

MEADOWLARK

MOVIE NIGHT TITLES FOR MAY

Join us every Friday Night at 6:00 p.m. in the TV Lounge

The Wizard of Oz - When a tornado rips through Kansas, Dorothy and her dog, Toto, are whisked away in their house to the magical land of Oz. They follow the Yellow Brick Road toward the Emerald City to meet the Wizard, and along the way they meet a Scarecrow that needs a brain, a Tin Man missing a heart, and a Cowardly Lion who wants courage. The wizard asks the group to bring him the broom of the Wicked Witch of the West to earn his help.

A River Runs Through It – The Maclean brothers, Paul and Norman, live a relatively idyllic life in rural Montana, spending much of their time fly fishing. The sons of a minister, the boys eventually part company when Norman moves east to attend college, leaving his rebellious brother to find trouble back home. When Norman finally returns, the siblings resume their fishing outings, and assess both where they've been and where they're going.

City Slickers - Every year, three friends take a vacation away from their wives. This year, henpecked Phil, newly married Ed, and Mitch - terrified of his midlife crisis - decide to reignite their masculinity by taking a supervised cattle drive across the Southwest. Under the supervision of gruff cowboy, Curly, the men set out on a journey that turns unexpectedly dangerous. The three men bond along the way to conquering their fear of aging.

What's Eating Gilbert Grape? - Gilbert is a small-town young man with a lot of responsibility. Chief among his concerns are his mother who is so overweight that she can't leave the house, and his mentally impaired younger brother, Arnie, who has a knack for finding trouble. Settled into a job at a grocery store and an ongoing affair with local woman Betty Carver, Gilbert finally has his life shaken up by the free-spirited Becky.

A Midsummer Night's Dream - This version of the renowned comedic play finds the world of humans intersecting with the realm of magic. The lovely Hermia is to wed Demetrius but she truly cares for Lysander. Hermia's friend, Helena, is in love with Demetrius, while other romantic entanglements abound in the woods, with married fairy rulers Titania and Oberon toying with various lovers and each other

My Mother Kept a Garden

My Mother kept a garden, a garden of the heart,
 She planted all the good things that gave my life it's start.
 She turned me to the sunshine and encouraged me to dream,
 Fostering and nurturing the seeds of self-esteem...
 And when the winds and rain came, she protected me enough –
 But not too much because she knew I'd need to stand up strong and tough.
 Her constant good example always taught me right from wrong,
 Markers for my pathway that will last a lifetime long.
 I am my Mother's garden,
 I am her legacy ~
 And I hope today she feels the love
 Reflected back from me. ~ Author Unknown



Solution to April Brainteaser:

Q: In British Columbia, you cannot take a picture of a man with a wooden leg. Why not?

A: You cannot take a picture with a wooden leg; you need a camera.

Congratulations to Charles Swartley and John Piwnicki.

LEADERSHIP CORNER

Welcome Spring!



What a beautiful time of year! The Willows campus always looks so nice when the trees are in full bloom! The colors of spring are magnificent! There just seems to be new energy with the spring as we are waking from our long winter. Perhaps the birds singing, the longer daylight and the warmer temperatures, spending time outside in the sun all work together to revitalize us.

This month, we celebrate our women for Mothers' Day. We have all had a mother, grandmother or aunt. Some women are mothers, while others have been like a mother to someone. I thank each of you for the loving hearts you have, for the tender touches you have offered, for the special moments you made happen and for the little things you did that no one may have noticed. You are a blessing!



CONNECT, CREATE, CONTRIBUTE MAY 2019

OLDER AMERICANS MONTH 2019 "CONNECT, CREATE, CONTRIBUTE"

Historically, Older Americans Month has been a time to acknowledge the contributions of past and current older persons to our country, in particular those who defended our country. In May of 1963, President John F. Kennedy and members of the National Council of Senior Citizens led to designating May as "Senior Citizens Month," the prelude to "Older Americans Month."

This year the 2019 theme, *Connect, Create, Contribute*, encourages older adults and their communities to :

- **Connect** with friends, family and services that support participation.
- **Create** by engaging in activities that promote learning, health, and personal enrichment.
- **Contribute** time, talent, and life experience to benefit others.

Living Branches encourages everyone to participate throughout the month of May. Remember, you play a key role in making our community stronger, now and throughout the year. Let the Celebration begin!

CHALLENGE: How many words can you make from
 OLDER AMERICANS MONTH
 Response forms will be available at the front desk.

CALENDAR HIGHLIGHTS

BLOOMING GLEN CHURCH SERVICE REBROADCAST DVD Wednesday, May 1 6:00 p.m. (TV Lounge)

We are changing the time for the viewing of this church service to Wednesdays at 6:00 p.m. (previously viewed at 9:00 a.m.).

