

THE WILLOWS DINING SERVICE WEEKLY MENU Week of October 31

Sunday 31	Monday 01	Tuesday 02	Wednesday 03	Thursday 04	Friday 05	Saturday 06
<p style="text-align: center;">Dinner</p> <p>Beef Stroganoff over Parslied Egg Noodles String Beans</p> <p>Turkey Shepherd's Pie (Turkey & mixed vegetables in a savory gravy, topped with garlic mashed potatoes)</p> <p>Tossed Salad</p> <p>Sweet Potato Pie</p>	<p style="text-align: center;">Dinner</p> <p>Chicken Meatloaf w/ Supreme Sauce Whipped Potatoes Buttered Green Peas</p> <p>Gnocchi w/ Blush Sauce Sautéed Garlic Spinach Garlic Bread</p> <p>Tossed Salad</p> <p>Cherry Crisp over Vanilla Ice Cream</p>	<p style="text-align: center;">Dinner</p> <p>Hamburger Gravy over White Rice Sliced Carrots</p> <p>Old Bay Seasoned Baked Cod Baked Potato Sugar Snap Peas</p> <p>Tossed Salad</p> <p>Apple Walnut Crumb Cake</p>	<p style="text-align: center;">Dinner</p> <p>Smothered Pork Chop w/gravy & fried onions Baked Sweet Potato Collard Greens</p> <p>Fried Coconut Shrimp Potato Wedges Coleslaw</p> <p>Caesar Salad</p> <p>Lemon Meringue Pie</p>	<p style="text-align: center;">Dinner</p> <p>Chicken Croquettes w/ gravy Whipped Potatoes Broccoli w/ Cheese sauce</p> <p>Spaghetti & Italian Sausage Bake (Spaghetti tossed with marinara, topped with sausage and mozzarella)</p> <p>Tossed Salad</p> <p>Peanut Butter Chocolate Cake</p>	<p style="text-align: center;">Dinner</p> <p>Beef Top Roast w/ gravy Roasted Root Vegetables Whipped Potatoes</p> <p>Fried Flounder Mac & Cheese Stewed Tomatoes</p> <p>Tossed Salad</p> <p>Boston Cream Pie</p>	<p style="text-align: center;">Dinner</p> <p>Mesquite BBQ Pork Tenderloin Roasted Butternut Squash Whipped Potatoes</p> <p>Chicken Cacciatore (Onions, peppers, & mushrooms in marinara) Bow Tie Pasta Italian Green Beans</p> <p>Tossed Salad</p> <p>Pound Cake w/ Raspberry Sauce</p>
<p style="text-align: center;">Supper</p> <p>Hearty Garden Vegetable Chef's Choice Soup*</p> <p>Chef Salad Platter with Strips of Ham, Turkey, & Swiss Cheese, Tomatoes & Cucumbers and ½ Hard Cooked Egg</p> <p>Deviled Ham Salad Sandwich on White Bread</p> <p>Halloween Pumpkin Cupcake</p>	<p style="text-align: center;">Supper</p> <p>Cream of Mushroom Chef's Choice Soup*</p> <p>Tuna Salad Melt* On English Muffin</p> <p>American Hoagie Ham, Bologna and American Cheese on Long Roll</p> <p>Peanut Butter Tandy Cake Bar</p>	<p style="text-align: center;">Supper</p> <p>3 Bean & Pork Soup Chef's Choice Soup*</p> <p>Breaded Fish Sandwich (on a bun with lettuce & tartar sauce)</p> <p>Deli Turkey BLT (Turkey, Bacon, Lettuce, & Tomato on White Toast w/ Honey mustard Mayo)</p> <p>Dipped Ice Cream Cone</p>	<p style="text-align: center;">Supper</p> <p>Potato Leek Soup Chef's Choice Soup</p> <p>Italian Sausage Griller on a long roll w/ sautéed peppers, onions, & marinara</p> <p>Chicken Waldorf Salad Platter (Chicken, grapes, toasted almonds & Apples)</p> <p>Oreo Chocolate Pudding</p>	<p style="text-align: center;">Supper</p> <p>Bacon Corn Chowder Chef's Choice Soup</p> <p>Texas Toast Beef Burger Patty Melt with Grilled Onions and Melted Swiss Cheese</p> <p>Southwestern Salad (Lettuce, black beans, corn, salsa, red onion, tortilla chips, dressing)</p> <p>Ice Cream Novelty</p>	<p style="text-align: center;">Supper</p> <p>Beef Noodle Soup Chef's Choice Soup</p> <p>Ham & Cheddar Cheese Melt on a Croissant</p> <p>Rachel Wrap (Sliced deli turkey, Swiss cheese, coleslaw, and Russian dressing)</p> <p>Tapioca Pudding</p>	<p style="text-align: center;">Supper</p> <p>Cream of Spinach Soup Chef's Choice Soup*</p> <p>BBQ Pork Riblet on a bun</p> <p>Chicken Finger (BBQ or Honey Mustard)</p> <p>Vanilla Yogurt & Mandarin Oranges</p>

