

RESIDENTIAL LIVING LIFE ENRICHMENT CALENDAR

FEBRUARY 2026

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|--|---|---|--|
| 1 10:30 Sunday Service (CH) 7:00 Music w/ Jim Smith (CH2) | 2 Ground Hog Day 8:45 RL Wellness Clinic (WC) 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK 9:15 Exercise for Arthritis (RR) 10:00 Water Volleyball (P) 10:30 Balance Matters (RR) 11:00 Ladies Bible Study (DMCR) 11:30 Social Lunches (Bistro) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 Seated Chair Volleyball (FA) 7:00 Monday Night Bible Study (CH) | 3 7:30 Lab Services (By Appt) 8:45 RL Wellness Clinic (WC) 9:30 Art Class (RR) 10:00 Aqua Balance (P) 10:00 Music & Drumming for Fitness (OC3) 1:00 Stronger Together (DMCR) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE (Univest Bank Office on-site) 3:00 Sunday Service Rebroadcast (CH2) 6:30 Rummikub (CC Lobby) | 4 8:45 RL Wellness Clinic (WC) 9:00 Bookmobile/Van (FA Entrance) 9:00 Giant Market (Trip) 🛒 9:15 Cardio Drumming (RR) 10:00 DEVOTIONAL (CH2) 10:00 Water Volleyball (P) 10:30 Head to Toe Stretch (RR) 3:00 Caregiver Support Group (CR B) 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 7:00 Biblical Language Bible Study (CR C) | 5 7:30 Lab Services (By Appt) 8:45 RL Wellness Clinic (WC) 10:00 Aqua Fit (P) 1:00 Chair Yoga (DMCR) 2:00 Love Songs, Music & Dance (CH) 6:00 Salford Mennonite Church Service Rebroadcast (CH2) | 6 8:00 Men's Breakfast (FA) 8:45 RL Wellness Clinic (WC) 10:00 Water Volleyball (P) 10:30 Strength & Stretch (RR) 10:30 Choir Rehearsal (CH) 11:00 Dance thru the Decades (RR) 1:00 Balance Beginnings (DMCR) 1:15 Ai Chi (P) 2:00 Bingo (DM Game Room) | 7 10:00 Rosary (CH) 3:00 Music w/ Jim Smith (CH2) |
| 8 10:30 Sunday Service (CH) 7:00 Music w/ Jim Smith (CH2) | 9 8:45 RL Wellness Clinic (WC) 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK 9:15 Exercise for Arthritis (RR) 10:00 Faith Walk (OC2) 10:00 Water Volleyball (P) 10:30 Balance Matters (RR) 11:30 Social Lunches (Bistro) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 Jefferson Health Outreach Program (CH) 🚌 2:00 Cornhole (FA) 7:00 Monday Night Bible Study (CH) | 10 7:30 Lab Services (By Appt) 8:45 RL Wellness Clinic (WC) 9:00 Hennings Market (Trip) 🛒 9:30 Art Class (RR) 10:00 Aqua Balance (P) 1:00 Stronger Together (DMCR) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE (Univest Bank Office on-site) 3:00 Sunday Service Rebroadcast (CH2) 6:30 Rummikub (CC Lobby) | 11 8:45 RL Wellness Clinic (WC) 9:15 Cardio Drumming (RR) 10:00 DEVOTIONAL (CH2) 10:00 Water Volleyball (P) 10:30 Head to Toe Stretch (RR) 2:00 RL Birthday Celebration (FA) 🚌 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 7:00 Biblical Language Bible Study (CR C) | 12 7:30 Lab Services (By Appt) 8:45 RL Wellness Clinic (WC) 10:00 Aqua Fit (P) 1:00 Chair Yoga (DMCR) 3:00 Prayer Together (CH) 5:00 RL Valentine's Day Banquet (FA/Bistro) 🚌 6:00 Salford Mennonite Church Service Rebroadcast (CH2) | 13 8:45 RL Wellness Clinic (WC) 9:00 Hilltown Walmart (Trip) 🛒 9:00 UNIVEST BANK (near DG Library) 10:00 Choir Rehearsal (CH) 10:00 Water Volleyball (P) 10:30 Strength & Stretch (RR) 1:00 Balance Beginnings (DMCR) 1:15 Ai Chi (P) 1:30 RL Wellness Clinic (WC) 2:00 Bingo (DM Game Room) 2:00 Music w/ Seth (Bistro Lobby) 6:00 Lansdale Community Concert (Trip) | 14 Valentine's Day 3:00 Music w/ Jim Smith (CH2) |

Location Key: (By Appt/WC) = By Appointment/Wellness Center, (B) = Bistro, (CCLobby) = Fireplace/Bistro overflow area, (CDR) = Community Dining Room, (CH) = Derstine Chapel, (CR) = Conference Rooms A, B, C, (DMCR) = Dock Manor Community Room, (RR) = Dock Gardens Recreation Room, (DGGR) = Dock Gardens Game Room, (EC) = Education Center, (FA) = Fisher Auditorium, (FC) = Fitness Center, (HH) = Harmony House, (LB) = Library, (OC1)= Oakwood Court 1st Floor Great Room, (OC2) = Oakwood Court 2nd Floor Great Room, (OC3) = Oakwood Court 3rd Floor Great Room, (OCB) = Oakwood Court Basement, (OCDR) = Oakwood Court Dining Room, (P) = (P), (CH2) = Broadcasting on Channel 2 (in-house cable), (WC) = Wellness Center. 🚌 The bus icon indicates there will be shuttle service for an event. Shuttle service for on-campus events begins 40 minutes before the event and includes two rounds at each entity. 🛒 Indicates shopping trips. \$ Indicates additional fee. Activities are subject to change based on resident need and scheduling. 🗳️ Indicates sign-ups available on the Resident Portal. Everence appointments are held in the Univest Bank Office near the DG Library

