

# DOCKET

## DOCK WOODS

### WELLNESS CENTER

The walk-in Wellness Clinic is open daily Monday through Friday from 8:45-10:45 a.m. and on the 2nd and 4th Friday of the month from 1:30-3:30 p.m. or by appointment at any other time. You can schedule a time to see Maria during her normal office hours of 7:00 a.m. to 3:30 p.m. Monday through Friday. Grandview Hospital Lab Services are available by appointment only for residents of Dock Acres, Dock Gardens, the Villas and residents of Dock Manor who have joined the Wellness Center. Please bring your lab and any therapy orders to Maria Popp in the Wellness Center at least 48 business hours before your requested appointment. Labs are drawn Mondays at 9:00 a.m., Tuesdays at 7:30 a.m. and Thursday at 7:30 a.m. in the Wellness Center Clinic. To make an appointment with the following doctors, please inform them that you will be seen at Dock Woods.

Dr. Alexandra Parish and Dr. Stephanie Varghese  
Montgomery Podiatry  
Call: 215-361-5769 to schedule

Brigitte Harken, CRNP  
TriValley Primary Care  
Call: 215-723-7833 or Call Maria, the RL nurse, if you need to see Brigitte urgently.

Dr. Madelynn Petrancuri and Dr. Holly Forst  
Live Better Hearing + Balance (Associates in Hearing)  
Call: 215-855-4217

Dr. Adam Millis, Optometrist  
Health Drive 888-964-6681

Jennifer LeBlanc, Massage Therapist  
484-680-2372 to make an appointment

### BOCCE

Bocce season is fast approaching and that means there is an opportunity for some Bocce fun! The registration is for your team to play against another team utilizing a round-robin format. Each team consists of two players (if you don't have a partner to play with, another player looking for a partner will be partnered with you). It is a great way to meet fellow residents and have some fun. Each match consists of two games. Your team, along with the opposing team, will determine when you play. Registering early allows us to start scheduling round-robin play. If you have any questions, need more info or wish to register, please contact Cliff Heizmann at 267-663-6771 or email [cliffandcaroline@gmail.com](mailto:cliffandcaroline@gmail.com). If you are unfamiliar with Bocce, call Cliff and he will make arrangements to familiarize you with the game.



### HYMN SING WITH ROMA AND FRIENDS

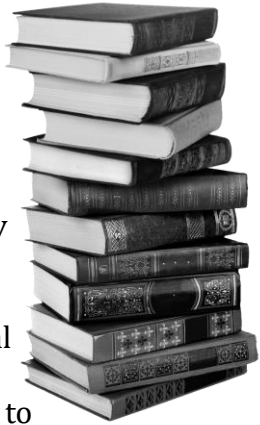
TUESDAY, APRIL 1 2:00 p.m. (FISHER AUDITORIUM)

By request, we have invited pianist Roma Schankweiler and her guest musicians for a one-hour hymn sing in the Fisher Auditorium at 2:00 p.m. on April 1. Guest musicians are Bill Kuhfuss, Perry Townsend, Ken Kriebel, and Ray Stephano. Bob Krauss, Jr. will announce the hymn requests. This hymn sing will include everyone's favorites hymns, and we will all sing together. A shuttle will pick up at each entity beginning at 1:20 p.m.

### BOOKS R FUN BOOK FAIR

MONDAY, APRIL 7 11:00 a.m. – 2:00 p.m. (FISHER AUDITORIUM)

Books R Fun Book Fair will be set-up in the Fisher Auditorium for your shopping convenience of books and gifts, just in time for spring and Easter gift giving on Monday, April 7. There will be a selection of children's books, cookbooks, inspirational books, seasonal cards, and a variety of novelty gifts and toys for sale at discounted prices. Cash, credit, debit cards, Venmo, and Google Wallet are all accepted. A rebate from the total sales will benefit new purchases for the Dock Woods library. Friends and family are invited to come and enjoy shopping with you in the convenience of your home!



