

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

Personal Care Program Calendar

						<p><i>Super Bowl Day!</i> <i>Wear Your Favorite Team!</i> 1</p> <p>9:30 Sittercize (4SR) 9:30 Strength Training (Fam) 10:00 Conversational Knitting (Fam) 10:15 Football Craft (4SR) 11:30 Super Bowl Theme Meal (Dining Room) 2:00 Game: Rummikub (4SR) 2:00 Balance Basics (Fam)</p>		<p>2</p> <p>9:30 Sittercize (4SR) 10:30 Bingo Time Fun (FRB) 1:30 Tables Games with Ruth (4SR) 3:00 Tea & Groundhog Chat (4SR) 7:00 Lawrence Welk (Ch.12)</p> <p>Groundhog Day</p>					
<p>9:45 Worship Service with Pastor Earl Anders (SVA) 3</p> <p>10:45 Catholic Communion with St. Maria Goretti (4SR) <i>3:00 Indian Creek Singers (SVA)</i> <i>6:00 Super Bowl & Snacks (4SR)</i></p>		<p>9:30 Exercise (FR) 9:30 Sittercize (4SR) 9:30 Tai Chi (FC) 10:30 Tea & Talk (4th Floor) 11:00 Stretch and Flex (FC) 2:00 Making Bird Treats (4SR) 3:00 Birds the Word; All About Our Feathery Friends (4SR) 4</p>		<p>9:30 Exercise (FR) 9:30 Sittercize (4SR) 10:15 February Trivia (4SR) 11:15 Bookmobile (Lobby) <i>2:00 Chinese New Year Games (SVA)</i> 2:30 Line Dancing (FR) 5</p> <p>Chinese New Year</p>		<p>9:00 Balance Basics (Fam) 9:30 Sittercize (4SR) 10:00 Bible Study with Pastor Earl Anders (SVA) 1:00 Spousal Support Group (SFR) 2:00 Baking: Oatmeal Raisin Cookies & the Health Benefits (4SR) 2:15 Ping Pong (Fam) 3:00 Prayer Yoga (FC) 6</p>		<p>9:00 Podiatry Services (WC) 9:30 Exercise (FR) 9:30 Sittercize (4SR) 10:15 Game: UNO (4SR) <i>11:30 Dine Around: Red Lobster</i> 2:00 Journaling with Jaclyn (4SR) 2:30 Chair Aerobics (Fam) 3:00 Abby Visits (R) 3:00 Line Dancing (Fam) 3:30 Choir Rehearsal (FR) 7:00 Rich Moyer's Pictures (SVA) 7</p>		<p>9:30 Sittercize (4SR) 9:30 Strength Training (Fam) 10:00 Conversational Knitting (Fam) 10:15 Nail Care with Sandra (4SR) <i>1:30 Herb Kauffman: Lincoln's Assassination Conspiracy (SVA)</i> 2:00 Balance Basics (Fam) 8</p>		<p>9:30 Pam's Ultimate Workout (4SR) 10:30 Bingo Time Fun (FRB) 1:30 Baking: Valentine Sandie Cookies 3:00 Therapeutic Time Zone & Tai Chi & Tea (4SR) 7:00 Lawrence Welk (Ch.12) 9</p>	
<p>9:45 Worship Service with Pastor Joy (SVA) 10</p> <p>10:45 Catholic Communion with St. Maria Goretti (4SR)</p>		<p>9:05 Prayer Group (Fel) 9:30 Exercise (FR) 9:30 Sittercize (4SR) 9:30 Tai Chi (FC) 10:30 Tea & Talk (4th Floor) 11:00 Stretch and Flex (FC) 2:00 Zion Soup Project (4SR) 3:00 Chicken Soup Stories (4SR) 11</p>		<p>9:30 Exercise (FR) 9:30 Sittercize (4SR) 10:15 February Jeopardy (4SR) 2:00 Bingo (FRB) 2:30 Line Dancing (FR) <i>3:00 Wellness Social (Café)</i> 12</p>		<p>9:00 Balance Basics (Fam) 9:30 Sittercize (4SR) 10:00 Bible Study with (SVA) 1:00 Podiatry Services (WC) <i>2:00 Ted's Guitar & Banjo (4SR)</i> 2:15 Ping Pong (Fam) 3:00 Prayer Yoga (FC) 13</p>		<p>9:00 Podiatry Services (WC) 9:30 Exercise (FR) 9:30 Sittercize (4SR) 10:15 Valentine Puzzles (4SR) 2:00 Journaling with Jaclyn (4SR) 2:30 Chair Aerobics (Fam) 3:00 Abby Visits (R) 3:00 Line Dancing (Fam) 7:00 Rachel Myers Faith Story (SVA) 14</p> <p>Valentine's Day</p>		<p>9:30 Sittercize (4SR) 9:30 Strength Training (Fam) 10:00 Conversational Knitting (Fam) <i>10:30 Bible Study with Pastor Larry (4SR)</i> 2:00 Food Forum (FR) 2:00 Balance Basics (Fam) 15</p>		<p>9:30 Sittercize (4SR) 10:30 Bingo Time Fun (FRB) 1:30 Tables Games with Ruth (4SR) 3:00 Tea & Trivia (4SR) <i>5:30 44th Annual Valentine's Social (SVA)</i> 7:00 Lawrence Welk (Ch.12) 16</p>	
