

The Willows Dining Room Menu

Week 2 October 1 — October 7

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Beef Pot Roast with Vegetable Gravy Parmesan Potatoes California Vegetable Blend Alt: Seared Crab Cake Whipped Potatoes Sugar Snap Peas Baker's choice pie	Spaghetti with Meat Sauce Garlic Bread Sauteed Spinach Alt: Flounder Francaise Rice Pilaf Harvard Beets Lemon Bundt	Pork Tenderloin with Gravy Whipped Sweet Potatoes Mixed Vegetables Alt: Coconut Fried Shrimp with an orange dipping sauce French Fries Coleslaw Rice Pudding	Citrus Poached Cod Confetti Rice Pilaf Steamed Peas Alt: BBQ Chicken Breast with Bacon and Cheddar Whipped Potatoes Honey Sliced Carrots Blueberry Buckle	Chicken Ala King over Rice Whole Baby Carrots Alt: Vegetable Quiche with Hollandaise Sauce Fresh Fruit Chocolate Trifle	Swiss Steak with Tomato Demi Glace Au Gratin Potatoes Roasted Cauliflower Alt: Seared Salmon Salad with tomatom cucumber and carrots with choice of dressing Peach Melba	Chicken Alfredo over Pasta Garlic Bread Broccoli Alt: Shepherd's Pie with Buttered Lima Beans Orange Cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Cream of Celery Soup Oven Fresh Pizza Alt: Soup D'jour Chicken Salad on Croissant with lettuce and tomato Gelatin Parfait	Beef Rice Soup Meatball sandwich Alt: Soup D'jour Ham and cheese Sandwich with lettuce and tomato Fresh Fruit Mix	Minestrone Soup Grilled Chicken Caesar Salad Alt: Soup D'jour Roast Beef Sandwich with lettuce and tomato Fresh Baked Cookies	Tuscan Sausage and Bean Soup Beef Cheesesteak on roll with sauce/onions Alt: Soup D'jour Sliced Turkey, Swiss Cheese, Coleslaw and Russian Dressing on Rye Bread Butterscotch Pudding	Chicken Corn Chowder Chili Con Carne with a Corn Muffin Alt: Soup D'jour Trio Salad Platter (Egg, Tuna, Chicken) on bed of greens Banana Cream Pie	Cream of Tomato Soup Grilled Cheese Sandwich Alt: Soup D'jour Liverwurst and Onion on Rye Bread Ice Cream Novelty	Mushroom Barley Soup Grilled Hot dog on a bun Baked beans Alt: Soup D'jour Fresh Spinach Salad with egg served with warm bacon dressing Fresh Watermelon

The Willows Dining Room Menu

Week 3 **October 8 —October 14**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Pork w/gravy Whipped Potatoes Sauerkraut Alt: Seafood Imperial Rice pilaf Grilled Asparagus Baker's choice pie	Fish of the Day Roasted potatoes Mixed Vegetables Alt: Grilled Ham with Gravy Baked Sweet Potato Honey Glazed Baby Carrots Apple Streusel Cake	Chicken Milanese topped with arugula, tomato, shaved parmesan and a lemon vinaigrette Garlic Butter Orzo Alt: BBQ Pork Ribs Roasted Potatoes Pepper Cabbage Lemon Bar	Oktoberfest Menu	Pasta with Meatballs and Sauce Broccoli Florets Garlic Bread Alt: Seared Shrimp on a bed of greens with tomato, avocado, feta, cucumber & red pepper Cherry Pie	Baked Meatloaf with Gravy Macaroni & Cheese Stewed Tomatoes Alt: General Tso Chicken with Broccoli Egg Roll with Sauce Apple Pan Dowdy	Chicken Cordon Blue Parsley Potatoes Creamed Corn Alt: Quiche Lorraine with Hollandaise Sauce and Fresh Fruit Raspberry Mousse Trifle
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Hearty Vegetable soup Ground BBQ Beef served on a Bun Alt: Soup D'jour Ham Salad on Croissant with Lettuce and Tomato Fresh baked cookies	Turkey Noodle Soup Grilled Reuben Sandwich (Corned Beef, Sauerkraut, Swiss Cheese and 1000 Island Dressing) Alt: Soup D'jour Chicken Salad Platter with cheddar, oranges, cucumber and red onion Fresh or canned fruit	Potato Leek Soup Tuna Melt Alt: Soup D'jour Sliced Roast Beef Sandwich with lettuce & tomato Ambrosia	Italian Bread Soup Turkey Burger on a bun with lettuce, tomato and onion Alt: Soup D'jour Cobb Salad with choice of Dressing Fresh Pineapple	Cream of Tomato Soup Grilled Cheese Sandwich Alt: Soup D'jour Seafood Salad served on a New England Roll S'more Brownies	Cream of Broccoli Soup Chicken Tenders with Dipping Sauce Alt: Soup D'jour Bologna Sandwich with lettuce and tomato Fresh Baked Cookies	Italian Wedding Soup Salmon Burger with Coleslaw & Tartar Sauce Alt: Soup D'jour Turkey and Cheddar Sandwich with Lettuce & Tomato Fresh Mixed Fruit