### EASTER CANTATA

WEDNESDAY, APRIL 16

2:00 p.m. (DERSTINE CHAPEL)

You are invited to attend the Dock Woods Choir Easter Cantata on Wednesday, April 16 at 2:00 p.m. in the Derstine Chapel. The Dock Woods Choir, under the direction of Bill Kuhfuss, will present "The Joy Awaiting" by Ken Parker and Bob Krogstad. Guest soloist is Tina Hershberger, accompanied by Beth Casmus at the piano. An offering will be received following the concert. A shuttle will pick up at each entity beginning at 1:20 p.m.

### PASS THE GARUM! A CULINARY JOURNEY THROUGH ANCIENT EGYPT and the MEDITERRANEAN PART II

Mark your calendar for April 24 at 2:00 p.m. and join Dr. Stephen R. Phillips, the curatorial research coordinator from the Egyptian section of the Penn Museum of Archaeology and Anthropology, in the Derstine Chapel. Dr. Phillips specializes in the analysis of ancient Egypt in an effort to reveal what it was like to actually be an ancient Egyptian. In part two of this lecture we will continue to learn about the diet of the ancient Egyptians, and what we know and how we know it based on archaeology. We will learn how many of Egypt's food groups eventually spread into the Mediterranean world of ancient Greece and Rome. The diet of the ancients was far more varied than you might think. Find out what garum is. A shuttle will pick up at each entity beginning at 1:20 p.m.

## COMMUNITY EVENTS

**SEATED CHAIR VOLLEYBALL**  
**WEDNESDAY, APRIL 2**  
**2:00 p.m. (FA)**

**DA/DG/VL/DM QUARTERLY**  
**RESIDENT MEETING**  
**TUESDAY, APRIL 8**  
**2:00 p.m. (DERSTINE CHAPEL)**

The quarterly resident meeting will be in the Derstine Chapel at 2:00 p.m. It will be recorded and re-broadcast that week. An agenda will be distributed prior to the meeting. If you have an agenda item please contact Deborah Bell at 215-368-4438 extension 44110. A shuttle will pick up at each entity beginning at 1:20 p.m.

**RL APRIL BIRTHDAY**  
**CELEBRATION**  
**WEDNESDAY, APRIL 9**  
**2:00 p.m. (FA)**

ALL Residential Living residents are invited to attend the monthly birthday celebration. If you are an April birthday celebrant, please call or email Eileen Burks at 215-368-4438, extension 44121, or [Eileen.burks@livingbranches.org](mailto:Eileen.burks@livingbranches.org) by Tuesday, April 8 if you plan to attend and receive your birthday plant. This month we have invited vocalist Lorri Woodward as the afternoon birthday entertainer. A shuttle will pick up at each entity beginning at 1:20 p.m.

**CANDY CRAFTERS**  
**EASTER CANDY SALES**  
**THURSDAY, APRIL 10**  
**10:00 a.m. – 3:00 p.m.**  
**(CC LOBBY)**

It's time to fill your Easter baskets and see what variety of candies and gifts that Bev Nace from Candy Crafters has brought for sale this spring! Bev will be located in the Community Center Lobby. You will

find many selections of homemade candies and gifts to choose from, at very reasonable prices. Checks and cash are accepted. A portion of the total sales will benefit the Sharing Fund.

**“MEET THE JUDGE” CIVICS 101**  
**THURSDAY, APRIL 10**  
**2:00 p.m. (FA)**

Please join Magisterial District Judge Edward Levine in the Fisher Auditorium at 2:00 p.m. as he will be updating and explaining the State Judicial System and what the local courts handle. Judge Levine will also be sharing some interesting stories and anecdotes he has seen in court. The Judge's district covers Lansdale, Towamencin and parts of Hatfield Borough. Following the presentation there will be some time for Q & A with the Judge. A shuttle will pick up at each entity beginning at 1:20 p.m.

