

# The Willows Dining Room Menu

January 1 — January 7

\* Week #1

| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY   |
|--|--|--|---|--|--|--|
| DINNER   | DINNER   | DINNER   | DINNER  | DINNER   | DINNER   | DINNER   |
| Roast Pork Tenderloin with gravy<br>Mashed potatoes<br>Sauerkraut<br><br>Alt: Shepherds Pie<br>Mixed Vegetables<br><br>Momma Maria's famous Cheese Pie                 | Chicken cordon bleu<br>Oven roasted potatoes<br>Buttered lima beans<br><br>Alt: Seafood Newburg served over rice<br>Sauteed Zucchini<br><br>Apple cobbler                    | Baked ham with gravy<br>Candied sweet potatoes<br>Stir Fry vegetables<br><br>Alt: Catch of the day<br>Savory rice pilaf<br>Green beans with almonds<br><br>Pineapple upside down cake  | Baked Ziti<br>Garlic Toast<br>Beets<br><br>Alt: Coconut fried shrimp with fries and<br>Coleslaw<br><br>Strawberry rhubarb pie                 | Baked turkey loaf with gravy<br>Potato filling<br>Steamed peas<br><br>Alt: Swedish meatballs served over egg noodles<br>Buttered baby carrots<br><br>Coconut layer cake            | Oven fried chicken<br>Whipped potatoes<br>Buttered corn<br><br>Alt: Linguine with white clam sauce<br>Garlic bread<br><br>Orange sheet cake with icing                                       | House made Bolognese (pork, veal and ground beef) in a red sauce served over ziti<br>Steamed broccoli<br><br>Alt: Pan seared seafood cake<br>Roasted potato wedges<br>Coleslaw<br><br>Chocolate layer cake |
| SUPPER   | SUPPER   | SUPPER   | SUPPER  | SUPPER   | SUPPER   | SUPPER   |
| Cream of tomato soup<br><br>Kielbasa, peppers and onions on a hoagie roll<br><br>Alt: Soup D'jour<br><br>Chef salad with choice of dressing<br><br>Fresh baked cookies | Lentil soup<br><br>Hot pork sandwich (with caramelized onions, mushrooms and cooper sharp cheese)<br><br>Alt: Soup D'jour<br><br>Beef bologna sandwich<br><br>Banana pudding | Cream of potato soup<br><br>Hamburger on a bun with lettuce, tomato and onion<br><br>Alt: Soup D'jour<br><br>Sliced turkey sandwich with bibb lettuce and tomato<br><br>Blonde brownie | Mushroom beef barley soup<br><br>Corned Beef Special on rye<br><br>Alt: Soup D'jour<br><br>Chicken Stir Fried Noodles<br><br>Ice cream sundae | Split pea with ham soup<br><br>Ground beef bbq sandwich<br><br>Alt: Soup D'jour<br><br>Egg salad platter on a bed of bibb lettuce with tomato and cucumber<br><br>Chocolate Éclair | Hearty vegetable soup<br><br>Creamed dried beef served over toast points<br><br>Alt: Soup D'jour<br><br>Sliced roast beef sandwich with bibb lettuce and tomato<br><br>Fresh or canned fruit | Minestrone soup<br><br>Hot dog on a bun served with baked beans<br><br>Alt: Soup D'jour<br><br>Tuna salad on a croissant with bibb lettuce and tomato<br><br>Fruited gelatin parfait                       |

