RESIDENTIAL LIVING LIFE ENRICHMENT CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		 17:30 Lab Services (By Appt) 9:30 Art Class (RR) 10:00 Aqua Balance (Pool) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE (Univest Bank Office on-site) 1:00 Stronger Together (DMCR) 2:00 Seated Chair Volleyball (FA) 3:00 Sunday Service Rebroadcast (CH2) 6:00 Croquet (outside DM) 7:00 Montgomery County Concert Band (CH) 	10:30 Stretch & Flex (RR)3:00 Caregiver Support Group (CR B)6:00 Schwenkfelder Church	 7:30 Lab Services (By Appt) 10:00 Aqua Fit (Pool) 10:00 Croquet (outside DM) 1:00 Chair Yoga (DMCR) 5:00 Iron Pigs Baseball Game (Trip) 6:00 Salford Mennonite Church Service Rebroadcast (CH2) 	³ Happy July 4 th 12:00 4th of July Buffet Business offices closed.	4 5 10:00 Croquet (Outside DM) 10:00 Rosary (Chapel) 3:00 Music w/ Jim Smith (CH2)
6 10:30 Sunday Service (CH) 7:00 Music w/ Jim Smith (CH2)	 7 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DOLibrary) 10:00 Water Volleyball (Pool) 10:30 Better Balance (RR) 11:00 Ladies Bible Study (DMCR) 1:30 Needles and Hooks (CCLobby outside the Bistro) 2:00 Cornhole (FA) 	8 7:30 Lab Services (By Appt)	Service Rebroadcast (CH2) 7:00 Biblical Language Bible Study (CR C)	 10 7:30 Lab Services (By Appt) 10:00 Aqua Fit (Pool) 10:00 Croquet (outside DM) 1:00 Chair Yoga (DMCR) 3:00 Prayer Together (CH) 6:00 Salford Mennonite Church Service Rebroadcast (CH2) 	 11 9:00 Hilltown Walmart [™] 10:00 Water Volleyball (Pool) 10:30 Stronger Together (RR) 11:00-2:00 SHADY HOLLOW FARM STAND (CC LOBBY) 1:00 Balance Booster (DMCR) 2:00 Music w/ Seth (Bistro Patio) 2:00 Bingo (DM Game Room) 	12 10:00 Croquet (Outside DM) 3:00 Music w/ Jim Smith (CH2)
13 10:30 Sunday Service (CH) 7:00 Music w/ Jim Smith (CH2)	 14 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DO Library) 10:00 Faith Walk (OC2) 10:00 Water Volleyball (Pool) 10:30 Better Balance (RR) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 	 15 7:30 Lab Services (By Appt) 8:30 Ladies Breakfast (FA) 9:30 Art Class (RR) 10:00 Aqua Balance (Pool) 10:00 Music and Drumming for Fitness (OC3) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE (Univest Bank Office on-site) 1:00 Stronger Together (DMCR) 3:00 Sunday Service Rebroadcast (CH2) 6:00 Croquet (outside DM) 	 9:00 Landis Market 10:00 DEVOTIONAL (CH2) 10:00 Water Volleyball (Pool) 1:30 Living U Kick-Off (FA) 3:00 Caregiver Support Group (CR B) 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 	 17 7:30 Lab Services (By Appt) 9:30 Rep Liz Hanbidge Aide (Bistro Lobby) 10:00 Aqua Fit (Pool) 10:00 Croquet (outside DM) 1:00 Chair Yoga (DMCR) 2:00 Willow Grove Park Part II (CH) 6:00 Salford Mennonite Church Service Rebroadcast (CH2) 	 18 10:00 Water Volleyball (Pool) 10:30 Stronger Together (RR) 11:00-2:00 SHADY HOLLOW FARM STAND (CCLobby) 1:00 Balance Booster (DMCR) 2:00 Bingo (DM Game Room) 2:00 Ice Cream Novelty Patio Party (Outside Bistro Porch) 	

