

MEADOWLARK

Friday Nights 6:00 p.m. in the TV Lounge



Homeless to Harvard - This is the inspiring true story about a young girl, Liz Murray, who despite being homeless at 15 and dealing with personal tragedy manages to finish high-school and get accepted to Harvard.

Falling For a Dancer - A romantic drama set in rural Ireland on the 1930s. As the story begins, nineteen year old Elizabeth has a brief fling with an actor and falls pregnant. Community pressure forces her to marry a dull, middle-aged man, but maybe there is hope on the horizon. Originally aired as a TV miniseries, we will view it in two parts, on consecutive Fridays.

Pride and Prejudice - Sparks fly when spirited Elizabeth meets single, rich and proud Mr. Darcy. But Mr. Darcy reluctantly finds himself falling in love with a woman beneath his class. Can each overcome their own pride and prejudice?

Breaking Away - Dave and his working-class friends spend their post-high school days in Bloomington, IN sparring with snooty students from the local university, chasing girls, and - in Dave's case - dreaming of competitive bicycle racing. The four friends face opposition from all corners as they decide to make Dave's dreams come true in the university's annual bicycle endurance race.

General Reminders

- ⌘ Wednesday, March 13 at 2:00 p.m. we will have our **Quarterly Resident Meeting**. Please try to attend this informative meeting and get updates from Willows leadership.
- ⌘ Please be sure that you use the **sign out sheets** as you leave and re-enter the facility. There are sign out sheets at the North Wing lobby, the front desk, and the South Wing eating area.
- ⌘ Please inform nursing about any **medical appointments** you arrange. Often there is paperwork that is needed for the practitioner you are visiting, and we need advance notice of your appointment in order to have this paperwork ready for you to take with you.
- ⌘ A few ways to **prevent the spread of illness** are frequent handwashing and encouraging family members not to visit if they are unwell. If you are not feeling well, let the nursing staff know right away.
- ⌘ Please help us to **keep the clutter down** in your apartments. Clutter presents a trip hazard, and falls can result in serious injury.
- ⌘ Snacks in your apartment must be kept in **containers with tight fitting lids**. Plastic bags are not sufficient at keeping unwanted pests at bay.



**May good luck be with you wherever you go,
And your blessings outnumber the shamrocks that grow.**

COMMUNITY HEARTBEATS ~ Pastor Debra Neild



We will mark the beginning of the Lenten Season with an Ash Wednesday Service with the imposition of ashes on March 6 at 1:30 p.m. This is a non-denominational service, and all are welcome to attend!

THE JOURNEY

The season of Lent is a time for us to focus on our relationship with Jesus and give up anything that is coming between you and Him. I have written a Bible Study for this Lenten Season where we will look at some of the themes we see in Christ's journey to the cross. We will look at taking on a deeper relationship through prayer and worship, and give up roadblocks such as selfishness and un-forgiveness. Please join me in the AR/Chapel each week of Lent as we take *The Journey* with Jesus. See the activity calendar for dates and times.

I would like to share this Lenten Prayer by Carol Cook Moore with you as we begin this season of repentance and fasting from anything that is keeping us from having a closer relationship with God.

*We enter this season of Lent not because of what we know,
but because of what we do not know. You, Incarnate One, beckon us on this journey.
We come not because of what we believe, but because of what we do not believe.
You take us with you, not because of what we can do, but because of what you will do in us,
through us, and with us.
We are the clay in your hands. Divine Potter, shape us, mold us, reform us, we pray.
We come not because of what we have, but because of what we do not have.*



*We long for peace, we grow weary reaching for justice,
we grow tired eating fear as our daily bread.
Feed us, host of Heaven, with the bread and wine of justice.
Fill us, fountain of Living Water, until we thirst no more.
Mark us, mold us, feed us, fill us, for in receiving you,
we will find the path that leads through the wilderness to life everlasting.*

*We pray with earnest hearts,
Amen.*

CALENDAR HIGHLIGHTS

MAKING IRISH POTATOES Friday, March 1 1:15 p.m. (Activity Room)

St. Patrick's Day is just around the corner! Join Kim to make a traditional Philadelphia confection – Irish Potato candy.

ASH WEDNESDAY SERVICE Wednesday, March 6 1:30 p.m. (Activity Room)

Everyone is welcome to come and receive ashes at this non-denominational service.