All items with * are the best choice for Carb Control diets

Pickles & potato chips are always available with supper menu items

For alternate meal choices, please see your server

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THE WILLOWS DINING SERVICE WEEKLY MENU Week of November 07

Sunday 07	Monday 08	Tuesday 09	Wednesday 10	Thursday 11	Friday 12	Saturday 13
Dinner Ground Beef Meat Pie Green Beans Mediterranean Tilapia Asparagus Whipped Potatoes Tossed Salad Blueberry Crunch Pie	Dinner Pork & Apple Roast Whipped Potatoes Roasted Baby Carrots Stuffed Shells with Spaghetti Sauce Garlic Bread Sautéed Spinach Tossed Salad Apple Cinnamon Rolls w/Vanilla Ice Cream	Dinner Fried Chicken Baked Sweet Potatoes BBQ Lima Beans Baked Ham Whipped Potatoes Green Peas Tossed Salad Homemade Pumpkin Roll	Dinner Stuffed Pepper in Tomato Sauce Whipped Potatoes Mixed Vegetables Linguine w/ Clam Sauce Italian Breadstick Brussel Sprouts Tossed Salad Apple Pie	Dinner Shrimp Fried Rice Vegetable Egg Roll Stir- Fry Cabbage & Julienne Carrots Baked Chicken Legs Whipped Potatoes Stewed Tomatoes Tossed Salad Plum Cake	Dinner Sticky Honey Garlic Turkey Meatballs Bow Tie Pasta Steamed Broccoli Pasta Primavera (Penne pasta with vegetables and alfredo sauce) Caesar Salad Caramel Apple Cobbler	Dinner Crab Meat Stuffed Flounder w/ Lemon Cream Sauce Herb Couscous Chef's Choice Veg. Liver & Onions w/ gravy and bacon Whipped Potatoes Roasted Beets Tossed Salad Pecan Pie
Supper Pasta Faggioli Chef's Choice Soup* Spinach & Tomato Quiche Sliced Melon Bologna and American Cheese Sandwich on White Bread Fruited Gelatin	Supper Lemon Chicken Orzo Soup Chef's Choice Soup Hot Turkey Bowl (Turkey & Gravy over Herb Stuffing w/ Cranberry Sauce) Tuna Salad Hoagie (Tuna salad on a long roll, Lettuce, Tomato, & Onion) Milk Chocolate Mousse	Supper Butternut Squash Soup* Chef's Choice Soup* Cowboy Burger (BBQ sauce, Lettuce, Tomato, & Frizzled Onions on a bun) Cobb Salad Platter* (Diced Chicken, Cucumbers, Tomatoes, Bacon with Bleu Cheese Dressing) Vanilla Yogurt w/ Mixed Fruit Cocktail	Supper Italian Wedding Soup* Chef's Choice Soup Ham & Potato au Gratin Casserole Deli Roast Beef & Swiss on a club roll w/ Horseradish Mayo Rice Pudding	Supper Mushroom Barley Soup Chef's Choice Soup* Grilled Cheese on Wheat with Tomato Cheese & Bacon Omelet w/ Toast of Choice Lemon Bars	Supper Tortellini & Sausage Soup Chef's Choice Soup Swedish Style Meatballs over Steamed White Rice Egg Salad Sandwich on White Toast with Local Sliced Tomato Chef's Choice Dessert Waffle	Supper Shrimp Bisque Chef's Choice Soup* Personal Pizzas (Cheese or Pepperoni) Roasted Beet and Goat Cheese Salad (spring mix lettuce, cherry tomatoes, and Balsamic Vinaigrette) Super Candy Cookie Bar

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THE WILLOWS DINING SERVICE WEEKLY MENU Week of November 14