**MEN'S BREAKFAST**  
**FRIDAY, APRIL 11**  
**8:00 a.m. (FA)**

This month the guest speaker is J. Mark Frederick, a resident who resides with his wife Emma in Dock Acres. J. Mark will be speaking about *Two Births and a Commission*. In this presentation he will be highlighting several significant events that took place in his life. These events have shaped and formed who J. Mark is today. He hopes to share some good and not so good experiences that were essential to his formation. J. Mark is still in the formation stage and all of you who will be attending the men's breakfast will also be a part of that stage. Thank you for helping him on his journey! Make your reservations with Eileen Burks by

calling or emailing her at 215-368-4438, extension 44121, or [Eileen.burks@livingbranches.org](mailto:Eileen.burks@livingbranches.org). The price of the breakfast is \$8.50 per person plus tax. Ladies are welcome to hear the presentation at 8:30 a.m.

**“SOUNDS of SPRINGTIME” –**  
**MUSIC WITH SETH**  
**FRIDAY, APRIL 11**  
**2:00 p.m. (CC LOBBY)**

Come and share the joy of Springtime in song! Songs of Easter, springtime, and sunshine will brighten your spirits and lift your hearts. We will also have time for requests to be taken from our “musical menu” of various musical styles, so come ready to pick your favorite style of song to play. All are welcome to join in. No musical experience or skills required!!

**LADIES BREAKFAST**  
**TUESDAY, APRIL 15**  
**8:30 a.m. (FA)**

This month the Ladies Breakfast Committee has invited Pastor Christian Winters as our guest speaker. Pastor Winters wrote a book called the “Soul of Sarah,” after he eulogized his mother, and will be speaking from that book. He will cover the importance of women embracing God-given purpose besides being wives and mothers. God has given women two wombs. The most important one is the power of her mind to bring vision, color, and clarity to our world. Abraham, the Father of faith, ultimately could not accomplish anything without Sarah. She would be the one that would birth the vision God had given him. The price of the breakfast is \$8.75 per person plus tax. Please make your reservation

## RESIDENT BIRTHDAYS AND UPDATES

This page has been deleted to protect the privacy of our residents.



**SERVICE OF REMEMBRANCE**  
**TUESDAY, APRIL 29**  
**2:00 p.m. (DERSTINE CHAPEL)**

Please join us on Tuesday, April 29, 2025 at 2:00 p.m. in the Derstine Chapel for our Service of Remembrance. This is a time for us to stop and take a moment to remember those residents who have passed in the last six months. Our service will include life sketches, scriptures, readings and singing. Come and take a moment to honor our friends who are no longer with us.



## RESIDENTIAL LIVING TRIPS

### **HUNTERDON HILLS PLAYHOUSE THURSDAY, APRIL 3 9:00 a.m. (TRIP)**

The Living Branches coach will be transporting residents with reservations to Hampton, NJ to enjoy the served lunch and afternoon show, SWING, THE MUSICAL. The coach will pick up at each entity beginning at 9:00 a.m. Approximate return home to Dock Woods is 5:15 p.m.

### **RL DINE AROUND- YELLOW HOUSE HOTEL WEDNESDAY, APRIL 23 4:00 p.m. (TRIP)**

The Living Branches coach will be travelling to Douglasville, PA to enjoy the 5:30 p.m. reservation at the Yellow House Hotel. You will be seated at tables of 4 or 6 and receive separate checks with the gratuities added in. There will be limited menus to select from and if paying with cash please bring smaller bills. Sign up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or [Eileen.burks@livingbranches.org](mailto:Eileen.burks@livingbranches.org). The coach will pick up at each entity beginning at 4:00 p.m.

### **INDIAN VALLEY PUBLIC LIBRARY MOVIE: MILLION DOLLAR ARM TUESDAY, APRIL 29 1:15 p.m. (TRIP)**

The living Branches coach will be transporting residents to the Indian Valley Public Library to enjoy the 2:00p.m. movie, "Million Dollar Arm". This 2014 film is about J.B. Bernstein (played by Jon Hamm), a struggling sports agent who, looking for a breakthrough, conducts a contest in India to find potential baseball prospects. It's based on a true story about Rinku Singh and Dinesh Patel, teenage

novices who eventually signed minor league contracts with the Pittsburgh Pirates. The price of this trip is \$3.50 per person for transportation. Sign up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or [Eileen.burks@livingbranches.org](mailto:Eileen.burks@livingbranches.org). The coach will pick up at each entity beginning at 1:15 p.m.

