear mask</p> <p>*** 1:30 Bible Study (Fam)</p> <p>2:00 Ask the Executive Director LIVE</p> <p>3 & 7SMH Service (1978)</p> <p>3:00 Shuffleboard</p> <p>6:30 The Lucy Show</p>	<p>27 FEST</p> <p>9:00 Exercise Tasia</p> <p>10:30 Joanna Mell-Autumn Harp Music</p> <p>***1:00 Wii Bowling (Fam)</p> <p>***1:00 Bundle Up Bocce Ball</p> <p>***2:00 Pumpkin Bingo (SVA)</p> <p>***2:30 Boxercise (Fam)</p> <p>3 & 7 Zion Service (1978)</p> <p>6:30 A Man named Martin Luther by Redeem TV</p>	<p>28 WEEK</p> <p>9:00 Exercise Tasia</p> <p>***9:00 Balance Basics (Fam)</p> <p>10:00 Bible Study</p> <p>11:00 Music Café with Hannah LIVE</p> <p>***1:00 Pumpkin Golf</p> <p>***3:00 Stretch & Flex (Fam)</p> <p>3 & 7:00 Blooming Glen Service (1978)</p>	<p>29</p> <p>9:00 Exercise Tasia</p> <p>***2:30 Chair Aerobics (Fam)</p> <p>***3:00 Line Dancing (Fam)</p> <p>6:30 Harvest Home Service</p> <p>8:00 Calvary Service (1978)</p> 	<p>30 Wear Orange</p> <p>9:00 Exercise Tasia</p> <p>10:00 Friday Fun-day Talk Show LIVE</p> <p>***10:00 RL Knitting Club (Fam)</p> <p>10:30 Halloween Photos LIVE</p> <p>2:00 Bill Monaghan Fall Concert</p> <p>***2:00 Stay Strong</p> <p>3 & 7:00 Souderton Menn Service (1978)</p> <p>*** 3:00 Wii Bowling (Fam)</p> <p>3:00 Shuffleboard</p>	<p>31 Halloween</p> <p>3:00 & 7:00 Franconia Mennonite Service (1978)</p> <p>6:30 Saturday Movie Night- Resident Selection</p> 

Living U classes will be held for registered participants at 10am on the following dates: 10/5 Mindful Diet(SVA),10/6 Timing of Lives (Dreden), 10/7 Back to Basics (Dresden), 10/8 Brain Aging(SVA), 10/9 Aging in Motion(Dresden), 10/29(Women & Voting Rights(SVA). Please refer to your Living U catalog for additional details.