

SUMMITNEWS

THE CORNER STORE

Located within
Souderton Mennonite Homes
215-723-9881 ext. 42213

Open to the public!

Country gifts & cards

Monday – Friday
9:30 a.m. – 4:00 p.m.

Saturday
8:00 a.m. – 3:00 p.m.

APPLE ORCHARD CAFÉ

Located within
Souderton Mennonite Homes
215-723-9881 ext. 42277

Open to the public!

Monday - Wednesday & Saturday
6:30 a.m. – 2:30 p.m.

Thursday, Friday
6:30 a.m. – 6:00 p.m.

Sunday Brunch
10:00 a.m. – 2:30 p.m.



10% OFF TOTAL CHECK
NOT VALID ON SUNDAYS

EXPIRES: January 1, 2019

If you have any information that you would like to see in future issues of the Summit News please feel free to contact Amy Doerr, creator, and editor at ext. 42322

THURSDAY EVENING PROGRAMS

7:00 p.m. Summit View Auditorium/Channel 1979

December 6 Faith/Life Story, Erma Schnabel. This program was postponed from November 15.

December 13 Music Program by Franconia Mennonite Church. There will be selections by a quartet, a trio, a solo, and congregational singing.

December 20 No Program

December 27 Movie: "The Christmas Card"
A US soldier visits the town from where an inspirational Christmas card was sent to him by a church group that mails cards out to servicemen as a goodwill effort.

Questions regarding the activities calendars in the Summit News contact:

RL Calendar: Heather Scattergood, ext. 42225
PC and PV Calendars: Sandra Conroy ext. 42222
Health Care Calendar: Michelle Moreland ext. 42230

FITNESS AND WELLNESS ACTIVITIES

Mondays

9:30 – 10:00 a.m. Tai Chi (Fitness Center) *NEW!
11:00 – 11:30 a.m. Stretch and Flex (Family Room)
6:00 p.m. Shuffleboard

Tuesdays

2:00 – 3:00 p.m. Line Dancing *NEW!

Wednesdays

9:00 – 9:30 a.m. Balance Basics (Family Room)
11:00 – 11:30 a.m. Prayer Yoga (Family Room)
2:30 – 3:15 p.m. Ping Pong (Family Room)

Thursdays

2:30 – 3:00 p.m. Chair Aerobics (Family Room)
3:00 – 3:30 p.m. Line Dancing (Family Room)

Fridays

9:30 – 10:00 a.m. Strength Training (Family Room)
2:00 – 2:30 p.m. Balance Basics (Family Room)
6:00 p.m. Shuffleboard

SOUDERTON MENNONITE HOMES

GOT STRINGS? YOUTH ORCHESTRA

Saturday, December 1, 10:15 a.m.
Summit View Auditorium

Got Strings? INRUSH Orchestra is the highest level orchestra in the Got Strings? Youth Orchestra. The orchestra consists of high school students from Bucks, Montgomery, and Berks County performing on traditional string instruments, and occasionally on electric instruments as well. Under the direction of Deirdre Edgell, the orchestra will perform classic and contemporary music as well as many of your favorite Christmas Carols.

CHRISTMAS CELEBRATION WITH THE SOUDERTON HIGH SCHOOL A CAPPELLA CHOIRS

Wednesday, December 5, 6:30 p.m.
Summit View Auditorium

We cordially invite you to join us for a special evening celebrating the Christmas season. We are honored to have Souderton Area High School's two student run a cappella choirs. The "Chordinations" led by senior Kyle Schmidt and the "Soudertones" led by seniors Emma Bentch and Marissa DiCondina under their advisor Mrs. Washam. These groups perform throughout the school year for various activities and community events. All are members of many various performing ensembles at the high school, school musicals, school government, and the athletic programs. We are very grateful to the special students who are joining us for our celebration. Come soak up some Christmas spirit to last the whole month! Seasonal refreshments will be served following this event. A shuttle will be available beginning at 5:30 p.m. Please contact Heather Scattergood at ext. 42225 with any questions.

DOCK WOODS CHOIR CHRISTMAS CANTATA

Wednesday, December 19, 2:00 p.m.
Summit View Auditorium

We know Christmas is upon us when we spend the afternoon with the Dock Woods Choir. Under the direction of Bill Kuhfuss, the choir brings the story of Christmas alive for all of us to enjoy. Don't miss this opportunity to listen to the "true meaning" of Christmas. A shuttle will be available beginning at 1:30 p.m.

NEW YEAR'S EVE PARTY WITH THE RED HILL BAND

Monday, December 31
1:30 p.m.
Summit View Auditorium

Ring in the New Year a bit early in the day with "The Red Hill Band". The band will help us celebrate the New Year, and dietary will provide an array of refreshments to enjoy during the concert. Sign up is needed for this event. Contact your Life Enrichment Coordinator in PC and Healthcare.

