

COMMUNITY EVENTS CONTINUED:

AUTUMN MUSIC & DANCE MONDAY, OCTOBER 26 2:00 p.m. (DERSTINE CHAPEL)

“BOO! Join the Life Enrichment and CAT team for a fun interactive music and dance group in the Derstine Chapel at 2:00 p.m. on Monday, October 26! Get into the Fall spirit with a festive mix of Fall-themed favorites and spooky songs that will knock your socks off! Enjoy singing , dancing, games, and treats as we celebrate the season. Can’t wait to see you there!

WINE IN THE WOODS TUESDAY, OCTOBER 27 4:30 p.m. (CHRISTOPHER’S)

This month wear your orange and black or celebrate the evening by wearing your favorite costume, since the Costume party is just around the corner! Just a reminder that this is a BYOB wine/social hour. Bring your own wine and take your remaining wine home after the social. Wine glasses will be available for you along with other beverages. Appetizers will be available for you to eat and enjoy. Please make your reservations with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org

WELLNESS CENTER

Cathy Nanovic has agreed to serve as interim coverage for Maria from October 5 through October 16. If an RL Nurse has not been hired by then, we will identify another interim resource to provide coverage until Cathy returns at the beginning of November. There will be no changes to clinic or lab schedules. All clinic and lab days and hours will remain the same.

The walk-in Wellness Clinic is open daily Monday through Friday from 8:45-10:45 a.m. and on the 2nd and 4th Friday of the month from 1:30-3:30 p.m. or by appointment at any other time. You can schedule a time to see the RL nurse during her normal office hours of 7:00 a.m. to 3:30 p.m. Monday through Friday. Premier Medical Lab Services are available by appointment only for residents of Dock Acres, Dock Gardens, the Villas and residents of Dock Manor who have joined the Wellness Center. Please bring your lab and any therapy orders to the RL nurse in the Wellness Center at least forty-eight business hours before your requested appointment. Labs are drawn Mondays at 9:00 a.m., Tuesdays at 7:30 a.m. and Thursdays at 7:30 a.m. in the Wellness Center Clinic. To make an appointment with any of the following, please inform them that you will be seen at Dock Woods.

Dr. Janet Isaiah and Dr. Stephanie Varghese
Montgomery Podiatry
Call: 215-361-5769 to schedule

Brigitte Harken, CRNP
Tracy Young, CRNP
Tri Valley Primary Care
215-723-3280

Dr. Madelynn Petrancuri and Dr. Holly Forst
Live Better Hearing + Balance
(Associates in Hearing)
Call: 215-855-4217

Dr. Adam Millis, Optometrist
Health Drive 888-964-6681

Jennifer LeBlanc, Massage Therapist
484-363-3779 to make an appointment.

DOCKET

DOCK WOODS

TODD DERSTINE “AMERICA’S GRANDSON”
PIANIST/VOCALIST/LECTURER
TUESDAY, OCTOBER 6
2:00 p.m. (DERSTINE CHAPEL)

You are invited to come enjoy the 2:00 p.m. concert with Todd Derstine, “America’s Grandson.” For the past 36 years Todd has provided serendipitous renditions of Broadway, Big Band, Roaring Twenties, and Eddie Aronold-type country music and 1950’s selections at hundreds of senior communities nationwide. Song selection, vocal quality, and piano skills are always at the top of resident comments after a performance. He collects sheet music, making for a truly unique repertoire especially pleasing to the music connoisseur. Mr. Derstine also gives academic lectures based on his 2020 doctoral thesis from the University of South Africa. He has been published in several respected peer review journals. A native of Philadelphia Todd lives with his wife, Regina, in central Mississippi. A shuttle will pick up at each entity beginning at 1:20 p.m.

OKTOBERFEST BUFFET
WEDNESDAY, OCTOBER 7
12:00 p.m. (BISTRO/FA)

As the season changes and leaves begin to fall, we plan to celebrate at Dock Woods this October with the Oktoberfest Buffet. Join us in the Fisher Auditorium/Bistro on Wednesday, October 7 for the annual event at noon. The full menu will be posted outside the Hearthside Bistro and on the portal. This is a RESERVATION ONLY event. Please begin making your reservations by calling and leaving a voicemail on the holiday reservation hotline at extension 52407 or 215-565-2407, or fooddw@livingbranches.org At 12:30 p.m. you will enjoy the festive, authentic German music performed by the Lukens German Band. A shuttle will pick up at each entity.