### **NORTH PENN HIGH SCHOOL DRESS REHEARSAL "CHILDREN OF EDEN" SPRING MUSICAL WEDNESDAY, APRIL 30 12:15 p.m. (TRIP)**

The Living Branches coach will be transporting residents to the North Penn High School to enjoy the 1:00p.m. dress rehearsal "CHILDREN OF EDEN" – SPRING MUSICAL. The price of this trip is \$5.80 per person. Sign-up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or [Eileen.burks@livingbranches.org](mailto:Eileen.burks@livingbranches.org). Just a reminder that at the dress rehearsal there is an intermission. The coach will pick up at each entity beginning at 12:15 p.m.

## UPCOMING TRIPS

### **LEHIGH VALLEY IRON PIGS BASEBALL GAME FRIDAY, MAY 23 5:00 p.m. (TRIP)**

The Living Branches coach will be traveling to Allentown, PA to enjoy the 7:05 p.m. baseball game with the Lehigh Valley Iron Pigs vs. the Buffalo Bisons (Toronto Blue Jays). Upon arrival, there will be time for you to purchase food and beverage. (NO CASH – credit cards only). After the game there will be a spectacular fireworks display. The

price of this trip is \$23.50 per person, which includes the game ticket and transportation. Sign up with Eileen Burks by calling or emailing her at 215 368- 4438, extension 44121, or Eileen. [Burks@livingbranches.org](mailto:Burks@livingbranches.org). The coach will pick up at each entity beginning at 5:00 p.m.

### **OCEAN CITY, NEW JERSEY DAY TRIP THURSDAY, JUNE 26 8:00 a.m. (TRIP)**

The Living Branches coach will be traveling to Ocean City, N.J. to enjoy a day trip to the beach and enjoy walking on the boardwalk. En-route, the coach will make a rest stop, and upon arrival the coach will drop us off on 8<sup>th</sup> Street at the Music Pier entrance. At 4:00 p.m. we will depart for home and arrive at Dock Woods at approximately 7:00 p.m. The price of this trip is \$18.50 per person for transportation. Please make your reservations with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or [Eileen.burks@livingbranches.org](mailto:Eileen.burks@livingbranches.org). The coach will pick up at each entity beginning at 8:00 a.m.



## COMMUNITY EVENTS

with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or [Eileen.burks@livingbranches.org](mailto:Eileen.burks@livingbranches.org). Men are welcome to hear the presentation at 9:00 a.m. A shuttle will pick up at each entity beginning at 7:50 a.m.

### **MUSIC AND DRUMMING FOR FITNESS TUESDAY, APRIL 15 & 29 10:00 a.m. (OAKWOOD COURT 3<sup>rd</sup> FLOOR)**

Bring a friend and join PC residents on the 3<sup>rd</sup> floor of Oakwood Court for an exciting 30 minutes of seated drumming set to fun and energetic music! The group will drum to songs by Bill Haley & His Comets, Neil Diamond, and more! Drumming to music is an excellent way to work out while having fun with your friends.

### **MAUNDY THURSDAY SERVICE & COMMUNION THURSDAY, APRIL 17 2:00 p.m. (DERSTINE CHAPEL)**

Come to the Chapel to experience "The Way of the Cross." This service is based on the stations of the cross. At each "station" we will hear the reflections of the Centurion who commanded the guards the day Jesus was crucified. We hope that in this service you will experience Christ's passion in a new way and that we will rediscover the depth of his selfless love for us all.

### **JEFFERSON HEALTH OUTREACH MONDAY, APRIL 21 2:00 p.m. (DERSTINE CHAPEL)**

Please join a member of the outreach team from Jefferson Health for this month's topic, "What's that Therapy?" Learn

about your therapy options that may enhance your quality of life! (Physical Therapy, Occupational Therapy, Speech, Massage, Psychotherapy, Aromatherapy, pet therapy, etc.) A shuttle will pick up at each entity beginning at 1:20 p.m.