# The Willows Dining Room Menu

January 8 — January 14

Week #2

| SUNDAY   | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY  |
|--|---|--|--|---|---|---|
| <b>DINNER</b>  | <b>DINNER</b>   | <b>DINNER</b>  | <b>DINNER</b>  | <b>DINNER</b>   | <b>DINNER</b>   | <b>DINNER</b>   |
| Roast top round of beef with gravy<br>Au gratin potatoes<br>Roasted baby carrots<br><br>Alt: Shrimp scampi served over rice<br>Cut green beans<br><br>Baker's choice pie | Baked cod fillet<br>Red bliss potatoes<br>Asparagus cuts and tips<br><br>Alt: Sweet Italian sausage served over a bed of peppers and onions<br>Risotto Milanese<br><br>Pear crisp | Chicken thighs with a hunter sauce<br>Lyonnaise potatoes<br>Peas and pearl onions<br><br>Alt: Stuffed shells with marinara sauce<br>Italian green beans<br>Side of garlic bread<br><br>Cheesecake with caramel sauce | Pan seared salmon<br>Whipped potatoes<br>Southwestern blend mixed vegetables<br><br>Alt: Beef shepherds pie<br>Cut white sweet corn<br><br>Chocolate Bundt cake with icing | Baked ham loaf with gravy<br>Whipped potatoes<br>Braised sauerkraut<br><br>Alt: Rustic quiche roasted tomatoes, broccoli, asparagus and cheddar cheese<br>Fresh greens with dressing<br><br>Peach cobbler | Salisbury Steak with gravy<br>Whipped potatoes<br>Mixed vegetables<br><br>Alt: Baked deviled crab cake with remoulade sauce<br>Rice pilaf<br>Brussel sprouts with bacon bits<br><br>Tapioca pudding | Pennsylvania dutch-style chicken pot pie with noodles<br><br>Alt: Country Pork Loaf with gravy<br>Whipped sweet potatoes<br>Braised red cabbage<br><br>Apple walnut crumb cake w/ caramel sauce |
| <b>SUPPER</b>  | <b>SUPPER</b>   | <b>SUPPER</b>  | <b>SUPPER</b>  | <b>SUPPER</b>   | <b>SUPPER</b>   | <b>SUPPER</b>   |
| Chicken gumbo<br>Pulled pork bbq on bun<br><br>Alt: Soup D'jour<br>Chicken salad sandwich with bibb lettuce and tomato<br><br>Chef's Choice pudding                      | Corn chowder<br>Breaded chicken tenders with choice of dipping sauce<br><br>Alt: Soup D'jour<br>Egg salad sandwich<br>Butterscotch pudding with whipped topping                   | Chicken Noodle soup<br>Hot Roast Beef Sandwich with sautéed peppers and onions<br><br>Alt: Soup D'jour<br>Chef salad with choice of dressing<br><br>Mixed fruit  | Beef rice soup<br>Creamed chicken over a waffle<br><br>Alt: Soup D'jour<br>Liverwurst and onion on rye bread<br><br>Funnel cake with powdered sugar                        | Navy bean soup<br>Turkey burger on a bun with lettuce, tomato and onion<br><br>Alt: Soup D'jour<br>Ham and swiss cheese sandwich with lettuce and tomato<br><br>Chocolate eclair                          | Cream of tomato soup<br>Grilled cheese sandwich<br><br>Alt: Soup D'jour<br>Grilled chicken Caesar salad<br><br>Fresh or canned fruit  | Vegetable soup<br>Pizza muffins with toppings<br><br>Alt: Soup D'jour<br>Minced bologna and cheese sandwich with lettuce and tomato<br><br>Rice krispie treat                                   |

# The Willows Dining Room Menu

January 15 — January 21

Week #3

| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY  |
|--|--|--|--|---|--|---|
| DINNER   | DINNER   | DINNER   | DINNER   | DINNER  | DINNER   | DINNER  |
| Roast pork tenderloin with gravy<br>Potato filling<br>Roasted zucchini<br><br>Alt: Seafood imperial<br>Rice pilaf<br>Mixed vegetables<br><br>Baker's choice pie                          | Homestyle chicken with dumplings<br>Buttered carrot slices<br><br>Alt: Fried shrimp served with cocktail sauce<br>Whipped potatoes<br>Sautéed spinach<br><br>Black forest cake   | Cranberry glazed pit ham<br>Roasted sweet potatoes<br>California-style mixed vegetables<br><br>Alt: Stuffed cabbage<br>Lyonnais potatoes<br>Lima beans<br><br>Lemon meringue pie | Catch of the day<br>Rice pilaf<br>Peas and mushrooms<br><br>Alt: Beef stroganoff served over egg noodles<br>Cut green beans<br><br>Orange ambrosia parfait       | Baked meatloaf with gravy<br>Macaroni and cheese<br>Stewed tomatoes<br><br>Alt: General Tso's chicken served with fried rice and eggroll<br><br>Rice pudding                                      | Baked chicken parmesan<br>Rotini w/ marinara sauce<br>Broccoli florets<br><br>Alt: Batter dipped cod<br>Oven browned potatoes<br>Southern style mixed vegetables<br><br>Boston cream pie | Corned beef and cabbage with boiled potatoes<br><br><br><br>Alt: Chicken filled with broccoli and cheese<br>Whipped potatoes<br>Roasted white corn and peppers<br><br>Baked apple blossom with cinnamon glaze |
| SUPPER   | SUPPER   | SUPPER   | SUPPER   | SUPPER  | SUPPER   | SUPPER  |
| Cream of potato soup<br>Philadelphia chicken cheese steak with sauce and onions<br><br>Alt: Soup D'jour<br>Tuna salad sandwich with bibb lettuce and tomato<br><br>Fresh or canned fruit | Minestrone soup<br>Sausage griller on a roll<br><br>Alt: Soup D'jour<br>Corned beef special ( <i>corned beef, swiss cheese, Thousand Island dressing and coleslaw on rye bread</i> )<br><br>Apple fritter with ice cream | Cream of celery soup<br>Ham, macaroni and cheese casserole<br><br>Alt: Soup D'jour<br>Egg salad sandwich with bibb lettuce and tomato<br><br>Cupcake with icing                  | Split pea with ham soup<br>Hot open faced roast beef sandwich with gravy<br><br>Alt: Soup D'jour<br>Ham salad served on a croissant<br><br>Fresh or canned fruit | Cream of broccoli soup<br>Pulled pork on a bun with caramelized onions and cheese<br><br>Alt: Soup D'jour<br>New England style crab salad in a top sliced bun<br><br>Hand dipped ice cream sundae | Manhattan clam chowder<br>Beef bbq on a bun<br><br>Alt: Soup D'jour<br>Liverwurst and onion sandwich<br><br>Mixed fruit cup  | Corn chowder<br>Grilled hamburger on a bun with lettuce, tomato and onion<br><br>Alt: Soup D'jour<br>Ham and swiss sandwich with bibb lettuce and tomato<br><br>Vanilla pudding with strawberry sauce         |

