

# THE WILLOWS DINING SERVICE WEEKLY MENU

Sunday 11	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16	Saturday 17
<p style="text-align: center;"><b>Dinner</b></p> <p style="text-align: center;">Broiled Stuffed Shrimp with Crab Imperial Whipped Potatoes Fresh Asparagus*</p> <p style="text-align: center;">Mesquite BBQ Pork Tenderloin Butter Beans Cinnamon Apples</p> <p style="text-align: center;">Tossed Salad</p> <p style="text-align: center;">Strawberry Cheesecake Bar</p>	<p style="text-align: center;"><b>Dinner</b></p> <p style="text-align: center;">Chicken Breast Abruzzi* (Pan Seared Chicken Breast with Diced Tomatoes, White Beans, Lemon , Capers, Garlic &amp; White Wine Sauce) Roasted Parmesan Potatoes Sautéed Spinach</p> <p style="text-align: center;">Spaghetti &amp; Meat Sauce Garlic Bread Italian Green Beans</p> <p style="text-align: center;">Caesar Salad</p> <p style="text-align: center;">Jelly Roll Cake</p>	<p style="text-align: center;"><b>Dinner</b></p> <p style="text-align: center;">Monte Cristo Casserole (Sliced ham and turkey breast with Swiss cheese in between French toast) With Pancake Syrup</p> <p style="text-align: center;">Beef Pot Pie Green Beans with Julienne Onions &amp; Mushrooms Mashed Potatoes</p> <p style="text-align: center;">Tossed Salad</p> <p style="text-align: center;">Cherry Pie</p>	<p style="text-align: center;"><b>Dinner</b></p> <p style="text-align: center;">Roast Beef with Brown Gravy Roasted Brussel Sprouts* Baked Potato</p> <p style="text-align: center;">Breaded Pork Cutlet with Apple Raisin Chutney Sauce Creamed Corn Whipped Potatoes</p> <p style="text-align: center;">Tossed Salad</p> <p style="text-align: center;">Lemon Meringue Pie</p>	<p style="text-align: center;"><b>Dinner</b></p> <p style="text-align: center;">Chicken Croquette With Gravy Whipped Potatoes Buttered Whole Beets</p> <p style="text-align: center;">Slice Smoked Ham* with Honey &amp; Brown Sugar Pineapple Glaze Egg Noodles Sautéed Green Squash*</p> <p style="text-align: center;">Tossed Salad</p> <p style="text-align: center;">Cream Filled Long John</p>	<p style="text-align: center;"><b>Dinner</b></p> <p style="text-align: center;">Breaded Flounder Macaroni &amp; Cheese Stewed Tomatoes</p> <p style="text-align: center;">Teriyaki Marinated Beef Pepper Steak* over Steamed White Rice Broccoli Stir Fry*</p> <p style="text-align: center;">Tossed Salad</p> <p style="text-align: center;">Mini Fruit Tarts</p>	<p style="text-align: center;"><b>Dinner</b></p> <p style="text-align: center;">Italian Beef Braciolo* with Alfredo Egg Noodles Sautéed Spaghetti Squash*</p> <p style="text-align: center;">Sweet Italian Sausage Cacciatore* over Angel Hair Pasta Grilled Asparagus</p> <p style="text-align: center;">Tossed Salad</p> <p style="text-align: center;">Cinnamon Bun Apple Bake</p>
