RESIDENTIAL LIVING LIFE ENRICHMENT

NOVEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:30 Sunday Service (CH) 7:00 Music w/ Jim Smith (CH2)	2 7:30 Lab Services by appt (WC) 8:45 RL Wellness Clinic (WC) 9:30 Tone & Tighten (RR) 10:15 Classic Balance (RR) 11:00 Ladies Bible Study (DMCR) 11:30 Social Lunches (Bistro) 1:00 Essentials Balance **2:00 CHAIR VOLLEYBALL (FA)**	3 8:45 RL Wellness Clinic (WC) **9:30 Art Workshop (RR)** 10:00 LIVING U – (DW FA) 1:00 Tai Chi - $ (RR) 1:00 EVERENCE (Univest Bank Office on-site) **2:00 Service of Remembrance (CH)** 2:00 Croquet	4 8:45 RL Wellness Clinic (WC) **9:00 Bookmobile/Van (FA Entrance)** **9:00 Giant (Trip)** 9:30 Rhythm Motion (RR) 10:00 Devotional (CH2) 10:15 Classic Flex & Mind (RR) 1:00 Classic Strength (RR) **2:00 Seated Chair Bingo (RR)** 3:00 Caregiver Support Group (CR A) 6:30 Rummikub (CC Lobby) 7:00 Biblical Language Bible Study (CR C)	5 7:30 Lab Services by appt (WC) 8:45 RL Wellness Clinic (WC) 9:30 Classic Balance (RR) 10:15 Zumba (RR) 11:00 Dance w/ Victoria (RR) 1:00 Essentials Flex and Mind (RR) **2:00 "Silence of the Squeaks" a short film created by Serenata PC residents (CH)** 2:00 Croquet	6 9:30 Essentials Balance (RR) 10:00 Choir Rehearsal (CH) 10:15 Classic Strength (RR)	7 10:00 Rosary (CH) 3:00 Music w/ Jim Smith (CH2)
8 10:30 Sunday Service (CH) 7:00 Music w/ Jim Smith (CH2)	9 7:30 Lab Services by appt (WC) 8:45 RL Wellness Clinic (WC) 9:30 Tone & Tighten (RR) 10:15 Classic Balance (RR) 11:30 Social Lunches (Bistro) 1:00 Essentials Balance (RR) **2:00 Blue Grass/Gospel Concert (CH)** **2:00 CORNHOLE (FA)**	10 8:45 RL Wellness Clinic (WC) **9:00 Hennings Market (Trip)** **9:30 Art Workshop (RR)** 10:00 Music and Drumming (OC3) 10:00 LIVING U – (SMH SVA) 10:00 Music & Drumming (OC3) 1:00 Tai Chi - $ (RR) 1:00 EVERENCE (Univest Bank Office on-site) 2:00 Croquet	11 8:45 RL Wellness Clinic (WC) 9:30 Rhythm Motion (RR) 10:00 Devotional (CH2) 10:15 Classic Flex & Mind (RR) 1:00 Classic Strength (RR) **2:00 RL November Birthday Celebration (FA)** 6:30 Rummikub (CC Lobby) 7:00 Biblical Language Bible Study (CR C) **7:00 VAMM Concert (CH)**	12 7:30 Lab Services by appt (WC) 8:45 RL Wellness Clinic (WC) 9:30 Classic Balance (RR) 10:00 LIVING U - (DW FA) 10:15 Zumba (RR) 1:00 Essentials Flex and Mind (RR) **2:00 Friendship & Fun (FA)** 2:00 Croquet	13 **8:30 Men & Women's Joint Breakfast (FA)** **9:00 Hilltown Walmart (Trip)** 9:30 Essentials Balance (RR) 10:15 Classic Strength (RR) 10:30 Choir Rehearsal (CH) 1:30 RL Wellness Clinic (WC) **2:00 Music w/ Seth (Bistro Lobby)**	14 3:00 Music w/ Jim Smith (CH2)
15 10:30 Sunday Service (CH) 7:00 Music w/ Jim Smith (CH2)	16 7:30 Lab Services by appt (WC) 8:45 RL Wellness Clinic (WC) **9:30 Book Club (DMCR)** 9:30 Tone & Tighten (RR) 10:15 LIVING U – (SMH SVA) 10:15 Classic Balance (RR) 11:00 Ladies Bible Study (DMCR) 11:30 Social Lunches (Bistro) 1:00 Essentials Balance (RR) 1:30 Needles and Hooks (CC Lobby outside the Bistro) **2:00 Jefferson Health Outreach Program (CH)**	17 8:45 RL Wellness Clinic (WC) **9:00 ShopRite Market (Trip)** **9:30 Art Workshop (RR)** 1:00 Tai Chi - $ (RR) 1:00 EVERENCE (Univest Bank Office on-site) **2:00 Fire Safety Program (FA)** 2:00 Croquet **5:00 Community Thanksgiving Potluck (DMCR)**	18 8:45 RL Wellness Clinic (WC) 9:00 Bookmobile/Van (FA Entrance) 9:30 Rhythm Motion (RR) 10:00 Devotional (CH2) 10:15 LIVING U – (SMH SVA) 10:15 Classic Flex & Mind (RR) 100 Classic Strength (RR) **2:00 Hymn Sing w/ Roma & Friends (FA)** 3:00 Caregiver Support Group (CR A) **4:00 RL Dine Around - Joseph Ambler Inn (Trip)** 6:30 Rummikub (CC Lobby)	19 7:30 Lab Services by appt (WC) 8:45 RL Wellness Clinic (WC) **9:30 Rep Liz Hanbidge Aide (Bistro Lobby)** 9:30 Classic Balance (RR) **10:00 Care and Share (Trip)** 10:15 Zumba (RR) 11:00 Dance w/ Victoria (RR) 1:00 Essentials Flex and Mind (RR) 2:00 Croquet **2:00 Steppin' Out - Caregiver & Loved Ones Program (RR)**	20 9:30 Essentials Balance (RR) 10:00 Choir Rehearsal (CH) 10:15 LIVING U – (SMH SVA) 10:15 Classic Strength (RR) **12:45 Schwenkfelder Library & Heritage Center (Trip)**	21 3:00 Music w/ Jim Smith (CH2)

