

DOCKET

COMMUNITY EVENTS CONTINUED.....

“SPRINGTIME” SEATED CHAIR BINGO
MONDAY, MARCH 30
2:00 p.m. (RR)

PRIZES! PRIZES! PRIZES! Join us as we celebrate “Springtime” at the seated chair bingo games in the Recreation Room at 2:00 p.m. Enjoy playing a variety of bingo games, with a new bingo sheet per game. Don’t forget to bring along a marker or pen, and a book to place your bingo sheet on. Contact Eileen Burks and reserve your winning seat! See you there!

WINE IN THE WOODS
TUESDAY, MARCH 31
4:30 p.m. (CHRISTOPHER’S)

In celebration of spring we invite you to wear your **GREEN** and join us at Christopher’s at 4:30 p.m. for Wine in the Woods. Just a reminder that this is a BYOB wine/social hour. Bring your own wine and take home your remaining wine after the social. Wine glasses will be available along with other beverages. Appetizers will be available for you to enjoy! Please make your reservations with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org

SAVE THE DATE

DOCK WOODS EASTER CANTATA
WEDNESDAY, APRIL 1
2:00 p.m. (DERSTINE CHAPEL)

Mark your calendars for the upcoming Easter Cantata at Dock Woods. More information will be forthcoming in the April Docket!

BOCCE

Bocce season is fast approaching and that means there is an opportunity for some Bocce fun! The registration is for your team to play against another team utilizing a round-robin format. Each team consists of two players (if you don’t have a partner to play with, another player looking for a partner will be partnered with you). It is a great way to meet fellow residents and have some fun. Each match consists of two games. Your team, along with the opposing team, will determine when you play. Registering early allows us to start scheduling round-robin play. If you have any questions, need more info or wish to register, please contact Cliff Heizmann at 267-663-7551 or email cliffandcaroline@gmail.com. If you are unfamiliar with Bocce, call Cliff and he will make arrangements to familiarize you with the game.

GARDEN COMMITTEE

Interested in having a garden based on organic gardening and enjoy sociable interactions with other gardeners? You are invited to join the community of gardeners here at Dock Woods. The plots are 27 x 17 or half plots of 13 x 17. There are limited plots available. There are focused guidelines that will be attached to the applications that will come out around the first of March. These guidelines must be dated, signed and returned with the signed and dated application. Preference will be given to previous gardeners. Plots will then be assigned on a first come basis.

DOCK STEWARDS

Winter won’t last forever, and Earth Day is right around the corner on April 22. Watch for our demo that week and join us in supporting a cleaner, greener world. The Dock Stewards Committee meets on the first Thursday of every month at 1:00 p.m. in Conference Room C. Come join us. Contact info is on the portal.

DOCK WOODS

“CELTIC HEIRS” CONCERT

As we celebrate St Patrick’s Day, we have invited the “CELTIC HEIRS” to perform in the **Derstine Chapel on Thursday, March 5 at 2:00 p.m.** The Celtic Heirs came together by accident or perhaps by good old Irish Luck. Donna, Beth, Rich, and Eileen had so much fun performing at a cafe in Sellersville, that they have continued to play Irish music. They realized that there is so much wonderful music that comes from Ireland, England, Scotland, and Wales over many centuries and have expanded their music to include many beautiful and fun tunes that have come from their Celtic ancestors. Wear your green and remember to invite a neighbor or friend to come along. A shuttle will pick up at each entity beginning at 1:20 p.m.

2026 TALENT SHOW - “AN ENCHANTED AFTERNOON WITH HAMMERSTEIN & FRIENDS”

Mark your calendars for the 2026 March Talent Show, “An Enchanted Afternoon with Hammerstein & Friends,” on **Thursday, March 26, 2026, 2:00 p.m. Fisher Auditorium.** This talent show will have you reminiscing the beautiful music and shows of Oscar Hammerstein II. He was known for the musicals Oklahoma, Carousel, South Pacific, and of course, the Sound of Music. You will experience an afternoon of talent with vocals, dance, skits, instrumentals, and much more! We will be **“Getting to Know You”** and this could create **“Some Enchanted Evening”** just for you! A shuttle will pick up at each entity beginning at 1:20 p.m. **DRESS REHEARSAL will be at 2:00 p.m. in the Fisher Auditorium on Wednesday, March 25. Be sure to bring along your music and props.**

