

MEADOWLARK

Join us for Movie Night every Friday night at 6:00 p.m. in TV Lounge

Call of the Wilderness A boy must brave deep winter snow to obtain an important family keepsake. Before he can even start this difficult journey he must first help his family survive financial ruin, rescue his beloved pet goat, and with his best friend, outwit a bratty bully who seems out to get him at every turn. Will he make it back to the village in time to celebrate the end-of-winter holiday of Chalandamarz? [adventure]

Back Stairs at the White House - (Part 1 of 4) No fewer than eight Presidential administrations--from Taft through Eisenhower--are examined through the eyes of the White House staff--maids, assistants, servants, doormen and other "menial" workers. The main character is Lillian Rogers Parks, a maid at the White House for three decades and the author of the non-fiction book upon which this miniseries is based. Part 1 covers the Taft, Wilson and Harding Administrations. [historical drama]

Dear John When soldier John Tyree meets an idealistic college student, Savannah Curtis, it's the beginning of a strong romance. Over the next seven tumultuous years and separated by John's increasingly dangerous deployment, the lovers stay in touch through their letters, meeting in person only rarely. However, their correspondence triggers consequences that neither could foresee. Based on the book by Nicholas Sparks. [drama]

Sully On Jan. 15, 2009, Capt. Chesley "Sully" Sullenberger (Tom Hanks) tries to make an emergency landing in New York's Hudson River after US Airways Flight 1549 strikes a flock of geese. Miraculously, all of the 155 passengers and crew survive the harrowing ordeal, and Sullenberger becomes a national hero in the eyes of the public and the media. Despite the accolades, the famed pilot comes to face an investigation that threatens to destroy his career and reputation. [fact-based drama]

GOOD TO REMEMBER:

Be prepared! The recent power outage should serve as a good-to-know reminder that you should all have working flashlights. If possible, a plug-in flashlight is a great idea because it will always be ready when you need it (and you will know just where to look for it!).

Resident Council recently held its first meeting of the new year. This committee is made up of elected residents that serve in an advisory capacity to The Willows' management. You are encouraged to bring your concerns and questions to any council member; they will bring your matter to the attention of the committee and facility leadership as applicable. Your current council members are:

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| Pinky Brun - Apt 5 | Eileen Fuchs - Apt 7 |
| Dan Leonida - Apt 306 | Marge LaCorte - Apt 307 |
| Sue Gaasche - Apt 410 | Meryl Tidey - Apt 412 |
| Bob Michener - Apt 209 | |



LEADERSHIP CORNER ~ Cheryl Loftus

March will welcome a new season, and although it may not have felt very much like winter, Spring is about to make its "official" arrival. As I think about this year's winter (or lack thereof) coming to an end, I realize that seasons are not quite defined as they were years ago, and I must say I do miss seeing the changes of seasons.

Summer found me looking forward to longer days and warmer weather. Lingering outdoors and taking walks, fishing and camping, and enjoying time with family at the shore or in the mountains.

Fall was my favorite time, with the beautiful colors on the trees ~ reds, yellows, and oranges as the leaves changed and soon covered the ground; I even enjoyed raking the leaves. It is a great time of year to take walks and enjoy the outdoors without it being too cold or too hot. I am reminded of favorite foods like pumpkin pie, vegetable soup, autumn squash and sweet potatoes.

And, though I am not as fond of the cold of winter, I did enjoy knowing that the earth's plants and trees and creatures were at rest. The snow is beautiful as it falls, covering everything in a peaceful blanket of white; perhaps encouraging me to slow down in life and take more time; spending it with family playing games and watching movies together.

Spring brought energy and new life ~ bright colors, buds on the bushes and trees, and the melody of songbirds happier for the mild weather. I would look forward to shedding the cold winter coats and layers of clothes, and getting out to work in the gardens.

I am sure you all have your own wonderful memories of the different seasons. And, as this season comes to a close, and we "wake" from our winter rest, I am looking forward to entering this new season with all of you.

An Irish Blessing

Wishing you a rainbow
 For sunlight after showers~
 Miles and miles of Irish smiles
 For golden happy hours~
 Shamrocks at your doorway
 For luck and laughter too,
 And a host of friends that never ends
 Each day your whole life through!



CALENDAR HIGHLIGHTS

MONDAY, MARCH 2 1:30 p.m. – The History of the Girl Scouts (Activity Room)

On March 12, 1912, the first ever official Girl Scouts Organization was registered. In 1917, the sale of cookies was introduced as a way to finance troop activities. Today there are over 3.5 million Girl Scouts across the US, and the sale of cookies continues to be an annual event nationwide. Join us to hear more interesting facts, see uniforms as they have changed through the years, and of course sample some of those famous Girl Scout cookies!