MEDICARE SEMINAR
THURSDAY, OCTOBER 15
2:00 p.m. (DERSTINE CHAPEL)

Mark your calendars for he Medicare Refresher Seminar on October 15 at 2:00 p.m. in the Derstine Chapel. Medicare’s annual open etnrollment period is fast approaching, and we have invited Cassandra Zetts, Certified Senior Advisor from Everence Financial. Cassandra will be reviewing the Medicare Open Enrollment and deadlines, Medicare plan options, and updates to the Original Medicare and Medicare Part D programs. There will be time for questions throughout the presentation. A shuttle will pick up at each entity beginning at 1:20 p.m.



2026 COSTUME PARTY
FRIDAY, OCTOBER 30
2:00 p.m. (FA)

Join us and put a smile on your face at the 2026 annual Costume Party to be held at 2:00 p.m. in the Fisher Auditorium on Friday, October 30. Each year the Brittany Boys are delighted to return to entertain us with their lively swing band music from the 1920s to 1960s. Start working on your costumes for the Costume Parade to be judged by you, the audience. If you plan to dress up, the following categories are: THE MOST CREATIVE, THE MOST ORANGE & BLACK, THE BEST COUPLE, FAVORITE COUNTRY MUSICIAN, and CARTOON CHARACTER. Refreshments will be served and everyone will receive a small bag of sweet treats! A shuttle will pick up at each entity beginning at 1:20 p.m.

COMMUNITY EVENTS

DANCE WITH VICTORIA
THUSDAYS, OCTOBER 1, 15, 22
10:00 a.m. (RR)

Come enjoy Dance with Victoria in the Recreation Room on October 1, 15 and 22 at 10:00 a.m. Enjoy this hour of dance movement and have fun together! Each class explores a variety of dance styles, with both seated and standing options. Feel free to participate at your own comfort level. Mark your calendar!

POLICE APPRECIATION
BAKING/DRIVE THROUGH EVENT
MONDAY, OCTOBER 5
2:00 p.m. (RR)

Put on your aprons and join us in the Recreation Room at 2:00 p.m. as we bake and package the muffins for the Towamencin Township Police Department. Each year we like to recognize and thank the officers for their protection and service they provide for Dock Woods Community. Be sure to sign up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org if you plan to help! Remember to bring along your baking tins, spoon, bowl, and spatulas.

TUESDAY, OCTOBER 6
7:30 a.m. to 9:00 a.m.
(FA CARPORT)

On Tuesday, October 6 at 7:30 a.m. until 9:00 a.m. we will be serving hot coffee and the freshly baked muffins to our men and women of the Towamencin Police Department, under the carport at the Fisher Auditorium entrance. Please join us as we thank them for their service that they provide for our community.

PERKY PROMENADER SQUARE
DANCERS
THURSDAY, OCTOBER 8
2:00 p.m. (FA)

The Perky Promenader Square Dancers will be sashaying into the Fisher Auditorium at 2:00 p.m. on October 8 to demonstrate modern Western Square dancing. This club has been dancing for 64 years and was awarded a Blue Ribbon at the 2026 PA Farm Show Square Dance competition. Dancers have learned more than 100 calls and use many varieties of music. Come see the fun and fellowship their club enjoys. You can also join in a short beginner's session! A shuttle will pick up at each entity beginning at 1:20 p.m.

MEN'S BREAKFAST
FRIDAY, OCTOBER 9
8:00 a.m. (FA)

This month we have invited Rev. Dr. Marcus Simmons, lead pastor from the Sanctuary United Methodist Church in North Wales to be our guest speaker. He will be speaking on, *"The Call of Modern Masculinity."* Please make your reservations with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org The price of the breakfast is \$10.50 plus tax. Ladies are invited to attend the 8:30 a.m. presentation. A DONATION will be received.