The Willows Dining Room Menu

Week 4

October 15 — October 21

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Applewood Smoked Ham Candied Sweet Potatoes Steamed Peas Alt: Beef Lasagna Garlic Bread Whole Baby Carrots Baker's Choice Pie	Baked Pork Tenderloin with Gravy Roasted Potatoes Harvard Beets Alt: Beef Liver with Onions and Gravy Whipped Potatoes Mixed Vegetables Strawberry Layer Cake	Herb Grilled Chicken Thigh with Gravy Roasted Potatoes Succotash Alt: Veal Milanese topped with arugula, cherry tomato, shaved parmesan and lemon vinaigrette Pear Crisp	Trout with a lemon butter herb sauce O'Brien potatoes Whole Green Beans Alt: Baked Ham Loaf with Country Gravy Roasted Sweet Potato Creamed Spinach Blueberry Pie	Chicken Parmesan over Pasta Roasted Summer Squash Alt: Seafood Cake Parsley Potatoes Steamed Asparagus Raspberry Bar	Salisbury Steak with gravy Macaroni & Cheese Stewed Tomatoes Alt: Shrimp Scampi over rice Sliced Carrots Coconut Custard Pie	Beef Stroganoff over noodles Southern Vegetable Blend Alt: Chicken Picatta Baked Potato Broccoli Florets Black Forrest Cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
New England Clam Chowder Ham & Cheese Sandwich with lettuce and tomato Alt: Soup D'jour Bacon, Lettuce and Tomato on Toast Mint Chocolate Mousse	Split Pea Soup Open Faced Turkey Sandwich with Gravy Alt: Soup D'jour Cottage Cheese and Fruit Platter Vanilla Pudding Parfait	Beef Rice Soup Ham, Macaroni and Cheese Casserole Alt: Soup D'jour Tuna Salad Sandwich with Lettuce & Tomato Fresh Watermelon	Navy Bean Soup Sausage Griller with Peppers and Onions on a roll Alt: Soup D'jour Roast Beef Sandwich with Lettuce & Tomato Fresh Baked Cookies	Potato Leek Soup Egg Salad Sandwich on a Croissant Alt: Soup D'jour Batter Dipped Fish Platter with Tater Tots and Coleslaw Fruited Gelatin	Chicken & Vegetable Soup French Dip on Roll Alt: Soup D'jour Liverwurst and Onion on Rye Bread Ice Cream Novelty	Tuscan White Bean Soup Spring Salad with Crispy Chicken, Grapes, Pecans and Mandarins Alt: Soup D'jour Monte Cristo with Syrup Lemon Pound Cake