<p style="text-align: center;"><b>Supper</b></p> <p style="text-align: center;">Chicken &amp; Rice Soup* Chef's Choice Soup</p> <p style="text-align: center;">Swiss Cheese and Mushroom Burger with Bacon French Fries</p> <p style="text-align: center;">Egg Salad with Local Lettuce on Wheat Toast* Tomato Wedge Salad Potato Chips</p> <p style="text-align: center;">Blueberry Mini Cannoli</p>	<p style="text-align: center;"><b>Supper</b></p> <p style="text-align: center;">Seafood Bisque Chef's Choice Soup*</p> <p style="text-align: center;">Philly Beef Cheese steak on a Long Roll with Sautéed Onions</p> <p style="text-align: center;">Chicken Salad* Sandwich on small Kaiser Roll With Local Lettuce and sliced Tomato Potato Chips</p> <p style="text-align: center;">Banana Foster over Vanilla Ice Cream</p>	<p style="text-align: center;"><b>Supper</b></p> <p style="text-align: center;">Cream of Potato Soup Chef's Choice Soup</p> <p style="text-align: center;">Kentucky Hot Brown Sliced Open Faced Turkey Breast* over Whipped Potatoes with Bacon Strips &amp; Cheese Sauce</p> <p style="text-align: center;">Liverwurst &amp; Onion on Rye Bread</p> <p style="text-align: center;">Homemade Rice Pudding</p>	<p style="text-align: center;"><b>Supper</b></p> <p style="text-align: center;">Chicken Mulligatawny* Chef's Choice Soup</p> <p style="text-align: center;">Italian Hoagie (Sliced Hot Capp cola Ham, Genoa Salami, Ham, Provolone Cheese, Sliced Tomatoes, Lettuce and Onion) Sweet Pepper Strips</p> <p style="text-align: center;">Tuna Melt* on English Muffin Corn Fritters</p> <p style="text-align: center;">Ice Cream Novelty</p>	<p style="text-align: center;"><b>Supper</b></p> <p style="text-align: center;">Minestrone Soup* Chef's Choice Soup</p> <p style="text-align: center;">Sausage &amp; Mushroom Flatbread Pizza* with Side Salad Your choice of Dressing</p> <p style="text-align: center;">Deli Turkey Breast Club Sandwich on Wheat Toast Side of Carrot Raisin Salad</p> <p style="text-align: center;">Chocolate Chip Cookie</p>	<p style="text-align: center;"><b>Supper</b></p> <p style="text-align: center;">Tomato Soup Chef's Choice Soup*</p> <p style="text-align: center;">Grilled Cheese &amp; Tomato Sandwich on Wheat Bread Potato Chips</p> <p style="text-align: center;">Crispy Chicken Finger Wrap Sandwich with Local Lettuce &amp; Sliced Tomatoes*, Cooked Bacon and Ranch Dressing</p> <p style="text-align: center;">Chef's Choice Dessert</p>	<p style="text-align: center;"><b>Supper</b></p> <p style="text-align: center;">Bacon Corn Chowder* Chef's Choice Soup</p> <p style="text-align: center;">Beef Shepherd's Pie* Casserole filled with Mixed Vegetables and topped with Whipped Potatoes</p> <p style="text-align: center;">Beef Bologna and American Cheese on White Bread Potato Chips</p> <p style="text-align: center;">Strawberry Ice Cream Sundae</p>

