

THE WILLOWS DINING ROOM MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Beef Pot Roast with Vegetable Gravy Parmesan Potatoes California Vegetable Blend Alt: Seared Crab Cake Whipped Potatoes Sugar Snap Peas Baker's Choice Pie	Spaghetti with Meat Sauce Garlic Bread Sautéed Spinach Alt: Flounder Francaise Rice Pilaf Harvard Beets Milk Pie	Pork Tenderloin with Gravy Whipped Sweet Potatoes Mixed Vegetables Alt: Coconut Fried Shrimp with an orange dipping sauce French Fries Coleslaw Rice Pudding	Citrus Poached Cod Confetti Rice Pilaf Steamed Peas Alt: BBQ Chicken Breast with Bacon and Cheddar Whipped Potatoes Honey Sliced Carrots Blueberry Buckle	Chicken Ala King over Rice Whole Baby Carrots Alt: Vegetable Quiche with Hollandaise Sauce and served with Fresh Fruit Chocolate Trifle	Swiss Steak with Tomato Demi Glace Au Gratin Potatoes Roasted Cauliflower Alt: Seared Salmon Salad with Tomato, Cucumber & Carrots with choice of dressing Peach Melba	Chicken Alfredo over Pasta Garlic Bread Broccoli Alt: Shepherds Pie with Buttered Lima Beans Orange Cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Cream of Celery Soup Oven Fresh Pizza Alt: Soup D'jour Chicken Salad Sandwich on croissant with lettuce and tomato Gelatin Parfait	Beef Rice Soup Meatball Sandwich Alt: Soup D'jour Ham and Cheese Sandwich with lettuce and tomato Rice Krispy Treat	Minestrone Soup Grilled Chicken Caesar Salad Alt: Soup D'jour Roast Beef Sandwich with lettuce & tomato Fresh Baked Cookies	Tuscan Sausage and Bean Soup Beef Cheesesteak on a roll with Sauce and Onions Alt: Soup D'jour Sliced Turkey, Swiss Cheese, Coleslaw and Russian Dressing on rye bread Butterscotch Pudding	Chicken Corn Chowder Chili Con Carne with a Corn Muffin Alt: Soup D'jour Liverwurst and Onion on rye bread Banana Cream Pie	Cream of Tomato Soup Grilled Cheese Sandwich Alt: Soup D'jour Trio Salad Platter (Egg, Tuna, Chicken) on a bed of greens Ice cream sandwich	Mushroom Barley Soup Grilled Hot Dog on a bun Baked Beans Alt: Soup D'jour Fresh Spinach Salad with egg served with warm bacon dressing Fresh Watermelon

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DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Pork with Gravy Whipped Potatoes Steamed Carrots Alt: Seafood Imperial Rice Pilaf Peas & Pearl Onions Baker's Choice Pie	Fish of the Day Roasted Potatoes Mixed Vegetables Alt: Grilled Ham with Gravy Baked Sweet Potato Honey Glazed Baby Carrots Cherry Streusel Cake	Chicken Milanese topped with arugula, tomato, shaved parmesan and a lemon vinaigrette Garlic Butter Orzo Alt: BBQ Pork Ribs Roasted Potatoes Pepper Cabbage Lemon Bar	Grilled Kielbasa Braised Sauerkraut Pierogis with Onions Alt: Grilled Salmon Lemon Roasted Potatoes Sautéed Spinach Chocolate Layer Cake	Pasta with Meatballs and Sauce Broccoli Florets Garlic Bread Alt: Seared Shrimp on a bed of greens with tomato, avocado, feta, cucumber and red pepper Strawberry Cream Pie	Baked Meatloaf with Gravy Macaroni & Cheese Stewed Tomatoes Alt: General Tso Chicken with Broccoli and rice Egg Roll with Sauce Apple Pan Dowdy	Chicken Cordon Blue Parsley Potatoes Creamed Corn Alt: Quiche Lorraine with Hollandaise Sauce and Fresh Fruit Raspberry Mousse Trifle
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Hearty Vegetable Soup Ground Beef BBQ served on a bun Alt: Soup D'jour Ham Salad on Croissant with Lettuce & Tomato Coconut Layer Cake	Turkey Noodle Soup Grilled Rubeen Sandwich with Corned Beef, Sauerkraut, Swiss and Thousand Island Dressing Alt: Soup D'jour Chicken Salad Platter with cheddar, oranges, cucumber and red onion Chocolate Pudding Parfait	Potato Leek Soup Tuna melt Alt: Soup D'jour Sliced Roast Beef Sandwich with lettuce & tomato Ambrosia	Italian Bread Soup Turkey Burger on a bun with lettuce, tomato and onion Alt: Soup D'jour Cobb Salad with choice of dressing Pineapple cup	Cream of Tomato Soup Grilled Cheese Sandwich Soup D'jour Seafood Salad served on a New England Roll Gelatin Parfait	Cream of Broccoli Soup Chicken Tenders with Dipping Sauce Alt: Soup D'jour Bologna Sandwich with Lettuce & Tomato Fresh Baked Cookies	Italian Wedding Soup Salmon Burger with Coleslaw & Tarter Sauce Soup D'jour Turkey and Cheese Sandwich with lettuce & tomato Mixed Fruit cup