The Willows Dining Room Menu

Week 1

October 22 — October 28

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Turkey Breast with Gravy Potato Stuffing Green Bean Casserole Alt: Broiled Seafood Casserole Steamed Rice Buttered Corn Baker's choice pie	Beef Stuffed Pepper with Marinara Roasted Potatoes Whole Baby Carrots Alt: Grilled Chicken with Pineapple Salsa Brown Rice Pilaf Sauteed Summer Squash Carrot cake	Ham Steak with Apricot Glaze Roasted Sweet Potatoes Steamed Peas Alt: Harvest Salad with Grilled Chicken, grapes and oranges Peanut Butter Apple Dessert	BBQ Chicken Thigh Scalloped Potatoes Roasted Cauliflower Alt: Butter Crumb Cod with Lemon Butter Sauce Garlic Parmesan Orzo Broccoli Florets Key Lime Pie	Sweet and Sour Pork over Steamed Rice Egg Roll Alt: Tuna Noodle Casserole Roasted Brussel Sprouts Caramel Cheesecake	Baked Meatloaf with Gravy Macaroni and Cheese Stewed Tomatoes Alt: Scallop Scampi over Pasta Garlic Parmesan Grilled Asparagus Chocolate Chip Brownie	Chicken Croquettes with Gravy Mashed Potatoes Succotash Alt: Quiche Lorraine topped with Hollandaise Sauce Fresh Fruit Strawberry Shortcake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Italian Wedding Soup Creamed Dried Beef over Toast Alt: Soup D'jour Sliced Turkey and Cheese Sandwich with lettuce and tomato Fresh Melons	Tomato Soup Grilled Cheese Sandwich Alt: Soup D'jour Deviled Egg Platter with Garden Fresh Vegetables Fresh-baked Cookies	Cream of Cauliflower Soup Open-Face Hot Roast Beef Sandwich with Gravy Alt: Soup D'jour Chef Salad with choice of dressing Ambrosia	Garden Vegetable Soup Chicken Tenders and Tater Tots with dipping sauce Alt: Soup D'jour Beef Bologna sandwich with lettuce and tomato Chocolate Éclair	Lentil Soup Turkey Burger on a bun with lettuce, tomato and onion Alt: Soup D'jour Cottage Cheese and Fruit Platter Tapioca Pudding	Cream of Potato Soup Beef Slider with lettuce, tomato and onion Tater Tots Alt: Soup D'jour Italian Hoagie with lettuce, tomato and onion Fruited Gelatin	Cream of Mushroom Soup BBQ Pulled Pork on a Kaiser Roll Alt: Soup D'jour Tuna Salad Sandwich with lettuce and tomato Fresh Pineapple

The Willows Dining Room Menu

Week 2 October 29 — November 4

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Beef Pot Roast with Vegetable Gravy Parmesan Potatoes California Vegetable Blend Alt: Seared Crab Cake Whipped Potatoes Sugar Snap Peas Baker's choice pie	Spaghetti with Meat Sauce Garlic Bread Sauteed Spinach Alt: Flounder Francaise Rice Pilaf Harvard Beets Lemon Bundt	Pork Tenderloin with Gravy Whipped Sweet Potatoes Mixed Vegetables Alt: Coconut Fried Shrimp with an orange dipping sauce French Fries Coleslaw Rice Pudding	Citrus Poached Cod Confetti Rice Pilaf Steamed Peas Alt: BBQ Chicken Breast with Bacon and Cheddar Whipped Potatoes Honey Sliced Carrots Blueberry Buckle	Chicken Ala King over Rice Whole Baby Carrots Alt: Vegetable Quiche with Hollandaise Sauce Fresh Fruit Chocolate Trifle	Swiss Steak with Tomato Demi Glace Au Gratin Potatoes Roasted Cauliflower Alt: Seared Salmon Salad with tomatom cucumber and carrots with choice of dressing Peach Melba	Chicken Alfredo over Pasta Garlic Bread Broccoli Alt: Shepherd's Pie with Buttered Lima Beans Orange Cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Cream of Celery Soup Oven Fresh Pizza Alt: Soup D'jour Chicken Salad on Croissant with lettuce and tomato Gelatin Parfait	Beef Rice Soup Meatball sandwich Alt: Soup D'jour Ham and cheese Sandwich with lettuce and tomato Fresh Fruit Mix	Minestrone Soup Grilled Chicken Caesar Salad Alt: Soup D'jour Roast Beef Sandwich with lettuce and tomato Fresh Baked Cookies	Tuscan Sausage and Bean Soup Beef Cheesesteak on roll with sauce/onions Alt: Soup D'jour Sliced Turkey, Swiss Cheese, Coleslaw and Russian Dressing on Rye Bread Butterscotch Pudding	Chicken Corn Chowder Chili Con Carne with a Corn Muffin Alt: Soup D'jour Trio Salad Platter (Egg, Tuna, Chicken) on bed of greens Banana Cream Pie	Cream of Tomato Soup Grilled Cheese Sandwich Alt: Soup D'jour Liverwurst and Onion on Rye Bread Ice Cream Novelty	Mushroom Barley Soup Grilled Hot dog on a bun Baked beans Alt: Soup D'jour Fresh Spinach Salad with egg served with warm bacon dressing Fresh Watermelon