BOOKS R FUN BOOK FAIR

Books R Fun Book Fair will be set-up in the Fisher Auditorium on **Friday, March 27, 2026, 11:00 a.m. to 2:00 p.m.** for your shopping convenience, just in time for Easter and springtime! There will be a great selection of children’s books, cookbooks, inspirational books, seasonal cards, and a variety of novelty gifts and toys for sale all at discounted prices. Cash, credit cards, and Venmo are accepted. A rebate from the total sales will benefit new purchases for the Dock Woods Library. Friends and family are invited to come and enjoy shopping at their convenience with you! Mark your calendars!

ACTIVE SHOOTER ATTACK PREVENTION AND PREPAREDNESS (ASAPP) WITH SPECIAL AGENT GEORGE HUSK

Join Special Agent George Husk from FBI Philadelphia for an Active Shooter Attack Prevention and Preparedness (ASAPP) course on **Friday, March 27, 2026, 2:00 p.m. in the Derstine Chapel** for this 1½ hour course created by the FBI Office of Partner Engagement’s Violence Reduction Unit. The goal of ASAPP training is to empower participants with the knowledge and skills necessary to survive an active shooter incident in any environment. ASAPP combines lessons learned from years of research of active shooter incidents with interactive training techniques to create a concise, impactful, and relevant course. During the course, attendees actively participate in a live and informative multimedia presentation. Additionally, they observe in-person demonstrations, then complete two scenarios to practice the decision-making process and actions necessary to survive an active shooter incident. A shuttle will pick up at each entity beginning at 1:20 p.m.

COMMUNITY EVENTS

**SEATED CHAIR VOLLEYBALL
MONDAY, MARCH 2 & 23
2:00 p.m. (FA)**

**MUSIC & DRUMMING FOR
FITNESS
TUESDAYS, MARCH 3 & 17
10:00 a.m. (OC3)**

Bring a friend and join the PC residents on the 3rd floor of Oakwood Court for an exciting 30 minutes of seated drumming set to fun and energetic music! The group will drum to a variety of spring themed songs and hits by Neil Diamond, Bill Haley, and more. Drumming to music is an excellent way to work out while having fun with your friends. Hope to see you there!

**DANCE THROUGH THE DECADES
WITH VICTORIA
FRIDAYS, MARCH 6 & 13
11:00 a.m. (RR)**

Join us in the Recreation Room as we “dance through the decades” with familiar moves like the twist, classic line dances, and more! This class is led by Victoria, the dance/movement therapy intern from Drexel University. All abilities welcome to participate; seated, or standing dance moves. We will build connections as we move together. We encourage you to invite a staff member to join you! Come ready to laugh, groove, and maybe discover a new favorite move!

**AMICI OPERA COMPANY
DONIZETTI'S “LA FAVORITA”
SUNDAY, MARCH 8
2:30 p.m. (DERSTINE CHAPEL)**

You are invited to join artistic director and founder of Amici Opera Company, Ralph Tudisco, in

the Derstine Chapel at 2:30 p.m. for the afternoon opera, *Donizetti's “La Favorita”*. Residents of Living Branches receive free admission with their ID badge. There is a fee charged to guests at the sign in table located at the chapel porch entrance hallway. Come enjoy your Sunday afternoon while listening to these delightful and quite talented musicians!

**CORNHOLE
MONDAY, MARCH 9
2:00 p.m. (FA)**

**RL MARCH BIRTHDAY
CELEBRATION
WEDNESDAY, MARCH 11
2:00 p.m. (FA)**

ALL Residential Living residents are invited to attend the monthly birthday celebration. If you are a March birthday celebrant and plan to attend and receive your birthday plant, please make your reservation with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org by Tuesday, March 10. This month we invited the very talented vocalist/musician Bill Monaghan as your birthday entertainer. A shuttle will pick up at each entity beginning at 1:20 p.m.