Sunday 14	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20
<p style="text-align: center;">Dinner</p> <p>Breaded Pork Cutlet with Mushroom Sauce* Baked Yam Creamed Spinach</p> <p style="text-align: center;">Baked Cod Wild Rice Blend Green Peas*</p> <p style="text-align: center;">Tossed Salad</p> <p>Baked apples w/ Streusel Topping</p>	<p style="text-align: center;">Dinner</p> <p>Savory Beef Stew served over Egg Noodles* Buttermilk Biscuit</p> <p style="text-align: center;">Roasted Chicken Drumsticks Whipped Potatoes Harvard Beets</p> <p style="text-align: center;">Tossed Salad</p> <p style="text-align: center;">Chef's Choice Dessert</p>	<p style="text-align: center;">Dinner</p> <p>Turkey Cutlet w/Cranberry Glaze Whipped Potatoes Cut Green Beans</p> <p style="text-align: center;">Southern Fried Catfish Macaroni & Cheese Stewed Tomatoes</p> <p style="text-align: center;">Tossed Salad</p> <p style="text-align: center;">Cinnamon Bread Pudding</p>	<p style="text-align: center;">Dinner</p> <p>Cheese Ravioli w/ Marinara Garlic Bread Sugar Snap Peas</p> <p style="text-align: center;">Ham Steak with Pineapple Sauce Rice Pilaf Sliced Carrots</p> <p style="text-align: center;">Tossed Salad</p> <p style="text-align: center;">Apple Blackberry Cobbler</p>	<p style="text-align: center;">Dinner</p> <p>Stuffed Cabbage Roll Mixed Vegetables Whipped Potatoes</p> <p style="text-align: center;">Pan Fried Rosemary Garlic Chicken Breast Polenta with Parmesan Steamed Cauliflower</p> <p style="text-align: center;">Tossed Salad</p> <p style="text-align: center;">Coconut Custard Pie</p>	<p style="text-align: center;">Dinner</p> <p>Homemade Crab cake Tartar Sauce Mashed Potatoes Broccoli Florets</p> <p style="text-align: center;">Meat Lasagna with Tomato Sauce Garlic Bread Spaghetti Squash</p> <p style="text-align: center;">Caesar Salad</p> <p style="text-align: center;">Cannoli Cream Cake</p>	<p style="text-align: center;">Dinner</p> <p>Roasted Turkey Breast With Gravy Herb Bread Stuffing Creamed Corn</p> <p style="text-align: center;">Smoked Kielbasa Whipped Potatoes with Horseradish Braised Red Cabbage</p> <p style="text-align: center;">Tossed Salad</p> <p>Vanilla Custard w/ Warm Cranberry Apple Chutney</p>
<p style="text-align: center;">Supper</p> <p>Carrot Ginger Soup Chef's Choice Soup*</p> <p style="text-align: center;">Meatball Sub Grinder topped with Provolone Cheese & Marinara</p> <p>Ring Bologna & Pickled Egg Platter (Ring Bologna, pickled eggs, Cheddar Cheese cubes, & Crackers)</p> <p style="text-align: center;">Lemon Chiffon Cake</p>	<p style="text-align: center;">Supper</p> <p>Beef Barley Soup* Chef's Choice Soup</p> <p style="text-align: center;">Tuna Noodle Casserole (Tuna, mushroom cream sauce, egg noodles, and green peas)</p> <p style="text-align: center;">Liverwurst & Onion on Rye Bread</p> <p style="text-align: center;">Ice Cream Novelty</p>	<p style="text-align: center;">Supper</p> <p>Lentil Soup* Chef's Choice Soup</p> <p style="text-align: center;">Pig in a Poke (Sausages wrapped inside of a Pancake w/ syrup)</p> <p style="text-align: center;">Trio Salad Platter* (Egg, Chicken, and Tuna Salad on Bed of Local Lettuce with Sliced Tomato)</p> <p style="text-align: center;">Warm Spiced Pears</p>	<p style="text-align: center;">Supper</p> <p>Split Pea & Ham Soup* Chef's Choice Soup</p> <p style="text-align: center;">Honey Mustard Dipped Chicken Sandwich on a bun (local lettuce & tomato)</p> <p style="text-align: center;">Bacon & Blue Cheese Quiche (Bacon, blue cheese crumbles, caramelized onions, & mushrooms)</p> <p style="text-align: center;">Pumpkin & Cream Cupcake</p>	<p style="text-align: center;">Supper</p> <p>Minestrone Soup* Chef's Choice Soup</p> <p style="text-align: center;">Pizza Burger (Pepperoni, Mozzarella, & Marinara)</p> <p style="text-align: center;">Seafood Salad Sandwich on Wheat Bread* With Lettuce & Tomato</p> <p style="text-align: center;">Banana Pudding with Vanilla Wafers</p>	<p style="text-align: center;">Supper</p> <p>Homemade Tomato Soup* Chef's Choice Soup*</p> <p style="text-align: center;">Grilled Cheese on White Bread</p> <p style="text-align: center;">Ranch Chicken BLT Salad (chicken, bacon, tomatoes, and ranch dressing mixed and served on lettuce)</p> <p style="text-align: center;">Chocolate Eclair</p>	<p style="text-align: center;">Supper</p> <p>French Onion Soup* Chef's Choice Soup</p> <p style="text-align: center;">Popcorn Chicken Bites (Honey Mustard or BBQ dipping Sauces)</p> <p style="text-align: center;">Cheesy Macaroni & Ham Casserole</p> <p style="text-align: center;">Big Chocolate Chip Cookie</p>

