

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



The
WILLOWS

Activities subject to change
Please call Tina x43315 with any questions

1
9:30 Exercise
10:30 Music Therapy with Seth
2:00 Music Therapy with Seth (SWC)

2
9:30 Exercise
10:00 Service of Remembrance with Pastor Deb
2:00 Indoor Groundhog Bocce and cocoa
6:15 Cards with Mary Lou (SWL)

Groundhog Day

3
9:30 Sit and Stretch
10:00 Devotions with Al (TVL)
10:00 Pet Visits with Scarlett
10:00 Uninvest Bank open (PDR)
2:00 Catholic Service with Father Pawelko (TVL)
2:00 Celebrate French Candlemas: Crepe bar

4
9:30 Stretchband workout with Pam
10:00 Learning lane with Pam: Crazy Foods & Facts for Super bowl

5
9:00 Sunday Worship Service with Pastor Tami Good

6
9:30 Exercise
10:00 Music therapy with Lukas
2:00 Pennsylvania Trivia and Tea with Lukas
6:15 Dominoes

7
9:30 Exercise
10:00 Bible Study with Pastor Tami
1:00 **Charles Lindbergh presentation at Souderton Mennonite Homes** (shuttle pick up in lobby)

8
9:30 Tai Chi with Pam
10:15 Learning Lane w/ Pam: Love is in the Air: the History of Love Tokens
2:00 Sing along with Joyce

9
9:30 Exercise
10:00 Handmade Card Crafting
2:00 Food Forum with John
3:00 Farewell to Jen Social
6:15 Cards with Mary Lou (SWL)

10
9:30 Exercise
10:30 **Love Songs with Lori**
2:00 Kindness club: Baking Doggy Biscuits
6:15 Friday Night Movie (TVL and Channel 1970)

11
9:30 Saturday Stretch
10:00 Family Feud: Valentine Edition
10:00 Rosary Service with Our Legion of Mary (TVL)
2:00 Sweetheart Bingo!

12
9:00 Sunday Worship Service with Pastor Deb Nield
1:00 Play 313 Cards with Leslie

13
9:30 Exercise
10:00 Puppy Visits with Otto
12:15 Gift Cart Open
2:00 Puppy Visits with Dyson
6:15 Dominoes

*Puppy Love Day
Get your portrait with one of our visiting pups!*

14
9:30 Exercise
10:00 Bible Study with Pastor Tami
2:00 Men's Club (TVL)
2:00 Kitchen fun: Valentine Chocolate covered strawberries

Valentine's Day

15
9:00 Exercise
10:30 Music Therapy with Seth
2:00 Easy Pinecone Bird Feeders
2:00 Music Therapy with Seth (SWC)
3:00 Bible Study w/ Regina

16
9:30 Exercise
10:00 Bible Study with Pastor Sandy
2:00 Willows' Group Scrapbooking Fun
3:00 Resident Council (TVL)
6:15 Cards with Mary Lou (SWL)

17
9:30 Exercise
10:00 Pet Visits with Scarlett
10:00 Uninvest Bank open (PDR)
2:00 Crafting Fun: Mardis Gras masks
6:15 Friday Night Movie (TVL and Channel 1970)

18
9:30 Weekend Warrior Workout with Pam
10:00 Learning Lane with Pam: Health benefits of Chocolate
1:00 Concert with Justin, Ryan and Jin
2:15 Bingo!

19
9:00 Sunday Worship Service with Pastor Bob Thompson

20
9:30 Exercise
10:00 Music therapy with Lukas
2:00 All American Apple Pie Bites
6:15 Dominoes

Take our Presidential Trivia Quiz- pick one up at the front desk and SWC

Presidents' Day

21
9:30 Exercise
10:00 Hymn Sing with Rick Daam
10:00 Rosary Service with Catherine Naughton (TVL)
2:00 Kitchen Fun: Decorate Mardis Gras King Cupcakes

*Fasnacht Day
Mardi Gras*

22
9:30 Tai Chi with Pam
10:15 Learning Lane w/ Pam: All about Mardis Gras!
2:00 Healthy Heart Month Cardio drumming!
3:00 Bible Fun w/ Regina

Ash Wednesday

23
9:30 Exercise
10:00 No-Sew stuffed animals
2:00 Bible Study with Pastor Lynne
3:00 Welcome Ambassadors Meeting (TVL)
6:15 Cards with Mary Lou (SWL)

24
9:30 Exercise
10:00 Penny Ante Game
2:00 Let's decorate: Dining Room Centerpieces
6:15 Friday Night Movie (TVL and Channel 1970)

25
9:30 Saturday Stretch
10:00 Coffee, Cocoa & Chronicles
2:00 Bingo!

26
9:00 Sunday Worship Service with Pastor Lynne Allebach
1:00 Play 313 Cards with Leslie

27
9:30 Exercise
10:00 Puppy Visits with Otto
2:00 **Dancing through the Ages with the Swing Connection dancers**
6:15 Dominoes

28
9:30 Exercise
10:00 Bible Study with Pastor Tami
2:00 NoodleBall challenge
3:00 Variety Show with Barb
6:00 Men's Club Shuffleboard and Pool with Andy (NWG)



FEBRUARY 2023

Activities will take place in Activity Room unless otherwise indicated:
TV Lounge (TVL), Private Dining Room (PDR),
North Wing Game Room (NWG), South Wing Common (SWC),
or South Wing Lounge (SWL).