**MEN'S BREAKFAST
FRIDAY, MARCH 13
8:00 a.m. (FA)**

This month the guest speaker is author Rob Downey who has written an inspiring memoir, *Until the Last Dog, One Man's Lifelong Journey to Alaska with his Dogs*. This memoir delves into the personal journey, particularly through his experience as a sled dog racer and the founder of Annamaet Petfoods. Downey reflects

on how dogs not only shaped his career but also saved his life, both literally and emotionally on multiple occasions. Come and learn that this narrative isn't just about racing – it's about survival, adventure, and the deep connection between man and dog. Please make your reservation with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or

Eileen.burks@livingbranches.org

The price of the breakfast is \$8.70 plus tax. A DONATION will be received following the presentation. Book signing will follow with paperbacks for sale at \$12.00 and hardbacks at \$20.00 per person. Ladies are welcome to hear the presentation at 8:30 a.m.

**MUSIC WITH SETH “Croon that
Tune-Doo Wop & Crooners from
the 30's to 60's
FRIDAY, MARCH 13
2:00 p.m. (CC LOBBY)**

Join us for warm melodies to get us through the last of the cold months before Springtime! Nobody could sing as warmly as the great crooners (Bing Crosby, Frank Sinatra, Nat King Cole, Dean Martin, & more) and Doo Wop music brought us from the post-WWII years all the way up through the 1960s. Come be part of that fun as we sing and play along to some of our favorite Crooner & Doo Wop melodies. No musical experience or skills required. All are welcome!!

**JEFFERSON HEALTH OUTREACH
MONDAY, MARCH 16
2:00 p.m. (DERSTINE CHAPEL)**

Please join Susan Smith, a member of the outreach team from Jefferson Health for this month topic, **Fueling the body for Strong Bones and a Healthy Colon**. Learn how everyday food choices can help protect against

RESIDENT BIRTHDAYS AND UPDATES

This page was removed to protect the privacy of our residents.

RESIDENTIAL LIVING TRIPS

HUNTERDON HILLS PLAYHOUSE "THE SUNSHINE BOYS" THURSDAY, MARCH 12 9:00 a.m. (TRIP)

The Living Branches coach will be transporting residents with reservations to the Hunterdon Hills Playhouse to enjoy the afternoon served lunch and show, "The Sunshine Boys." The coach will pick up at each entity beginning at 9:00 a.m. Approximate return home to Dock Woods is 5:15 p.m.

LANSDALE COMMUNITY CONCERT CALVARY CHURCH FRIDAY, MARCH 13 6:00 p.m. (TRIP)

The Living Branches coach will be transporting residents with a season membership to Calvary Church in Souderton to enjoy the final concert of the season at 7:30 p.m. featuring, *A Band Called Honalee, A folk trio inspired by Peter, Paul, & Mary.* The price of this trip for transportation is \$5.00 per person. Sign up with Eileen Burks by calling or emailing her at 215 368-4438, extension 44121, or Eileen.burks@livingbranches.org The coach will pick up at each entity beginning at 6:00 p.m. Remember your ticket!

RL DINE AROUND VERSANTE ITALIAN RESTAURANT THURSDAY, MARCH 19 4:00 p.m. (TRIP)

The Living Branches coach will be traveling to Schwenksville to enjoy dinner at 5:30 p.m. at Versante Italian Restaurant. You will be seated at tables of four and six and you will receive separate checks.

Sign up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org. The coach will pick up each entity beginning at 4:00 p.m.

INDIAN VALLEY PUBLIC LIBRARY MOVIE: THE GREATEST SHOWMAN TUESDAY, MARCH 31 1:15 p.m. (TRIP)

The Living Branches coach will be transporting residents to the Indian Valley Public Library to enjoy the 2:00 p.m. movie, *The Greatest Showman*. This 2017 American musical period drama film stars Hugh Jackman, Zac Efron, Michelle Williams, Rebecca Ferguson and Zendaya. This film is a heavily fictionalized depiction of the life of P.T. Barnum, a showman and entertainer who created the Barnum & Bailey Circus, and its star attractions. The price of this trip is \$3.50 per person for transportation. Sign up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org The coach will pick up at each entity beginning at 1:15 p.m.