# THE WILLOWS DINING SERVICE WEEKLY MENU

Sunday 18	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23	Saturday 24
<p style="text-align: center;"><b>Dinner</b></p> <p>Boneless Chicken Breast Kiev* Green Beans Whipped Potatoes</p> <p>Baked Salmon* Roasted Butternut Squash Baked Potato</p> <p>Tossed Salad</p> <p>Éclair Bars</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Spaghetti &amp; Meatballs Garlic Bread Sautéed Spinach*</p> <p>Roasted Pork Loin with Cinnamon Apples Seasoned Collard Greens Whipped Potatoes</p> <p>Tossed Salad</p> <p>Lemon Cheese Pie</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Stuffed Peppers in Tomato Sauce Whipped Potatoes</p> <p>Sweet &amp; Sour Shrimp Over steamed Rice Sesame Sugar Snap Peas &amp; Bamboo Shoots</p> <p>Tossed Salad</p> <p>Jelly Roll</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>BBQ Pork Spareribs Whipped Potatoes Cauliflower</p> <p>Chicken Breast Marsala* With Masala Wine and Mushroom Sauce Whipped Potatoes Zucchini Squash and Julienne Carrots*</p> <p>Tossed Salad</p> <p>Boston Cream Pie</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Fried Chicken Country Baked Beans Whipped Potatoes</p> <p>Orange Beef Stir Fry with Chinese Cabbage, Carrots &amp; Snow Peas* Steamed Brown Rice* Vegetable Egg Roll</p> <p>Tossed Salad</p> <p>Banana Bread Pudding</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Pineapple Glazed Sliced Ham Whipped Potatoes Baby Carrots</p> <p>Stuffed Flounder with Spinach Florentine Stewed Tomatoes Macaroni &amp; Cheese</p> <p>Caesar Salad</p> <p>Warm Peach Crisp</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>London Broil Steak* with Mushroom Sauce Wild Rice Blend* Green Peas*</p> <p>Mediterranean Baked Tilapia Broccoli Florets* Whipped Potatoes</p> <p>Tossed Salad</p> <p>Chocolate Iced Cake</p>
<p style="text-align: center;"><b>Supper</b></p> <p>Spring Green Pea Soup* Chef's Choice Soup</p> <p>Ham &amp; American Cheese Sandwich on White Bread Potato Chips</p> <p>Bacon and Cheddar Cheese Burger with French Fries</p> <p>Funnel Cake with Strawberry Topping</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Beef Vegetable Soup* Chef's Choice Soup*</p> <p>Turkey Pastrami Special Wrap Sandwich in Flour Tortilla filled with Coleslaw, Swiss Cheese, and Russian Dressing</p> <p>Buttermilk Pancake and Sausage Patty with Syrup</p> <p>Cookies and Cream Pudding Treat</p>	<p style="text-align: center;"><b>Supper</b></p> <p>New England Clam Chowder Chef's Choice Soup</p> <p>Chicken &amp; Dumplings Casserole with Green Peas</p> <p>Shrimp Salad Platter with Hard cooked Egg and Tomato Wedges &amp; Crackers</p> <p>Ice Cream Novelty Bar</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Sausage &amp; White Bean Soup* Chef's Choice Soup</p> <p>Beef Knockwurst on Bun with Sauerkraut</p> <p>Turkey Croquette with Gravy Cranberry sauce</p> <p>Blueberry Cheesecake Pudding Trifle</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Broccoli Cheddar Soup Chef's Choice Soup*</p> <p>BBQ Beef on Bun Side of Potato Salad</p> <p>Tuna Salad Sandwich on Wheat Bread with local lettuce and sliced tomatoes Pickle Chips</p> <p>Iced Oatmeal Raisin Cookie</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Cream Celery Soup* Chef's Choice Soup</p> <p>Grilled Cheese and Tomato Sandwich on Wheat Bread Potato Chips</p> <p>Spinach, Onion &amp; Feta Cheese Omelet with Toast Sliced Pork Roll</p> <p>Chef's Choice Dessert</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Chicken Noodle Soup Chef's Choice Soup*</p> <p>Beer Battered Shrimp and Fries Basket side of Cole Slaw</p> <p>Chef Salad Platter with ½ Hard cooked Egg, Tomatoes. Sliced Cucumbers and strips of deli Turkey, Ham &amp; Swiss Cheese</p> <p>Pineapple Tidbits with Vanilla Yogurt</p>

All Items with a \* are the best choice to Carb Control Diets  
Cycle: Spring 2021 Week# 2

For Alternate meal choice please see the menus located on the tables  
Date: April 18, 2021 – April 24, 2021