### **EARTH DAY DEMO-OUR PLANET. OUR CHOICE. OUR POWER. TUESDAY, APRIL 22 & WEDNESDAY, APRIL 23 11:30 a.m. – 1:00 p.m. (CC LOBBY & DM LOBBY)**

Join us for the Dock Stewards Committee's 2025 Earth Day Presentation. Learn vital tips on saving energy, saving our planet's natural resources, and becoming Great Stewards. Our presentations will be on Tuesday, April 22 in the Community Center Lobby and on Wednesday, April 23, in the DM Lobby. Times on both days are 11:30 a.m. to 1:00 p.m. **FREE** Living Branches cloth shopping bags will be handed out.

### **CORNHOLE TUESDAY, APRIL 22 2:00 p.m. (FA)**

### **SEATED CHAIR VOLLEYBALL FRIDAY, APRIL 25 2:00 p.m. (FA)**

### **AMICI OPERA COMPANY SUNDAY, APRIL 27 2:30 p.m. (DERSTINE CHAPEL)**

You are invited to join artistic director and founder of Amici Opera Company, Ralph Tudisco, in the Derstine Chapel at 2:30p.m. for the afternoon opera. This month enjoy **Donizetti's "Lucia Di Lammermoor,"** a fully staged opera in costume. Residents of Living Branches receive free admission with their ID badge.

There is a fee charged for guests at the sign-in table located in the Derstine Chapel porch hallway entrance.

### **"APRIL BLOSSOMS" SEATED CHAIR BINGO MONDAY, APRIL 28 2:00 p.m. (RR)**

PRIZES! PRIZES! PRIZES! Let your friends know and come and enjoy "APRIL BLOSSOMS" seated chair bingo. Enjoy a variety of bingo games on a new bingo sheet per game. Don't forget to bring along a marker or pencil, and a book to place your bingo sheet on. Please make your reservation by calling or emailing Eileen Burks at 215-368-4438, extension 44121, or [Eileen.burks@livingbranches.org](mailto:Eileen.burks@livingbranches.org)

### **WINE IN THE WOODS TUESDAY, APRIL 29 4:30 p.m. (CHRISTOPHER'S)**

It is baseball season, and time to pull out and wear your favorite baseball attire at this month's Wine in the Woods Social. Just a reminder that this is a BYOB wine/social hour. Bring your own wine and take home your remaining wine after the social. Wine glasses will be available for you along with other beverages. Appetizers will be available for you to eat and enjoy. Please make your reservations with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or [Eileen.burks@livingbranches.org](mailto:Eileen.burks@livingbranches.org).

REPORTS

SARA SPOTLIGHT

**Reminder** - SARA is for emergency situations

**What should I do with my pendant when I go off campus overnight?**

If you are going away overnight, you should leave your pendant in your home. The SARA pendant will not work off campus

**If you forget to leave it at home please do not leave you SARA device in your car. The extreme temperatures can potentially render the device inoperable.**

FUND DEVELOPMENT

**Planned Giving – Income and tax savings for you now, and support for Living Branches now and later**

Your gifts can make a difference, and your giving can benefit you! Here are 5 ways:

- 1) QCDs are more popular than ever: If you need to take Required Minimum Distributions (RMDs) AND you make regular charitable gifts, a Qualified Charitable Distribution (QCD) may be the best way for you to give. A QCD is given directly from your IRA to charitable organizations like Living Branches. It takes the place of the RMD and saves you from paying taxes on that portion.
- 2) Gift of Securities – Giving stock or mutual funds that have risen in value is a tax-wise way to give. You avoid taxes by gifting the stock AND you receive a charitable deduction for the full value.
- 3) Life Insurance Gift – Transform an old or unneeded life insurance policy by making a gift of the cash balance to support a charity.
- 4) A Gift that Gives Back – Establish a charitable gift annuity and you can realize a steady stream of payments to you and know that you will be making a profound impact on the mission of Living Branches.
- 5) Gifts through your Will – Make a gift to support our work that costs you nothing today. Provide for your loved ones first and then the charity of your choice with a bequest made in your will or trust.