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| <p>15 10:30 Sunday Service (CH) 2:30 Amici Opera Co Puccini's "Tosca" (CH) 7:00 Music w/ Jim Smith (CH2)</p> | <p>16 8:45 RL Wellness Clinic (WC) 9:00 Lab Services (By Appt) 9:15 Exercise for Arthritis (RR) 9:30 Book Club (DMCR) 10:00 Water Volleyball (P) 10:00 Wegmans (Trip) 🚚 10:30 Balance Matters (RR) 11:00 Ladies Bible Study (DMCR) 11:30 Social Lunches (Bistro) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 MCCB Clarinet Ensemble (CH) 🚚 7:00 Monday Night Bible Study (CH)</p> | <p>17 7:30 Lab Services (By Appt) 8:45 RL Wellness Clinic (WC) 9:30 Art Class (RR) 10:00 Aqua Balance (P) 10:00 Music & Drumming for Fitness (OC3) 1:00 Stronger Together (DMCR) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE (Univest Bank Office on-site) 2:00 Micro-Town Hall w/ Liz Hanbidge (CH) 🚚 3:00 Sunday Service Rebroadcast (CH2) 6:30 Rummikub (CC Lobby)</p> | <p>18 8:45 RL Wellness Clinic (WC) 9:00 Bookmobile/Van (FA Entrance) 9:00 Landis Market (Trip) 🚚 9:15 Cardio Drumming (RR) 10:00 Ash Wednesday Svc (CH) 10:00 Water Volleyball (P) 10:30 Head to Toe Stretch (RR) 2:00 Herb Kaufman Presentation (CH) 🚚 3:00 Caregiver Support Group (CR B) 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 7:00 Biblical Language Bible Study (CR C)</p> | <p>19 7:30 Lab Services (By Appt) 8:45 RL Wellness Clinic (WC) 9:30 Rep Liz Hanbidge Aide (Bistro Lobby) 10:00 Aqua Fit (P) 1:00 Chair Yoga (DMCR) 2:00 William Chester Ruth Legacy Presentation (CH) 🚚 4:30 RL Dine Around – Bay Pony Inn 6:00 Salford Mennonite Church Service Rebroadcast (CH2)</p> | <p>20 8:45 RL Wellness Clinic (WC) 10:00 Care & Share Thrift Shop (Trip) 🚚 10:00 Choir Rehearsal (CH) 10:00 Water Volleyball (P) 10:30 Strength & Stretch (RR) 11:00 Dance thru the Decades (RR) 1:00 Balance Beginnings (DMCR) 1:15 Ai Chi (P) 2:00 Bingo (DM Game Room)</p> | <p>21 3:00 Music w/ Jim Smith (CH2)</p> |
| <p>22 10:30 Sunday Service (CH) 7:00 Music w/ Jim Smith (CH2)</p> | <p>23 8:45 RL Wellness Clinic (WC) 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 9:15 Exercise for Arthritis (RR) 10:00 Faith Walk (OC2) 10:00 Water Volleyball (P) 10:30 Balance Matters (RR) 11:30 Social Lunches (Bistro) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 Grief Support Group (CR A) 2:00 Seated Chair Bingo (RR) 7:00 Monday Night Bible Study (CH)</p> | <p>24 7:30 Lab Services (By Appt) 8:45 RL Wellness Clinic (WC) 9:00 ShopRite Market (Trip) 🚚 9:30 Art Class (RR) 10:00 Aqua Balance (P) 1:00 Stronger Together (DMCR) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE (Univest Bank Office on-site) 1:15 I.V. Library Movie (Trip) 🚚 3:00 Sunday Service Rebroadcast (CH2) 4:30 Wine in the Woods (Christopher's) 6:30 Rummikub (CC Lobby)</p> | <p>25 8:45 RL Wellness Clinic (WC) 9:15 Cardio Drumming (RR) 10:00 DEVOTIONAL (CH2) 10:00 Water Volleyball (P) 10:30 Head to Toe Stretch (RR) 10:30 Catholic Mass (CH) 2:00 Dr Stephen Phillips Presentation (CH) 🚚 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 7:00 Biblical Language Bible Study (CR C)</p> | <p>26 7:30 Lab Services (By Appt) 8:45 RL Wellness Clinic (WC) 10:00 Aqua Fit (P) 1:00 Chair Yoga (DMCR) 2:00 Friendship & Fun Hour (FA) 🚚 3:00 Prayer Together (CH) 6:00 Salford Mennonite Church Service Rebroadcast (CH2)</p> | <p>27 8:45 RL Wellness Clinic (WC) 10:00 Choir Rehearsal (CH) 10:00 Water Volleyball (P) 10:30 Strength & Stretch (RR) 1:00 Balance Beginnings (DMCR) 1:15 Ai Chi (P) 1:30 RL Wellness Clinic (WC) 2:00 Bingo (DM Game Room) 2:00 Hobby Day (FA) (2 hrs) 🚚</p> | <p>28 3:00 Music w/ Jim Smith (CH2)</p> |

Life Enrichment: Eileen Burks 215-368-4438, Extension 44121
Hearthside Bistro: 215-565-2407, Extension 52407
Christopher's: 215-565-2407, Extension 52407 (reservations)
Pastoral Care: 215-368-4438, Extension 44227 or 44171
Wellness Nurse Maria Popp 215-368-4438, Extension 44158
Fitness & Aquatics: Tina Cook 215-368-4438, Extension 44153
Fitness and Aquatics Hotline, Info and Cancellations:
Extension 50236 or dial 215-565-0236
Transportation items: 215-723-9881, Extension 42237