

SUMMITNEWS

SOUDERTON MENNONITE HOMES

YOUR SARA AND YOU

Be WYSE on campus Wear Your SARA Everywhere

What do I do if my SARA is alerting (flashing red) and I did not intentionally set it off?

If you accidentally set it off on campus please stay in place and campus personnel will be contacting you shortly.

If you accidentally set it off while you were away from campus, the SARA system will not recognize that your SARA is alerting. Please contact your campus receptionist to have someone reset your SARA.

SUNDAY AFTERNOON MOVIES

The Sunday afternoon movies will be going on a summer hiatus. Residents are always welcome and encouraged to gather for movies in your levels of care. Please see your Life Enrichment Coordinator if this is something you would be interested in setting up.

FROM THE PASTORAL CARE DESK

By Pastor Susan Sciarratta

This spring, my husband and I celebrated our first Mother’s Day and Father’s Day as empty nesters, with no kiddos or pets at home. Even though we raised our 3 children to be independent, watching them go off in three distant directions is bittersweet. Back at home, it feels a little too quiet. There are too many spaces in our house without life or activity. So, I’ve been accumulating various forms of plant life inside my house and in the yard. Though it’s a poor substitute for children and the sweet chaos of childrearing, I enjoy tending and occasionally talking to my plants!

The Apostle Paul reminds us of the source of life. We are God’s offspring. God breathes life into us and created us with love. This is why we crave connection to God, our source of life and love, now and eternally. We are attracted to life, surrounding ourselves with reminders of life in its many beautiful physical and spiritual forms. Jesus says, “I came that they may have life and have it abundantly.” (John 10:10)

What awakens your life? What reminds you of life’s beauty? Perhaps it is listening to a favorite song, sitting by the window, smelling fresh flowers, biting a juicy piece of fruit, laughing with children, or hearing a loved one’s voice. Perhaps it is a quiet moment, connecting with the Spirit of God who dwells within you.

We can speak life to another person, with life-giving and uplifting words. Tell someone you are happy to see them, quote your favorite scripture, share what you appreciate about them, or lift them up in prayer. Use your words and actions to engender hope, to celebrate a life well-lived, and to share God’s delight in each one of our lives. In this way, we can be like mirrors that reflect the life-giving and hope-filled love that comes from God.



10% off total check
Not Valid on Sundays

Expires: July 1, 2026



June 1 – 5
Monday, Bandana Day
Tuesday, Wear Blue
Wednesday, Wear Red
Thursday, Wear White
Friday, Bandana Day

QUIVER FARMS PETTING ZOO

Tuesday, June 2
10:00 a.m.-noon
Near Elizabeth’s Garden

The traveling petting zoo has an assortment of farm animals to pet and feed. Animals typically include calf, sheep, goat, pig, turkey goose, chickens, rabbits, and baby chicks. Make sure you stop by to enjoy this special event!

PATRIOTIC & SUMMER MUSIC WITH BILL MONAGHAN

Wednesday, June 3
2:00 p.m.
Summit View Auditorium

Celebrate Festival Week with an afternoon of your favorite tunes. Bill will be taking requests!

WOODROW WILSON AND THE GREAT WAR A FULLY STAGED ONE-MAN SHOW

Thursday, June 4
1:30 p.m.
Summit View Auditorium

Neill Hartley is President Woodrow Wilson in this captivating and exciting one–man show set in the turbulent days leading up to World War I. This fully staged historical presentation will entertain and educate audiences of all ages.

A world filled with international intrigue, deadly U-Boat attacks and secret diplomatic communiqués that would slowly draw America into war. See Woodrow Wilson as he struggles to protect democracy and promote peace through the League of Nations.

A question-and-answer time will conclude the presentation.

“IN THE STRAWBERRY PATCH”

Thursday, June 4
6:30 p.m.
Summit View Auditorium

This month we will be sharing the “Front Porch”—no, no, “The Strawberry Patch” with a familiar face—Jim Moyer! Not Jamie Moyer’s dad but a man that has followed the Lord for many years as a leader in churches and, a leader in the local business world. You will hear stories of very familiar places in the Souderton area as well as a man with a heartbeat for missions—both local and international. Make plans to come and bring a friend and be encouraged by our friend, Jim Moyer.

