

## RESIDENTIAL LIVING CONTINUED...

### DUTCH APPLE DINNER THEATRE "WIZARD OF OZ"

THURSDAY, JULY 24

9:00 a.m. (TRIP)

The Living Branches coach will be traveling to Lancaster to enjoy the hot buffet and afternoon show, "Wizard of Oz." Follow the yellow brick road and the timeless tale about Dorothy, a farm girl from Kansas, who travels over the rainbow to the magical land of Oz only to find that there is no place like home. The price of this trip which includes the hot buffet, show, and transportation is \$87.30 per person. Sign up by calling or emailing Eileen Burks at 215-368-4438, extension 44121, or [eileen.burks@livingbranches.org](mailto:eileen.burks@livingbranches.org) the coach will begin to pick-up at each entity at 9:00 a.m. Approximate return to Dock Woods is 6:00 p.m.

### PERKIOMEN TOURS & TRAVEL - CHESAPEAKE CITY, MARYLAND - SCHAFERS CANAL HOUSE

WEDNESDAY, AUGUST 20, 2025

9:00 a.m. (TRIP)

Perkiomen Tours & Travel will board residents and guests at 9:00 a.m. at Fisher Auditorium ONLY. We will be traveling to Chesapeake City, MD to enjoy a 11:30 a.m. seafood buffet at Schafers Canal House. Come enjoy the many breath taking views of the C & D Canal and enjoy the buffet, comprised of a variety of scrumptious seafood dishes. We will enjoy the two hour Johnny Seaton Show, featuring the rockabilly artist, Johnny Seaton. The price of this trip is \$148.00 which includes motorcoach transportation, lunch, tax and gratuity for lunch, show, and Perkiomen driver gratuity. You will be billed on your statement after the trip. Sign up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or [Eileen.burks@livingbranches.org](mailto:Eileen.burks@livingbranches.org) Approximate return to Dock Woods is 5:00 p.m. Guests are welcome to join us on this fun summer day trip!

### LAKE GEORGE, NEW YORK 4 DAY-TRIP WITH DOCK WOODS

SEPTEMBER 16-19, 2025

Join us on Perkiomen Tours & Travel as we travel to Lake George, New York on September 16 to the 19. Brochures with the daily itinerary and pricing may be found in Eileen Burks' office. You will be able to make your reservations directly with Perkiomen Tours, and guests are welcome to join you. Some of the highlights are: Albany Capitol Tour, Lake George Lunch Cruise, Saratoga Springs, and the Museum at Bethel Woods, built on the site of the Woodstock 1969 concert, just to name a few. You don't want to miss this unforgettable adventure!! Sign-up now!!!

# DOCKET

## DOCK WOODS



Every May, Older Americans Month has been a time to recognize older American's contributions, highlighting aging trends, and serving older adults in our communities. The theme for Older Americans Month 2025 is "Flip the Script on Aging," which focuses on transforming how society perceives, talks about, and approaches aging. The goals are to challenge stereotypes and dispel misconceptions about aging, honor older adults' contributions to society, highlight the opportunities for purpose, and promote active engagement in communities. Join us this month at Dock Woods and learn how we may explore together many opportunities for staying active and engaged as we age. Some resources you may use to learn about all the activities each month are the Docket, Channel 2, and the resident portal. See how you may be transformed as you age!

### HISTORY OF WILLOW GROVE PARK PRESENTED BY RICHARD KARSCHNER

Join Richard Karschner in the Derstine Chapel at 2:00 p.m. on Monday, May 5 as he presents the history of Willow Grove Park. Come hear the music and see a power point presentation featuring 300 pictures about the park including some of the subjects: historical Willow Grove, the cultural amusements, hundred thousand dollar Sousa fountain, John Philip Sousa and Victor Herbert, and lasting memories, just to name a few. Also hear a virtuoso cornet solo of the period. A shuttle will pick up at each entity beginning at 1:20 p.m.

