

#### Join us every Friday night at 6:15 p.m. in TV Lounge

Seating may be limited and RSVP with the front desk is recommended.

#### **Showing in June:**

**The Devil Wears Prada** – June 4 - A recent college graduate with big dreams lands a job at prestigious magazine as the assistant to the diabolical editor and questions her ability to survive her grim tour as the editor's whipping girl without getting scorched. Stars Meryl Streep and Anne Hathaway.

**The Italian Job** – June 11 – After a heist in Venice, one member of the team turns on his partners in crime, keeping all the gold for himself. The remaining members of the team vow revenge and plot to recover the stolen gold from the man's Los Angeles mansion. Stars Edward Norton, Donald Sutherland, Mark Wahlberg, Jason Statham and Charlize Theron.

**The Ultimate Gift** – June 18 – A young man lives a life of wealth and privilege. When his grandfather dies, he anticipates a heft inheritance. Instead, however, he must set out on a journey of self-discovery to earn the true gift his grandfather meant for him to have. Along the way, he befriends a dying girl and her mother, and learns what is really important in life. Stars Drew Fuller, James Garner and Abigail Breslin.

**Yesterday** – June 25 – A struggling singer-songwriter in an English seaside town becomes discouraged, despite the fierce devotion and support of his childhood best friend. After a freak bus accident during a mysterious global blackout, he wakes up to discover that The Beatles have never existed. Performing songs by the greatest band in history to a world that has never heard of them, he becomes an overnight sensation.

We welcome your suggestions for Friday night movie titles! See Becca with your requests.

















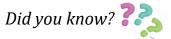
The Willows now has access to the Indian Valley Public Library and the Bucks County Library System! If you have your eye on a book, a movie,



an audiobook, or any other material found in the library that sparks your interest, please contact Becca. She will be happy to check out these items and deliver them right to your door.

### touchtown

We have exciting news to share!! Touchtown is a new feature that is coming to The Willows campus later this month! This program will allow you to view announcements, upcoming activities and events, daily schedules, menus, photos and more from the comfort of your apartment any time of the day or night! Watch for more news in coming days!



Father's Day was not made a permanent national holiday until 1972! Mother's Day was established as a national holiday way back in 1914.

"A father is someone you look up to no matter how tall you grow." ~ Unknown

A Living Branches Community Newsletter

# MEADOWLARK

THE WILLOWS

**June 2021** 

#### **LEADERSHIP CORNER**

I remember reading the stories of Pooh, Piglet, Eeyore and Tigger to my daughters and Pooh's wise words still resonate with me after all these years. In taking a moment to reflect on the importance of the little things in life, I must admit that its difficult



Sometimes the smallest things, take up the most room in your heart.

-Winnie the Pooh



for me to live in the moment. I do try, but I tend to be an over-thinker. I need to remind myself to enjoy what's happening now and live for today!

I am confident that if you found the oldest, wisest person you know and asked them what really mattered the most in their lives, they would likely tell you about memories made with their husband, wife and family.

My message for June is about taking the time to truly appreciate all the "small things". Here are some of mine... the pleasure of the first sip of coffee in the morning, the sighting of the first peony that blooms, the sunrise that begins every new day, the smell of homemade bread baking, the laughter of a child, the taste of dark chocolate, being greeted at the end of a long day by my boisterous puppy, reading a great historical fiction novel, taking a family walk, seeing my daughters laugh together and my husband cooking dinner... I hope you have a happy June and find time to cherish the "small things".

~ Jen Derstine, Director of Personal Care Services



#### Congratulations to our 2021 graduates!

Becca Goering – Life Enrichment – graduated Marywood University - Bachelor of Music and Board Certified Music Therapist

Brandon Drew – Life Enrichment – graduated Temple University with a Master's Degree in Music Therapy

Myles Knight – Dining Services – will graduate from North Penn High School Meredith Kratz – Dining Services – will graduate from North Penn High School Estefany Monterrosa - Dining Services – will graduate from North Penn High School Katherine Monterrosa - Dining Services – will graduate from North Penn High School

### JUNE CALENDAR HIGHLIGHTS

#### SING-A-LONG WITH JOYCE TUESDAY, JUNE 1 2:00 p.m. (Activity Room)

Joyce Price will be returning to the Willows this month to share her musical talents with us! Sing along with Joyce as she leads some summer tunes.

### MUSIC THERAPY WITH EMMA THURSDAY, JUNE 3 2:00 p.m. (Activity Room)

We have a new therapy intern, Emma, joining our team at the Willows. She will be leading an hour filled with music making and singing every Thursday afternoon in June. Please join us in giving her a warm welcome!

## REMEMBERING PENNY CANDY WEDNESDAY, JUNE 9 10:30 a.m. (Activity Room)

Do you remember purchasing penny candy as a child? How about a trip to the candy store? Join us as we reminisce about being a "kid in a candy store" and learn about the history of all the treats and sweets that we've come to know and love!