FESTIVAL FINALE- DERSTINE HYMN SING

Friday, June 5
2:00 p.m.
Summit View Auditorium

A SMH tradition is alive with ending our festival week with a Hymn Sing. Join the Derstines for a special afternoon featuring your favorite hymns. Strawberry lemonade will be available afterwards.

MAY/JUNE BIRTHDAY CELEBRATION WITH BILL MONAGHAN

Thursday, June 11
2:00 p.m.
Summit View Auditorium

Look for your invitation in your mailbox early this month and be sure to RSVP to reserve your seat for this special afternoon!

HISTORY & MYSTERIES OF THE US PRESIDENTS WITH HERB KAUFMAN

Tuesday, June 16
1:30 p.m.
Summit View Auditorium

Full Facility Activities continue to page 2.

FULL FACILITY

FATHER'S DAY SPECIAL EVENT- ADVENTURES WITH RANDY BRIDGE

Friday, June 19

must sign up

2:00 p.m.

Summit View Auditorium



What better way to celebrate all the great men here at Souderton Mennonite Homes than with a fun-filled program featuring OUR FAVORITE, Randy Bridge. **Gentlemen - sign up** with your Life Enrichment Coordinator and enjoy root beer & soft pretzels. Randy is sure to surprise you with his more recent adventures!

WELCOME BACK SHADY HOLLOW FARM STAND EVERY THURSDAY BEGINNING June 25 11:00 a.m. -1:00 p.m. Front Lobby

Shady Hollow Farm has been providing an abundance of delicious produce and beautiful flowers to the Gilbertsville/ Pottstown community for over 30 years. Cash, Check or Venmo is accepted.

THE ROLE(S) OF WOMEN IN ANCIENT EGYPT- SECRETS FROM THE SANDS OF ANCIENT EGYPT LIFELONG LEARNING Presented by Stephen Phillips, Ph.D. Penn Museum Monday, June 29 1:30 p.m. Summit View Auditorium

RESIDENTIAL LIVING

RL CELEBRATION OF THE MONARCH BUTTERFLIES

We are enjoying the beauty of nature with a celebration of butterflies. Residential Living will be raising butterflies and watching their transformation firsthand during each stage of this journey. Then, when the butterflies are ready, we will release them. Please check your RL calendar for dates and times.

RL WAFFLES & ICE CREAM TRUCK

Tuesday, June 2

2:00-4:00 p.m.

RL Patio



As we continue our Festival Week, please join Philly Waffle & Ice Cream Truck for a special dessert. Please sign up in the RL Sign Up binder outside Heather's office. Then, bring \$3.00 exact change on Tuesday for your dessert! Then, enjoy waffles and ice cream with friends on the RL Patio! Contact Heather Scattergood with any questions.

CONGRATULATIONS NATALIE- BINGO PARTY Wednesday, June 10

2:00 p.m.

Family Room



Join your favorite *volunteer*, Natalie, as she enjoys her last Bingo with you. Natalie has faithfully served for the past 4 years. She's graduating high school and headed to college in the fall. Please wish her well with refreshments and then

play bingo. Please sign up at the RL bulletin board for a great afternoon!

RL BOOK SWAP

Thursday, June 18

1-2:30 p.m.

Family Room

It's that time of year, again...Pick out a good summer read and/or share your books with others. You may bring up to 2 books to share and take a new read home with you. Please contact Heather Scattergood with any questions.

RL GARDEN TOUR

Monday, June 22

10:00 a.m.-11:30 a.m.

Please join us for the opportunity to stroll through the beautiful gardens right here on campus. Copies of tour maps with brief descriptions will be available the morning of June 26th. What a great time to enjoy the resident gardens and meet up with friends along the way.

SMH ARTIST RECEPTION

Tuesday, June 23

3:30 p.m.

Café

Join Sarah Hefner, RL resident, as her artwork is the focus of this season's Art Gallery Wall. Spoiler Alert- PA German Breakfast cakes will be served. All RL residents are invited to enjoy this artwork together.