# The Willows Dining Room Menu

January 22 - January 28

Week #4

| SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY  |
|---|---|---|--|---|---|---|
| <b>DINNER</b>   | <b>DINNER</b>   | <b>DINNER</b>   | <b>DINNER</b>  | <b>DINNER</b>   | <b>DINNER</b>   | <b>DINNER</b>   |
| Roast beef tenderloin with roasted shallot brown gravy<br>Oven roasted red bliss potatoes<br>Brussel sprouts<br><br>Alt: Cranberry glazed country ham<br>Mixed vegetables<br>Whipped potatoes<br><br>Baker's choice pie | Chicken marsala<br>Savory rice pilaf<br>Green beans with red peppers<br><br>Alt: Spaghetti with meatballs<br>Garlic toast<br><br>Glazed carrots<br><br>Chef's choice cake                                 | Salisbury steak with gravy<br>Baked potato<br>Mixed vegetables<br><br>Alt: Deep dish quiche Lorraine with a side of fresh greens<br><br>Lemon poppy bundt cake  | Poached salmon<br>Confetti rice<br>Buttered cut corn<br><br>Alt: Grilled Tuscan shrimp en casserole<br>Oven browned potatoes<br>Sautéed mushrooms and pearl onions<br><br>Apple Turnover | Herb encrusted pork tenderloin with gravy<br>Whipped potatoes<br>Braised Sauerkraut<br><br>Alt: Grilled teriyaki chicken thighs<br>Scalloped potatoes<br>Steamed root vegetables<br><br>Pumpkin Pie | Home style beef stew tender beef cubes with garden vegetables served with a buttermilk biscuit<br><br>Alt: Catch of the day<br>Whipped potatoes<br>Creamed spinach<br><br>Chocolate sheet cake with icing | Chicken ala king over egg noodles<br>Mixed vegetables<br><br>Alt: Beef liver with bacon, onions and gravy<br>Whipped potatoes<br>Buttered Lima beans<br><br>Strawberry layer cake |
| <b>SUPPER</b>   | <b>SUPPER</b>   | <b>SUPPER</b>   | <b>SUPPER</b>  | <b>SUPPER</b>   | <b>SUPPER</b>   | <b>SUPPER</b>   |
| Vegetable soup<br><br>Crispy Chicken Wrap<br><br>Alt: Soup D'jour<br>Egg salad sandwich with bibb lettuce and tomato<br><br>Fresh or canned fruit   | Cream of celery soup<br><br>Fresh from the oven pizza<br><br>Alt: Soup D'jour<br>Cold turkey Rachel (turkey, swiss cheese, 1000 island dressing & coleslaw on rye bread)<br><br>Chocolate pudding parfait | New England clam chowder<br><br>Tuna melt— english muffin topped w/ tomatoes and swiss cheese<br><br>Alt: Soup D'jour<br>Sliced roast beef sandwich with lettuce and tomato<br><br>Hand dipped ice cream sundae | Cream of tomato soup<br><br>Grilled cheese<br><br>Alt: Soup D'jour<br>Chicken salad platter served on a bed of greens with tomato and cucumbers<br><br>Fresh baked cookies               | Chicken noodle soup<br><br>Chili con carne served with a corn muffin<br><br>Alt: Soup D'jour<br>Sliced ham & provolone cheese sandwich with lettuce and tomato<br><br>Fruited gelatin with topping  | Mushroom barley soup<br><br>Western omelet with fried potatoes<br><br>Alt: Soup D'jour<br>Cobb salad with choice of dressings<br><br>Tapioca pudding  | Split pea soup<br><br>Meatball parmesan sandwich on a soft bun<br><br>Alt: Soup D'jour<br>Beef bologna sandwich with lettuce and tomato<br><br>Fresh or canned fruit              |

