

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Shepherd's Pie Brussel sprouts Alt: Grilled Tuscan shrimp en casserole Garlic parmesan orzo Baker's choice pie	Chicken marsala Sweet Potatoes Green beans with red peppers Alt: Baked ham with gravy Pineapple filling Glazed carrots Red velvet cake	Cheese Tortellini in a blush sauce Mixed vegetables Alt: Sweet and Sour Shrimp over rice Grilled Asparagus Lemon poppy bundt cake	Pan seared salmon Baked Potatoes Buttered cut corn Alt: Roast top round with gravy Oven browned potatoes Sautéed mushrooms and pearl onions Apple Turnover	Herb encrusted pork tenderloin with gravy Roasted Potatoes Braised Sauerkraut Alt: Grilled teriyaki chicken thighs Parsley potatoes Steamed root vegetables Chef choice Pie	Home style beef stew tender beef cubes with garden vegetables served with a buttermilk biscuit Alt: Catch of the day Whipped potatoes Creamed spinach Chocolate sheet cake with icing	Chicken ala king over egg noodles Mixed vegetables Alt: Beef liver with bacon, onions and gravy Whipped potatoes Buttered Lima beans Strawberry layer cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Vegetable soup Chicken cheesesteak with sauce and onions Alt: Soup D'jour Egg salad sandwich with bibb lettuce and tomato Fresh or canned fruit	Cream of celery soup Fresh from the oven pizza Alt: Soup D'jour Cold turkey Rachel (Turkey, swiss cheese, 1000 island dressing & coleslaw on rye bread) Chocolate pudding parfait	New England clam chowder Tuna melt english muffin topped with tomatoes and swiss cheese Alt: Soup D'jour Sliced roast beef sandwich with lettuce and tomato Hand dipped ice cream sundae	Cream of tomato soup Grilled cheese Alt: Soup D'jour Chicken salad platter served on a bed of greens with tomato and cucumbers Fresh baked cookies	Chicken noodle soup Chili con carne served with a corn muffin Alt: Soup D'jour Sliced ham & provolone cheese sandwich with lettuce and tomato Fruited gelatin with topping	Beef barley soup Western omelet with fried potatoes Alt: Soup D'jour Cobb salad with choice of dressings Tapioca pudding	Split pea soup Meatball parmesan sandwich on a soft bun Alt: Soup D'jour Beef bologna sandwich with lettuce and tomato Fresh or canned fruit

November 6—November 12

The Willows Dining Room Menu

Week #1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast turkey w/ gravy Homemade bread filling Green bean casserole Alt: Seafood Newburg served over rice Sliced carrots with dill Baker's choice pie	Chicken cordon bleu Oven roasted potatoes Buttered lima beans Alt: Rotini topped with meatballs and sauce Sauteed zucchini Garlic bread Apple cobbler	Baked ham with gravy Candied sweet potatoes Stir fry vegetables Alt: Catch of the day Savory rice pilaf Green beans with almonds Pineapple upside down cake	Roast pork tenderloin served with gravy Macaroni & cheese Stewed Tomatoes Alt: Coconut fried shrimp with fries and Coleslaw Strawberry rhubarb pie	Baked turkey loaf with gravy Potato filling Steamed peas Alt: Swedish meatballs served over egg noodles Buttered baby carrots Coconut layer cake	Oven fried chicken Whipped potatoes Buttered corn Alt: Linguine with white clam sauce Garlic bread Orange sheet cake with icing	House made Bolognese (pork, veal and ground beef) in a red sauce served over ziti Steamed broccoli Alt: Pan seared seafood cake Roast potato wedges Coleslaw Chocolate layer cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Cream of tomato soup Grilled corned beef reuben on rye Alt: Soup D'jour Chef salad with choice of dressing Fresh baked cookies	Lentil soup Hot pork sandwich (with caramelized onions, mushrooms and cooper sharp cheese) Alt: Soup D'jour Beef bologna sandwich Fresh or canned fruit	Cream of potato soup Hamburger on a bun with lettuce, tomato and onion Alt: Soup D'jour Sliced turkey sandwich with bibb lettuce and tomato Blonde brownie	Mushroom beef barley soup Italian hoagie (ham, salami, provolone) Alt: Soup D'jour Ramen noodle bowl (chicken, snow peas, carrots and broth with sesame and garlic) Ice cream dixie	Split pea with ham soup Ground beef bbq sandwich Alt: Soup D'jour Egg salad platter on a bed of bibb lettuce with tomato and cucumber Chocolate Éclair	Hearty vegetable soup Creamed dried beef served over toast points Alt: Soup D'jour Sliced roast beef sandwich with bibb lettuce and tomato Fresh or canned fruit	Minestrone soup Hot dog on a bun served with baked beans Alt: Soup D'jour Tuna salad on a croissant with bibb lettuce and tomato Fruited gelatin parfait

