

## THE WILLOWS DINING SERVICE WEEKLY MENU Week of September 5

Sunday 05	Monday 06	Tuesday 07	Wednesday 08	Thursday 09	Friday 10	Saturday 11
<p style="text-align: center;"><b>Dinner</b></p> <p>Marinated London Broil* Creamed Spinach Whipped Potatoes</p> <p>Chicken Francaise (Lightly breaded chicken breast in a lemon buttered white wine sauce) Green Peas Egg Noodles Romanoff</p> <p>Tossed Salad</p> <p>Peaches and Whipped Cream</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Stuffed Shells in Tomato Sauce with Garlic Bread Cauliflower &amp; Broccoli*</p> <p>Ham Loaf with Honey Mustard Sauce Whipped Potatoes Mashed Beets*</p> <p>Tossed Salad</p> <p>Homemade Mango Ice Cream</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Homemade Crab cake Fresh Corn on the Cob* Whipped Potato</p> <p>Smothered Boneless Pork Chops* in Pork Gravy Roasted Rosemary Potatoes Collard Greens*</p> <p>Tossed Salad</p> <p>Lemon Curd Fruit Tart</p>	<p style="text-align: center;"><b>Summer Cookout at Noon</b></p> <p>Iced Tea &amp; Lemonade</p> <p>Beef Franks &amp; Baked Beans</p> <p>Cheeseburgers</p> <p>Macaroni Salad Potato Chips</p> <p>Watermelon</p> <p>Ice Cream Novelty</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Open Faced Turkey Breast on White Bread Whipped Sweet Potatoes Green Peas &amp; Pearl Onions</p> <p>Teriyaki Beef Pepper Steak*</p> <p>Sesame Green Beans* Steamed White Rice</p> <p>Tossed Salad</p> <p>Peach Panna Cotta</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Apricot Glazed Chicken Breast* Broiled Tomato Half Baked Potato</p> <p>Breaded Flounder Macaroni &amp; Cheese Stewed Tomatoes*</p> <p>Tossed Salad</p> <p>Pineapple Upside down Cake</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Potato &amp; Chive Crusted Cod Fillet* Eggplant Ratatouille* Whipped Potatoes</p> <p>Thin Spaghetti with Bolognese Sauce Italian Green Beans* Garlic Bread</p> <p>Caesar Salad</p> <p>Frozen Mocha Torte</p>
<p style="text-align: center;"><b>Supper</b></p> <p>Beef Vegetable Soup Chef's Choice Soup*</p> <p>Tuna Melt on ½ English Muffin with Sliced Local Tomato &amp; American Cheese</p> <p>Chicken Finger Cob Salad* with Chopped Bacon, Diced Cucumbers &amp; Tomato &amp; Bleu Cheese Dressing</p> <p>Sweetheart Red Gelatin Salad</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Chicken Noodle Soup* Chef's Choice Soup</p> <p>Italian Hoagie on Long Roll with Hoagie Oil and Sweet Pepper Strips</p> <p>Cheese Pierogis with Fried cabbage and Smoke Sausage</p> <p>Watermelon Slices</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Cold Vichyssoise Soup* Chef's Choice Soup</p> <p>Chicken Salad Sandwich on Potato Roll With Local Lettuce &amp; Sliced Tomato</p> <p>Avocado, Grape Tomato, Scrambled Egg &amp; Feta Cheese Toast on Naan Flatbread*</p> <p>Sherbet Roll Cake</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Beef Chili Bowl Chef's Choice Soup*</p> <p>Cavatappi Pasta with Spinach and Shrimp Alfredo</p> <p>Egg Salad Sandwich on White Bread with Local Sliced Tomato Potato Chips</p> <p>Dessert Du Jour</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Ramen Noodle Soup* Chef's Choice Soup</p> <p>French Croque Madame Casserole with smoky Ham, Swiss cheese cream sauce &amp; gently cooked eggs</p> <p>Deviled Egg Platter with Ring Bologna and Homemade Chow-Chow*</p> <p>Thumbprint Cookie</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Chicken Corn Chowder* Chef's Choice Soup</p> <p>Spinach and Swiss Cheese Casserole with Tortilla Chips</p> <p>Chef Salad Platter with Diced Ham, Swiss Cheese, Deli Turkey and 1/2 Hard Cooked Egg Choice of Dressing</p> <p>Hand Dipped Ice Cream Cone</p>	<p style="text-align: center;"><b>Supper</b></p> <p>French Onion Soup* Chef's Choice Soup</p> <p>Chinese Chicken* Stir Fry Bowl with Basmati Rice</p> <p>Fried Shrimp and Clam Basket with Cottage Fries Cole Slaw</p> <p>Vanilla Cornstarch Pudding With Ladyfingers</p>