RL residents, please sign up at RL bulletin board. A shuttle will be available beginning at 1:00 p.m.



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RESIDENTIAL LIVING EVENTS AND TRIPS

**HUNTERDON HILLS
CHRISTMAS SHOW**
Tuesday, December 4
9:30 a.m.

Hunterdon Hills "Christmas in the Air" features new songs, classic and traditional favorites, hilarious comedy sketches, and spectacular dance numbers. Matinee show with meal and the favorite dessert bar! Contact Wendy if you wish to be picked up at your home. This trip is for residents that have [already signed up](#) with Wendy O'Connor.

**HOLIDAY GIFT CLASS
HOMEMADE LOTION BARS**
Tuesday, December 4
10:30 a.m.
Family Room

Looking for something a little different for this holiday season? Would you like to give homemade gifts but not cookies? If so, please join Heather Scattergood for this class making homemade organic lotion bars. This is simple, all natural, and sure to impress! Bars will be made and decoratively packaged all in an hour. Please sign up at the RL bulletin board to reserve your spot.

**WINTER HEART HEALTH WITH
MARIA PARSONS**
Wednesday, December 5
10:30 a.m.
Family Room

Winter is upon us, so there is no better time to discuss your heart health. Temperatures drop and changes in health can occur as you fight off colds, etc. Maria will share innovative technology that you can use here in your homes. Please mark your calendars for this half hour program with light refreshments.

**CHRISTMAS COOKIE
EXCHANGE**
Friday, December 7
11:00 a.m.
Family Room

You are invited to bring 32 cookies of your choice to exchange for cookies with friends from favorite recipes. Each resident gets to take home a tin of these assorted cookies to share throughout the season with friends and family. Please sign up at the RL bulletin board as soon as possible. Contact Heather Scattergood at ext. 42225 for more information.

Lansdale Concert Series #3
Saturday, December 8
6:00 p.m.

Transportation to the concert for residents signed up with Wendy O'Connor.
Cost: \$5.50 will be billed to your account.

**DINNER AND CHRISTMAS
LIGHTS TOUR**
Thursday, December 13
4:30 p.m.

Come enjoy the annual Christmas Lights tour of the beautiful decorations in our area. Dinner reservations are at 5:00 p.m. at The Metropolitan, North Wales. You will be able to order off the menu with individual checks. After dinner, the Living Branches coach will take a tour of the beautiful lights. Make sure to reserve your seat early for this popular trip to see the lights!
No cost for Living Branches transportation.

**RESIDENTIAL LIVING
CHRISTMAS BREAKFAST**
Friday, December 14
8:30 a.m.
Summit View Auditorium

Join the RL staff for our annual Holiday Breakfast. Enjoy fellowship with friends while enjoying a special breakfast prepared by our own dietary team. Bill Monaghan will be at the piano playing your favorite Christmas melodies. Sign up as soon as possible at the RL bulletin board to reserve your seat for this favorite tradition! Due to space, seating is limited to 125. A shuttle will be available beginning at 8:00 a.m.

RESIDENT BIRTHDAYS AND UPDATES

This information has been removed to protect the privacy of our residents.

FULL FACILITY

**Landis Market Grocery Trip
Monday, December 3
Wednesday, December 19
9:30 a.m. both days
Telford, PA**

Landis Market, Telford shopping day! No charge for Living Branches transportation. We pick up and drop off at four (4) locations around our campus. Please indicate on sign-up sheet where you wish to be picked up.

** Due to the increased popularity of Landis grocery shopping, please be considerate of your neighbors and let Wendy know as soon as possible if you are unable to attend a grocery trip. There is now a wait list with other residents wishing to go grocery shopping. This way everyone gets a chance to go along. **

FROM THE RESIDENT ASSOCIATION EXECUTIVE COMMITTEE MEMBERS

Thumbs up to:

- Ian for pulling up a small tree that grew wild by the garages.
- To the resident who took it upon themselves to cut off all the dead day lily in their courtyard.
- Seth Laucks for creative arts therapy.

EMPLOYEE GIFTS: As the holidays approach, please remember that employees are not permitted to accept tips, gratuities or gifts from residents or resident's family members.

LIVING U UPDATES FOR DECEMBER

We are looking forward to several Christmas themed classes this December in Living U.

Tuesday, December 4
10:00 to 11:30 a.m.

Make Your Own Christmas Tree Ornaments

Thursday, December 6
10:00 to 11:30 a.m.

Music of the Christmas Season #1

Thursday, December 13
10:00 to 11:30 a.m.