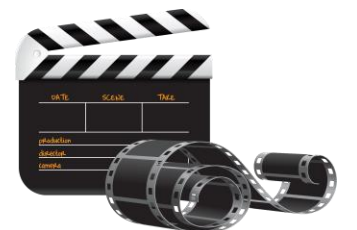
### MOTHER'S DAY TEA

*"Behind all your stories is always your mother's story, because hers is where yours begins." Mitch Albom*

You are invited to come and celebrate Mother's Day at the 2025 Mother's Day Tea at 2:00 p.m. on May 8 in the Fisher Auditorium. Don't forget to bring along your favorite tea cup or mug and enjoy a delicious dessert. We will enjoy an afternoon concert performed by the Dock Mennonite Academy "Chorale." Under the direction of Michelle Sensenig, this chorus includes students from ninth and tenth grade who will be singing some of the arrangements from their spring concert. Sign up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or [eileen.burks@livingbranches.org](mailto:eileen.burks@livingbranches.org). Seats are limited, so be sure to make a reservation. A shuttle will pick up at each entity beginning at 1:20 p.m.

### HOLLYWOOD MOVIES AND WWII: THE WAR YEARS PRESENTED BY HERB KAUFMAN

Come enjoy the 2:00 p.m. program presented by Herb Kaufman on Tues., May 20 in the Derstine Chapel. This program looks at many of the notable, interesting and more remarkable films that captured different aspects and perspectives of World War II. Beginning in the late 1930's Hollywood began to produce movies such as Charlie Chaplin's political satire, "The Great Dictator," conveying the turbulent political times. Hollywood produced a series of anti-Nazi films, and then after the attack on Pearl Harbor, the drama, comedy and the gravity of war with "Buck Privates," "Mrs. Miniver," and more! Hollywood banded together as never before and gave their time, money, and hearts to support the war. These movies provided patriotic images and encouraged all Americans in this time of great peril. This is a program you don't want to miss! A shuttle will pick up at each entity beginning at 1:20 p.m.



COMMUNITY EVENTS

SEATED CHAIR VOLLEYBALL  
FRIDAY, MAY 2  
2:00 p.m. (FA)

SHRED EVENT  
SATURDAY, MAY 3  
9:00 a.m. (FA Carport)

Residents are invited to bring unnecessary personal documents to the Fisher Auditorium entrance where the Titan shredding truck will be located. The Titan shredding truck is powerful; there is no need to remove staples, paper clips or file folders. The truck will not accept binder clamps, ring binders, hanging folders, or cardboard. The shredding is done on-site and is secure. There is no fee for this service and all shredded material is recycled.

NORTH PENN SINGERS  
TUESDAY, MAY 6  
7:00 p.m. (DERSTINE CHAPEL)

As we begin to celebrate Older Americans Month, you are invited to enjoy an evening concert with the North Penn Singers. This 18 member choir under the artistic direction of Sonia Bancroft will be singing a variety of songs from the movies. This chorus was founded years ago by Alvin Schmidt, who started the Alvin Schmidt Scholarship Fund, and these few members continue to keep the legacy of the choir going. Following the concert a donation will be received. A shuttle will pick up at each entity beginning at 6:20 p.m.

MEN’S BREAKFAST  
FRIDAY MAY 9  
8:00 a.m. (FA)

This month we have invited Michael Weiss, the community

liaison from Liberty Ministries to be our guest speaker. Mike will be speaking about the mission of Liberty Ministries which was established in 1979, and how they exist to “proclaim liberty to the captives,” and serve those recently released. He will talk about the services offered and the value of the Liberty Ministry Thrift Stores, followed by one of the current residents sharing their testimony. Following the presentation a DONATION will be collected. Please make your reservations with Eileen Burks by calling or emailing her at 215 368-4438, extension 44121 or [Eileen.burks@livingbranches.org](mailto:Eileen.burks@livingbranches.org) The price of the breakfast is \$8.50 per person plus tax. Ladies are welcome to hear the presentation at 8:30 a.m.

