

RESIDENTIAL LIVING LIFE ENRICHMENT CALENDAR

OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	Hearthside Bistro: 215-565-2407, Extension 52407 Christopher’s: 215-565-2407, Extension 52407 (reservations) Pastoral Care: 215-368-4438, Extension 44227 or 44171 Wellness Nurse Maria Popp 215-368-4438, Extension 44158 Fitness & Aquatics: Tina Cook 215-368-4438, Extension 44153 Fitness and Aquatics Hotline, Info and Cancellations: Extension 50236 or dial 215-565-0236 Transportation items: 215-723-9881, Extension 42237				1 7:30 Lab Services by appt (WC) 10:00 Dance w/ Victoria (RR) 10:00 Classic Aqua Strength (P) 1:00 Essentials Flex & Mind (RR) 2:00 Croquet 6:00 Salford Mennonite Church Service Rebroadcast (CH2)	2 10:00 Choir Rehearsal (CH) 10:00 Water Volleyball (P) 10:30 Classic Strength (RR)	3 10:00 Rosary (CH) 3:00 Music w/ Jim Smith (CH2)
4 10:30 Sunday Service (CH) 7:00 Music w/ Jim Smith (CH2)	5 7:30 Lab Services by appt (WC) 9:00 UNIVEST BANK (near DG Library) 10:00 Water Volleyball (P) 10:30 Classic Balance (RR) 11:00 Ladies Bible Study (DMCR) 11:30 Social Lunches (Bistro) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 Police Appreciation Baking (RR) 2:00 Chair Volleyball (FA) 7:00 Monday Night Bible Study (DMCR)	6 7:30 Police Appreciation Drive Thru (FA Carport) 9:30 Art Workshop (RR) 10:00 Essentials Aqua Balance (P) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE (Univest Bank Office on-site) 2:00 America’s Grandson w/ Todd Derstine (CH) 🚌 2:00 Croquet 3:00 Sunday Service Rebroadcast (CH2)	7 9:00 Bookmobile/Van (FA Entrance) 9:00 Giant Market Hatfield (Trip) 🛒 10:00 Devotional (CH2) 10:00 Water Volleyball (P) 10:30 Classic Flex & Mind (RR) 12:00 Oktoberfest (FA) 🚌 3:00 Caregiver Support Group (CR A) 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 6:30 Rummikub (CC Lobby) 7:00 Biblical Language Bible Study (CR C)	8 7:30 Lab Services by appt (WC) 10:00 Classic Aqua Strength (P) 1:00 Essentials Flex & Mind (RR) 2:00 Perky Promenade Square Dancers (FA) c🚌 2:00 Croquet 6:00 Salford Mennonite Church Service Rebroadcast (CH2)	9 8:00 Men's Breakfast (FA) 🏠 9:00 Hilltown Walmart (Trip) 🛒 10:00 Water Volleyball (P) 10:30 Classic Strength (RR) 2:00 In Honor of our 250th: Great American Composers a Recital w/ Seth & Linda (CH) 🏠 🚌	10 3:00 Music w/ Jim Smith (CH2)	
11 10:30 Sunday Service (CH) 7:00 Music w/ Jim Smith (CH2)	12 7:30 Lab Services by appt (WC) 9:00 UNIVEST BANK (near DG Library) 10:00 Perkiomen Tours Baps Swaminarayan Akshardham Temple (Trip) 10:00 Water Volleyball (P) 10:30 Classic Balance (RR) 11:30 Social Lunches (Bistro) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 Cornhole (RR) 7:00 Monday Night Bible Study (DMCR)	13 9:00 Hennings Market (Trip) 🛒 9:30 Art Workshop (RR) 10:00 Music & Drumming (OC3) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE (Univest Bank Office on-site) 2:00 Annual Community Meeting (CH) 🚌 🏠 2:00 Croquet 4:00 Sunday Service Rebroadcast (CH2)	14 10:00 Devotional (CH2) 10:00 Water Volleyball (P) 2:00 RL October Birthday Celebration (FA) 🚌 🏠 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 6:30 Rummikub (CC Lobby) 7:00 Biblical Language Bible Study (CR C)	15 7:30 Lab Services by appt (WC) 10:00 Dance w/ Victoria (RR) 10:00 Classic Aqua Strength (P) 1:00 Essentials Flex & Mind (RR) 2:00 Medicare Seminar (CH) 🚌 🏠 2:00 Croquet 2:00 Steppin’ Out (RR) 🏠 6:00 Salford Mennonite Church Service Rebroadcast (CH2)	16 10:00 Choir Rehearsal (CH) 10:00 Water Volleyball (P) 10:30 Classic Strength(RR)	17 3:00 Music w/ Jim Smith (CH2)	

Monday 10:30 a.m. Classic Balance (RR)

Tuesday 10:00 a.m. Essentials Aqua Balance (P)

Tuesday 1:00 p.m. Tai Chi (Paid class) (RR)

Wednesday 10:30 a.m. Classic Flex & Mind (RR)

Wednesday 1:00 p.m. Classic Strength (RR)

Thursday 10:00 a.m. Classic Aqua Strength (P)

Thursday 1:00 p.m. Essentials Flex & Mind (RR)

Friday 10:30 a.m. Classic Strength (RR)