PERKIOMEN TOURS & TRAVEL JIM THORPE, PA PENNS PEAK FEATURING BELIEVE: THE CHER SHOW TUESDAY, MAY 5 9:15 a.m. (TRIP)

Perkiomen Tours & Travel will be traveling to Penn's Peak in Jim Thorpe, to enjoy the family style lunch and show, "Believe: The Cher Show." Pick-up and departure is at the Fisher Auditorium entrance ONLY. Come and enjoy the songs we all remember. In every one of the last five decades, multi award winner Cher, "The Goddess of Pop," has had a number

one song on the billboard charts. She is known the world over for her sultry voice, unique appearance, sense of humor, and outrageous fashion sense. Upon arrival we will enjoy a family style lunch followed by "The Cher Show". The price of this trip is \$111.00 per person which includes the chartered transportation, lunch, tax and gratuity, (including the driver's gratuity) and show. Sign up by calling or emailing Eileen Burks at 215-368-4438, extension, 44121, or Eileen.burks@livingbranches.org Approximate return home to Dock Woods is 5:00 p.m.

HUNTERDON HILLS PLAYHOUSE "SOME ENCHANTED EVENING (A CELEBRATION OF SONGS) THURSDAY, MAY 14 9:00 a.m. (TRIP)

The Living Branches coach will be traveling to Hampton, N.J. to enjoy the hot served lunch and afternoon show, *Some Enchanted Evening*. More than those of any composer or lyricist writing for stage, the songs of Rodgers & Hammerstein have become an integral part of our everyday lives. *Some Enchanted Evening* promises to dazzle you with timeless songs, performed by a cast of the most talented performers in the country for a glorious afternoon of beloved musical theatre that you will never forget. The price of this trip which includes the served lunch, show and transportation, is \$95.35 per person. Sign up by calling or emailing Eileen Burks at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org The coach will pick up at each entity beginning at 9:00 a.m. Approximate return home to Dock Woods is 5:15 p.m.

COMMUNITY EVENTS

colon cancer and osteoporosis. A shuttle will pick up at each entity beginning at 1:20 p.m.

ST. PATRICK'S DAY PARTY TUESDAY, MARCH 17 2:00 p.m. (FA)

"ERIN GO BRAGH" You are invited to come celebrate the culture of the Irish through the music with musician Brian Di Biago, as we celebrate St. Patrick's Day in the Fisher Auditorium. Be sure to wear your GREEN and come and enjoy a shamrock shake and soft pretzel together! Mark your calendar and let our springtime "SHENANIGANS" begin! A shuttle will pick up at each entity beginning at 1:20 p.m.

INDIAN CREEK MENNONITE CHURCH WORSHIP CONCERT WEDNESDAY, MARCH 18 7:00 p.m. (DERSTINE CHAPEL)

You are invited to attend the evening Worship Concert with some of the choir members of the Indian Creek Mennonite Church located in Franconia. The 40-member choir will be singing beautiful Hymns and sharing Bible readings under the direction of Pastor Kevin Moyer. There will be time to visit with the choir members following the concert. A shuttle will pick up at each entity beginning at 6:20 p.m.

HERB KAUFMAN PRESENTATION AMERICA SEMIQUINCENTENNIAL SECRETS, SPIES, and DECEPTION of the REVOLUTIONARY WAR THURSDAY, MARCH 19 2:00 p.m. (DERSTINE CHAPEL)

As we continue to celebrate the 250th anniversary of our country, please join historian Herb Kaufman

for this presentation. It details the fascinating exploits and daring spies of the Revolutionary War. When many colonists decided to end their relationship with England to become an independent nation, citizens on both sides of the conflict became agents of espionage. A shuttle will pick up at each entity beginning at 1:20 p.m.

DOCK MENNONITE ACADEMY BAND & ORCHESTRA CONCERT FRIDAY, MARCH 20 1:30 p.m. (DERSTINE CHAPEL)

The Dock Mennonite Academy High School music program is excited to present their band and orchestra concert. Under the artistic direction of Dr. Matthew Ramage, and Joy J. Yoo, the students will be performing a program of classic masterworks, modern repertoire, and pops selections for your listening pleasure. Please come and share an afternoon of beautiful music with them! A shuttle will pick up at each entity beginning at 12:50 p.m.

