



OLDER AMERICANS MONTH 2019 “CONNECT, CREATE, CONTRIBUTE”

Historically, Older Americans Month has been a time to acknowledge the contributions of past and current older persons to our country, in particular those who defended our country. In May of 1963, President John F. Kennedy and members of the National Council of Senior Citizens led to designating May as “Senior Citizens Month,” the prelude to “Older Americans Month.” This year the 2019 theme, **Connect, Create, Contribute**, encourages older adults and their communities to :

- **Connect** with friends, family and services that support participation.
- **Create** by engaging in activities that promote learning, health, and personal enrichment.
- **Contribute** time, talent, and life experience to benefit others.

Dock Woods encourages everyone to participate throughout the month of May. Just remember, you play a key role in making our community stronger, now and throughout the year. Let the celebration begin!

LIN LI JEWELRY

Mother’s Day is celebrated on Sunday, May 12, and just in time for your gift giving for that special person in your life. Lin Li Jewelry will be set-up in front of the fireplace at the Bistro lobby on Wednesday, May 8 at 10:00 a.m. until 3:30 p.m. Lin Li features a variety of sterling silver jewelry and quality gemstone pieces at great prices. Lin Li will nicely package your gifts, deliver any items ordered, and exchange items purchased as gifts. Credit cards and checks are accepted. A percentage of each sale will benefit the Dock Woods Sharing Fund. Don’t forget to invite your family and friends to come and shop for the moms in your life!

PA GERMAN (DUTCH) MUSIC AND CULTURE WITH KEITH BRINTZENHOFF

Mark your calendars for Monday, May 20 at 2:00 p.m. in the Chapel for an educational program with Keith Brintzenhoff, an expert on Pennsylvania German music, dance, instruments, and folklore. Keith has been playing, teaching, and advising about Pennsylvania Dutch Folk music for decades. Keith is a school teacher by profession. He studied autoharp with some of the world’s best. Keith was musical advisor for the Kutztown PA German Festival, as well as a performer. As the founder and the first president of the Lehigh Valley Folk Music Society, you will hear his great stories, lively songs, and interesting life story. A shuttle will pick up at each entity beginning at 1:20 p.m.

TAYLOR MARIE’S APPAREL FASHION SHOW

By popular demand, and returning to the Dock Woods Chapel is Taylor Marie’s Apparel Fashion Show to be held at 2:00 p.m. on Friday, May 24. Sales consultant, Sarah Ott is delighted to host this fashion show and will be highlighting her latest spring and summer fashions with 10 lovely models who reside at Dock Woods. At 10:00 a.m. until 3:30 p.m., the fashion store will be set-up for your shopping convenience in the Dock Manor Community Room. There are petite, misses, and women sizes. All are wash and wear. Cash and credit cards are accepted. Be sure to invite your friends to join you at this fun springtime event! A shuttle will pick up at each entity beginning at 1:20 p.m.



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COMMUNITY EVENTS

FRIDAY, MAY 3

11:00 a.m. - Computer "Help Desk" With Gail Watts (DMCL)

Volunteer, Gail Watts, a retired educator, will be available for one hour in the Dock Manor computer lab to assist you with any questions related to your computer, iPad, or iPhone. No reservations are required. ***Please note there will be no help desk during the summer months. Gail will return in September.***

FRIDAY, MAY 3

2:00 p.m. - Computer Class 101 (FA)

This month you will learn some tricks and tips for the computer! If you are thinking of purchasing a new computer, tablet, or phone, you will want to attend this session. Let Gail know after class what ideas you might have for future sessions. NO computer or laptops are required for this session. ***Please note, Gail will not be available to teach in June, July or August. Classes will resume in September.*** A shuttle will begin to pick up at each entity at 1:20 p.m.

TUESDAY, MAY 7

7:00 p.m. - Piano Recital (CH)

Please join us for an evening of piano music featuring the students of Barbara Faucette. Twenty-one students will be performing and we will be featuring Katie Gallagher as their graduating senior. She will present several selections which will include compositions by Joplin and Chopin. You will hear all levels represented on this night and they would love to share their musical talents with you! Following the piano selections, you are invited to join us for some refreshments and conversation.