18 10:30 Sunday Service (CH) 2:30 Amici Opera Co Verdi's Rigoletto (CH) 🏠 7:00 Music w/ Jim Smith (CH2)	19 7:30 Lab Services by appt (WC) 9:00 UNIVEST BANK (near DG Library) 9:30 Book Club (DMCR) 10:00 Water Volleyball (P) 10:30 Classic Balance (RR) 11:00 Ladies Bible Study (DMCR) 11:30 Social Lunches (Bistro) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 Jefferson Health Outreach Program (CH) 🚌 🏠 7:00 Monday Night Bible Study (DMCR)	20 9:30 Art Workshop (RR) 10:00 Essentials Aqua Balance (P) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE (Univest Bank Office on-site) 2:00 Friendship & Fun Hour (FA) 🏠 🚌 2:00 Croquet 3:00 Sunday Service Rebroadcast (CH2) 7:00 Never Better Quartet (CH) 🚌	21 9:00 Bookmobile/Van (FA Entrance) 9:00 Landis Market (Trip) 🛒 10:00 Devotional (CH2) 10:00 Water Volleyball (P) 10:30 Classic Flex & Mind (RR) 2:00 Dr Stephen Phillips Presentation (CH) 🚌 🏠 3:00 Caregiver Support Group (CR A) 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 6:30 Rummikub (CC Lobby) 7:00 Biblical Language Bible Study (CR C)	22 7:30 Lab Services by appt (WC) 10:00 Dance w/ Victoria (RR) 10:00 Classic Aqua Strength (P) 10:00 Care and Share Thrift (Trip) 🛒 1:00 Essentials Flex & Mind (RR) 2:00 Croquet 4:30 RL Dine Around - Bella Fiona Ristorante (Trip) 6:00 Salford Mennonite Church Service Rebroadcast (CH2)	23 10:00 Choir Rehearsal (CH) 10:00 Water Volleyball (P) 10:30 Classic Strength (RR) 2:00 Herb Kaufman Presentation (CH) 🚌 🏠	24 3:00 Music w/ Jim Smith (CH2)
25 10:30 Sunday Service (CH) 7:00 Music w/ Jim Smith (CH2)	26 7:30 Lab Services by appt (WC) 9:00 UNIVEST BANK (near DG Library) 10:00 Water Volleyball (P) 10:00 Wegmans (Trip) 🛒 11:30 Social Lunches (Bistro) 1:00 Grief Support Group (CR A) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 Music & Dance (CH) 🏠 7:00 Monday Night Bible Study (DMCR)	27 9:00 ShopRite Market (Trip) 🛒 9:30 Art Workshop (RR) 10:00 Music & Drumming (OC3) 1:00 EVERENCE (Univest Bank Office on-site) 1:15 I.V. Library Movie (Trip) 2:00 Croquet 3:00 Sunday Service Rebroadcast (CH2) 4:30 Wine in the Woods (Bistro Patio) 🏠	28 10:00 Devotional (CH2) 10:00 Water Volleyball (P) 10:30 Catholic Mass (CH) 5:15 Friends of Dock Woods Dinner (FA/B) 🚌 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 6:30 Rummikub (CC Lobby) 7:00 Biblical Language Bible Study (CR C)	29 7:30 Lab Services by appt (WC) 2:00 Croquet 6:00 Salford Mennonite Church Service Rebroadcast (CH2)	30 10:00 Choir Rehearsal (CH) 10:00 Water Volleyball (P) 2:00 Costume Party (FA) 🚌	31 3:00 Music w/ Jim Smith (CH2)

Location Key: (By Appt/WC) = By Appointment/Wellness Center, (B) = Bistro, (CCLobby) = Fireplace/Bistro overflow area, (CDR) = Community Dining Room, (CH) = Derstine (CH), (CR) = Conference Rooms A, B, C, (DMCR) = Dock Manor Community Room, (RR) = Dock Gardens Recreation Room, (DGGR) = Dock Gardens Game Room, (EC) = Education Center, (FA) = Fisher Auditorium, (FC) = Fitness Center, (LB) = Library, (OC1) = Oakwood Court 1st Floor Great Room, (OC2) = Oakwood Court 2nd Floor Great Room, (OC3) = Oakwood Court 3rd Floor Great Room, (OCB) = Oakwood Court Basement, (P) = Pool, (CH2) = Broadcasting on Channel 2 (in-house cable), (WC) = Wellness Center. 🚌 The bus icon indicates there will be shuttle service for an event. Shuttle service for on-campus events begins 40 minutes before the event and includes two rounds at each entity. 🛒 Indicates shopping trips. \$ Indicates additional fee. Activities are subject to change based on resident needs and scheduling. Everence appointments are held in the Univest Bank Office near the DG Library. 🏠 Indicates badge required to access the building.



Thurs., 10/1 10:00 a.m. St Francis and His Canticle/Hymn SVA SMH
Tues., 10/6 2:00 p.m. Strengthening Yourself for the Future FA DW
Thurs., 10/8 10:00 a.m. Mindful Movement for Everyday Life SVA SMH
Wed., 10/14 10:15 a.m. Field Trip Pennsbury Manor
Fri., 10/16 10:00 a.m. The Constellation of Personality FA DW

Tues., 10/20 10:00 a.m. The Lifelong Struggles of Susanna Heatwole Brunk Cooprider FA DW
Wed., 10/21 10:00 a.m. How Leaves Change Their Identity FA DW
Wed., 10/28 10:00 a.m. Things Christians Fought About (And What We Might Learn from Them) SVA SMH
Thurs., 10/29 10:00 a.m. Things Christians Fought About part 2 SVA SMH