

THE WILLOWS DINING ROOM MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Turkey Breast with Gravy Potato Stuffing Green Bean Casserole Alt: Chili Lime Tilapia with Fresh Salsa Steamed Rice Buttered Corn Baker's choice pie	Beef Stuffed Pepper with Marinara Roasted Potatoes Whole Baby Carrots Alt: Grilled Chicken with Pineapple Salsa Brown Rice Pilaf Sautéed Summer Squash Carrot Cake	Ham Steak with Apricot Glaze Roasted Sweet Potatoes Steamed Peas Alt: Harvest Salad with Crispy BBQ Chicken, Grapes, Oranges & Walnuts Peanut Butter Apple Crisp Dessert	BBQ Chicken Thigh Scalloped Potatoes Roasted Cauliflower Alt: Butter Crumb Cod w/ Lemon Butter Sauce Garlic Parmesan Orzo Broccoli Florets Key Lime Pie	Sweet & Sour Pork over Steamed Rice Egg Roll Alt: Tuna Noodle Casserole Roasted Brussel Sprouts Funny Cake	Baked Meatloaf with Gravy Macaroni & Cheese Stewed Tomatoes Alt: Scallop Scampi over Pasta Garlic Parmesan Grilled Asparagus Chocolate Chip Brownie	Chicken Croquettes with Gravy Mashed Potatoes Succotash Alt: Quiche Lorraine topped with Hollandaise Sauce Served with Fresh Fruit Strawberry Shortcake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Italian Wedding Soup Creamed Dried Beef over Toast Alt: Soup D'jour Sliced Turkey & Cheese Sandwich with lettuce and tomato Mixed fruit cup	Tomato soup Grilled Cheese Sandwich Alt: Soup D'jour Deviled Egg Platter with Garden Fresh Vegetables Fresh baked cookies	Cream of Cauliflower Soup Open Faced Hot Roast Beef Sandwich with Gravy Alt: Soup D'jour Chef Salad with choice of dressing Ambrosia	Garden Vegetable Soup Chicken Tenders with Dipping Sauce Alt: Soup D'jour Beef Bologna Sandwich with lettuce and tomato Chocolate éclair	Lentil Soup Turkey Burger on a Bun with lettuce, tomato & onion Alt: Soup D'jour Cottage Cheese and Fruit Platter Tapioca pudding	Cream of Potato Soup Beef Slider with Lettuce, Tomato & Onion with Tater Tots Alt: Soup D'jour Italian Hoagie with lettuce, tomato & onion Fruited Gelatin	Cream of Mushroom Soup BBQ Pulled Pork on a Roll Alt: Soup D'jour Tuna Salad Sandwich with lettuce and tomato Pineapple cup

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DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Beef Pot Roast with Vegetable Gravy Parmesan Potatoes California Vegetable Blend Alt: Seared Crab Cake Whipped Potatoes Sugar Snap Peas Baker's Choice Pie	Spaghetti with Meat Sauce Garlic Bread Sautéed Spinach Alt: Flounder Francaise Rice Pilaf Harvard Beets Milk Pie	Pork Tenderloin with Gravy Whipped Sweet Potatoes Mixed Vegetables Alt: Coconut Fried Shrimp with an orange dipping sauce French Fries Coleslaw Rice Pudding	Citrus Poached Cod Confetti Rice Pilaf Steamed Peas Alt: BBQ Chicken Breast with Bacon and Cheddar Whipped Potatoes Honey Sliced Carrots Blueberry Buckle	Chicken Ala King over Rice Whole Baby Carrots Alt: Vegetable Quiche with Hollandaise Sauce and served with Fresh Fruit Chocolate Trifle	Swiss Steak with Tomato Demi Glace Au Gratin Potatoes Roasted Cauliflower Alt: Seared Salmon Salad with Tomato, Cucumber & Carrots with choice of dressing Peach Melba	Chicken Alfredo over Pasta Garlic Bread Broccoli Alt: Shepherds Pie with Buttered Lima Beans Orange Cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Cream of Celery Soup Oven Fresh Pizza Alt: Soup D'jour Chicken Salad Sandwich on croissant with lettuce and tomato Gelatin Parfait	Beef Rice Soup Meatball Sandwich Alt: Soup D'jour Ham and Cheese Sandwich with lettuce and tomato Rice Krispy Treat	Minestrone Soup Grilled Chicken Caesar Salad Alt: Soup D'jour Roast Beef Sandwich with lettuce & tomato Fresh Baked Cookies	Tuscan Sausage and Bean Soup Beef Cheesesteak on a roll with Sauce and Onions Alt: Soup D'jour Sliced Turkey, Swiss Cheese, Coleslaw and Russian Dressing on rye bread Butterscotch Pudding	Chicken Corn Chowder Chili Con Carne with a Corn Muffin Alt: Soup D'jour Liverwurst and Onion on rye bread Banana Cream Pie	Cream of Tomato Soup Grilled Cheese Sandwich Alt: Soup D'jour Trio Salad Platter (Egg, Tuna, Chicken) on a bed of greens Ice cream sandwich	Mushroom Barley Soup Grilled Hot Dog on a bun Baked Beans Alt: Soup D'jour Fresh Spinach Salad with egg served with warm bacon dressing Fresh Watermelon