RECITAL WITH SETH & LINDA
"IN HONOR OF OUR 250TH
GREAT AMERICAN COMPOSERS"
FRIDAY, OCTOBER 9
2:00 p.m. (DERSTINE CH)

Join Linda Orfano and Seth Laucks, along with guest musicians, as they share with you the music of our

nation's greatest composers. This program will highlight piano & vocal pieces by American composers including George Gershwin, Rodgers & Hammerstein, Irving Berlin, Henry Mancini, Leonard Bernstein, and John Williams. A shuttle will pick up at each entity beginning at 1:20 p.m.

MUSIC & DRUMMING FOR FITNESS
TUESDAY, OCTOBER 13 & 27
10:00 a.m. (OC3)

Bring a friend and join the PC residents on the 3rd floor of Oakwood Court for an exciting 30 minutes of seated drumming set to fun and energetic music! The group will drum to autumn themed songs and popular songs by Patsy Cline, Bill Haley, Harry Belafonte, and more Drumming to music is an excellent way to work out while having fun with your friends.

ANNUAL DOCK WOODS
COMMUNITY MEETING
TUESDAY, OCTOBER 13
2:00 p.m. (DERSTINE CHAPEL)

Communication with our residents and employees is an important part of our Living Branches culture. One of the ways we communicate with residents is through an annual community meeting. The agenda will include reports from the CEO/President, campus executive directors, the chief financial and technology officer, and the chief executive officer. The goal is for you to come away from the meeting with a greater understanding of our operations. Please join us for this informative meeting. A shuttle will begin to pick up at each entity at 1:20 p.m.

RESIDENT BIRTHDAYS AND UPDATES

This page was removed to protect the privacy of our residents.

HOTLINE INFORMATION

- Bistro: 215-368-4438, extension 44145
- Dining Reservations: 215-565-2407 or extension 52407
- Fitness & Aquatics: 215-565-0236 or extension 50236
- Information Technology: 215-412-5511 or extension 25511

RESIDENTIAL LIVING TRIPS

PERKIOMEN TOURS & TRAVEL
BAPS SWAMINARAYAN
AKSHARDHAM (HINDU TEMPLE)
MONDAY, OCTOBER 12
10:00 a.m. (TRIP)

The Perkiomen Tours & Travel coach will be traveling to Robbinsville, N.J. to enjoy lunch at 11:30 a.m. at Georgine’s Restaurant and the 2:00 p.m. guided tour of the largest Hindu temple in the Western Hemisphere, and the second largest in the world. The coach will depart from the Fisher Auditorium entrance ONLY at 10:00 a.m. and return to Dock Woods at approximately 6:30 p.m.

RL DINE AROUND BELLA FIONA
RISTORANTE
THURSDAY, OCTOBER 22
4:30 p.m. (TRIP)

The Living Branches coach will be traveling to Harleysville, to enjoy dinner at 5:30 p.m. at the Bella Fiona Ristorante. You will be seated at tables of 4 and 6 , order off the menu and receive separate checks. Sign up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org The coach will pick up at each entity beginning at 4:30 p.m.

INDIAN VALLEY PUBLIC LIBRARY
MOVIE: “THE SHEEP
DETECTIVES”
TUESDAY, OCTOBER 27
1:15 p.m. (TRIP)

The Living Branches coach will be transporting residents to the Indian Valley Public Library to enjoy the 2:00 p.m. movie, *The Sheep Detectives*. This 2026 mystery comedy- drama film starring Hugh Jackman is about George Hardy, a shepherd who loves his sheep and raises them only for their wool.

Every night he reads aloud a murder mystery, pretending his sheep can understand, never suspecting that not only can they understand, but they argue for hours afterwards about whodunnit. When George is found dead under mysterious circumstances, the sheep realize at once that it was a murder and think they know everything about how to go about solving it. The price of this trip is \$3.50 per person for transportation. Sign up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org The coach will pick up at each entity beginning at 1:15 p.m.