<p>9:45 Worship Service with Pastor Larry (SVA) 17</p> <p>10:45 Catholic Communion with St. Maria Goretti (4SR)</p>		<p>9:30 Exercise (FR) 9:30 Sittercize (4SR) 9:30 Tai Chi (FC) 10:30 Tea & Talk (4th Floor) 11:00 Stretch and Flex (FC) 2:00 Presidential Puzzles (4SR) 3:00 Presidential Trivia; Who Knew? (4SR) 18</p> <p>Presidents' Day (US)</p>		<p>9:30 Exercise (FR) 9:30 Sittercize (4SR) <i>10:30 Charter Students (4SR)</i> 11:15 Bookmobile (Lobby) 2:00 Bingo (FRB) 2:30 Line Dancing (FR) 19</p>		<p>9:00 Audiology (WC) 9:00 Balance Basics (Fam) 9:30 Sittercize (4SR) 10:00 Bible Study with (SVA) 2:00 Making: Cherry Pie Bars (4SR) 2:15 Ping Pong (Fam) <i>3:00 Brain Fitness with Select Rehab & Tasia (Café)</i> 20</p>		<p>9:00 Podiatry Services (WC) 9:30 Exercise (FR) 9:30 Sittercize (4SR) <i>10:30 Resident Council (4SR)</i> 2:00 Journaling with Jaclyn (4SR) 2:30 Chair Aerobics (Fam) 3:00 Abby Visits (R) 3:00 Line Dancing (Fam) 3:30 Choir Rehearsal (FR) 7:00 Blooming Glen Men's (SVA) 21</p>		<p><i>Rocker-Thon 9am-4pm</i> 22</p> <p>9:00 Folding Summit News (Dresden) 9:30 Sittercize (4SR) 9:30 Strength Training (Fam) 10:00 Conversational Knitting (Fam) <i>2:00 Hearing & Associates (FR)</i> 2:00 Balance Basics (Fam)</p>		<p>9:30 Pam's Ultimate Workout (4SR) 10:30 Bingo Time Fun (FRB) <i>2:00 Joy Yoo's Music Studio Students (FRAB)</i> 3:00 Therapeutic Time Zone & Tai Chi & Tea (4SR) 7:00 Lawrence Welk (Ch.12) 23</p>	
<p>9:45 Worship Service with Pastor Steve Gruen & the SMH Choir (SVA) 24</p> <p>10:45 Catholic Communion with St. Maria Goretti (4SR)</p>		<p>9:30 Exercise (FR) 9:30 Sittercize (4SR) 9:30 Tai Chi (FC) 10:30 Tea & Talk (4th Floor) 11:00 Stretch and Flex (FC) <i>11:30 Dine Around: Roy Ann's</i> 2:00 Game: Life on the Farm (4SR) 3:00 Pig Tails; All About Pigs (4SR) 25</p>		<p><i>9:00 Super Wal-Mart Shopping</i> 26</p> <p>9:30 Exercise (FR) 9:30 Sittercize (4SR) <i>10:30 Charter Students (4SR)</i> 2:00 Bingo (FRB) 2:30 Line Dancing (FR) 3:30 Rosary Prayers (SFR)</p>		<p>9:00 Balance Basics (Fam) 9:30 Sittercize (4SR) 10:00 Bible Study with (SVA) 1:00 Grief & Loss Support Group (SFR) 2:15 Ping Pong (Fam) 3:00 Prayer Yoga (FC) <i>7:00 Souderton Mennonite Church Girls Club Bingo (FRAB)</i> 27</p>		<p>9:00 Podiatry Services (WC) 9:30 Exercise (FR) 9:30 Sittercize (4SR) 10:15 Nail Care with Sandra (4SR) <i>2:00 Steel Drums (SVA)</i> <i>2:30 Pa Dutch with Merrill Brown (Healthcare Lounge)</i> 2:30 Chair Aerobics (Fam) 3:00 Abby Visits (R) 3:00 Line Dancing (Fam) 7:00 Biblical Seminarv (SVA) 28</p>		<p><i>Worship Services</i> Channel 1978 3:00pm & 7:00pm Sunday: Salford Monday: Blooming Glen Tuesday: Zion Wednesday: SMH Thursday: Calvary 3pm & 8pm Friday: Souderton</p>		<p>PC/PV Life Enrichment Coordinator: Sandra Conroy ext: 42222 Life Enrichment Assistant: Ruth Jones Weekday Announcements at 8:40am with Devotions Following on Channel 1979 Univest Bank Tuesday & Thursday from 1pm-3pm</p>	