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DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Pork with Gravy Whipped Potatoes Steamed Carrots Alt: Seafood Imperial Rice Pilaf Peas & Pearl Onions Baker's Choice Pie	Fish of the Day Roasted Potatoes Mixed Vegetables Alt: Grilled Ham with Gravy Baked Sweet Potato Honey Glazed Baby Carrots Cherry Streusel Cake	Chicken Milanese topped with arugula, tomato, shaved parmesan and a lemon vinaigrette Garlic Butter Orzo Alt: BBQ Pork Ribs Roasted Potatoes Pepper Cabbage Lemon Bar	Grilled Kielbasa Braised Sauerkraut Pierogis with Onions Alt: Grilled Salmon Lemon Roasted Potatoes Sautéed Spinach Chocolate Layer Cake	Pasta with Meatballs and Sauce Broccoli Florets Garlic Bread Alt: Seared Shrimp on a bed of greens with tomato, avocado, feta, cucumber and red pepper Strawberry Cream Pie	Baked Meatloaf with Gravy Macaroni & Cheese Stewed Tomatoes Alt: General Tso Chicken with Broccoli and rice Egg Roll with Sauce Apple Pan Dowdy	Chicken Cordon Blue Parsley Potatoes Creamed Corn Alt: Quiche Lorraine with Hollandaise Sauce and Fresh Fruit Raspberry Mousse Trifle
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Hearty Vegetable Soup Ground Beef BBQ served on a bun Alt: Soup D'jour Ham Salad on Croissant with Lettuce & Tomato Coconut Layer Cake	Turkey Noodle Soup Grilled Rueben Sandwich with Corned Beef, Sauerkraut, Swiss and Thousand Island Dressing Alt: Soup D'jour Chicken Salad Platter with cheddar, oranges, cucumber and red onion Chocolate Pudding Parfait	Potato Leek Soup Tuna melt Alt: Soup D'jour Sliced Roast Beef Sandwich with lettuce & tomato Ambrosia	Italian Bread Soup Turkey Burger on a bun with lettuce, tomato and onion Alt: Soup D'jour Cobb Salad with choice of dressing Pineapple cup	Cream of Tomato Soup Grilled Cheese Sandwich Soup D'jour Seafood Salad served on a New England Roll Gelatin Parfait	Cream of Broccoli Soup Chicken Tenders with Dipping Sauce Alt: Soup D'jour Bologna Sandwich with Lettuce & Tomato Fresh Baked Cookies	Italian Wedding Soup Salmon Burger with Coleslaw & Tarter Sauce Soup D'jour Turkey and Cheese Sandwich with lettuce & tomato Mixed Fruit cup

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DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Baked Ham Candied Sweet Potatoes Steamed Peas Alt: Beef Stew over Egg Noodles Whole Baby Carrots Baker's Choice Pie	Baked Pork Tenderloin with Gravy Scalloped Potatoes Harvard Beets Alt: Chicken Salad Platter served on a bed of greens with crackers, egg, tomato and cucumbers Strawberry Layer Cake	Herb Grilled Chicken Thigh with Gravy Roasted Potatoes Succotash Alt: Vegetable Lasagna with marinara sauce and a side salad Peach Crisp	Trout with a lemon butter herb sauce O'Brien Potatoes Whole Green Beans Alt: Baked Ham Loaf with Country Gravy Roasted Sweet Potato Creamed Spinach Blueberry Pie	Chicken Parmesan over Pasta Roasted Summer Squash Alt: Seafood Cake Parsley Potatoes Steamed Asparagus Raspberry Bar	Salisbury Steak with Gravy Macaroni & Cheese Stewed Tomatoes Alt: Shrimp and vegetable kabobs served over rice Sliced Carrots Lemon Meringue Pie	Beef Stroganoff over Noodles with Southern Vegetable Blend Alt: Chicken Picatta Baked Potato Broccoli Florets Black Forrest Cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Italian Wedding Soup Creamed Dried Beef over Toast Alt: Soup D'jour Sliced Turkey & Cheese Sandwich with lettuce and tomato Mixed fruit cup	Tomato soup Grilled Cheese Sandwich Alt: Soup D'jour Deviled Egg Platter with Garden Fresh Vegetables Fresh baked cookies	Cream of Cauliflower Soup Open Faced Hot Roast Beef Sandwich with Gravy Alt: Soup D'jour Chef Salad with choice of dressing Ambrosia	Garden Vegetable Soup Chicken Tenders with Dipping Sauce Alt: Soup D'jour Beef Bologna Sandwich with lettuce and tomato Chocolate éclair	Lentil Soup Turkey Burger on a Bun with lettuce, tomato & onion Alt: Soup D'jour Cottage Cheese and Fruit Platter Tapioca pudding	Cream of Potato Soup Beef Slider with Lettuce, Tomato & Onion with Tater Tots Alt: Soup D'jour Italian Hoagie with lettuce, tomato & onion Fruited Gelatin	Cream of Mushroom Soup BBQ Pulled Pork on a Roll Alt: Soup D'jour Tuna Salad Sandwich with lettuce and tomato Pineapple cup