R & B REMEMBERED – CLASSIC  
MOTOWN & SOUL HITS FROM  
THE 50’S-70’S – MUSIC WITH  
SETH  
FRIDAY, MAY 9  
2:00 p.m. (BISTRO LOBBY)

Instead of spending your Friday afternoon just *Sittin’ on the Dock of the Bay* wasting time, why don’t you *Hit the Road Jack* and bring your *Sugar Pie Honeybunch* down to the Bistro and check out *What’s Goin’ On?* What’s going on is that we’ll be coming together to sing and play some of the best Motown, soul, and R&B from the 1950s-70s. Me and *My Girl* love these classic hits, and we think you will too! We’ll learn a little bit about the artists behind the songs as we enjoy the hits they made famous. And who knows, if the weather’s nice enough and the mood strikes us, we might even get folks *Dancin’*

*in the Street!* We’ll have time for requests to be taken from our “musical menu” of different musical styles, so come ready to pick your favorite style of song to play.

INTRO TO DOCK VILLAGE  
PRESENTATION  
MONDAY, MAY 12  
2:00 p.m. (FA)

Mark your calendars and come and meet Rachel Markley, Resident Service Coordinator at Dock Village, at 2:00 p.m. in the Fisher Auditorium. Rachel will talk about what her job entails and will be sharing the background of Dock Village. Learn about what initiatives and upcoming events have been planned. Rachel would like to hear what interest you might have volunteering and being a support with the families that reside at Dock Village. A shuttle will pick up at each entity beginning at 1:20 p.m.

MUSIC & DRUMMING FOR  
FITNESS  
TUESDAY, MAY 13 & 27  
10:00 a.m. (OC3)

Bring a friend and join PC residents on the third floor of Oakwood Court for an exciting 30 minutes of seated drumming, set to fun and energetic music! The group will drum to songs by Bill Haley, and the Comets, Neil Diamond, and more! Drumming to music is an excellent way to work out while having fun with your friends.

RESIDENT BIRTHDAYS AND UPDATES

This page was removed to protect the privacy of our residents.



RESIDENTIAL LIVING TRIPS

DUTCH APPLE DINNER  
THEATRE  
THURSDAY, MAY 1  
9:00 a.m. (TRIP)

The Living Branches coach will be transporting residents with reservations to Lancaster to enjoy the hot buffet and afternoon show, FIDDLER ON THE ROOF. The coach will pick up at each entity beginning at 9:00 a.m. Approximate return home to Dock Woods is 6:00 p.m.

PERKIOMEN TOURS & TRAVEL  
JIM THORPE, PA PENN'S PEAK  
FEATURING: "THE PATSY CLINE  
TRIBUTE SHOW"  
WEDNESDAY, MAY 7  
9:15 a.m. (TRIP)

Pick-up for residents with reservations on the Perkiomen Tours & Travel coach for the "Patsy Cline Tribute Show" is at 9:15 a.m. on Wednesday, May 7. ALL residents will be picked up at the Fisher Auditorium entrance ONLY! Approximate return to Dock Woods is 5:00 p.m.

RL DINE AROUND  
THE FARM HOUSE  
RESTAURANT  
THURSDAY, MAY 22  
4:30 p.m. (TRIP)

The Living Branches coach will be traveling to Skippack to enjoy dinner at the 5:30 p.m. reservation at The Farm House Restaurant. You will be seated at tables of 4 & 6 and receive separate checks. Sign up with Eileen Burks by calling or emailing her 215-368-4438, extension 44121, or

[Eileen.burks@livingbranches.org](mailto:Eileen.burks@livingbranches.org)  
The coach will pick-up at each entity beginning at 4:30 p.m.

LEHIGH VALLEY IRON PIGS  
BASEBALL GAME  
FRIDAY, MAY 23  
5:00 p.m. (TRIP)

The Living Branches coach will be transporting residents with reservations to Allentown to enjoy the 7:05 p.m. baseball game with the Lehigh Valley Iron Pigs vs. the Buffalo Bisons (Toronto Blue Jays). Upon arrival, there will be time to purchase food and beverage. (NO CASH – credit cards only). After the game there will be a spectacular fireworks display. There are seats available and the price of this trip is \$23.50 per person, which includes the game ticket and transportation. Sign-up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or [Eileen.burks@livingbranches.org](mailto:Eileen.burks@livingbranches.org) The coach will pick up at each entity beginning at 5:00 p.m.