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THE WILLOWS DINING SERVICE WEEKLY MENU Week of November 21

Sunday 21	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27
Dinner Baked Ham with Apple Raisin Sauce Whipped Potatoes Braised Green Cabbage* Shrimp Scampi Spaghetti Sautéed Spinach w/garlic Tossed Salad Pumpkin Bars	Dinner Turkey Goulash (ground turkey, noodles, veggies in a tomato based sauce) Mixed Vegetables Beef Curry Steamed White Rice Teriyaki Broccoli Tossed Salad Peanut Butter Pie	Dinner Baked Chicken Leg Mashed Potatoes Buttered Beets Apple Cider Pork Chops Cinnamon Apples Baked Sweet Potato Tossed Salad Caramel Pear Upside Down Cake	Dinner Italian Spaghetti and Meatballs Garlic Bread Zucchini w/ Roasted Red Peppers Honey & Soy Glazed Salmon Wild Rice Pilaf Peas & Carrots Tossed Salad Fruit-Filled Oatmeal Bars	Dinner Traditional Thanksgiving Meal Alternate <i>will</i> be offered Happy Thanksgiving!	Dinner Lemon Pepper Flounder Baked Potato Sautéed Yellow Squash Spinach & Ricotta Pasta Bake w/ Roasted Cherry Tomatoes Caesar Salad Pumpkin Pie	Dinner Roasted Pork Loin Sweet & Tangy Sauerkraut Whipped Potatoes Greek Chicken Thighs Roasted Red Bliss Potatoes Italian Green Beans Tossed Salad Cranberry Apple Crisp
Supper Turkey Rice Soup* Chef's Choice Soup Beef-a-Roni Casserole (Ground beef & Macaroni in a Marinara Sauce) Cottage Cheese & Fresh Fruit Platter* With Sherbert Gelatin Parfait w/ Whipped Topping	Supper Ham & Navy Bean Soup* Chef's Choice Soup Philly Style Chicken Cheesesteak on Long Roll with Cheese & Marinara Tuna Salad on Wheat Bread (Local Lettuce & Tomato) Chocolate Chip Blondie Brownie	Supper New England Clam Chowder* Chef's Choice Soup Seafood Mac & Cheese (Imitation Crab & Cheddar Cheeses) Bologna & Cheese Sandwich on White Bread Mandarin Orange Fluff Dessert	Supper Broccoli & Cheese Soup Chef's Choice Soup* Unstuffed Cabbage Roll Casserole (Cabbage, Ground Beef, Tomato Sauce) Cranberry Chicken Salad Platter Local Lettuce & Tomato Butterscotch Pudding	Supper Chicken Mulligatawny* Chef's Choice Soup Hot Dog & Baked Beans Egg Salad Sandwich with Local Lettuce & Tomato on White Bread Cherry Cheesecake Cups	Supper Stuffed Pepper Soup Chef's Choice Soup* Fish & Chips Basket (Batter Dipped Cod & French Fries) Pesto Chicken Wrap (Grilled Chicken, Basil Pesto, Tomatoes, & Lettuce) Ice Cream Novelty	Supper Chicken Noodle* Chef's Choice Soup Beef Sloppy Joe on a Bun Spinach Salad w/ Blue Cheese, Fresh Pear Slices, Toasted Almonds, & Dressing of the Month Pumpkin Oatmeal Cookie

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