Music of the Christmas Season #2

All classes taking place in the Summit View Auditorium:

For more information about Living U classes contact Maribeth Benner, Living U Coordinator, at 215-368-4438, ext. 44204.

FROM THE VOLUNTEER OFFICE

As the year comes to a close, this is a reminder for volunteers to report any hours that have not yet been reported for calendar year 2018. If you are unsure about what to report, please contact Lynne Allebach at 215-368-4438, ext. 42289. Thank you, volunteers, for your dedication throughout the year and we wish you all a very Merry Christmas and a Happy New Year!

LEGACY GIVING RENEWAL REMINDER FOR 2019

December is the month when we send out renewal notices to the donors who have joined the Legacy Giving program, also offer anyone the opportunity to join the program. Legacy Giving donors commit to at least one of the following giving levels, and there are numerous payment options available. Donors can contribute in more than one Circle.

- **Circle of Faith:** Annual contributions of \$500 or more
- **Circle of Hope:** Lifetime contributions of \$25,000 or more
- **Circle of Love:** Planned gifts, which include charitable gift annuities and gifts included in your will

Legacy Giving supports our benevolent care ministry which provides grants to residents who are no longer able to pay the full cost for their care through no fault of their own. Legacy Giving donors also receive certain benefits in return for their contribution.

Please contact Keith Heavener, Director of Fund Development to learn more about the Legacy Giving Program 215-368-4438, or email keith.heavener@livingbranches.org.

RESIDENTIAL LIVING EVENTS AND TRIPS

**TUESDAY, DECEMBER 18
Trader Joe's Trip
9:30 a.m.
Front Lobby**

Get some of your Christmas shopping done early and on a budget. Trader Joe's will have all of their holiday specialties available as well as gifts for family and friends. Sign up at the RL bulletin board.

**FRIDAY, DECEMBER 21
Residential Living
Christmas Open House
Tour
1:00-3:30 p.m.**

We are excited to bring this popular holiday event back again this year! Take time to visit neighbors and tour resident homes. RL residents will receive invitation in your mailboxes by December 19, with home addresses participating in the tour. Tours for villa and cottages will be from 1:00-2:00 p.m. and tours of apartments will be from 1:00-2:30 p.m. Don't forget to stop by for refreshments in the family room as you make your way from home to home. A shuttle will run continually with pick up at the carport entrance to cottages and villas and back again during this time. Contact Heather Scattergood at ext. 42225 with any questions.

**WEDNESDAY, DECEMBER 26
Complimentary BP Screening
10:30 a.m.
Carport Lobby**

2019 LOOK AHEAD

**FRIDAY, JANUARY 4
Glencairn Museum,
Bryn Athyn
World Nativities Display
12:00 p.m. departure lobby**

**WEDNESDAY, JANUARY 9
"RL Activity Planning
Meeting"
11:00 a.m.**

You are invited to attend a meeting to discuss opportunities for special events and other activity interests you may have for this upcoming year. Please RSVP Heather Scattergood at ext. 42225 by January 3. Thank you for your interest in attending this meeting!

**FRIDAY, JANUARY 11
Shady Maple and Good's
Lancaster
9:00 a.m.**

Winter shopping day and lunch in Lancaster.

**WEDNESDAY, JANUARY 16
Rising Sun Inn
Dine Around
5:00 p.m.**

You will be able to order off the menu with individual checks.

RESIDENTS ASSOCIATION ACTIVITIES

SPECIAL CHRISTMAS EVENTS

**FIRST FLOOR SOCIAL
Tuesday, December 11
5:00 p.m. to 6:30 p.m.
Friendship Room A&B**

**SECOND FLOOR
Christmas Social
Sunday, December 2, 6:00 p.m.
Friendship Room A&B**

**THIRD FLOOR
Christmas Social
Monday, December 17, 6:00 p.m.
Friendship Room A&B**

**COTTAGE RESIDENTS
Christmas Dinner
Wednesday, December 5
12:30 p.m.
Friendship Room A&B**

**VILLA RESIDENTS' REMINDER
(Previously made reservations)
Christmas Party
Friday, December 7, 5:30 p.m.**



**SECOND FLOOR
Bring Your Own Picnic Dinner
Monday Evenings, 5:00 p.m.
Café**

**COTTAGE RESIDENTS
Dinner & Table Games
Friday Evenings, 5:00 p.m.
Café**

**VILLA RESIDENTS
Dinner
Thursday Evenings, 5:00 p.m.
Café**

FROM THE DESK OF TASIA

The holiday season is here! If you are like me, the holiday season means all the delicious sweet treats become much harder to resist. Lucky for you, I have a few tricks up my sleeve. Have you ever heard of a healthy cookie recipe? Here is one that I enjoy using. If you would like other recipes, I will have more in the fitness center!