WEDNESDAY, MAY 8

2:00 p.m. - RL May Birthday Celebration (FA)

ALL residential living residents are

invited to attend the monthly birthday celebration. If you are a May birthday celebrant, please call Eileen Burks at 215-368-4438, extension 44121 by Tuesday, May 7 if you plan to attend and receive your birthday plant. This month we will be introducing you to vocalists "Bill & Michelle Duo." A shuttle will begin to pick up at each entity at 1:20 p.m.

THURSDAY, MAY 9

2:00 p.m.- Montco Senior Concert Choir (CH)

As we continue to celebrate Older Americans Month we have invited the Montco Senior Concert Choir to perform their spring concert. Under the artistic direction of Ted Didden this 20 member chorus which began over 40 years ago, is comprised of men and women ages 55 years and older, from Montgomery, Delaware and Bucks counties. Following the concert a donation will be received. A shuttle will begin to pick up at each entity at 1:20 p.m.

FRIDAY, MAY 10

8:00 a.m.- Men's Breakfast (FA)

This month the guest speaker is Todd Detweiler, Director of Environmental Services here at Dock Woods; it is a title that seems to be connected to most anything that occurs at Dock Woods, but one thing we don't know is **WHO IS THE REAL TODD DETWEILER?** Come learn more about Todd, what led him to Dock Woods, why he chose to work at Dock Woods, and get a glimpse of his current role at Dock Woods. Please make your reservation with Eileen Burks by calling 215-368-4438, extension 44121 by Tuesday, May 7. (Please leave a message as Eileen will be out of the office for a few days). The price of this breakfast is \$7.04 per person, plus tax. Ladies are welcome to hear the presentation at 8:30 a.m.

FRIDAY, MAY 10

2:00 p.m. - Mother's Day Tea (FA)

"A mother is your first friend, your best friend, your forever friend." Come celebrate Mother's Day at our annual Mother's Day Tea! Please bring along your favorite tea cup, and enjoy your favorite cup of flavored hot tea with a slice of strawberry shortcake with fresh berries and whipped cream! This year vocalist/musician, Meghan Williams will be performing and will have a special little person dear to her heart joining her! Sign up on the sheets posted on the DG and DM bulletin boards. A shuttle will pick up at each entity beginning at 1:20 p.m.

FRIDAY, MAY 10

7:00 p.m. - Spring Recital (CH)

This spring recital will feature the private flute and piano students of Rene Stahl who is a music teacher in the local Montgomery County area. Students between the ages of 7-15 years will be performing a variety of musical genres. Come hear Charlie Brown's theme song 'Peanuts'....'Stand By Me'..... 'Vivaldi's 'Spring'..... 'Pachelbel's Canon'..... and more! It will prove to be a delightful evening of jazz, rock n roll oldies, and of course the classical favorites!

MONDAY, MAY 13

2:00 p.m. A Song of Joy (CH)

We invite you to experience the joy of Creative Arts Therapy at Living Branches. Join us to learn how our Music Therapy interns Jonathan and Ying have been using their musical skills and compassionate attention to connect individuals in our community to their inner strengths, memories, and their sense of meaning and belonging. You will also have the chance to learn how you can become a source of strength to your neighbors through the joy of the arts, by becoming a part of this

RESIDENT BIRTHDAYS AND UPDATES

THIS WAS REMOVED TO PROTECT THE PRIVATCY OF OUR RESIDENTS

Friday, May 24, 2019

7:00 p.m. - Service of Remembrance (CH)

On Friday evening May 24 we will gather in the Dock Woods Chapel for our semi-annual "Service of Remembrance." This service will remember residents who have died in the last seven months and is open to all residents and staff. The service begins at 7:00 p.m. and will conclude with a time of refreshments in the Dock Manor Community Room. A shuttle will pick up at each entity.

EILEEN'S MAY SIGN-UP TIME

Wednesday, May 1 - 9:30 a.m. - 11:00 a.m. (DMCR)

Please note the location change.

***Eileen will be out of the office May 3, 6 & 7 ***

If you are not able to come during these times, please contact Eileen Burks at 215-368-4438, extension 44121.