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<p>Turkey Breast with Gravy Potato Stuffing Green Bean Casserole</p> <p>Alt: Chili Lime Tilapia with Fresh Salsa Steamed Rice Buttered Corn</p> <p>Baker's choice pie</p>	<p>Beef Stuffed Pepper with Marinara Roasted Potatoes Whole Baby Carrots</p> <p>Alt: Grilled Chicken with Pineapple Salsa Brown Rice Pilaf Sautéed Summer Squash</p> <p>Carrot Cake</p>	<p>Ham Steak with Apricot Glaze Roasted Sweet Potatoes Steamed Peas</p> <p>Alt: Harvest Salad with Crispy BBQ Chicken, Grapes, Oranges & Walnuts</p> <p>Peanut Butter Apple Crisp Dessert</p>	<p>BBQ Chicken Thigh Scalloped Potatoes Roasted Cauliflower</p> <p>Alt: Butter Crumb Cod w/ Lemon Butter Sauce Garlic Parmesan Orzo Broccoli Florets</p> <p>Key Lime Pie</p>	<p>Sweet & Sour Pork over Steamed Rice Egg Roll</p> <p>Alt: Tuna Noodle Casserole Roasted Brussel Sprouts</p> <p>Funny Cake</p>	<p>Baked Meatloaf with Gravy Macaroni & Cheese Stewed Tomatoes</p> <p>Alt: Scallop Scampi over Pasta Garlic Parmesan Grilled Asparagus</p> <p>Chocolate Chip Brownie</p>	<p>Chicken Croquettes with Gravy Mashed Potatoes Succotash</p> <p>Alt: Quiche Lorraine topped with Hollandaise Sauce Served with Fresh Fruit</p> <p>Strawberry Shortcake</p>
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
<p>Italian Wedding Soup</p> <p>Creamed Dried Beef over Toast</p> <p>Alt: Soup D'jour</p> <p>Sliced Turkey & Cheese Sandwich with lettuce and tomato</p> <p>Mixed fruit cup</p>	<p>Tomato soup</p> <p>Grilled Cheese Sandwich</p> <p>Alt: Soup D'jour</p> <p>Deviled Egg Platter with Garden Fresh Vegetables</p> <p>Fresh baked cookies</p>	<p>Cream of Cauliflower Soup</p> <p>Open Faced Hot Roast Beef Sandwich with Gravy</p> <p>Alt: Soup D'jour</p> <p>Chef Salad with choice of dressing</p> <p>Ambrosia</p>	<p>Garden Vegetable Soup</p> <p>Chicken Tenders with Dipping Sauce</p> <p>Alt: Soup D'jour</p> <p>Beef Bologna Sandwich with lettuce and tomato</p> <p>Chocolate éclair</p>	<p>Lentil Soup</p> <p>Turkey Burger on a Bun with lettuce, tomato & onion</p> <p>Alt: Soup D'jour</p> <p>Cottage Cheese and Fruit Platter</p> <p>Tapioca pudding</p>	<p>Cream of Potato Soup</p> <p>Beef Slider with Lettuce, Tomato & Onion with Tater Tots</p> <p>Alt: Soup D'jour</p> <p>Italian Hoagie with lettuce, tomato & onion</p> <p>Fruited Gelatin</p>	<p>Cream of Mushroom Soup</p> <p>BBQ Pulled Pork on a Roll</p> <p>Alt: Soup D'jour</p> <p>Tuna Salad Sandwich with lettuce and tomato</p> <p>Pineapple cup</p>