SCHWENKFELDER LIBRARY &
HERITAGE CENTER
FRIDAY, NOVEMBER 20
12:45 p.m. (TRIP)

The Living Branches coach will be traveling to Pennsburg, to enjoy a 2:00 p.m. tour at the Schwenkfelder Library and Heritage Center. We will explore together the Schwenkfelder and Perkiomen Region Roots experiencing the PA German past through the museum exhibits – offering a window into their culture through the rich and varied collections. Come uncover your Perkiomen Region heritage in the library, archives and Seipt Family Barn. The price of this trip is \$5.70 for transportation. Sign up with Eileen Burks by calling or emailing her at 215 368-4438, extension 44121, or Eileen.burks@livingbranches.org The coach will pick up at each entity beginning at 12:45 p.m.

DUTCH APPLE DINNER THEATRE
“HOLLY JOLLY HOLIDAY”
THURSDAY, DECEMBER 3
9:00 a.m. (TRIP)

The Living Branches coach will be traveling to Lancaster to enjoy the hot buffet and afternoon show, Holly Jolly Holiday. Come immerse yourself in the spirit of the season with this original holiday musical extravaganza sure to make you merry. The halls are decked with holly, so let the holly festivities begin with lively dancing and singing to the yuletide tunes you love and know, along with a visit from Old St. Nick himself! The price of this trip is \$90.30 per person for transportation, hot buffet, and afternoon show. Sign up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org The coach will pick up at each entity beginning at 9:00 a.m. Approximate return home to Dock Woods is 6:00 p.m.

WANTED: CANDY DONATIONS

Candy donations will be collected throughout the month of October for the Costume party treat bags. Collection boxes will be placed in the Dock Manor Lobby, and in the Dock Gardens Community Center below the mailboxes. Your DONATIONS are SWEETLY APPRECIATED!

COMMUNITY EVENTS CONTINUED

RL OCTOBER BIRTHDAY
CELEBRATION
WEDNESDAY, OCTOBER 14
2:00 p.m. (FA)

ALL Residential Living residents are invited to attend the monthly birthday celebration. If you are an October birthday celebrant, please call or email Eileen Burks at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org by Tuesday, October 13 if you plan to attend and receive your birthday plant. This month we have the pleasure of vocalist John Bauer as our afternoon entertainment. A shuttle will pick up at each entity beginning at 1:20 p.m.

AMICI OPERA COMPANY
“VERDI’S, RIGOLETTO”
SUNDAY, OCTOBER 18
2:30 p.m. (DERSTINE CHAPEL)

You are invited to join artistic director and founder of Amici Opera Company, Ralph Tudisco, in the Derstine Chapel at 2:30 p.m. for the afternoon opera, VERDI’S, “RIGOLETTO.” Residents of Living Branches receive free admission with their ID badge. There is a fee charged to guests at the sign in table located in the Chapel porch hallway.

JEFFERSON HEALTH OUTREACH
MONDAY, OCTOBER 19
2:00 p.m. (DERSTINE CHAPEL)

Please join Susan Smith, member of the outreach team from Jefferson Health for this month’s topic, “Cancer Education Without Calling it Cancer) *Celebrating Success in Disease Prevention and Men and Women’s Health!* This month please join our special guest, Amy MacKenzie MD,FACP, Associate Professor, Department of Medical Oncology, Sidney Kimmel Center, Thomas Jefferson University. Come learn about this very interesting topic and the

advancements in preventing this disease. A shuttle will pick up at each entity beginning at 1:20 p.m.

FRIENDSHIP AND FUN HOUR
TUESDAY, OCTOBER 20
2:00 p.m. (FA)

This month as we celebrate fall, we will enjoy some fall related activities together. Enjoy the competition of candy corn stacking, carving a table pumpkin together, and seasonal piano selections with Roma Schwankweiler. This is a fun time to enjoy the fall treats while you share this special hour laughing, singing and making new friends. A shuttle will pick up at each entity beginning at 1:20 p.m.

NEVER BETTER QUARTET
TUESDAY, OCTOBER 20
7:00 p.m. (DERSTINE CHAPEL)

You are invited to enjoy the evening performance in the Derstine Chapel at 7:00 p.m. with the Never Better Quartet. This newly formed barbershop quartet has over 40 years of experience, and includes bass, tenor, lead, and baritone. Songs you will certainly recognize are: *Hello Mary, Blue Moon, Shenandoah, and Try a Little Kindness*. Mark your calendars and be sure to remind your neighbor to join you! A shuttle will pick up at each entity beginning at 1:20 p.m.