RESIDENTIAL LIVING TRIPS

NORTH PENN HIGH SCHOOL SPRING DRAMA "MAMA MIA" Wednesday, May 1 - 12:15 p.m. (TRIP)

The Living Branches coach will be transporting residents with reservations to North Penn High School for the 1:00 p.m. dress rehearsal of "Mama Mia." The coach will pick up at each entity beginning at 12:15 p.m.

PERKIOMEN TOURS & TRAVEL AMERICAN MUSIC THEATRE "OVATION" (TRIP)

Thursday, May 2 - 10:30 a.m. Perkiomen Tours & Travel will be transporting residents and guests with reservations to Lancaster for the afternoon spectacular show of "Ovation" at the American Music Theatre. The coach will pick up at the Fisher Auditorium entrance ONLY. Upon arrival we will dine at the Eden Resort, enjoy the 3:00 p.m. show at the American Music Theatre, and return to Dock Woods at approximately 6:30 p.m.

HUNTERDON HILLS PLAYHOUSE "OVER THE RIVER AND THROUGH THE WOODS" (TRIP) Thursday, May 16 9:15 a.m.

The Living Branches coach will be transporting residents and guests with reservations to Hampton, NJ to enjoy the served lunch and afternoon show, "Over the River and Through the Woods." The coach will pick up at each entity. Approximate return home to Dock Woods is 5:15 p.m.

RL DINE AROUND - YELLOW HOUSE HOTEL (TRIP) Tuesday, May 21 - 4:30 p.m.

The Living Branches coach will be traveling to Douglasville to enjoy dinner at the Yellow House Hotel. At the restaurant you will order off

the menu, be seated at tables of 4 & 6, and receive separate checks (the restaurant requests you bring along smaller bills if you are paying in cash). Sign up with Eileen Burks during the May sign-up times. The coach will pick up at each entity beginning at 4:30 p.m.

PENN MUSEUM TOUR (TRIP) Wednesday, May 22 - 12:15 p.m.

The Living Branches coach will be transporting residents and guests with reservations to Philadelphia to enjoy the 2:00 p.m. guided tour of the Egyptian Galleries of the Penn Museum with Dr. Stephen Phillips. The coach will pick up at each entity. Approximate return home to Dock Woods is 4:45 p.m.

INDIAN VALLEY PUBLIC LIBRARY MOVIE: "INSTANT FAMILY" (TRIP)

Tuesday, May 28 - 1:15 p.m. The Living Branches coach will be traveling to Telford to enjoy the 2:00 p.m. movie, *Instant Family*. This movie is a 2018 American comedy film starring Mark Wahlberg and Rose Byrne as parents who adopt three young children. Learn how this couple finds themselves in over their heads. Just add laughter, chaos, mistakes and love!! The price of this trip is \$3.50 per person for transportation. Sign up with Eileen Burks during the May sign-up times. The coach will pick up at each entity.

RL PICNIC/SHUTTLE TIMES Thursday, June 6 11:00 a.m. - 3:00 p.m. (10:30 a.m. & 11:30 a.m. Shuttles)

The Residential Living Service Team invites you to sign up with Eileen Burks during the May sign-up time or call during the month of

May at 215-368-4438 extension 44121, if you plan to attend the Annual RL picnic to held at the Bull Pen Pavilion at Fischer's Park, located on Bustard Road in Towamencin Township on Thursday, June 6. The price of the lunch is \$3.50 per person which includes hot dogs, potato salad, chips, watermelon, bottled water, and Rita's water ice. In the event of extreme inclement weather, the picnic lunch will be held in the Fisher Auditorium. Don't forget to make your reservations! If you plan to take the shuttle service there are two pick-up times; 10:30 a.m. or 11:30 a.m. Afternoon shuttles begin returning residents home to DW at 2:30 p.m.

PERKIOMEN TOURS & TRAVEL - PHILADELPHIA PHILLIES BASEBALL GAME Friday, August 16 - 4:00 p.m. (TRIP)

Perkiomen Tours & Travel will be traveling to Citizens Bank Park on Friday, August 16 for the 7:05 p.m. baseball game with the Philadelphia Phillies vs. the San Diego Padres. The coach will depart from the Fisher Auditorium entrance ONLY at 4:00 p.m. The price of this trip is \$74.00 per person, which including the motor coach transportation, driver's gratuity, and ticket for seat located in section 111 (right field) towards the back but close to the concession stands. Sign up with Eileen Burks during the May sign-up time. Guests are welcome. Approximate return home to Dock Woods is 11:00 p.m.