READ ALOUD GROUP Monday, May 6 2:30 p.m. (TV Lounge)

Gerry will use this time to read aloud the Meadowlark, and other interesting reads, to anyone that is interested. Due to activities and the holiday at the end of the month, this may be the only session for the month. Ongoing, please bring along poems, short stories, articles or other items you think may be of interest/enjoyment to those gathered.

MOTHERS' AND OTHERS' TEA Thursday, May 9 4:30 p.m. (Activity Room)

All of the ladies are invited to a special meal and activity to honor and celebrate the 'Mothers and the Others' who live among us here at The Willows!



NORTH PENN SINGERS @ DWC Tuesday, May 14 6:00 p.m. (shuttle bus)

The North Penn Singers, directed by Dottie Reed and founded by Alvin Schmidt, will be performing their annual spring concert in the chapel at the Dock Woods Campus. The North Penn Singers love to share their gift of music with song, skits, and solo piano performances. Following the concert a donation will be received. Sign up with Gerry to enjoy this evening concert!

DINE AROUND at the R&S KEYSTONE DINER Thursday, May 16 12:15 p.m. (bus trip)

Just a short drive up to Sellersville to dine at this landmark restaurant celebrating more than 70 years of operation, serving typical diner fare in a casual setting! You will order from the menu, and receive your own check, so you must bring money to pay for your meal. Sign up with Gerry to come along.

GRADUATION AND GOODBYE! Monday, May 20 1:30 p.m. (Activity Room)

It is hard to believe that Cara's time with us is nearing an end! Come and celebrate Cara's graduation from Delaware Valley University. Bring along some words of wisdom and encouragement as we hear about her future plans and offer her a fond farewell!



NORTH PENN HIGH SCHOOL / SELECT CHORAL ENSEMBLES Tuesday, May 21 1:00 p.m. (shuttle bus)

In celebration of Older American's Month, artistic director Matthew Klenk from North Penn High School invites you to attend an afternoon concert featuring the Select Choral Ensembles. You will be amazed by these talented students as they perform some selections from their spring repertoire in the Chapel at Dock Woods. Sign up with Gerry to attend this concert.

GALENA BRASS CONCERT Thursday, May 23 6:00 p.m. (shuttle bus)

Come along and enjoy an evening concert at Dock Woods featuring the area's most versatile brass ensemble. The Galena Brass offer an energetic and engaging performance of Dixieland, polka, swing, marches and more! Following the concert, a donation will be received. Sign up with Gerry!

BRIDLE PATH/MONTGOMERY SELECT STRINGS & NORTH WALES SELECT CHOIR Wednesday, May 29 6:00 p.m. (shuttle bus)

Come enjoy a performance by local youth who do just what Older Americans Month encourages: support participation and personal enrichment, and share their time and talent to benefit us. Sign up with Gerry to come along!

COMMUNITY HEARTBEATS ~ Pastor Deb Neild



Faithful Storytelling will be the next month-long activity with Pastor Deb at 9:30 am. Check your calendars for the days in May when this activity will be held.

As a reminder, my schedule has been adjusted since the beginning of the year. My planned activities will still take place on Tuesdays and Thursdays; however my office hours do now include Wednesday:

Tuesday 8:00 am – 10:30 am Wednesday 8:00 am – 2:00 pm Thursday 8:00 am – 4:30 pm

Care Coordinator Corner ~ Kathy Cassel

Updates/Reminders:

- Living Branches has adopted a new policy which does not allow for the use of heating pads and/or electric blankets in Personal Care.
- With warmer weather comes the desire to enjoy the outdoors. Please be very careful when walking outside; stay on the walkways and watch for debris in your path.
- The patio will be open for your use on favorable weather days. The awning will be out to offer shade, or sit in the sun if you like! Remember that sunscreen is always a good idea when you will be outside. Please use the push plate to re-enter the building from the patio.
- Remember to wear your PHB at all times, especially if you venture outside. If you get into trouble while outdoors, press your PHB and the nursing staff will be able to locate you and come to your aid.

CARA'S CORNER

Take advantage of our last few weeks with Cara before she graduates and moves out of The Willows! Check your yellow calendar for days and times of her remaining activities: Hand & Foot, Rummy 500, Pinochle, and Bridge games; Mexican Train Dominos; Live flower arranging



The Dish on Dining Services ~ Tom Madara



Watch for some new faces in the dining rooms this month. Turquoise Garlington and Camelia Luleiuc are in orientation and will be starting May 7.



Christine Gahman, Chantell Bobeck, Drew Breuning and Tyler Sullivan will be returning from school and spending their summer months with us.



There will be no Table Talk this month.

Social Worker Spotlight ~ Leslie Novak



Please contact Leslie if you would like information and/or assistance regarding the PA tax rent rebate program. Rent rebates are available to those whose income in 2018 equaled \$15,000 or less. When computing income, include only one half of Social Security and all other sources of income. Leslie is on the Willows campus Tuesdays and Thursdays.