Peppermint Chocolate Coconut Cookies

Yields 12-22 cookies

Ingredients:

1tbsp. flour of choice

1tbsp. cocoa powder

1 cup unsweetened shredded coconut

½ cup plus 2 tbsp. milk of choice or canned coconut milk

3 tbsp. agave or pure maple syrup

¼ tsp. pure peppermint extract

Pinch of salt

Melted dark chocolate chips (for dipping)

Instructions:

Combine all ingredients except chocolate chips in microwavable dish. Heat in microwave for 2 minutes. Stir, then microwave one more minute until firm enough to scoop out into ball shapes. Scoop balls onto a greased cookie tray. Bake at 360 F for 14-16 minutes. Let cookies cool at least 10 minutes before removing from tray. Line a plate with wax paper and dip each cooled cookie in melted chocolate. Place the cookies on the wax paper, and refrigerate or freeze to set chocolate.

WELLNESS SOCIAL

"Taste the Season: Peppermint"

December 4, 3:00 p.m.

Apple Orchard Café

12 Days of Fitness December 3 - December 21

Starting December 3 visit the Fitness Center 12 days in a row leading up to Christmas. Each day participate in a fun Christmas themed exercise and receive a prize if you complete all 12 days! If you have any questions don't hesitate to ask Tasia (ext. 42245).

Shuffleboard at Dock Woods December 12, 1:30 p.m.

Join in some friendly shuffleboard competition against Dock Woods! Please sign up in the fitness center if interested. Beginners to experienced are welcome.

LIBRARY NEWS

Come into our little library located on the third floor outside of the Summit Dining Room

Check out some of our new books on the display rack.

Fiction:

Terri Blackstock's suspenseful IF I RUN series: "IF I RUN", "IF I'M FOUND" and "IF I LIVE". She writes hard-to-put-down stories.

Non-fiction:

Eric Metaxas': "IF YOU CAN KEEP IT", The Forgotten Promise of American Liberty.



Annual Benevolent Care Appeal

As we approach the time when many of us begin to plan for our year-end giving, I want to remind you about the benevolent care ministry at Living Branches. The gap in funding for residents who are no longer able to pay the full cost of their care continues to grow each year, and we appreciate your ongoing support. It is through your faithful gifts that we are able to provide quality care for all of our residents, regardless of their ability to pay. Year-end mailings were sent out during the last week of November. Contributions should be received by the Fund Development office no later than Monday, December 31, in order to be acknowledged for the 2018 tax year. Thank you for considering Living Branches in your year-end giving! For more information, please contact Keith Heavener at 215-368-4438.

AmazonSmile Reminder

Do you shop on Amazon.com, or have family and friends who use Amazon regularly? You can now help Living Branches residents while you shop! AmazonSmile is the charitable arm of Amazon.com allowing shoppers to donate 0.5% of their purchases to the charity they select. The next time you are shopping online be sure to use [smile.amazon.com](https://www.smile.amazon.com) and select Living Branches as your charity of choice. Donations are received quarterly and benefit the Living Branches Benevolent Care Fund that assists residents at all three campuses needing financial assistance.

Friends Of The Sharing Fund Dinner

The Dinner for the Friends of the Sharing Fund was held on October 24, at the Dock Woods campus. Guests enjoyed a delicious meal provided by Dining Services and a wonderful concert by Timothy Bentch, Emma Bentch, Bethany Brooks, and Anne Aderman Kang from our local area. The event was a success with an excellent turnout and we are happy to report that \$23,000 was raised for the Sharing Fund, which benefits residents at Dock Woods and The Willows. Thank you for your generous support. Your gifts make a difference!

Wednesday Morning Bible Study

In December, we will have Pastor Glenn Alderfer with us speaking on 'Finding God's Will & Purpose in Our Lives'.

Pastor Earl Anders will return in January.

Fellowship Offering Report:

October Sunday offerings:
The Worm Project \$2,155.50

December Sunday Offering will go to the Mennonite Disaster Service that offers clean-up, rebuilding, and emotional support around the world in the aftermath of disasters. They are having a busy year in our country alone and need our financial support.

ANNUAL 'CHRISTMAS CAROLS & STORY' With Ralph Alderfer and Pastor Joy

Sunday, December 9, 7:00 p.m.
Summit View Auditorium

ANNUAL DISCLOSURE STATEMENTS

If you are interested in having a copy of the Living Branches Annual Disclosure Statements, stop by the front desk and request a copy.

OFFERING ENVELOPES

Now is the time to pick up new offering envelopes for the coming year. Our envelopes are not date stamped, so you may use them until they run out. If you are in regular attendance at our Sunday services and would like a tax record for your offerings be sure to pick up envelopes from Pastor Joy.