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COMMUNITY EVENTS

growing program yourself. A shuttle will pick up at each entity at 1:20 p.m.

TUESDAY, MAY 14 7:00 p.m. - North Penn Singers (CH)

The North Penn Singers, directed by Dottie Reed and founded by Alvin Schmidt, will be performing their annual spring concert in the Chapel. The North Penn Singers love to share their gift of music with song, skits, and solo piano performances. Following the concert a donation will be received. A shuttle will pick up at each entity beginning at 6:20 p.m.

WEDNESDAY, MAY 15 2:00 p.m. - Senior Medicare Presentation (FA)

The Center for Advocacy for Rights and Interests of the Elderly (C.A.R.I.E.), will be presenting a program for residents and families about Medicare fraud and abuse. Fraud affects you by raising premiums and costs, and decreases your quality of care. Come and learn tips on how you can protect yourself. A shuttle will pick up at each entity beginning at 1:20 p.m.

WEDNESDAY, MAY 15 3:00 p.m. - Lapp Family Croquet

The Lapp family invites you to join them on the lawn adjacent to the flagpole for the Lapp Family Croquet Match. This will be a "serious" competition between Dan, Sam, and Sara, (DW residents) as they are joined by other members of the Lapp family who love croquet and will help them "duke it out and ham it up." Don't be surprised if there's hollering and misuse of the mallets in this "all in the family" event. They will obey all "Lapp family croquet rules."

FRIDAY, MAY 17 9:30 a.m. - Welcome To Laos (RR)

It's graduation time! Bong

Vilayphone will be teaching his last RL, "Welcome to Laos Class." We will be having a graduation celebration for all those who have been attending his class this year. We plan to thank Bong for all his informative lessons with a little morning celebration. If you would like to bring fruit, breakfast related food, cakes, pies, or breads, please let Eileen know what you plan to contribute to celebrate this last class with Bong!

SUNDAY, MAY 19 6:30 p.m. - Sunday Evening Worship (CH)

More information to follow. A shuttle will pick up at each entity beginning at 5:50 p.m.

TUESDAY, MAY 21 2:00 p.m. - North Penn High School/Select Choral Ensembles (CH)

In celebration of Older American's Month, artistic director, Matthew Klenk from North Penn High School invites you to attend the afternoon concert. Featuring the Select Choral Ensembles, you will be amazed by these talented students as they perform some selections from their spring repertoire. A shuttle will pick up at each entity beginning at 1:20 p.m.

THURSDAY, MAY 23 2:00 p.m. - Chimes Sing-A-Long (CH)

Come and sing your favorite old-time popular songs to welcome in this beautiful season! Join our chimers as they do the chiming and YOU do the singing! Program notes about the history of these great songs will be provided, too! A shuttle will pick up at each entity beginning at 1:20 p.m.

THURSDAY, MAY 23 7:00 p.m. - Galena Brass (CH)

You are invited to attend the evening concert with Galena Brass, the area's

most versatile brass ensemble. The Galena Brass provides an energetic and engaging performance for their audience! Dixieland, polkas, swing, marches, and waltzes are just some of the styles, to name a few. If you have any special requests they will try to accommodate your request! Following the performance, a donation will be received. A shuttle will pick up at each entity beginning at 6:20 p.m.

SUNDAY, MAY 26 2:30 p.m. - Amici Opera Company (CH)

This month Amici Opera Company proudly presents *Donizetti's, "Torquato Tasso."* This fully staged opera is FREE for DW residents with their ID badge. Guests may purchase a ticket located at the chapel porch entrance hallway. The senior rate is \$22.00, adult rate is \$25.00, student rate is \$15.00, and children under 12 are \$10.00.