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STRAWBERRY FESTIVAL BLUEBERRY

Date	Event	Time	Location
Monday, June 1 Bandana Day*	Cornhole Tournament with Philadelphia Water Ice	1:30 p.m.	Pavilion Sign-Up Required
Tuesday, June 2 Wear Blue	Quiver Farms Petting Zoo	10:00 a.m. to 12:00 p.m.	Outside Elizabeth's Garden
	Waffle Cabin Food Truck \$3.00 exact change for waffles and ice cream	2:00 to 4:00 p.m.	Residential Living Patio Sign-Up Required
Wednesday, June 3 Wear Red	Patriotic and Summer Music with Bill Monaghan	2:00 p.m.	Summit View Auditorium
	Captain Chuck's Food Truck (Preordered Meals)	4:00 to 6:00 p.m.	Residential Living Patio
Thursday, June 4 Wear White	One Man Show: Woodrow Wilson and the Great War	1:30 p.m.	Summit View Auditorium
	In the Strawberry Patch with Dick Close, Featuring Jim Moyer	6:30 p.m.	Summit View Auditorium
Friday, June 5 Bandana Day	Closing Day Derstine Hymn Sing and Strawberry Lemonade	2:00 p.m.	Summit View Auditorium



*Be sure to pick up your bandana for the week at your mailbox area



From your RA President, (Dick Close)

Volunteering at SMH is so important. It means giving your time and effort support a need of someone or group here. This matters because it strengthens our "family," expands what our SMH groups can accomplish, blesses another through meeting their needs, as well as helps volunteers build purpose and relationships

Our SMH community depends on volunteers to reach people who might otherwise go without support—such as water distribution, leading activities, and helping in areas that needs "hands." When more people volunteer, we build enthusiasm, trust and connection across the SMH community.

Even a small, regular commitment can make a noticeable difference. By showing up consistently—whether weekly, monthly, or for one-time events—volunteers help keep programs running and build a habit of "family" responsibility. Volunteering is important because it multiplies what the SMH community can do while also strengthening you through purpose and connection. Your time becomes an offering to the Lord and a practical investment in the people, and in the kind of community you want SMH to be. Contact Sue Zomberg to find your place to volunteer today.

RL TRIPS

Sign up with Sam Handwerk for Dine Around and Day Trips Call 215-723-9881 ext. 42330 Or email Sandra.Handwerk@livingbranches.org

Sign up for trips (June trips) are located on the table outside of the fitness center. Grocery trips will still be located on the RL Trips Bulletin Board. Regular scheduling and sign-ups with Sam (Sandra) Handwerk will resume in June for July-scheduled trips.

JUNE

Naceville Dine Around (Dinner)
Tuesday, June 9
4:45 p.m. to 8:00 p.m.

Joshua – Sight and Sound
Wednesday, June 17
8:30 a.m. to 4:00 p.m.

Sapori Dine Around (Lunch)
Friday, June 26
11:30 a.m. to 2:30 p.m.

Boscov's Shopping (Pottstown)
Tuesday, June 30
12:30 p.m. to 4:00 p.m.

GROCERY/SHOPPING TRIPS

Sign up on the 2nd Floor Lounge Trip Board for Tuesday morning grocery trips.

LANDIS SUPERMARKET
Tuesday, June 2 & 16
10:00 a.m. - 12:00 p.m.

TRADER JOE'S
Monday, June 8
9:30 a.m. - 12:00 p.m.

Aldi/Dollar Tree
Tuesday, June 23
10:00 a.m. – 12:00 p.m.

KRISTEN'S FITNESS CORNER

You won't regret it!

In my many years as a fitness professional I have never had a client say to me, "I am so upset that I exercised today. Usually, the opposite is true as we tell ourselves that we will start tomorrow, next week or January 1st. Here are 2 stories of residents who recently decided to make exercise a priority and ended up improving their quality of life.

One resident who recently turned 90 started coming in and doing 5 minutes on the NuStep. She would be winded after walking down to the fitness center and would sit in the chair to rest before starting. Each week she added time and resistance. Two months later she often pedals for 30 minutes or more. She has renewed energy and no longer requires rest breaks walking the halls. Another resident received a diagnosis of osteopenia and wanted to add strength exercises to improve bone density. When she started, she was unable to get out of a chair without pushing herself up with her arms. After a few weeks of doing a 20-minute strength routine including sit to stands, she can get up and down without using her arms. She says she can get out of bed easily in the morning where it used to be a struggle.

