| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| DINNER | DINNER | DINNER | DINNER | DINNER | DINNER | DINNER |
| Pot Roast with <br> Vegetable Gravy <br> Candied Sweet <br> Potatoes <br> Sautéed Squash | Turkey Croquette Potato Stuffing Sautéed Green Cabbage with Bacon | Chicken Piccatta Roasted Potatoes Peas | Salisbury Steak with Mushroom Gravy Whipped Potatoes Creamed Corn | Grilled Hot dog served on a roll with sauerkraut Baked beans Coleslaw | Tuscan Shrimp Casserole over a White Bean Stew Garlic Parmesan Orzo | Home Style Chicken Pot Pie with a Biscuit |
| Alt: Chicken alfredo tossed with penne pasta Garlic Bread Cut Green Beans | Alt: Roasted Pork Tenderloin served with Gravy Roasted Garlic Whipped Potatoes Thyme and Honey Carrots | Alt: Hearty Beef and Vegetable Stew with a Biscuit | Alt: Catch of the Day Brown Rice Pilaf California Vegetable Blend | Alt: Philadelphia Cheesesteak served on a roll with sautéed onions French Fries Potato Salad | Alt: BBQ Chicken <br> Breast with Bacon and Cheddar <br> Whipped Potatoes Creamed Spinach | Alt: Stuffed Shells with Marinara Garlic Bread Cauliflower |
| Baker's Choice Pie | Rice Pudding | Peanut Butter Pie | Warm Cranberry Apple Cobbler | Ice cream Sundaes | Chocolate Cream Pie | Sponge Cake Trifle with Butterscotch Pudding |
| SUPPER | SUPPER | SUPPER | SUPPER | SUPPER | SUPPER | SUPPER |
| Chicken Vegetable Soup | Cream of Cauliflower Soup | New England Clam Chowder | Split Pea with Ham Soup | Corn Chowder | Beef Noodle Soup | Minestrone Soup |
| Plain or Pepperoni Pizza | Cheese omelet with hash browns | Hamburger on a bun with Lettuce, Tomato and Onion | Open Faced Roast Beef Sandwich with Gravy | Grilled Italian <br> Sausage with Peppers, Onions and Marinara on a Roll | Monte Cristo Sandwich | Meatball parmesan sandwich with sauce and provolone cheese on a roll |
| Alt: Soup D'jour | Alt: Soup D'jour | Alt: Soup D'jour | Alt: Soup D'jour | Alt: Soup D'jour | Alt: Soup D'jour | Alt: Soup D'jour |
| Chicken Salad with Lettuce and Tomato on a Bun | Italian Hoagie (ham, salami, provolone cheese) | Ham and Swiss Sandwich | Sliced Turkey and Cheddar Sandwich | Chicken Caesar Wrap | Tuna Salad Sandwich with Lettuce and Tomato | Shrimp Salad on a Croissant |
| Chocolate Cake with icing | Fresh or canned fruit | Fresh baked cookies | Ice Cream Novelties | Gelatin Parfait | Fresh or canned fruit | Blonde Brownie |


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| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| DINNER | DINNER | DINNER | DINNER | DINNER | DINNER | DINNER |
| Baked Ham with <br> Pineapple Glaze <br> Scalloped Potatoes <br> Grilled Asparagus <br> Alt: Poached Salmon with Cucumber Relish <br> Whipped Yukon <br> Potatoes <br> Herb Buttered Baby <br> Carrots <br> Lemon Sponge Pie | Chicken Caprese Whipped Potatoes Pesto Spaghetti Squash <br> Alt: Battered Cod Onion Rings Broccoli <br> Blueberry pear crisp | Deviled Crab Cake <br> Roasted potatoes Whole Green Beans <br> Alt: Apricot Glazed Pork Tenderloin Wild Rice Capri Vegetable Blend <br> Apple Bundt Cake | Beef stroganoff over egg noodles <br> Steamed carrots <br> Chicken Croquettes <br> Whipped potatoes <br> Buttered peas <br> Fruit of the forest pie | Roast turkey with gravy <br> Bread filling <br> Roasted butternut squash <br> Alt: Stuffed pepper with marinara sauce <br> Oven browned potatoes <br> Green bean casserole <br> Pound cake with fruit | Sweet and sour meatballs over rice Sautéed Zucchini <br> Alt: Catch of the day Whipped sweet potatoes Corn fritters <br> Banana Cake | Chicken parmesan Rotini with marinara Creamed Spinach <br> Alt: Roast pork tenderloin with gravy <br> Roasted potatoes <br> Braised red cabbage <br> Gelatin Parfait |
| SUPPER | SUPPER | SUPPER | SUPPER | SUPPER | SUPPER | SUPPER |
| Hearty vegetable soup | Cream of tomato soup | Chicken rice soup | Split pea with ham soup | Beef barley soup | Cream of potato soup | Pesto Chicken Tortellini Soup |
| Ground Beef BBQ on a Hamburger bun | Grilled cheese sandwich | Bacon, lettuce and tomato on toast | Grilled hot dog served on a bun Baked beans | Chicken tenders with dipping sauce | Ham, macaroni and cheese casserole | Sausage Griller on a roll with peppers, onions and Marinara |
| Alt: Soup D'jour | Alt: Soup D'jour | Alt: Soup D'jour | Alt: Soup D'jour | Alt: Soup D'jour <br> Corned beef special | Alt: Soup D'jour | Alt: Soup D'jour |
| Sliced Turkey sandwich | Chicken Caesar Salad | Slice roast beef Sandwich | Egg salad sandwich | (corned beef, Swiss cheese, coleslaw, Russian dressing, rye bread) | Beef Bologna Sandwich | Tuna salad on a croissant |
| Fresh baked cookies | Fruited Gelatin | Ice cream novelty | Fresh or canned fruit | S'more Brownies | Tapioca pudding | Fresh or canned fruit |