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20 10:30 Sunday Service (CH) 7:00 Music w/ Jim Smith (CH2)	 21 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 10:00 Water Volleyball (Pool) 10:30 Better Balance (RR) 11:00 Ladies Bible Study (DMCR) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 Jefferson Health Outreach Program (CH) 	 10:00 Aqua Balance (Pool) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE (Univest Bank Office on-site) 1:00 Stronger Together (DMCR) 2:00 Pan Handlers Steel 	 23 10:00 DEVOTIONAL (CH2) 10:00 Aldi's Market/Kohls 1 10:00 Water Volleyball (Pool) 10:30 Stretch & Flex (RR) 10:30 Catholic Mass (CHAPEL) 4:00 RL Dine Around - The Metropolitan (Trip) 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 7:00 Biblical Language Bible Study (CR C) 	 24 7:30 Lab Services (By Appt) 9:00 Dutch Apple Dinner Theatre (Trip) 10:00 Aqua Fit (Pool) 10:00 Croquet (outside DM) 1:00 Chair Yoga (DMCR) 1:00 Grief Support Group (CR A/B) 3:00 Prayer Together (CH) 6:00 Salford Mennonite Church Service Rebroadcast (CH2) 	 25 10:00 Water Volleyball (Pool) 10:30 Stronger Together (RR) 11:00-2:00 SHADY HOLLOW FARM STAND (CCLOBBY) 1:00 Balance Booster (DMCR) 2:00 Bingo (DM Game Room) 	26 10:00 Croquet (Outside DM) 3:00 Music w/ Jim Smith (CH2)
27 10:30 Sunday Service (CH) 2:30 Amici Opera Co Donizetti's "The Elixir of Love" 7:00 Music w/ Jim Smith (CH2)	 28 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 10:00 Faith Walk (OC2) 10:00 Water Volleyball (Pool) 10:30 Better Balance (RR) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 Seated Chair Bingo (RR) 	 29 7:30 Lab Services (By Appt) 9:00 ShopRite Market 9:30 Art Class (RR) 10:00 Aqua Balance (Pool) 10:00 Music and Drumming for Fitness (OC3) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE (Univest Bank Office on-site) 1:00 Stronger Together (DMCR) 1:15 I.V. Library Movie (Trip) 2:00 Seated Chair Volleyball (FA) 3:00 Sunday Service Rebroadcast (CH2) 4:30 Wine in the Woods (Bistro Patio) 6:00 Croquet (outside DM) 	 30 10:00 DEVOTIONAL (CH2) 10:00 Water Volleyball (Pool) 10:30 Stretch & Flex (RR) 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 7:00 Biblical Language Bible Study (CR C) 	 31 7:30 Lab Services (By Appt) 10:00 Aqua Fit (Pool) 10:00 Croquet (outside DM) 1:00 Chair Yoga (DMCR) 6:00 Salford Mennonite Church Service Rebroadcast (CH2) 	Life Enrichment: Eileen Burks 215-368-4438, Extension 44121 Hearthside Bistro: 215-565-2407, Extension 52407 Christopher's: 215-565-2407, Extension 52407 (reservations) Pastoral Care: 215-368-4438, Extension 44227 or 44171 Wellness Nurse Maria Popp 215-368-4438, Extension 44158 Fitness & Aquatics: Tina Cook 215-368-4438, Extension 44153 Fitness and Aquatics Hotline, Info and Cancellations: Extension 50236 or dial 215-565-0236 Transportation items: 215-723-9881, Extension 42237	

Location Key: (By Appt/WC) = By Appointment/Wellness Center, (B) = Bistro, (CCLobby) = Community Center Lobby, (CDR) = Community Dining Room, (CH) = Derstine Chapel, (CR) = Conference Rooms A, B, C, (DMCR) = Dock Manor Community Room, (RR) = Dock Gardens Recreation Room, (DGGR) = Dock Gardens Game Room, (EC) = Education Center, (FA) = Fisher Auditorium, (FC) = Fitness Center, (HH) = Harmony House, (LB) = Library, (OC1)= Oakwood Court 1st Floor Great Room, (OC2) = Oakwood Court 2nd Floor Great Room, (OC3) = Oakwood Court 3rd Floor Great Room, (OCB) = Oakwood Court Basement, (OCDR) = Oakwood Court Dining Room, (P) = (P), (CH2) = Broadcasting on Channel 2 (in-house cable), (WC) = Wellness Center. The bus icon indicates there will be shuttle service for an event. Shuttle service for on-campus events begins 40 minutes before the event and includes two rounds at each entity. Indicates shopping trips. Indicates additional fee. Activities are subject to change based on resident need and scheduling. Everence appointments are held in the Univest Bank Office near the DG Library.