

RESIDENTIAL LIVING LIFE ENRICHMENT CALENDAR

MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1 10:30 Sunday Service (CH) 7:00 Music w/ Jim Smith (CH2)</p>	<p>2 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 10:00 Water Volleyball (P) 10:30 Balance Matters (RR) 11:00 Ladies Bible Study (DMCR) 11:30 Social Lunches (Bistro) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 Seated Chair Volleyball (FA) 7:00 Monday Night Bible Study (CH)</p>	<p>3 7:30 Lab Services (By Appt) 9:30 Art Class (RR) 10:00 Aqua Balance (P) 10:00 Music & Drumming (OC3) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE (Univest Bank Office on-site) 3:00 Sunday Service Rebroadcast (CH2)</p>	<p>4 9:00 Bookmobile/Van (FA Entrance) 9:00 Giant Market Hatfield (Trip) 🚚 10:00 DEVOTIONAL (CH2) 10:00 Water Volleyball (P) 10:30 Head to Toe Stretch (RR) 3:00 Caregiver Support Group (CR A) 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 6:30 Rummikub (CC Lobby) 7:00 Biblical Language Bible Study (CR C)</p>	<p>5 7:30 Lab Services (By Appt) 10:00 Aqua Fit (P) 1:00 CHAIR YOGA (RR) 2:00 Celtic Heirs Concert (CH) 🚚 6:00 Salford Mennonite Church Service Rebroadcast (CH2)</p>	<p>6 10:00 Choir Rehearsal (CH) 10:00 Water Volleyball (P) 10:30 Strength & Stretch (RR) 11:00 Dance Thru the Decades w/ Victoria (RR)</p>	<p>7 10:00 Rosary (CH) 3:00 Music w/ Jim Smith (CH2)</p>
<p>8 10:30 Sunday Service (CH) 2:30 Amici Opera's Donizetti's "La Favorita" (CH) 7:00 Music w/ Jim Smith (CH2)</p>	<p>9 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 10:00 Faith Walk (OC2) 10:00 Water Volleyball (P) 10:30 Balance Matters (RR) 11:30 Social Lunches (Bistro) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 Cornhole (FA) 7:00 Monday Night Bible Study (CH)</p>	<p>10 7:30 Lab Services (By Appt) 9:00 Hennings Market (Trip) 🚚 9:30 Art Class (RR) 10:00 Aqua Balance (P) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE (Univest Bank Office on-site) 3:00 Sunday Service Rebroadcast (CH2)</p>	<p>11 10:00 DEVOTIONAL (CH2) 10:00 Water Volleyball (P) 10:30 Head to Toe Stretch (RR) 2:00 RL Birthday Celebration (FA) 🚚 2:00 Love Songs & Dance (CH) 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 6:30 Rummikub (CC Lobby) 7:00 Biblical Language Bible Study (CR C)</p>	<p>12 7:30 Lab Services (By Appt) 9:00 Hunterdon Hills Playhouse (Trip) 10:00 Aqua Fit (P) 10:00 Choir Rehearsal (CH) 1:00 CHAIR YOGA (RR) 3:00 Prayer Together (CH) 6:00 Salford Mennonite Church Service Rebroadcast (CH2)</p>	<p>13 8:00 Men's Breakfast (FA) 9:00 Hilltown Walmart (Trip) 🚚 10:00 Water Volleyball (P) 10:30 Strength & Stretch (RR) 11:00 Dance Thru the Decades w/ Victoria (RR) 1:30 RL Wellness Clinic (WC) 2:00 Music w/ Seth (CC Lobby) 6:00 Lansdale Community Concert (Trip - Calvary Church)</p>	<p>14 3:00 Music w/ Jim Smith (CH2)</p>
<p>15 10:30 Sunday Service (CH) 7:00 Music w/ Jim Smith (CH2)</p>	<p>16 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 9:30 Book Club (DMCR) 10:00 Water Volleyball (P) 10:30 Balance Matters (RR) 11:00 Ladies Bible Study (DMCR) 11:30 Social Lunches (Bistro) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 Jefferson Health Outreach (CH) 🚚 7:00 Monday Night Bible Study (CH)</p>	<p>17 St Patrick's Day 7:30 Lab Services (By Appt) 9:30 Art Class (RR) 10:00 Aqua Balance (P) 10:00 Music & Drumming (OC3) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE (Univest Bank Office on-site) 2:00 St Patrick's Day Party (FA) 🚚 3:00 Sunday Service Rebroadcast (CH2)</p>	<p>18 9:00 Bookmobile/Van (FA Entrance) 9:00 Landis Market (Trip) 🚚 10:00 DEVOTIONAL (CH2) 10:00 Water Volleyball (P) 10:30 Head to Toe Stretch (RR) 3:00 Caregiver Support Group (CR A) 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 6:30 Rummikub (CC Lobby) 7:00 Biblical Language Bible Study (CR C) 7:00 Indian Creek Worship Concert (CH) 🚚</p>	<p>19 7:30 Lab Services (By Appt) 9:30 Rep Liz Hanbidge Aide (Bistro Lobby) 10:00 Aqua Fit (P) 1:00 CHAIR YOGA (RR) 2:00 Herb Kaufman Presentation (CH) 🚚 4:00 RL Dine Around - Versante Italian Restaurant (Trip) 6:00 Salford Mennonite Church Service Rebroadcast (CH2)</p>	<p>20 10:00 Care & Share Thrift Shop (Trip) 10:00 Choir Rehearsal (CH) 10:00 Water Volleyball (P) 10:30 Strength & Stretch (RR) 1:30 Dock Mennonite Academy Band & Orchestra (CH) 🚚</p>	<p>21 3:00 Music w/ Jim Smith (CH2)</p>