WEDNESDAY, MAY 29 7:00 p.m. - Bridle Path/Montgomery Select Strings & North Wales Select Choir (CH)

Come hear these amazing performing students directed by Tracy Calvaresi from North Wales Elementary School, and Ralph Jackson from Bridal Path and Montgomery Elementary Schools do just what our community encourages: supporting participation, personal enrichment, and life experiences that benefit others. A shuttle will pick up at each entity beginning at 6:20 p.m.

THURSDAY, MAY 30 2:00 p.m. - Dock Mennonite Academy Touring Choir (CH)

Artistic Director, Emily Grimes invites you to celebrate Older Americans Month with the talented Touring Choir from Dock Mennonite Academy. A shuttle will begin to pick up at each entity at 1:20 p.m. Mark your calendars!

REPORTS

DINING REPORT

Wednesday, May 1 – Centenarian Banquet – the Bistro will close at 10:00 a.m. on Wednesday, May 1 for the annual centenarian banquet. We will reopen at 4:00 p.m. for the evening meal.

Wednesday, May 8 – Memorial Day Sign-Ups for Memorial Day will start on Wednesday, May 8 at 10:00 a.m. in the Community Center Lobby. This is a noon buffet, please make reservations if you are planning to attend. Pricing is as follows: DG, OC, DT - \$14.70; DA, DM, VL - \$16.30; Guests \$19; Children \$9.25

Sunday, May 12 – Mothers' Day Buffet – Reservations for Mother's day began on Wednesday, April 24. This is a two seating buffet (11:45 a.m. & 1:30 p.m.) and reservations are required to attend. Pricing is as follows: DG, OC, DT - \$14.70; DA, DM, VL - \$16.30; Guests \$19; Children \$9.25

Monday, May 27 – Memorial Day Buffet – Reservations for Memorial Day begin on Wednesday, May 8. This is a noon buffet, please make reservations if you are planning to attend. Due to the holiday, the Bistro will not reopen for the evening meal.

VOLUNTEERS

It's that time again! We are actively preparing for this year's Chicken BBQ and Gospel Fest at Souderton Mennonite Homes to be held in August. It takes many volunteers to help make this the success it has been year after year. There are a number of opportunities to get involved. To find out what opportunities are available, please contact Lynne Allebach at extension 42289.

PASTORAL CARE

We are inviting residents who have a passion for an intersection of faith and politics to gather for a time of respectful dialogue. We envision this as an ongoing small group where we can challenge and learn from each other as we pursue our journey of faith in the political arena in which we live. The focus for our conversations will be "What Does It Mean to Be a Follower of Jesus in Our Current Political Climate?" We will meet on the 2nd and 4th Monday of the month at 11:00 a.m. in the chapel for May and June. The discussion is open for all and the only requirement is that people be open to hearing different perspectives other than their own, and willing to engage in respectful conversation with one another - regardless of those differences. Contact Pastor Ray with any

questions.

SARA SPOTLIGHT

What should I do in the event of an emergency?
Call 911 and press your SARA alert pendant.

What should I do with my pendant when I go off campus?

The SARA pendant will not work off campus. If you are going away overnight, you should leave your pendant in your home.

MONTGOMERY COUNTY CENTENARIAN CELEBRATION

On Wednesday, May 1 Dock Woods will be hosting the Montgomery County Centenarian Celebration. This is the 10th anniversary of the celebration and we are expecting a large turnout. We already have 52 centenarians coming along with family members and advertisers who are sponsoring this event. The Bistro will be open for breakfast on this day for take-out only until 10:00 a.m. The Bistro will be open for lunch at 11:00 a.m. during the event with limited cold options for take-out only. To access the Bistro please use the hallway near the library so we do not disturb the event presentation. The seating in the lobby near the coffee bar will remain reserved for Bistro customers. The Bistro will be reset after the luncheon and will re-open for supper on Wednesday evening at 4:00 p.m. The FA parking lot will be closed at 7:00 a.m. to allow for the centenarians and their families to park in the FA entrance parking lot. Thank you for sharing your home with our centenarians and we ask that our residents and staff be gracious hosts and try as best as possible to avoid the FA lobby during the hours of 10:00 a.m. and 2:00 p.m. The centenarians will begin arriving at 10:00 a.m. and the luncheon will conclude at 1:00 p.m. Dock Woods is honored to host this event and we are thrilled that several of our Living Branches centenarians will be a part of the celebration. It truly is a milestone to be celebrated.