TUESDAY, MARCH 3 2:30 p.m. – Tea, Talk and Toast with Pastor Donna Merow (Activity Room)

All ladies are invited to come and enjoy a time of tea (or coffee) and talk with Pastor Donna Merow. Come along with some ideas and suggestions of what you might like this new monthly activity to offer.

WEDNESDAY, MARCH 4 1:30 p.m. – Arm Chair Travel to Ireland (Activity Room)

March is the perfect month to “travel” to Ireland! Come choose Your seat as we visit the majestic Cliffs of Moher, take a walk down Grafton Street in Dublin, and blow a kiss at the Blarney Stone.

THURSDAY, MARCH 5 1:15 p.m. – Al Grout: Juggler/Magician/Comedian (shuttle to SMH)

Al Grout has been performing for more than 40 years, offering over 200 shows per year. When you are not laughing, you will be oohing and ahing at Al’s amazing tricks, juggling and balancing feats ~ or maybe even become part of his act! Sign up with Gerry for this fun afternoon!

MONDAY, MARCH 9 1:30 p.m. – International Women’s Day Celebration and Movie Matinee (TV Lounge)

March 8th is the day set aside each year to celebrate the social, economic, cultural and political achievements of women. Come and share your own amazing stories as we talk about famous female figures in history. Then, plan to stay and watch the movie Erin Brockovich, based on the true story of an American legal clerk who was instrumental in building a case against a large utility company responsible for contaminating the water supply of a community and covering it up.



WEDNESDAY, MARCH 11 6:30 p.m. – Game Night with Calvary Church (Activity Room)

The Middle School Youth Group from nearby Calvary Church will be here for a fun evening of board games. We would like enough players for a few different games ~ please come!

THURSDAY, MARCH 12 2:30 p.m. – Quarterly Resident Meeting (Activity Room)

Mark your calendar to attend this informative community meeting. Announcements and updates from all departments of The Willows will be offered.

FRIDAY, MARCH 13 2:30 p.m. – Aisling Mor Academy of Irish Dance (Activity Room)

Get ready for St. Patrick’s Day with a presentation by the young Irish dancers from the nearby Aisling Mor Academy of Irish Dance.

MONDAY, MARCH 16 9:00 a.m. – Annual Photo Day (Activity Room)

Smile! It is time for the annual photo update, and we need you! As you finish your breakfast meal, or campus stroll, make your to the Activity Room for a quick photo session with Gerry.

TUESDAY, MARCH 17 1:30 p.m. – St. Patrick’s Day Party (Activity Room)

May the road rise up to meet you as you wear your green and join us for a fun afternoon – topped off with a cool, minty shamrock shake!



THURSDAY, MARCH 19 1:00 p.m. – Annual Talent Show at Dock Woods (DWC shuttle)

Many of you already know that this year’s theme is “Beatlemania”, and we are sure to be a hit with our performance of “Yellow Submarine”! There is still time to join the band! Talk to Gerry if you want to go along and enjoy the talented residents and staff of Living Branches. Revel in some of the greatest songs performed by the Beatles and enjoy an afternoon of performances, skits and humor.

Living Branches has been focusing on increasing occupancy here at The Willows. Our Leadership Our team, Marketing, and Willows Operations Team are working on introducing Personal Care to those looking for senior care.

We are planning events twice a month to increase our exposure in the outside community. In March, we will host an Irish Dance recital and a local Chamber of Commerce Business Card Exchange event. You may see Karen Walser, our sales counselor, touring a number of families and potential residents in the coming weeks. She will also invite those inquiring about Personal Care or those on our waiting list to a meal and activity; feel free to assist us in making these potential residents feel comfortable and welcomed!

We all believe that The Willows is a great place to live. We need to show others and help them to understand that here you can be as independent as you want, or can be. You have the opportunity to make friends, find others with similar interests, and enjoy regular outings ~ or just socialize over a cup of tea or coffee. At The Willows, you have support if you need it, and can live without the worry of preparing meals or performing home maintenance tasks.

SOCIAL WORKER SPOTLIGHT

~ Leslie Novak

The PA Rent Rebate Program offers one time per year rent rebates up to \$650 for those whose household income is \$8,000 or less, or up to \$500 for those with household incomes of less than \$15,000. When computing your 2019 total income, please include only one half of your gross annual Social Security amount, plus all other forms of income.

Deadline for rent rebate applications is June 30, 2020. If you are not certain if you meet eligibility requirements, please do not hesitate to call me and I can help determine whether you qualify. I am happy to assist with applications for rent rebates for all who qualify.