November 13—November 19

The Willows Dining Room Menu

Week #2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast top round of beef with gravy Au gratin potatoes Roasted baby carrots Alt: Shrimp scampi served over rice Cut green beans Baker's choice pie	Baked cod fillet Red bliss potatoes Asparagus cuts and tips Alt: Sweet Italian sausage served over a bed of peppers and onions Risotto Milanese Pear crisp	Chicken thighs with a hunter sauce Lyonnaise potatoes Peas and pearl onions Alt: Stuffed shells with marinara sauce Italian green bean side of garlic bread Cheesecake with caramel sauce	Pan seared salmon Whipped potatoes Southwestern blend mixed vegetables Alt: Beef shepherds pie Cut white sweet corn Chocolate Bundt cake with icing	Roast fresh ham with gravy Whipped potatoes Braised sauerkraut Alt: Rustic quiche roasted tomatoes, broccoli, asparagus and cheddar cheese Fresh greens with dressing Peach cobbler	Salisbury Steak with gravy Whipped potatoes Mixed vegetables Alt: Baked deviled crab cake with remoulade sauce Rice pilaf Brussel sprouts with bacon bits Tapioca pudding	Pennsylvania dutch style chicken pot pie Alt: Country Pork Loaf with gravy Whipped sweet potatoes Braised red cabbage Apple walnut crumb cake w/ caramel sauce
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken gumbo Pulled pork bbq on a bun Alt: Soup D'jour Chicken salad Sandwich with bibb lettuce and tomato Orange ambrosia	Corn chowder Breaded chicken tenders with choice of dipping sauce Alt: Soup D'jour Egg salad sandwich Butterscotch pudding with whipped topping	Chicken Noodle soup Hot Roast Beef Sandwich with sauté pepper and onions Alt: Soup D'jour Chef salad with choice of dressing Mixed fruit	Beef rice soup Creamed chicken over a waffle Alt: Soup D'jour Liverwurst and onion on rye bread Funnel cake with powdered sugar	Navy bean soup Turkey burger on a bun with lettuce, tomato and onion Alt: Soup D'jour Ham and swiss cheese sandwich with lettuce and tomato Assorted mini cream puffs and eclairs	Cream of tomato soup Grilled cheese sandwich Alt: Soup D'jour Grilled chicken Caesar salad Fresh or canned fruit	Vegetable soup Pizza muffins with toppings Alt: Soup D'jour Minced bologna and cheese sandwich with lettuce and tomato Rice krispie treat