# The Willows Dining Room Menu

January 29 — February 4

Week #1

| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY   |
|--|--|--|---|--|--|--|
| <b>DINNER</b>  | <b>DINNER</b>  | <b>DINNER</b>  | <b>DINNER</b>   | <b>DINNER</b>  | <b>DINNER</b>  | <b>DINNER</b>  |
| Meat Lasagna<br>Garlic Bread<br>Broccoli and Cauliflower Medley<br><br>Alt: Seafood Newburg served over rice<br>Sliced carrots with dill<br><br>Baker's choice pie | Chicken cordon bleu<br>Oven roasted potatoes<br>Buttered lima beans<br><br>Alt: Rotini topped with meatballs and sauce<br>Sauteed zucchini<br>Garlic bread<br><br>Apple cobbler                                    | Baked ham with gravy<br>Candied sweet potatoes<br>Italian Blend vegetables<br><br>Alt: Catch of the day<br>Savory rice pilaf<br>Green beans with almonds<br><br>Pineapple upside down cake | Roast pork tenderloin served with gravy<br>Macaroni & cheese<br>Stewed Tomatoes<br><br>Alt: Coconut fried shrimp with fries and<br>Coleslaw<br><br>Cherry pie | Baked turkey loaf with gravy<br>Potato filling<br>Steamed peas<br><br>Alt: Swedish meatballs served over egg noodles<br>Buttered baby carrots<br><br>Coconut layer cake            | Oven fried chicken<br>Whipped potatoes<br>Buttered corn<br><br>Alt: Linguine with white clam sauce<br>Garlic bread<br><br>Orange sheet cake with icing                                       | House made Bolognese (pork, veal and ground beef) in a red sauce served over ziti<br>Steamed broccoli<br><br>Alt: Pan seared seafood cake<br>Roast potato wedges<br>Coleslaw<br><br>Chocolate layer cake |
| <b>SUPPER</b>  | <b>SUPPER</b>  | <b>SUPPER</b>  | <b>SUPPER</b>   | <b>SUPPER</b>  | <b>SUPPER</b>  | <b>SUPPER</b>  |
| Cream of tomato soup<br><br>Crispy Chicken Wrap<br><br>Alt: Soup D'jour<br><br>Chef salad with choice of dressing<br><br>Fresh baked cookies                       | Lentil soup<br><br>Hot pork sandwich (with caramelized onions, mushrooms and cooper sharp cheese)<br><br>Alt: Soup D'jour<br><br>Ham and cheese sandwich with bibb lettuce and tomato<br><br>Fresh or canned fruit | Cream of potato soup<br><br>Hamburger on a bun with lettuce, tomato and onion<br><br>Alt: Soup D'jour<br><br>Sliced turkey sandwich with bibb lettuce and tomato<br><br>Blonde brownie     | Mushroom beef barley soup<br><br>Corned Beef Special on rye<br><br>Alt: Soup D'jour<br><br>Chicken Stir Fried Noodles<br><br>Ice cream dixie                  | Split pea with ham soup<br><br>Ground beef bbq sandwich<br><br>Alt: Soup D'jour<br><br>Egg salad platter on a bed of bibb lettuce with tomato and cucumber<br><br>Chocolate Éclair | Hearty vegetable soup<br><br>Creamed dried beef served over toast points<br><br>Alt: Soup D'jour<br><br>Sliced roast beef sandwich with bibb lettuce and tomato<br><br>Fresh or canned fruit | Minestrone soup<br><br>Hot dog on a bun served with baked beans<br><br>Alt: Soup D'jour<br><br>Tuna salad on a croissant with bibb lettuce and tomato<br><br>Fruited gelatin parfait                     |