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DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
<p>Baked Ham Candied Sweet Potatoes Steamed Peas</p> <p>Alt: Beef Stew over Egg Noodles Whole Baby Carrots</p> <p>Baker's Choice Pie</p>	<p>Baked Pork Tenderloin with Gravy Scalloped Potatoes Harvard Beets</p> <p>Alt: Chicken Salad Platter served on a bed of greens with crackers, egg, tomato and cucumbers</p> <p>Strawberry Layer Cake</p>	<p>Herb Grilled Chicken Thigh with Gravy Roasted Potatoes Succotash</p> <p>Alt: Vegetable Lasagna with marinara sauce and a side salad</p> <p>Peach Crisp</p>	<p>Trout with a lemon butter herb sauce O'Brien Potatoes Whole Green Beans</p> <p>Alt: Baked Ham Loaf with Country Gravy Roasted Sweet Potato Creamed Spinach</p> <p>Blueberry Pie</p>	<p>Chicken Parmesan over Pasta Roasted Summer Squash</p> <p>Alt: Seafood Cake Parsley Potatoes Steamed Asparagus</p> <p>Raspberry Bar</p>	<p>Salisbury Steak with Gravy Macaroni & Cheese Stewed Tomatoes</p> <p>Alt: Shrimp and vegetable kabobs served over rice Sliced Carrots</p> <p>Lemon Meringue Pie</p>	<p>Beef Stroganoff over Noodles with Southern Vegetable Blend</p> <p>Alt: Chicken Picatta Baked Potato Broccoli Florets</p> <p>Black Forrest Cake</p>
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
<p>New England Clam Chowder</p> <p>Open Faced Turkey Sandwich with Gravy</p> <p>Alt: Soup D' jour</p> <p>Chicken Caesar Salad</p> <p>Chocolate brownie</p>	<p>Split Pea Soup</p> <p>Beef Ravioli with Marinara sauce and Garlic Bread</p> <p>Alt: Soup D' jour</p> <p>Cottage Cheese and Fruit Platter</p> <p>Vanilla Pudding Parfait</p>	<p>Beef Rice Soup</p> <p>Ham, Macaroni and Cheese Casserole</p> <p>Alt: Soup D' jour</p> <p>Tuna Salad Sandwich with lettuce & tomato</p> <p>Fresh Watermelon</p>	<p>Navy Bean Soup</p> <p>Sausage Griller with Peppers and Onions on a roll</p> <p>Alt: Soup D' jour</p> <p>Roast Beef Sandwich with lettuce & tomato</p> <p>Fresh Baked Cookies</p>	<p>Potato Leek Soup</p> <p>Batter Dipped Fish Platter with Tater Tots and Coleslaw</p> <p>Alt: Soup D' jour</p> <p>Egg Salad Sandwich on Croissant</p> <p>Fruited Gelatin</p>	<p>Chicken & Vegetable Soup</p> <p>French Dip on Roll</p> <p>Alt: Soup D' jour</p> <p>Liverwurst and Onion on rye bread</p> <p>Ice Cream Novelty</p>	<p>Tuscan White Bean Soup</p> <p>Grilled Ham and Cheese</p> <p>Alt: Soup D' jour</p> <p>Spring Salad with grilled chicken, tomatoes and cucumbers</p> <p>Pound Cake</p>

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DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Turkey Breast with Gravy Potato Stuffing Green Bean Casserole Alt: Chili Lime Tilapia with Fresh Salsa Steamed Rice Buttered Corn Baker's choice pie	Beef Stuffed Pepper with Marinara Roasted Potatoes Whole Baby Carrots Alt: Grilled Chicken with Pineapple Salsa Brown Rice Pilaf Sautéed Summer Squash Carrot Cake	Ham Steak with Apricot Glaze Roasted Sweet Potatoes Steamed Peas Alt: Harvest Salad with Crispy BBQ Chicken, Grapes, Oranges & Walnuts Peanut Butter Apple Crisp Dessert	BBQ Chicken Thigh Scalloped Potatoes Roasted Cauliflower Alt: Butter Crumb Cod w/ Lemon Butter Sauce Garlic Parmesan Orzo Broccoli Florets Key Lime Pie	Sweet & Sour Pork over Steamed Rice Egg Roll Alt: Tuna Noodle Casserole Roasted Brussel Sprouts Funny Cake	Baked Meatloaf with Gravy Macaroni & Cheese Stewed Tomatoes Alt: Scallop Scampi over Pasta Garlic Parmesan Grilled Asparagus Chocolate Chip Brownie	Chicken Croquettes with Gravy Mashed Potatoes Succotash Alt: Quiche Lorraine topped with Hollandaise Sauce Served with Fresh Fruit Strawberry Shortcake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Italian Wedding Soup Creamed Dried Beef over Toast Alt: Soup D'jour Sliced Turkey & Cheese Sandwich with lettuce and tomato Mixed fruit cup	Tomato soup Grilled Cheese Sandwich Alt: Soup D'jour Deviled Egg Platter with Garden Fresh Vegetables Fresh baked cookies	Cream of Cauliflower Soup Open Faced Hot Roast Beef Sandwich with Gravy Alt: Soup D'jour Chef Salad with choice of dressing Ambrosia	Garden Vegetable Soup Chicken Tenders with Dipping Sauce Alt: Soup D'jour Beef Bologna Sandwich with lettuce and tomato Chocolate éclair	Lentil Soup Turkey Burger on a Bun with lettuce, tomato & onion Alt: Soup D'jour Cottage Cheese and Fruit Platter Tapioca pudding	Cream of Potato Soup Beef Slider with Lettuce, Tomato & Onion with Tater Tots Alt: Soup D'jour Italian Hoagie with lettuce, tomato & onion Fruited Gelatin	Cream of Mushroom Soup BBQ Pulled Pork on a Roll Alt: Soup D'jour Tuna Salad Sandwich with lettuce and tomato Pineapple cup