INDIAN VALLEY PUBLIC  
LIBRARY  
MOVIE: "HERE"  
TUESDAY, MAY 27  
1:15 p.m. (TRIP)

The Living Branches coach will be transporting residents to the Indian Valley Public Library to enjoy the 2:00 p.m. movie, "HERE," This 2024 American drama stars Tom Hanks, Robin Wright, Paul Bettany, and Kelly Reilly. "Here" is about multiple generations of couples and families that inhabit the same home over a course of a century,

and is told in a nonlinear fashion. It is divided into multiple panes, presenting events from different time periods simultaneously. The price of this trip is \$3.50 per person for transportation. Sign up with Eilen Burks by calling or emailing her at 215-368-4438, extension 44121, or [Eileen.burks@livingbranches.org](mailto:Eileen.burks@livingbranches.org) The coach will pick up at each entity beginning at 1:15 p.m.

OCEAN CITY, NEW JERSEY  
DAY TRIP  
THURSDAY, JUNE 26  
8:00 a.m. (TRIP)

The Living Branches coach will be traveling to Ocean City, NJ to enjoy a day trip to the beach and to enjoy walking on the boardwalk. Enroute, the coach will make a rest stop, and upon arrival the coach will drop us off on 8<sup>th</sup> street at the Music Pier entrance. We will depart for home at 4:00 p.m. and arrive at Dock Woods at approximately 7:00 p.m. The price of this trip is \$18.50 per person for transportation. Please make your reservations with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or [Eileen.burks@livingbranches.org](mailto:Eileen.burks@livingbranches.org) The coach will pick up at each entity beginning at 8:00 a.m.

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COMMUNITY EVENTS

PENN VIEW BRASS BAND  
TUESDAY, MAY 13  
7:00 p.m. (DERSTINE CHAPEL)

You are invited to attend the evening concert at 7:00 p.m. in the Derstine Chapel with the Penn View Brass Band. This 30 member authentic British-style brass band is based out of Norristown and was formed in 2008 by Jim O'Donnell and John Shaw. Come and enjoy the music performed by some of the most experienced brass instrumentalists in the Philadelphia Area. Following the concert a DONATION will be received. A shuttle will pick up at each entity beginning at 6:20 p.m.

RL MAY BIRTHDAY  
CELEBRATION  
WEDNESDAY, MAY 14  
2:00 p.m. (FA)

ALL residential living residents are invited to attend the monthly birthday celebration. If you are a May birthday celebrant, please call or email Eileen Burks at 215-368-4438, extension 44121 or [Eileen.burks@livingbranches.org](mailto:Eileen.burks@livingbranches.org) by Tuesday, May 13 if you plan to attend and receive your birthday plant. This month we have invited vocalist, Sheila Milz as the afternoon birthday entertainer. A shuttle will pick up at each entity beginning at 1:20 p.m.

AMICI OPERA COMPANY  
SUNDAY, MAY 18  
2:30 p.m. (DERSTINE CHAPEL)

You are invited to join Artistic Director and founder of Amici Opera Company, Ralph Tudisco, in the Derstine Chapel at 2:30 p.m. for the afternoon concert. This month enjoy "What's The Matta You"

concert instead of the monthly opera. This concert is an Italian concert. Residents of Living Branches receive free admission with their ID badge. There is a fee charged for guests at the sign-in table located in the Derstine Chapel porch hallway entrance.

JEFFERSON HEALTH OUTREACH  
MONDAY, MAY 19  
2:00 p.m. (DERSTINE CHAPEL)

Please join a member of the Outreach Team from Jefferson Health for this month's topic, "PREVENT A STROKE!" Stroke is the number 1 cause of disability in the US! Most strokes are preventable! Learn the steps you can take to prevent a stroke! A shuttle will pick up at each entity beginning at 1:20 p.m.