<p>22 10:30 Sunday Service (CH) 7:00 Music w/ Jim Smith (CH2)</p>	<p>23 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 10:00 Faith Walk (OC2) 10:00 Water Volleyball (P) 10:30 Balance Matters (RR) 11:30 Social Lunches (Bistro) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 Martin Luther King Program (CH) 🚌 2:00 Seated Chair Volleyball (FA) 7:00 Monday Night Bible Study (CH)</p>	<p>24 7:30 Lab Services (By Appt) 9:00 ShopRite Market (Trip) 🛒 9:00 Candy Crafters Easter Candy Sale (CCLobby)6.5 hr 9:30 Art Class (RR) 10:00 Aqua Balance (P) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE (Univest Bank Office on-site) 2:00 Friendship & Fun Hour (RR) 🚌 3:00 Sunday Service Rebroadcast (CH2)</p>	<p>25 10:00 DEVOTIONAL (CH2) 10:00 Water Volleyball (P) 10:30 Head to Toe Stretch (RR) 10:30 Catholic Mass (CH) 2:00 Talent Show Dress Rehearsal (FA) 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 6:30 Rummikub (CC Lobby) 7:00 Biblical Language Bible Study (CR C)</p>	<p>26 7:30 Lab Services (By Appt) 10:00 Aqua Fit (P) 2:00 Talent Show "An Enchanted Afternoon" with Hammerstein and Friends (FA/B) 🚌 3:00 Prayer Together (CH) 6:00 Salford Mennonite Church Service Rebroadcast (CH2)</p>	<p>27 10:00 Choir Rehearsal (CH) 10:00 Water Volleyball (P) 10:30 Strength & Stretch (RR) 11:00 Books R Fun (FA) 3 hrs 1:30 RL Wellness Clinic (WC) 2:00 Active Shooter Events (CH) 🚌</p>	<p>28 3:00 Music w/ Jim Smith (CH2)</p>
<p>29 10:30 Sunday Service (CH) 7:00 Music w/ Jim Smith (CH2)</p>	<p>30 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 10:00 Water Volleyball (P) 10:00 Wegmans (Trip) 🛒 10:30 Balance Matters (RR) 11:30 Social Lunches (Bistro) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 Grief Support Group (CR A) 2:00 Seated Chair Bingo (RR) 7:00 Monday Night Bible Study (CH)</p>	<p>31 7:30 Lab Services (By Appt) 9:30 Art Class (RR) 10:00 Aqua Balance (P) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE (Univest Bank Office on-site) 1:15 I.V. Library Movie (Trip) 3:00 Sunday Service Rebroadcast (CH2) 4:30 Wine in the Woods (Christopher's)</p>	<p>Life Enrichment: Eileen Burks 215-368-4438, Extension 44121 Hearthside Bistro: 215-565-2407, Extension 52407 Christopher's: 215-565-2407, Extension 52407 (reservations) Pastoral Care: 215-368-4438, Extension 44227 or 44171 Wellness Nurse Maria Popp 215-368-4438, Extension 44158 Fitness & Aquatics: Tina Cook 215-368-4438, Extension 44153 Fitness and Aquatics Hotline, Info and Cancellations: Extension 50236 or dial 215-565-0236 Transportation items: 215-723-9881, Extension 42237</p>			

Location Key: (By Appt/WC) = By Appointment/Wellness Center, (B) = Bistro, (CCLobby) = Fireplace/Bistro overflow area, (CDR) = Community Dining Room, (CH) = Derstine (CH), (CR) = Conference Rooms A, B, C, (DMCR) = Dock Manor Community Room, (RR) = Dock Gardens Recreation Room, (DGGR) = Dock Gardens Game Room, (EC) = Education Center, (FA) = Fisher Auditorium, (FC) = Fitness Center, (HH) = Harmony House, (LB) = Library, (OC1)= Oakwood Court 1st Floor Great Room, (OC2) = Oakwood Court 2nd Floor Great Room, (OC3) = Oakwood Court 3rd Floor Great Room, (OCB) = Oakwood Court Basement, (OCDR) = Oakwood Court Dining Room, (P) = (P), (CH2) = Broadcasting on Channel 2 (in-house cable), (WC) = Wellness Center. 🚌 The bus icon indicates there will be shuttle service for an event. Shuttle service for on-campus events begins 40 minutes before the event and includes two rounds at each entity. 🛒 Indicates shopping trips. \$ Indicates additional fee. Activities are subject to change based on resident needs and scheduling. Everence appointments are held in the Univest Bank Office near the DG Library

The walk-in Wellness Clinic is open daily Monday through Friday from 8:45-10:45 a.m. and on the 2nd and 4th Friday of the month from 1:30-3:30 p.m. or by appointment at any other time. You can schedule a time to see Maria during her normal office hours of 7:00 a.m. to 3:30 p.m. Monday through Friday.