ANCIENT EGYPT’S OTHER
PYRAMIDS WITH DR. STEPHEN
PHILLIPS, Ph.D.
WEDNESDAY, OCTOBER 21
2:00 p.m. (DERSTINE CHAPEL)

Dr. Steve is the curatorial research coordinator from the Egyptian section on the Penn Museum of Archaeology and Anthropology. In this lifelong learning lecture, featuring images from Dr. Steve’s

own research and travels in Egypt, this class takes the audience on a Nile River journey that is “off the beaten path” to see the “other pyramids rarely visited by tourists.” We’ll follow a chronological framework beginning with the oldest pyramids; Saqqara, Meidum, to examples erected centuries after Lahun, the iconic monuments at Giza. Join Dr. Steve for a virtual tour and a visual delight! A shuttle will pick up at each entity beginning at 1:20 p.m.

WARTIME HERO TO INFAMOUS
TRAITOR: THE LIFE OF
BENEDICT ARNOLD Presented
by HERB KAUFMAN, M.Ed., and
HISTORIAN
FRIDAY, OCTOBER 23
2:00 p.m. (DERSTINE CHAPEL)

Mark your calendars and join historian Herb Kaufman in the Derstine Chapel on Friday, October 23, at 2:00 p.m. as he presents *The Life of Benedict Arnold*. Benedict Arnold was a self-made man who achieved significant success as an apothecary and seafaring merchant. He protested the unfair taxes imposed on the American colonies and proclaimed himself a patriot. Yet within a few years, he made secret overtures to the British and nearly succeeded in arranging the capture of George Washington at West Point. This fascinating presentation explores how one of America’s greatest military heroes became its most infamous traitor. A shuttle will pick up residents at each entity beginning at 1:20 p.m.

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REPORTS

ANNUAL DISCLOSURE STATEMENT

Each year we prepare a disclosure statement for the Department of Insurance, which regulates life plan communities. This year’s disclosure statement will be available by the end of October. If you are interested in having a copy, please call the administrative office receptionist. Give your name and phone number, and a copy of the disclosure statement will be delivered to you.

VOLUNTEERS

For ALL volunteers: the volunteer office must receive your updated TB Questionnaire and proof of receiving your flu shot no later than 10/31/2026 in order to meet the PA state requirements. Reminder: Any volunteer who did not attend one of our in-person Annual In-service meetings in September is required to watch the video recording of the meeting. The recording is posted on the Volunteer page of the Living Branches website.
<https://livingbranches.org/volunteer/>
Be sure to complete the quiz after watching the video. This should be completed by 10/31/2026. If you have any questions or concerns, call Jennifer Wilson at 215-368-4438 ext. 44189. Thank you for your prompt attention.

CULINARY SERVICES CHEF’S DINNER
A TASTE OF INDIA
October 23, 2026
5:00 p.m. Reservations requested

Join us for a culinary journey through India, beginning with a golden Aloon Tikki amuse-bouche served with onion chutney, followed by a refreshing fall salad of carrots, cucumber, radish, red onion, and mint in a mustard dressing. A smooth Mango Paneer Custard intermezzo cleanses the palate before the main course of Pork Vindaloo, featuring tender pork simmered in aromatic spices and served with fragrant jasmine rice and seasonal vegetables. The evening concludes with a comforting traditional Indian pudding paired with ice cream, creating a memorable finish to a flavorful and inviting dining experience.

ACORN SHOP

Stop by the Acorn Shop each week to see what’s on

sale! October Specials: Summer handbags and wallets are 50% off. Hours: Monday-Friday: 9:30 a.m. - 3:30 p.m. and Saturday: 1:00 - 4:00 p.m. Closed Sunday.

GIFT AND TREASURE SHOP

Sale: All furniture 25% off

Hours: Monday-Friday: 1:00-3:00 p.m. and Saturday: 1:00-3:00 p.m. Closed Sunday

SOMETHING SPECIAL IS BREWING AT DOCK WOODS...