I am proud of these residents and know you can see the same results. Drop by the fitness center and we can get you on *your* path to better health.

Special Events and Fitness Updates:

FESTIVAL CORNHOLE TOURNAMENT

Monday, June 1
1:30 p.m.
Pavilion



Sign up to play. Light refreshments will be provided and prizes awarded to the winning team.

JUNE WELLNESS TALK

Tuesday, June 9
3:00 p.m.
Family Room

The Power of Protein. Want to keep doing the things you love? It starts with strength - and protein is your secret weapon. This talk breaks down why maintaining muscle matters and how simple nutrition choices make a big difference. You will leave with easy, realistic strategies to boost your protein intake, build muscle, and keep your body feeling strong.

BLUEBIRD WALK
Thursday, June 11
11:00 a.m.



Join Kristen for a campus walking tour of the bluebird houses. Meet in the RL lobby. We will stop and visit an active house and see the nest if possible. Sign up required.

Full-Count System: We are implementing the Full-Count system that you are currently using at the Apple Orchard Café and Corner Store to the Fitness Center. This is a new and improved system to track attendance. Please look for more information in the fitness center.

Class Notes: There have been a few class changes this month to accommodate other programming. Please double check your calendars for class times.

FROM THE DESK OF THE RL NURSE

WELLNESS TALK
Wednesday, June 24
1:00 p.m.
Friendship Rms. A&B

Join RL nurse Janice Carroll and meet Lisa Niles, Nurse Liaison, for *Wellness Palliative and Hospice Care*, one of our preferred providers. Lisa and her team will discuss what palliative care means and the differences between palliative and hospice care.

FROM THE DESK OF THE RESIDENTIAL LIVING SOCIAL WORKER

AARP Consumer Issues Task Force is pleased to host an important scam and fraud presentation here at Souderton Mennonite Homes on Monday, June 29th, from 10:00 a.m. to 11:00 a.m. in the SVA. This event is designed to inform residents about the latest scams targeting the area and to provide practical strategies to stay safe. Family and friends are welcome! For questions, please contact Megan Wolf at 215-723-9881, Ext. 42312.

Produce vouchers: Generations of Indian Valley will be offering produce vouchers again this year to qualifying residents. If you have received a produce voucher in the past or are interested in learning more, please reach out to Megan Wolf at 215-723-9881 Ext. 42312

FROM THE DESK OF THE VOLUNTEER OFFICE

Summertime is a great time for students to rack up their community hours. Call me for volunteer opportunities!

Are you recording your volunteer hours in the logbooks? If you would like the flexibility to record your hours using the VICNET online app, let me know! It's easy and efficient.

suzanne.zomberg@livingbranches.org

Sunseekers wanted! Our residents love warm weather and time outside in the gardens. Volunteers are needed to help for brief 30-minute sunshine sessions. Call Suzanne for more information. 215-723-9881 ext. 42298

FUND DEVELOPMENT

Leave a Legacy

Thank you for your generous support of the Living Branches Foundation. Your contribution to our benevolent care ministry is vitally important to many Living Branches residents. Estate gifts enable us to plan for the future support of our residents who need financial assistance for the long term. In recent years, Living Branches has provided some form of benevolent or unreimbursed care to about 100 residents each year. The Living Branches Foundation funds are typically able to provide grants of over \$1.6 Million from fund earnings to offset a portion of the costs of care. But that only covers about one-third of the actual cost, so there is still much more work to be done to grow the balances in our benevolent care funds.

By including the Living Branches Foundation in your will or trust, you create lasting security for residents and ensure their well-being for years to come. More than just a gift, your estate donation becomes a powerful legacy—one of compassion and generosity. Any percentage or amount makes a difference.

To learn more, contact:

- Colin Ingram at 215-723-9881, ext. 44304

Online Donations Gladly Accepted!

Just a reminder! Living Branches Foundation continues to accept donations online at livingbranches.org/donate. The Foundation's primary goal is to raise funds for the benevolent care ministry which enables us to care for all residents, including those who have been wise stewards of their money but have outlived their resources. We appreciate your support.