## TRAVELING ICE CREAM TRUCK THURSDAY, JUNE 10 1:30 p.m. (starting in South Wing)

Listen for the tell-tale tune of the ice cream 'truck' to arrive in your neighborhood, but don't run!
Becca will make the rounds, bringing ice cream and frozen novelties to you. Feel like a kid again (and you don't have to ask mom for money)!

#### BOWLING SATURDAY, JUNE 12 10:30 a.m. (Activity Room)

Can you 'spare' some time to 'strike' it big at bowling? Come show off your skills and join us for a fun morning – no special shoes required!

## EQUESTRIAN THERAPY AT SOUDERTON MENNONITE TUESDAY, JUNE 15 9:30 a.m. (bus trip)

We are trotting over to the Souderton campus to meet Vinnie the Mini Horse and learn a bit about equestrian therapy. If you have not already done so, you must RSVP to attend this event. Sign up with Becca. A flyer will be coming with more details.

#### PET THERAPY WITH ALICE TUESDAY, JUNE 15 2:00 p.m. (Activity Room)

If horses aren't your thing, Alice Hoersch will be returning to the Willows this month with her dog, Dyson. Join us for an afternoon of puppy love!

# SHARE YOUR STORY – "COOKING" FRIDAY, JUNE 18 2:00 p.m. (Activity Room)

This month we will reminisce about memories of learning to cook, sharing advice with others, trivia and much more! If you have a picture or item, such as a cookbook, decoration or collectible, that reminds you of cooking, bring it along! We would love for you to share about it and the memories it holds. Join us for an afternoon full of stories!

#### TIE (DYE) ONE ON! MONDAY, JUNE 21 1:30 p.m. (Patio)

Help us kick off the summer by making your own tie-dye pillowcase! We will provide all of the supplies that you will need, so just bring yourself! We look forward to having some summer fun together!

#### MORNINGS ARE 'MINT' FOR TEA AND TALK FRIDAY, JUNE 25 10:30 a.m. (Patio)

We will be soaking up the summer weather over glasses of refreshing mint tea on the patio – made using the fresh mint from our garden. Join us for a relaxing morning!

#### ARMCHAIR TRAVELLER – JAMAICA WEDNESDAY, JUNE 30 2:00 p.m. (TV Lounge)

Have you ever been to the beautiful island of Jamaica? What better way to kick off the summer than to travel to this tropical country from the comfort of our chairs! Join us as we learn fun facts about the nation's dining, music, history and so much more.

Masks must still be worn by ALL residents participating in any activities, regardless of vaccination status.

Masks must still be worn by ALL visitors at all times, regardless of vaccination status.

#### **COMMUNITY HEARTBEATS** ~ Pastor Debra Neild

#### **Sunday Worship Services**

**June 6 -** Message by Pastor Donna Merow

**June 20 –** Message by Bob Thompson

**June 13 -** Message by Pastor Sandy Landes

**June 27 -** Message by Pastor Deb

#### Father's Day Prayer

God our Father,

We give you thanks and praise for fathers young and old. We pray for young fathers, newly embracing their vocation; may they find courage and perserverance to balance work, family and faith in joy and sacrifice.

We pray for fathers around the world whose children are lost or suffering; may they know that the God of compassion walks with them in their sorrow.

We pray for men who are not fathers

but still mentor and guide us with fatherly love and advice.

We remember fathers, grandfathers and great grandfathers who are no longer with us but who live forever in our memory and nourish us with their love. Amen

-posted on Catholic Prayers

#### <u>CARE COORDINATOR CORNER</u> ~ Kathy Cassel

- Please remember to sign out if you are leaving the building. It's important that we know everyone's whereabouts in the event of an emergency. There are sign-out sheets located in the lobby of both North and South wings.
- Anyone visiting the facility or taking a resident out of the facility is asked to screen at the kiosk in the South Wing lobby. This protects you, other residents and staff.
- If you self-administer any medications please remember to lock your door when you are not in your room. This includes over-the-counter medications. It is required that we have a doctor's order for anything you may be taking. This includes vitamins, supplements and creams.
- With the warmer weather, we encourage you to enjoy time outside; just remember to drink plenty of water and apply sunscreen. Staff can help you apply sunscreen if assistance is needed.

## FATHER'S DAY

### THE DISH ON DINING SERVICES ~ Tom Madara

- Our Victory Garden has been planted for the season! We look forward to harvesting summer squash, broccoli, leaf lettuces, cabbages, eggplant, peppers, tomatoes, herbs and flowers in the coming months!
- Our summer picnic series kicks off this month! We look forward to gathering together in our 'picnic grove' (weather permitting!) in the South Wing rear parking lot. Our first picnic will be June 16 at noon.
- Our Father's Day observance is set for Friday, June 18. The gentlemen will gather on the patio for a "guys only" cookout at 4:00 pm!