On **Thursday, October 8**, in the **coffee nook** outside the Bistro, residents will be among the first to experience **Not Your Grandma’s Coffee**, a new coffee blend selected especially for Living Branches. For one day only, this distinctive blend will be featured and served outside the Hearthside Bistro, offering a fresh take on your normal coffee experience. Love what you taste? A limited quantity will also be available for purchase in The Acorn Shop while supplies last. A fresh coffee experience that goes beyond what Grandma knew and celebrates today’s specialty grade coffee culture. Thursday, October 8 coffee nook outside the Bistro.

FUND DEVELOPMENT

Annual Friends of Benevolent Care Celebration

The 38th Annual Friends of Benevolent Care Celebration will be held on Wednesday, October 28, 2026, in the Dock Woods Fisher Auditorium. Come to hear stories from Ed Brubaker and others about how benevolent care has impacted residents and what leads persons to support the benevolent care ministry at Living Branches.

- ✓ Shuttles will run continuously for both Dock Woods and Souderton Mennonite Homes beginning at 4:45 p.m. and again after the program at 7:45 p.m.
- ✓ Dinner will begin at 6:00 p.m. Doors will open at 5:15 p.m.
- ✓ All event proceeds to benefit the Living Branches Benevolent Care Fund, which provides grants to residents who can no longer cover the full cost of their care at all three Living Branches campuses.
- ✓ If you have questions about the event, please

REPORTS

FUND DEVELOPMENT continued....

- contact Colin Ingram at extension 44304 or Rose at the extension above.
- ✓ If you haven’t replied with an RSVP yet, you may call Rose Hackman at extension 44305 to reply. Please note that seating is limited.

IRA Qualified Charitable Distribution Reminder

Interested in a special giving opportunity through your IRA?

The IRA Qualified Charitable Distribution (QCD) allows, once you have reached the age of 70½, to donate up to \$111,000 within the 2026 tax year directly from your Individual Retirement Account (IRA) without treating the distribution as taxable income. The contribution can be counted toward satisfying your Required Minimum Distribution (RMD) for the year, if applicable based upon age. You don’t pay taxes on the gift, and it may lower your taxable income. Here are the steps you can take to make a distribution:

- Contact your retirement account administrator to notify them you would like to donate all or a portion of your IRA distributions directly to Living Branches Foundation.
- You may need to provide the following to your IRA administrator:

Living Branches Foundation’s Tax ID:
91-2113430

Living Branches Foundation’s address:
Fund Development
275 Dock Drive
Lansdale, PA 19446

Your IRA administrator will disburse your donation directly to Living Branches Foundation. Call or e-mail me to let me know that your gift is on the way. I am here to help you with all your planned gift options for Living Branches. Colin Ingram, Associate Director for Fund Development, extension 44304, Colin.Ingram@Livingbranches.org

PASTORAL CARE

Just over a month ago, the beloved and iconic country musician and philanthropist, Dolly Parton, passed away at the age of 80. She was not only a prolific songwriter, but she also had a kind of wit and wisdom that reflected her inner beauty and grace. Dolly Parton is quoted as saying, “We cannot direct the wind, but we can adjust the sails.” What a great reminder of how we can respond to life’s circumstances, however challenging or adverse.

Dolly made her film debut in the 1980 hit movie, “Nine to Five,” in the role of secretary Doralee Rhodes. She also wrote and recorded the movie’s theme song, “9 to 5,” which won many awards including two Grammy awards. The song laments about “barely getting by, all taking and no giving; they just use your mind and they never give you credit...it’s enough to drive you crazy if you let it!”

Contrast these lyrics with the words of Psalm 121: “The One who watches over you will not slumber...he never slumbers or sleeps...The Lord keeps watch over you as you come and go, both now and forever.” Our God does not simply work 9 to 5. Our God is always present, always ready to receive us, always watching over us. This is God’s nature and pleasure -- whether or not we give God the credit. What a way to make a living!

The winds will blow this way and that. But the love of God is steadfast, active, and trustworthy. May we adjust our sails to the breath of God, allowing God to direct us, empower us, and sustain us every hour of every day.

Pastor Susan Sciarratta