# THE WILLOWS DINING SERVICE WEEKLY MENU

Sunday 25	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30	Saturday 1
<p style="text-align: center;"><b>Dinner</b></p> <p>Cordon Bleu Chicken Breast &amp; Supreme Sauce Whipped Potatoes Broiled Tomato Half</p> <p>Lemon Pepper Pork Medallions Italian Green Beans Scalloped Potatoes</p> <p>Tossed Salad</p> <p>Apple Turnover</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Baked Honey Ham Creamed Cabbage Parslied Egg Noodles</p> <p>Zucchini Noodle Chicken Stir-Fry w/ Bok Choy, Julianne Carrots, Napa Cabbage, &amp; Snow Peas in a Sesame Sauce</p> <p>Tossed Salad</p> <p>Chocolate Cream Pie</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Steak Diane with Dijon Mustard &amp; Mushroom Sauce Grilled Asparagus* Roasted Red Bliss Potatoes</p> <p>Mixed Seafood Cioppino (Shrimp, Cod, Scallops, Mussels, and Clams in a Hearty Fennel Tomato Broth) Crispy Parmesan Twists</p> <p>Tossed Salad</p> <p>Peach Cake</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Ziti Pasta Bake Casserole with Meatballs and Sweet Sausage Garlic Bread</p> <p>Herb Stuffed Chicken w/ Gravy Whipped Potatoes Buttered Peas</p> <p>Tossed Salad</p> <p>Peanut Butter Pie</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Stuffed Cabbage Rolls in Tomato Sauce Mashed Potatoes</p> <p>Sautéed Turkey Cutlet* Piccata Sauce (Lemon, Caper and Garlic) Sautéed Spinach* w/ Garlic Wild Rice Blend</p> <p>Caesar Salad</p> <p>Orange Ricotta Cheese Cake</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Baked Potato Crusted Cod Filet * Macaroni &amp; Cheese Stewed Tomatoes*</p> <p>Sautéed Chicken Breast* with Rosemary &amp; Garlic Parmesan Rice Roasted Brussel Sprouts With Bacon</p> <p>Tossed Salad</p> <p>Butterscotch Crème Brulee</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Beef Brisket* &amp; Gravy Mashed Potatoes Glazed Baby Carrots*</p> <p>Pan Seared Pork Chop* w/ Mushroom &amp; Leek Demi Mashed Sweet Potatoes Whole Green Beans*</p> <p>Tossed Salad</p> <p>Strawberry Shortcake</p>
<p style="text-align: center;"><b>Supper</b></p> <p>Maryland Crab Soup Chef's Choice Soup*</p> <p>Bacon, Local Lettuce &amp; Tomato Sandwich on White Toast Potato Chips</p> <p>Cottage Cheese and Fruit Platter w/ Rainbow Sherbet</p> <p>Fruited Gelatin</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Italian Wedding Chef's Choice Soup*</p> <p>Quiche Lorraine (Caramelized Onions, Crisp Bacon, and Swiss Cheese) w/ Mixed Fruit Salad</p> <p>Deviled Ham Salad* on Wheat Roll w/ Macaroni Salad</p> <p>S'mores Pudding Parfait</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Chicken Gumbo Chef's Choice Soup*</p> <p>Tuna fish Salad Platter w/ Local Lettuce, Tomato Wedges, Hard Cooked Egg, &amp; Crackers</p> <p>Korean BBQ Pulled Pork Sandwich w/ Asian Veggie Slaw</p> <p>Ice Cream Novelty</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Pasta Faggioli Chef's Choice Soup*</p> <p>Grilled Chicken Sandwich w/ Cheddar Cheese, BBQ Sauce, Local Lettuce, &amp; Tomato on a Bun Pickle Spear</p> <p>Cheddarwurst Sausage on Long Bun Potato Salad</p> <p>Watergate Jell-O Salad</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Split Pea &amp; Ham Soup* Chef's Choice Soup</p> <p>Grilled American Cheese Sandwich on Wheat Bread Potato Chips</p> <p>Roast Beef French Dip w/ Swiss Cheese &amp; Horseradish Mayo Au Jus on the Side</p> <p>M &amp; M Cookie</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Loaded Baked Potato Soup Chef's Choice Soup*</p> <p>Egg Salad Sandwich on White Bread w/Local Lettuce &amp; Tomato</p> <p>Greek Salad* (Cherry Tomatoes, Cucumber, Red Onion, Feta cheese, &amp; Olives over Local Lettuce w/ Green Goddess Yogurt Dressing)</p> <p>Chef's Choice Dessert</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Garden Vegetable Soup* Chef's Choice Soup</p> <p>Individual Calzones (Cheese &amp; Pepperoni or Spinach &amp; Ricotta) With side of Pizza Sauce</p> <p>Chicken Finger Cobb Salad Platter* (Diced Cucumbers, Tomatoes, and Bacon with Bleu Cheese Dressing)</p> <p>Tapioca Pudding</p>

All Items with a \* are the best choice to Carb Control Diets  
Cycle: Spring 2021 Week# 3

For Alternate meal choice please see the menus located on the tables  
Date: April 25, 2021 - May 1, 2021