All items with \* are the best choice for Carb Control diets

For alternate meal choices, please see your server

## THE WILLOWS DINING SERVICE WEEKLY MENU Week of September 12

Sunday 12	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17	Saturday 18
<p style="text-align: center;"><b>Dinner</b></p> <p>Roasted Turkey Breast &amp; Gravy Creamed Corn Whipped Potatoes</p> <p>Stuffed Shrimp with Crabmeat Whipped Potatoes Sautéed Spinach</p> <p>Tossed Salad</p> <p>Carrot Cake</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Roasted Chicken Drumsticks* Sweet Potato Wedges Cream of Cauliflower</p> <p>Ham Steak* with Honey Mustard Glaze Braised Cabbage &amp; Celery* Whipped Potatoes</p> <p>Tossed Salad</p> <p>Rice Pudding</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Baked Cod Fillet* Macaroni and Cheese Stewed Tomatoes*</p> <p>Chicken, Shrimp &amp; Smoked Sausage Jambalaya Ratatouille* Steamed Brown Rice</p> <p>Tossed Salad</p> <p>Key Lime Fluff Pie</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Pot Roast and Gravy Green Beans Baked Potato</p> <p>Pork Loin Normandy Baby Carrots with Sliced Apples &amp; Honey Whipped Potatoes</p> <p>Tossed Salad</p> <p>Chef's Choice Cheesecake</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Sautéed Turkey Cutlet with Peach Sauce Mashed Sweet Potatoes Ratatouille Ragu*</p> <p>Meat Lasagna Zucchini Squash &amp; Roasted Red Peppers Garlic Bread</p> <p>Caesar Salad</p> <p>Sponge Cake Cup Filled w/ Berries</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>General Tso Shrimp served over Steamed White Rice Vegetarian Egg Roll</p> <p>BBQ Chicken Leg Quarter Brussel Sprouts Whipped Potatoes</p> <p>Tossed Salad</p> <p>Strawberry Tiramisu Dessert</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Braised Beef Brisket* &amp; Gravy Twice Baked Potato Fresh Corn on the Cob*</p> <p>Veal Parmesan Patty Penne Pasta Alfredo Italian Green Beans</p> <p>Tossed Salad</p> <p>Apple Dumpling</p>
<p style="text-align: center;"><b>Supper</b></p> <p>Beef Orzo Soup* Chef's Choice Soup</p> <p>Filet of Chicken on a Bun Lettuce, Tomato and French Fries</p> <p>Caprese Pizza with Sliced Local Tomato, Fresh Mozzarella Cheese &amp; Fresh Basil with Balsamic Glaze</p> <p>Blueberry Yogurt Parfait</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Pasta Fagioli Bean Soup Chef's Choice Soup</p> <p>Italian Parmesan Cheese Rice Balls served with Marinara Sauce</p> <p>Corned Beef &amp; Swiss Cheese Special Wrap Potato Chips</p> <p>Tropical Fruit Ambrosia Salad</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Chilled Vichyssoise Chef's Choice Soup</p> <p>BBQ Pulled Pork Sandwich * on Bun Cucumber Salad with Sour Cream</p> <p>Mediterranean Egg Frittata with Feta Cheese, Spinach, Garlic, &amp; Green Olives With Side Salad and Lemon Thyme Vinaigrette</p> <p>New Orleans Style Beignet</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Split Pea &amp; Ham Soup* Chef's Choice Soup</p> <p>Tuna Salad Sandwich on Wheat Bread* With Local Lettuce *&amp; Tomato Carrot Raisin Salad</p> <p>Chicken Cheesesteak with Provolone Cheese and Fried Onions</p> <p>Hand-Dipped Ice Cream Cone</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Chicken Noodle Soup* Chef's Choice Soup</p> <p>Italian Hoagie* (Cappa Ham, Genoa Salami, Pepperoni &amp; Provolone Cheese with Lettuce, Tomatoes &amp; Onions) Sweet Peppers Strips Potato Chips</p> <p>Creamed Chipped Beef over Toast</p> <p>M &amp; M Cookie</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Cream of Tomato Soup Chef's Choice Soup*</p> <p>Grilled Cheese Sandwich with Bacon Strips and Sliced Tomato</p> <p>Chef Salad Platter* (Strips of Deli Ham, Turkey and Swiss Cheese, Cucumbers, Tomatoes, and ½ sliced hard cooked egg)</p> <p>Bananas Foster over Vanilla Ice Cream</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Potato Cheddar Soup Chef's Choice Soup*</p> <p>Beef Knockwurst Texas Tommie on Bun Corn Nuggets</p> <p>Grain Salad Platter with Pulled Chicken, Farro Grain, Shredded Red Cabbage, Chick Peas, Grape tomatoes, and Asian Pickled Cucumbers slices With Ginger Dressing</p> <p>Pineapple and Diced Mango Cubes</p>

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## THE WILLOWS DINING SERVICE WEEKLY MENU Week of September 19