MARTIN LUTHER KING JR. DAY RESCHEDULED PROGRAM MONDAY, MARCH 23 2:00 p.m. (DERSTINE CHAPEL)

To celebrate our re-scheduled Martin Luther King Jr. Day, we have invited Antoine Watts, President and Leader at the 6th United States Colored Troops Reenactors, Inc. as our guest presenter in the Derstine Chapel at 2:00 p.m. Antoine will be sharing about this non-profit living history organization, with the purpose of educating the public about the historic military contributions of African Americans during the country's formative years. He will tell the story of

African patriots who sacrificed their lives for its independence, freedom, and preservation. A shuttle will pick up at each entity beginning at 1:20 p.m.

CANDY CRAFTERS EASTER CANDY SALES TUESDAY, MARCH 24 9:00 a.m. - 3:30 p.m. (CC LOBBY)

Crafter and candy maker, Bev Nace will be set-up in the Bistro Lobby with a variety of homemade candy and gift items for sale, just in time for Easter, at reasonable prices. The candy is delicious, and there is always an abundance of great selections. Cash and checks are accepted! A donation from Candy Crafters will benefit the Sharing Fund at Dock Woods. Happy Easter!

FRIENDSHIP & FUN HOUR TUESDAY, MARCH 24 2:00 p.m. (FA)

Join us at this month's meet-up in the Fisher Auditorium as we enjoy participating in ONE WORD STORYTELLING. This is a fun event where we start a made-up story by saying a single word and collectively build a story by the next person's word. Come and find out how the story will end up with strange plots and twists bound to happen! Invite a friend to come and join you and enjoy the monthly finger food and drink as we enter Springtime! A shuttle will pick up at each entity beginning at 1:20p.m.

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ACORN SHOP

Slippers for men and woman are 25% off. The Acorn Shop hours are Monday through Friday, 9:30 a.m. to 3:30 p.m. and Saturday, 1:00 to 4:00 p.m.

DOCK'S GIFTS & TREASURES SHOP

Puzzles and games are 25% off. Gift and Treasure Shop hours are Monday through Friday, 1:00 to 3:00 p.m. and Saturday, 1:00 to 3:45 p.m. Please note that we cannot accept clothing or broken items. Kindly do not leave bagged or boxed donations at the Treasure Shop door. If you would like to donate items or have a question, please contact Alla Osovets, Gift Shop Coordinator, at 215-368-4438, extension 44219.

SARA SPOTLIGHT

Does SARA use my telephone line? No
The SARA system is independent of your telephone

FUND DEVELOPMENT

Univest Seminars

Fund Development is hosting Univest Seminars on Wednesday, March 18, 10 a.m. at Dock Woods in the Fisher Auditorium and Thursday, March 19, 10 a.m. at Souderton Mennonite Homes in the Summit View Auditorium. Jennifer Ashley, Planned Giving Officer at Girard Advisory Services, which is a part of Univest Financial will be having us ponder the question "Do Your Finances have the Muscle to Beat the New Tax Laws?" She will review the new tax laws and consideration for your financial health. With over 20 years' experience in non-profit management, Jennifer uses her expertise, leadership and creative thinking skills to assist in client financial planning and charitable giving plans. Flyers will be distributed to all RL residents on both campuses.

Auxiliary Rocker-Thon to Benefit Agape Fund

The Souderton Mennonite Homes Auxiliary will be hosting the annual Rocker-Thon on Friday, March 27. This event benefits the Agape Fund, which provides grants to residents who are no longer able to cover the full cost of their care. Sign-up instructions and donation information will be posted near the Corner Store. If you

have questions, please contact: Alta Yoder at 215-723-9881 extension 42229.

Memorial Gifts

Memorial gifts are one of the most common donations we receive for the benevolent care ministry. A memorial gift is a special way to honor a Living Branches resident, family member, friend or co-worker who has passed away. Gifts can be given to Living Branches Benevolent Care Fund, Sharing Fund, Agape Fund or any one of our other funds. Checks should be made out to Living Branches Foundation. Please enclose a simple note that tells us which fund you prefer, and who it is in memory of. The family of the deceased will get a report monthly from us letting them know who has given in memory of their loved one. Stop by the Fund Development office or call Rose at 215-368-4438, ext. 44305 if you have questions or need more information about memorial gifts.

