



Let the Games Begin!

We'll be celebrating this year's **Winter Olympics** with our own

Wacky games this month, guaranteed to bring laughs and some friendly competition. Join us for ***tabletop ski jumping, wind up speed skating, snowball bounce*** and ***Milanese pizza toss***. We'll also hold a closing award ceremony social and enjoy an authentic Milanese meal prepared by our chefs in dining services.

GIRL SCOUT Daisies



Valentine Fun with Daisy Girl Scouts

Enjoy an evening of treats, crafts and smiles with youngsters from our local

Daisy Troop
Wednesday Feb. 11th 6:00 pm

**Wednesday
February 25th
9:00 am**



Quakertown Christian School has invited us to their "Preview Performance" of the beloved musical **The Music Man**

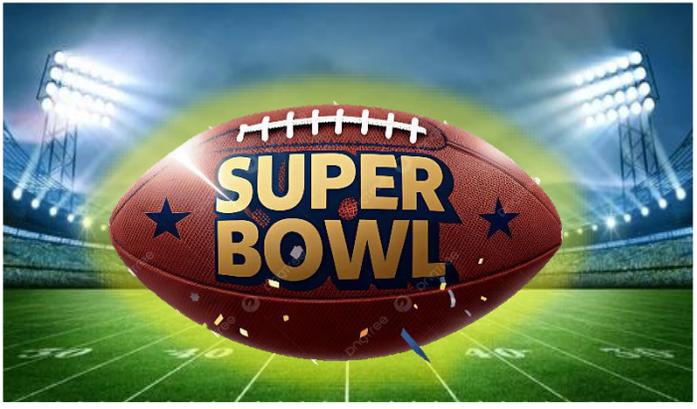
For more information contact Life Enrichment
Space is limited and sign up required

Explore AMISH HISTORY



From The Swiss Brethren to
The Land of Contentment

Presented By
Paul G. Schenk Jr., J.D.
MONDAY FEB. 23rd



FOOTBALL FANS

Get ready for the Big Game with Pam's famous homemade **Superbowl Dip** and **Football Trivia** on **Saturday Feb 7th** and join your friends for a **Superbowl Bean Bag Toss** **Sunday Feb 8th**

MARKETPLACE HOURS

February

Mondays 12:30

Feb 2nd, Feb 9th & Feb 16th



Pastor Eric Kraihanzel

Presents

MISSIONS IN MEXICO

Thursday Feb 5th 10:00 a.m



Pastoral Care

Special Services

Ash Wednesday Service with

Pastor Susan

February 18th 3:15

Annual Willows Service of

Remembrance

February 26th 2:00

General Announcements:

- Publications, updates and memos from various departments are periodically provided to you through your mailbox (located in front of the nurses' station). Please be sure to check your mail at least once per week! If you need assistance, let a staff member know!
- We are still in the thick of colds and flu season! Please wash your hands frequently. There are hand sanitizer stations and dispensers located throughout the building. If you feel unwell, inform a staff member right away; this way we can get you the fastest relief of any treatable symptoms, and also protect the larger community from being exposed to viruses and illness.
- Our sliding door entrances are meant to be a security feature. If you do not personally recognize someone seeking entry, please do not approach the doors as they will open automatically. Visitors are able to use the intercom to reach staff and request access to the facility.

From Pastor Susan:



During the month of February, we celebrate Valentine's Day as well as American Heart Month. What would it mean to attend to your *spiritual* heart health? The Bible gets to the heart of this matter. Moses commands, "Love the Lord your God with all your heart, all your soul and all your strength." (Deut 6:5). The Psalmist appeals, "Create in me a clean heart, O God. Renew a loyal spirit within me." (Ps 51:10). Wisdom advises, "A peaceful heart leads to a healthy body." (Prov 14:30). Jesus says, "Let me teach you, because I am humble and gentle at heart." (Matt 11:29). The Apostle Paul affirms, "A person with a changed heart seeks praise from God, not from people." (Romans 2:29) There are many more verses which describe the spiritual nature of the human heart as the seat of our emotions, intentions, and desires.

It seems that a spiritually healthy heart is one that seeks to know and love God. A heart that meditates on scripture and desires to live by its truth. A heart for Jesus Christ. We might describe Jesus' nature in any number of ways: faithful, gentle, humble, peaceful,

wise, and kind, to name a few. Select one of these attributes and think about the ways that Jesus personifies it. Think of someone that you believe has this same attribute, and the ways they show it. In prayer, ask the Lord to examine your own heart, and to orient your heart towards this attribute. Write it down as a daily reminder. Through this exercise, may you receive encouragement for the ways you've already embodied this attribute, and perhaps discover new ways to express it and share it. Blessings for a healthy heart!

“Guard your heart above all else, for everything you do flows from it.” (Prov 4:23)

Year End Update – Thanks for your generosity!

William Arthur Ward said, “Feeling gratitude and not expressing it is like wrapping a present and not giving it.” Thank you for your continued support of the Living Branches Foundation year after year! Due to the generosity of residents, staff members, and the surrounding community, we have raised \$90,831.00 for benevolent care during our **Annual Year End Giving** appeal. Our mission to “empower older adults and families to lead lives of purpose and joy” is expressed through our desire to provide care for our residents, regardless of their ability to pay. Your gifts allow us to make that mission a reality through our benevolent care ministry. The Foundation’s needs are growing every year and we appreciate your support. Thank you for your gifts and your concern for our residents. We are truly grateful!

~ Colin Ingram, *Associate Director of Fund Development*

~ Rose Hackman, *Fund Development Assistant*