DINE AROUND Thursday, March 7 11:00 a.m. (bus trip)

This month we will take a short ride to North Wales and enjoy lunch at The Metropolitan. This retro-chic eatery serves a modern take on diner fare, including breakfast all day. Make sure you sign up with Gerry to come along!

SHAMROCK PRETZEL TREATS Friday, March 8 1:15 p.m. (Activity Room)

We need to make lots of these treats to share with our guests from Oakwood Court and Souderton Mennonite Homes at our combined-campus St. Patrick's Day Party. Come out and give Gerry a hand!

PAINTING WITH CARA Friday, March 8 2:30 p.m. (Activity Room)

Come out and enjoy a time of relaxed conversation while you create your very own cherry blossom masterpiece to usher in Spring!



SERENGETI EXPEDITION Monday, March 11 2:30 p.m. (Activity Room)

Join Cara for the final leg of her journey in the Serengeti – conducting research during the day and camping amongst the hyenas and lions at night!

FITZPATRICK SCHOOL OF IRISH DANCE Tuesday, March 12 6:00 p.m. (DWC shuttle)

Just in time to celebrate St. Patrick's Day! Wear your green and come along to enjoy an evening performance of traditional Irish step dancing at the Dock Woods Chapel. Sign up with Gerry.



ST. PATRICKS DAY PARTY Monday, March 14 2:00 p.m. (Activity Room)

Come and "be Irish" for the day! Wear your green colors and join Gerry in welcoming Oakwood Court and Souderton Mennonite Homes Personal Care residents to our party!

2019 TALENT SHOW "ISLAND FANTASY" Thursday, March 21 1:00 p.m. (DWC shuttle)

Come and imagine you are on Dock's beautiful island, complete with white sand, colorful shells and crystal blue water... feeling the sun on your face while you enjoy the music and talents residents and staff of all Living Branches campuses. Sign up with Gerry to come along and enjoy this afternoon of talent and fun!



"GRACE AGAIN" with the LONGENECERKS Monday, March 25 1:00 p.m. (DWC shuttle)

Let's celebrate spring and be enriched by the Gospel music and nature slides of Willie and Rodi Longenecker, who have been travelling across North America for more than 25 years sharing their music and ministry while enjoying God's beautiful world! Following the concert, a donation will be received. Sign up with Gerry to enjoy this special afternoon.

VISIT LAOS WITH BONG Tuesday, March 26 2:30 p.m. (Activity Room)

This month Bong will share with us about his culture, beliefs, and traditional clothing.

The Dish on Dining Services Tom Madara



My next Table Talk will be Tuesday, March 5 at 2:30 p.m. This talk is a time of informal conversation about what's going on in Dining Services. Bring along your recipes and ideas; suggestions are always welcomed!



Friday, March 15 at 2:00 p.m. will be our Spring Chef's Demo and tasting. This event is all about apples! The Living Branches chefs will be making roasted apple and butternut squash soup and apple cake. In addition to learning how to prepare each recipe and sampling each item, the nutrition care managers will give a presentation as part of National Nutrition Month.



FUND DEVELOPMENT

Charitable Gift Annuities – Income for Life, Tax Benefits, and Generous Giving

A charitable gift annuity is a great way to donate to the Living Branches benevolent care ministry while securing your financial future. It's a one-time gift that provides you with fixed payments for life and frees you from managing funds that you intend to eventually give away. Additionally, there are tax benefits included at the time of your gift. Any remaining funds are donated to the charities of your choice after your passing. Gift annuities are available through the Living Branches Preferred Trust Providers: Everence Financial Services and Univest Bank and Trust Co. For more information, contact Keith Heavener at ext. 44115.



Expanding Horizons is an adult enrichment program indulging the passion of life-long learning. The Spring sessions of Expanding Horizons will be held at the Lutheran Community in Telford on Thursday mornings in April. The featured sessions this season are: Cold War Warriors, Local Exploration, Spirituality in a

Challenging World, and Renaissance Arts & Music. If you might be interested in these sessions, speak to Gerry ASAP. Registration closes March 7th, and transportation must be approved and scheduled.



March Word Puzzle: How many words can you make from

FOUR LEAF CLOVER



March Brain Teaser Bonus: What is seen in the middle of March and April that can't be seen at the beginning or end of either month? Enter your guess at front desk!