22 10:30 Sunday Service (CH) 7:00 Music w/ Jim Smith (CH2)	23 7:30 Lab Services by appt (WC) 8:45 RL Wellness Clinic (WC) 9:30 Tone & Tighten (RR) 10:15 Classic Balance (RR) 11:30 Social Lunches (Bistro) 1:00 Essentials Balance (RR) **2:00 Aldinger Farm (Baby Kangaroos) (CH)** 2:00 Grief Support Group (CR A) **2:00 CHAIR VOLLEYBALL (FA)**	24 8:45 RL Wellness Clinic (WC) 9:30 Art Workshop (RR) 10:00 Music and Drumming (OC3) **11:00 Book Fair (FA) 3 hrs** 1:00 Tai Chi - $ (RR) 1:00 EVERENCE (Univest Bank Office on-site) **1:15 I.V. Library Movie (Trip)** 2:00 Croquet **4:30 Wine in the Woods (Christopher's)**	25 8:45 RL Wellness Clinic (WC) **9:00 Landis Market (Trip)** 10:00 Devotional (CH2) 10:30 Catholic Mass (CH) **2:00 Thanksgiving Service (CH)** 6:30 Rummikub (CC Lobby) 7:00 Biblical Language Bible Study (CR C)	26 **11:45 Thanksgiving buffet (FA/B)** **1:30 Thanksgiving buffet (FA/B)** **Business Office Closed** **Happy Thanksgiving**	27 1:30 RL Wellness Clinic (WC)	28 3:00 Music w/ Jim Smith (CH2)
29 10:30 Sunday Service (CH) **2:30 Amici Opera Co - Donizetti's Don Pasquale (CH)** 7:00 Music w/ Jim Smith (CH2)	30 7:30 Lab Services by appt (WC) 8:45 RL Wellness Clinic (WC) 9:30 Tone & Tighten (RR) **10:00 Trader Joes (Trip)** 10:15 Classic Balance (RR) 11:30 Social Lunches (Bistro) 1:00 Essentials Balance (RR) **2:00 Herb Kaufman Presentation (CH)**	**Hearthside Bistro: 215-565-2407, Extension 52407** **Christopher's: 215-565-2407, Extension 52407 (reservations)** **Pastoral Care: 215-368-4438, Extension 44227 or 44171** **Wellness Nurse Maria Popp 215-368-4438, Extension 44158** **Fitness & Aquatics: Tina Cook 215-368-4438, Extension 44153** **Fitness and Aquatics Hotline, Info and Cancellations:** **Extension 50236 or dial 215-565-0236** **Transportation items: 215-723-9881, Extension 42237**				

Location Key: (By Appt/WC) = By Appointment/Wellness Center, (B) = Bistro, (CCLobby) = Fireplace/Bistro overflow area, (CDR) = Community Dining Room, (CH) = Derstine (CH), (CR) = Conference Rooms A, B, C, (DMCR) = Dock Manor Community Room, (RR) = Dock Gardens Recreation Room, (DGGR) = Dock Gardens Game Room, (EC) = Education Center, (FA) = Fisher Auditorium, (FC) = Fitness Center, (LB) = Library, (OC1) = Oakwood Court 1st Floor Great Room, (OC2) = Oakwood Court 2nd Floor Great Room, (OC3) = Oakwood Court 3rd Floor Great Room, (OCB) = Oakwood Court Basement, (P) = Pool, (CH2) = Broadcasting on Channel 2 (in-house cable), (WC) = Wellness Center. **The bus icon indicates there will be shuttle service for an event. Shuttle service for on-campus events begins 40 minutes before the event and includes two rounds at each entity**. **Indicates shopping trips.** **$ Indicates additional fee**. Activities are subject to change based on resident needs and scheduling. Everence appointments are held in the Univest Bank Office near the DG Library. **Indicates badge required to access the building.**



Univest Bank Mondays 9:00 am to 3:00 p.m. except for holidays
Everence Tuesdays 1:00 p.m.



Bible Fellowship Mondays (DMCR) 7:00 p.m.
DW Church Service rebroadcast Tuesdays 3:00 p.m. (CH2)
Central Schwenkfelder Wednesdays 6:00 p.m. (CH2)
Biblical Language Bible Study (CR C) Wednesdays 7:00 p.m.
Salford Mennonite Church Thursdays 6:00 p.m. (CH2)

NEW

RL SOCIAL WORKER DROP-IN TIME
MONDAY, WEDNESDAY AND FRIDAYS
2:00 P.M. TO 4:30 P.M.