Sunday 19	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	Saturday 25
<p style="text-align: center;"><b>Dinner</b></p> <p>Virginia Baked Ham with Scalloped Potatoes Summer Squash Medley*</p> <p style="text-align: center;">Deviled Crab Fresh Corn on the Cob Whipped Sweet Potatoes</p> <p style="text-align: center;">Tossed Salad</p> <p style="text-align: center;">Blueberry Crumb Pie</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Shake and Bake Chicken Leg Broiled Tomato Half Mashed Potatoes</p> <p style="text-align: center;">Smoked Sausage Casserole with Red Beans and Rice</p> <p style="text-align: center;">Tossed Salad</p> <p style="text-align: center;">Peanut Butter Pie</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Fennel &amp; Tomato Braised Boneless Pork Chop* Whipped Potatoes Ranch Broccoli Florets</p> <p style="text-align: center;">Turkey Ala King over Steamed White Rice Buttered Brussel Sprouts</p> <p style="text-align: center;">Tossed Salad</p> <p style="text-align: center;">Hershey's Syrup Chocolate Frosted Chocolate Cake</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Chicken Croquette with Gravy Baked Potato Glazed Carrots*</p> <p style="text-align: center;">Meat Ravioli with Marinara Sauce Garlic Bread Green Peas*</p> <p style="text-align: center;">Caesar Salad</p> <p style="text-align: center;">Cherries Jubilee over Vanilla Ice Cream</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Ginger &amp; Ground Pork Dan-Dan with Bok Choy, Matchstick Carrots and Asian Noodles* Fortune Cookie</p> <p style="text-align: center;">Beef Pepper Steak Sugar Snap Peas* Whipped Potatoes</p> <p style="text-align: center;">Tossed Salad</p> <p style="text-align: center;">Butterscotch Pudding</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Homemade Crab Cakes Cole Slaw Baked Sweet Potato</p> <p style="text-align: center;">Chicken Swiss Gruyere (Breaded Chicken Breast with Sliced Tomatoes, Swiss Cheese and Mushroom Cream Sauce) Sautéed Spinach* Bowtie Pasta</p> <p style="text-align: center;">Tossed Salad</p> <p style="text-align: center;">Funnel Cake with Apple Topping</p>	<p style="text-align: center;"><b>Dinner</b></p> <p>Lemon Chicken Noodle Romanoff Whole Green Beans*</p> <p style="text-align: center;">Baked Mahi Mahi Fillet with White Wine &amp; Garlic Cauliflower au Gratin Whipped Potatoes</p> <p style="text-align: center;">Tossed Salad</p> <p style="text-align: center;">Summer Fruit Clafouti</p>
<p style="text-align: center;"><b>Supper</b></p> <p>Cream of Chicken Chef's Choice Soup</p> <p style="text-align: center;">Cheese Omelet with Western Topping (Diced Onions, Green Peppers, &amp; Ham) Toast</p> <p style="text-align: center;">Peppered Ham &amp; Pimento Cheese Sandwich Wrap with Local Lettuce &amp; Tomato</p> <p style="text-align: center;">Strawberry Cupcake with Cream Cheese Frosting</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Supper Chilled Melon Soup Chef's Choice Soup</p> <p style="text-align: center;">Chicken Breast Cordon Bleu Sandwich Sliders Potato Sidewinders</p> <p style="text-align: center;">Trio-Salad Platter* (Egg, Chicken, and Tuna Salad on Bed of Local Lettuce with Sliced Tomato)</p> <p style="text-align: center;">Banana &amp; Blueberry Yogurt Parfait</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Beef Barley Soup Chef's Choice Soup</p> <p style="text-align: center;">Dijon Mustard Tarragon Chicken Salad* with Sliced Lettuce &amp; Tomato on Sliced French Bread</p> <p style="text-align: center;">Swedish Meatballs over Steamed Rice</p> <p style="text-align: center;">Fresh Diced Watermelon Cubes</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Italian Wedding Soup* Chef's Choice Soup</p> <p style="text-align: center;">Sausage Gravy over Buttermilk Biscuit</p> <p style="text-align: center;">Liverwurst with Sliced Onion Platter with Pickled Eggs Crackers</p> <p style="text-align: center;">Iced Banana Cake</p>	<p style="text-align: center;"><b>Supper</b></p> <p>French Onion Soup* Chef's Choice Soup</p> <p style="text-align: center;">Mini Turkey Bacon &amp; Cheddar Cheese Quiche served with side Salad</p> <p style="text-align: center;">Grilled Eggplant Casserole with Ricotta Cheese with Parmesan Crisp</p> <p style="text-align: center;">Mandarin Oranges &amp; Vanilla Yogurt</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Chicken Dumpling Soup Chef's Choice Soup</p> <p style="text-align: center;">Deli Turkey Club Sandwich* on White Toast Potato Chips</p> <p style="text-align: center;">Macaroni and cheese Stewed Tomatoes</p> <p style="text-align: center;">Tapioca Pudding topped with Maraschino Cherries</p>	<p style="text-align: center;"><b>Supper</b></p> <p>Potato Leek Soup Chef's Choice Soup*</p> <p style="text-align: center;">Tuna Salad Sandwich* on Wheat Bread with Local Lettuce &amp; Tomato Potato Chips</p> <p style="text-align: center;">Hand Tossed Pizza with Plain or Pepperoni Side Salad</p> <p style="text-align: center;">Strawberry Topping Sundae</p>

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