November 20—November 26

The Willows Dining Room Menu

Week #3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast pork tenderloin with gravy and potato filling Roasted zucchini Alt: Seafood imperial Rice pilaf Mixed vegetables Baker's choice pie	Homestyle chicken with dumplings Buttered carrot slices Alt: Fried shrimp served with cocktail sauce Whipped potatoes Sauteed spinach Black forest cake	Cranberry glazed ham Roasted sweet potatoes California style mixed vegetables Alt: Stuffed cabbage Lyonnaise potatoes Lima beans Lemon meringue pie	Catch of the day Rice pilaf Peas and mushrooms Alt: Beef stroganoff served over egg noodles Cut green beans Orange ambrosia parfait		Baked chicken parmesan Rotini w/ marinara sauce Broccoli florets Alt: Batter dipped cod Oven browned potatoes Southern style mixed vegetables Boston cream pie	Corned beef and cabbage with boiled potatoes Alt: Chicken filled with broccoli and cheese Whipped potatoes Roasted white corn and peppers Baked apple blossom with cinnamon glaze
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Cream of potato Philadelphia cheese steak with sauce and onions Alt: Soup D'jour Tuna salad sandwich with bibb lettuce and tomato Fresh or canned fruit	Minestrone soup Sausage griller on a roll Alt: Soup D'jour Corned beef special (<i>corned beef, swiss cheese, Thousand island and coleslaw on rye bread</i>) Apple fritter with ice cream	Cream of asparagus soup Ham, macaroni and cheese casserole Alt: Soup D'jour Egg salad sandwich with bibb lettuce and tomato Cupcake with icing	Split pea with ham soup Hot open faced roast beef sandwich with gravy Alt: Soup D'jour Ham salad served on a croissant Fresh or canned fruit	Cream of broccoli soup Pulled pork on a bun with caramelized onions and cheese Alt: Soup D'jour New England style crab salad in a top sliced bun Hand dipped ice cream sundae	Manhattan clam chowder Beef bbq on a bun Alt: Soup D'jour Liverwurst and onion sandwich Mixed fruit cup	Corn chowder Grilled hamburger on a bun with lettuce, tomato and onion Alt: Soup D'jour Ham and swiss sandwich with bibb lettuce and tomato Vanilla pudding with strawberry sauce

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast beef tenderloin roasted shallot brown gravy Oven roasted red bliss potatoes Brussel sprouts Alt: Grilled Tuscan shrimp en casserole Garlic parmesan orzo Baker's choice pie	Chicken marsala Savory rice pilaf Green beans with red peppers Alt: Baked ham loaf with gravy Pineapple filling Glazed carrots Red velvet cake	Salisbury steak with gravy Baked potato Mixed vegetables Alt: Deep dish quiche Lorraine with a side of fresh greens Lemon poppy bundt cake	Poached salmon Confetti rice Buttered cut corn Alt: Roast top round with gravy Oven browned potatoes Sautéed mushrooms and pearl onions Apple Turnover	Herb encrusted pork tenderloin with gravy Whipped potatoes Braised Sauerkraut Alt: Grilled teriyaki chicken thighs Scalloped potatoes Steamed root vegetables Pumpkin Pie	Home style beef stew tender beef cubes with garden vegetables served with a buttermilk biscuit Alt: Catch of the day Whipped potatoes Creamed spinach Chocolate sheet cake with icing	Chicken ala king over egg noodles Mixed vegetables Alt: Beef liver with bacon, onions and gravy Whipped potatoes Buttered Lima beans Strawberry layer cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Vegetable soup Chicken cheesesteak with sauce and onions Alt: Soup D'jour Egg salad sandwich with bibb lettuce and tomato Fresh or canned fruit	Cream of celery soup Fresh from the oven pizza Alt: Soup D'jour Cold turkey Rachel (turkey, swiss cheese, 1000 island dressing & coleslaw on rye bread) Chocolate pudding parfait	New England clam chowder Tuna melt— english muffin topped with toma- toes and swiss cheese Alt: Soup D'jour Sliced roast beef sandwich with lettuce and tomato Hand dipped ice cream sundae	Cream of tomato soup Grilled cheese with bacon and tomato Alt: Soup D'jour Chicken salad platter served on a bed of greens with tomato and cucumbers Fresh baked cookies	Chicken noodle soup Chili con carne served with a corn muffin Alt: Soup D'jour Sliced ham & provolone cheese sandwich with lettuce and tomato Fruited gelatin with topping	Mushroom barley soup Western omelet with fried potatoes Alt: Soup D'jour Cobb salad with choice of dressings Tapioca pudding	Split pea soup Meatball parmesan sandwich on a soft bun Alt: Soup D'jour Beef bologna sandwich with lettuce and tomato Fresh or canned fruit