FUND DEVELOPMENT

AmazonSmile

Are you planning to bless the mothers and fathers in your life with something special this spring? Do your shopping online and use www.smile.amazon.com. Select Living Branches as your designated charity and then shop as you normally would on the site. Amazon will donate 0.5% of your purchase total to the Living Branches Benevolent Care Fund, which benefits residents who can no longer afford the full cost of their care. It does not cost you anything more and it will make a difference for neighbors



REPORTS CONTINUED....

and friends at Living Branches for years to come.

Employer/Retiree Matching Gifts

Every year we receive a few matching gifts from residents and family members who have a connection with an employer or previous employer, who offers a matching plan to their employees or retirees. If you are one of those thoughtful donors, thank you for going the extra mile and including us in your annual plan for contributions. There may be more of you out there who could be using this benefit to double your donations. You can find a list of the top 20 national companies that have matching gift programs at this web site, doublethedonation.com, or by stopping at my office. If you are aware of other local companies that have a matching gift program, please let Keith Heavener, director of Fund Development know at extension 44115.

"A Helping Hand: How Everence Can Assist You" – Everence Seminar!

The Living Branches Fund Development office will be hosting a seminar provided by Everence Financial Services on Wednesday, May 22, at 10:00 a.m. in the DG Recreation Room. Come and learn from the Everence professionals about "A Helping Hand: How Everence Can Assist You." The free seminar will give an overview of the varied services that Everence offers from a faith-based perspective (banking, investments, insurance, Medicare supplements) and includes a continental breakfast. Shuttle service will be provided for Villa and Cottage residents who request the service. Please RSVP to Rose Hackman, Fund Development assistant at 215-368-4438, extension 44305 by May 15.

THE ACORN SHOP

Demdaco's Willow Tree angels and figurines are 20% off during May for all your moms and grads. Stop in and take a look at the great selection for gift giving or pick up something for yourself!

GIFTS AND TREASURES SHOP

Our May Sale is ½ price on any type of candle holder, votive cup and tea light holder. Also, remember to take advantage of our birthday club. On your birthday (the day before or the day after if it falls on a Sunday), ANYTHING is ½ price purchased in the Gifts & Treasures Shop location. ***This does NOT include the Nook*** Proof of your birthdate is required!

ROAST PREACHER

Sometimes there are no words to carry the emotion, the pain, the anger, the confusion and chaos we find in our lives. I felt that last week when I heard of the horrific slaughter of Muslim worshippers at the mosques in Christchurch, New Zealand. Fifty people lost their lives because of one man's hatred and misguided anger towards those who were different than he. Sometimes the grief is so overwhelming, the evil so pervasive, the future so ominous, one can only fumble with words to give voice to the feelings that choke the soul. Often in moments like this all I can do is cry. But sometimes I sing. Sometimes the music and the poetry help speak into the moment of pain and longing. Sometimes their lyrics untangle my fears and helplessness and give me courage for the difficult road ahead. After the tragedy at Christchurch I discovered the song of Carolyn Winfrey Gillette written immediately after the massacre and I have found in its words a healing for the raw edges of my soul. The song is sung to the tune "The Church's One Foundation."

O God, we grieve the hatred, the ugly, racist fear that hurts our common living and harms those you hold dear.

For Muslims who were gathered to worship and to pray soon found their lives were shattered as violence filled their day.

We pray for those now grieving for loved ones who are lost;

we pray for people suffering because of hatred's cost.

For all of us, now frightened by what extremists do, we pray: O God of mercy! May we find strength in you!

We grieve our lack of courage: we tolerate the wrong of people who are racist; we simply go along.

We let the fear continue; we're slow to challenge hate.

We say, "It's not our issue," until it is too late.

O God of love and mercy, you teach us how to be

a loving, caring people, a kind community.

May we reach out to neighbors and welcome others here for love is what is needed to cast out pride and fear.

Sometimes amidst all our pain and hopelessness all we can do is sing.

What do you think – let's talk

Pastor Ray