LUKENS CONCERT BAND  
WEDNESDAY, MAY 21  
7:00 p.m. (DERSTINE CHAPEL)

The Lukens Concert Band of Coatesville will be performing at 7:00 p.m. in the Derstine Chapel on May 21. The Band is under the Artistic Direction of Richard Albright and has been bringing the joy of music to Southeastern PA and surrounding areas since 1911. The Lukens Concert Band is a community band comprised of 50 musicians, and it benefits from the support of the Huston Foundation and The Stewart Huston Charitable Trust. Following the concert a DONATION will be received. A shuttle will pick up at each entity beginning at 6:20 p.m.

WINE IN THE WOODS  
TUESDAY, MAY 27  
4:30 p.m. (CHRISTOPHER'S)

Wear your red, white and blue and come celebrate Memorial Day at this month's Wine In The Woods social. Just a reminder that this is a BYOB wine/social hour. Bring your own wine and take your remaining wine home after the social. Wine glasses will be available for you along with other beverages. Appetizers will be available for you to eat and enjoy. Please make your reservations with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or [Eileen.burks@livingbranches.org](mailto:Eileen.burks@livingbranches.org)

2025 TALENT SHOW  
REBROADCAST  
THURSDAY, MAY 29  
2:00 p.m. (DERSTINE CHAPEL)

Join us in the Derstine Chapel at 2:00 p.m. on Thursday, May 29 as we broadcast on the large screens, the 2025 Talent Show, "Timeless Treasures." Relive the memories that were made, and enjoy the afternoon! A shuttle will pick up at each entity beginning at 1:20 p.m. Invite your neighbor to join you!

SEATED CHAIR VOLLEYBALL  
FRIDAY, MAY 30  
2:00 p.m. (FA)

REPORTS

FUND DEVELOPMENT

Employer Matching Gifts

Every year we receive a few matching gifts from residents and family members who have a connection with an employer or previous employer, who offers a matching plan to their employees or retirees. If you are one of those thoughtful donors, thank you for going the extra mile and including us in your annual plan for contributions. There may be more of you who could be using this benefit to double your donations. If you are aware of local or regional companies that have a matching gift program, please notify:

- Colin Ingram, Associate Director of Development, at ext. 44304.

Honoring Our Legacy Giving Donors

All Legacy Giving donors will be honored at a special Legacy Giving Luncheon on Wednesday, May 14, 2025 at 12 noon at Souderton Mennonite Homes in the SMH Friendship Rooms, or Thursday, May 15 and Thursday, May 29, 2025 at 12 noon, at Dock Woods in Fisher Auditorium. Invitations were mailed in mid-April. If you are interested in learning about or becoming a Legacy Giving donor, please contact Colin Ingram at 215-368-4438 ext. 44304.

ACORN SHOP

Check out the new spring items. Purses, jewelry and candles all 25% off. Gift Certificates for any amount are available at the shop as well. The Acorn Shop hours are Monday through Friday, 9:30 a.m. to 3:30 p.m. and Saturday, 1:00 to 4:00 p.m.

NOOK SHELF

Be sure to stop at the Nook Shelf located outside of the Acorn Shop to see what awesome thrift items are on sale. Please pay for these items in the Acorn Shop. If the Acorn Shop is closed, you may pay with exact change or check made out to Dock Woods and hand in at the Welcome Center. Check the TV in the hallway and/or the binder on the Nook Shelf to see what furniture items we have available for sale.

GIFTS & TREASURES SHOP

Stop by daily to see new items! Please, do not hesitate to check this out!! Jewelry and purses are 50% off. The residents, with a birthday this month will get 50% off per one item, (furniture not included). Gift and Treasure Shop hours are Monday through Friday, 1:00 to 3:00 p.m. and Saturday, 1:00 to 4:00 p.m.



DOCK STEWARDS

The theme for this year’s EARTH DAY focused on renewable energy. Fossil fuels are killing our planet. There are many things we can do in our daily living to save energy and natural resources, but we need to do more. Contacting our local, state, and federal representatives and asking them to SUPPORT RENEWABLE ENERGY can be very effective. All of us need to help. More info coming soon.