What is a CGA?

A charitable gift annuity (CGA) is a great way to donate to the Living Branches benevolent care ministry while securing your financial future. It's a one-time gift that provides you with fixed payments for life and frees you from managing funds that you intend to eventually give away. Additionally, there are tax benefits included at the time of your gift. Any remaining funds are donated to the charities of your choice after your passing. Gift annuities are available through the Living Branches Preferred Trust Provider, Everence Financial Services. For more information, contact: Colin Ingram, at 215-368-4438, ext. 44304.



Our lifelong learning institute begins the spring semester this month with many classes. You are invited to register and enjoy classes on leopard spots, spiritual genealogy, spring cleaning your life, thinking like a physicist, re-ignite you celebrating Jane Austen, William Penn and our government, and 1861: The Beginning of the Civil War. Two food-related classes, on specialty coffee and eating the rainbow, have reached capacity enrollment. Join other residents and visitors as we are inspired and broaden our understandings through learning. For more information, contact Maribeth Benner, Living U coordinator, at 215-368-4438 extension 44204.

REPORTS

WELLNESS CENTER

The walk-in Wellness Clinic is open daily Monday through Friday from 8:45-10:45 a.m. and on the 2nd and 4th Friday of the month from 1:30-3:30 p.m. or by appointment at any other time. You can schedule a time to see Maria during her normal office hours of 7:00 a.m. to 3:30 p.m. Monday through Friday. Premier Medical Lab Services are available by appointment only for residents of Dock Acres, Dock Gardens, the Villas and residents of Dock Manor who have joined the Wellness Center. Please bring your lab and any therapy orders to Maria Popp in the Wellness Center at least forty-eight business hours before your requested appointment. Labs are drawn Mondays at 9:00 a.m., Tuesdays at 7:30 a.m. and Thursdays at 7:30 a.m. in the Wellness Center Clinic. To make an appointment with any of the following, please inform them that you will be seen at Dock Woods.

Dr. Janet Isaiah and Dr. Stephanie Varghese
Montgomery Podiatry
Call: 215-361-5769 to schedule

Brigitte Harken, CRNP
Tracy Young, CRNP
Tri Valley Primary Care
215-723-3280

Dr. Madelynn Petrancuri and Dr. Holly Forst
Live Better Hearing + Balance
(Associates in Hearing)
Call: 215-855-4217

Dr. Adam Millis, Optometrist
Health Drive 888-964-6681

Jennifer LeBlanc, Massage Therapist
484-680-2372 to make an appointment.

"Welcome Dissonance" ~ By Pastor Tami Good

*Make me a channel of your peace.
Where there is hatred, let me bring your love.
Where there is injury, your pardon, Lord.
And where there's doubt, true faith in You.*

Living in a world of urgency and immediate gratification, too often we retreat into our own silos and hide from those who disagree with us. We put up walls around us and focus on those voices who agree with us fully. In our hearts we shy away from pain and disagreement, wanting to move from Palm Sunday right into Easter.

However, Jesus asks us to face that which we do not want to see - Death. During this Lenten season we will be challenged to "Dwell in Dissonance" and sit in the tension of what is and what we long to see. We will experience Christ's Holy Week, inviting us to linger in the intensity of Jesus' final week on earth. By focusing on John's account, we will reflect on who Jesus was and is, and how his disciples might make sense of His life and death. So, join us as we say, "Welcome Dissonance." Come and assist us to the cross, trusting in God's mighty power right here, right now.

As you prepare for the Lenten season keep these dates open on your calendar and join us on the journey:

Sunday, March 29 ~ Palm Sunday Service...Enter Jerusalem shouting "Hosanna!"

Thursday, April 2 ~ Maundy Thursday Services on all three campuses

Sunday, April 5 ~ Easter Sunday Worship Service...Christ has risen! He has risen indeed!

*Make me a channel of your peace.
Where there's despair in life, let me bring hope.
Where there is darkness, only light.
And where there's sadness, ever joy.*