LIVING U UPDATE FOR MAY 2025

People enjoy learning about a wide range of topics with Living U, the Living Branches lifelong learning institute. This month we are looking forward to hearing and seeing presentations about musical compositions that feature animals (May 6 and May 13), United States license plate history (May 7), the wondrous world of bats (May 16), and the Sundance kid (May 22). We will also enjoy a tour, concert, and tea at St Philip’s Orthodox Church (May 15) and create a summer flowering container (May 20). For more information, please contact Maribeth Benner, Living U Coordinator, at extension 44204.

SARA SPOTLIGHT

Where can I use my SARA device?

Your SARA device works anywhere on campus - both indoors and outdoors. It works in your home, in stairwells, in garages, in the parking lots, and along the walking paths.

REPORTS CONTINUED....

Are the pendants waterproof? Yes  
The pendant can be worn in the shower and can be submerged to a depth of three meters

WELLNESS CENTER

The walk-in Wellness Clinic is open daily Monday through Friday from 8:45-10:45 a.m. and on the 2nd and 4th Friday of the month from 1:30-3:30 p.m. or by appointment at any other time. You can schedule a time to see Maria during her normal office hours of 7:00 a.m. to 3:30 p.m. Monday through Friday. Grandview Hospital Lab Services are available by appointment only for residents of Dock Acres, Dock Gardens, the Villas and residents of Dock Manor who have joined the Wellness Center.

Please bring your lab and any therapy orders to Maria Popp in the Wellness Center at least 48 business hours before your requested appointment. Labs are drawn Mondays at 9:00 a.m., Tuesdays at 7:30 a.m. and Thursdays at 7:30 a.m. in the Wellness Center Clinic. To make an appointment with the following doctors, please inform them that you will be seen at Dock Woods.

Dr. Alexandra Parish and Dr. Stephanie Varghese  
Montgomery Podiatry  
Call: 215-361-5769 to schedule

Brigitte Harken, CRNP,  
TriValley Primary Care  
Call: 215-723-7833 or Call Maria, the RL nurse, if you need to see Brigitte urgently.

Dr. Madelynn Petrancuri and Dr. Holly Forst  
Live Better Hearing + Balance (Associates in Hearing)  
Call: 215-855-4217

Dr. Adam Millis, Optometrist  
Health Drive 888-964-6681  
Jennifer LeBlanc, Massage Therapist  
484-680-2372 to make an appointment

VOLUNTEERS

Just a reminder to please make sure you are logging your volunteer hours! There are a few ways you can do that. You can handwrite your hours in one of our logbooks around campus, you can enter them online through VicNet, our online volunteer tracking system, or you can call them in to the volunteer office or leave a note under the volunteer office door. This helps us to recognize you for your service as well as helping Living Branches keep it’s not-for-profit status. Feel free to call Jennifer Wilson at extension 44189 if you have any questions or need help getting caught up on your hours.

PASTORAL CARE

As the season shifts and the world begins to bloom again, it’s a reminder that new life is possible—even after long seasons of waiting, uncertainty, or pain. But stepping into the “new” can be scary. The unknown can make us hesitate. Fear whispers, “what if you fail?” Or “what if you’re not enough?”

But scripture reminds us: “God has not given us a spirit of fear, but of power, love, and a sound mind” (2 timothy 1:7). We don’t walk into new seasons alone. We walk with a God who goes before us, walks beside us, and carries us when we’re weak.

This month, as flowers bloom and the days grow longer, let it be a symbol of what God is doing in you. He’s not asking you to be fearless—He’s asking you to lean on Him. Let Him carry your anxieties. Let Him steady your heart. Let Him lead you into the best that’s ahead.

You don’t have to figure it all out. You just have to say yes. Yes to trusting. Yes to growing. Yes to springing forward—into purpose, promise, and peace.

Because with God, the best isn’t behind you. It’s just beginning.

Christian Winters  
Pastor