Contact one of our Preferred Trust Providers for more information: Univest Foundation (877-723-5571),

Everence Financial Services (215-703-0111)

The Associate Director of Fund Development, Colin Ingram, is also here to answer your questions. Feel free to reach out to him at 215-368-4438, extension 44304 or Colin.Ingram@LivingBranches.org.

Online Donations Gladly Accepted!

Just a reminder! Living Branches Foundation continues to accept donations online at livingbranches.org/donate. The Foundation’s primary goal is to raise funds for the benevolent care ministry which enables us to care for all residents, including those who have been wise stewards of their money but have outlived their resources. We appreciate your support.

Honoring our Legacy Giving Donors

All Legacy Giving donors will be honored at a special Legacy Giving Luncheon on Thursdays, May 15 and May 29, 12 noon in Fisher Auditorium. Invitations will be mailed mid-April. If you are interested in learning about or becoming a Legacy Giving donor, please contact Colin Ingram at ext. 44304.

VOLUNTEERS

**April is Volunteer Appreciation Month! Volunteers "rise by lifting others."** We appreciate everything you do! Look for special happenings the week of April 21-April 25 as the volunteer department expresses its gratitude for all of the wonderful ways you have enriched the lives of others and our community. More details to come!

ACORN SHOP

April showers – Umbrellas 25% off. Check out the new spring items. All winter gloves, scarves, hats, calendars and slippers 50% off. The Acorn Shop hours are Monday through Friday, 9:30 a.m. to 3:30 p.m. and Saturday, 1:00 to 4:00 p.m.

NOOK SHELF

Be sure to stop at the Nook Shelf located outside of the Acorn Shop to see what awesome thrift items are on sale. Please pay for these items in the Acorn Shop. If the Acorn Shop is closed, you may pay with exact change or check made out to Dock Woods and hand in at the Welcome Center. Check the TV in the hallway and/or the binder on the Nook Shelf to see what furniture items we have available for sale.

REPORTS

GIFTS & TREASURES SHOP

Stop by the Gifts & Treasures Shop and “bloom” into savings! Stop by daily to see new items. We are offering 50% off on picture frames and table lamps. Please don’t hesitate to check this out!! Gifts and Treasure Shop hours are Monday through Friday, 1:00 to 3:00 p.m. and Saturday 1:00 to 4:00 p.m. Spring cleaning days are rapidly approaching. Remember, any donations made to our Gift and Treasures Shop will benefit the Living Branches Benevolent Care ministry!

DID YOU KNOW?

Your purchase at our Acorn Shop and thrift shop benefits the BENEVOLENT care ministry of the Living Branches. The proceeds of the Dock Woods Acorn Shop and Gifts & Treasure Shop go directly to the Sharing Fund. The ACORN Shop has a donation box by the register, for the Sharing Fund ...

LIVING U UPDATE

Our classes for Living U this month include a history of American journalism (Mar 25, Apr 1, and Apr 8), presidents in retirement (Mar 27, Apr 3, and Apr 10), the development of the stent (Apr 23), and chocolate and your health (Apr 29). We also will be going to the National Museum of Industrial History on Apr 24. There are so many interesting things to learn about in our world. If you would like to find out more about Living U opportunities, please contact Maribeth Benner, Living U coordinator, at extension 44204.

PASTORAL CARE

*God’s love shapes the journey,*

*It’s love that guides it,  
It’s love that surrounds it,  
It’s love that fades through it,  
It’s love that foretells it,  
It’s love that invites it.*

*This is Lent,  
and into the journey  
God calls us.*

As we enter into the Lenten season, we take a moment to pause and ask ourselves, “**What does it mean to fully live out God’s love?**” During the season of Advent, we journeyed together to the manger. Along

the way we saw the miraculous power of God through the angels’ declarations, the rejoicing of Mary and Elizabeth, the proclamation of the shepherds, and the light of the majestic star. All pointed to Emmanuel, God with us.

Now, during Lent, we prepare for yet another journey. This time we will “**Journey Together in Love**” as God’s love walks beside us, guiding us to a place we do not yet know, nor understand. Throughout the next few weeks, we will hear Christ repeatedly declare that his death is imminent. This journey will take us to the foot of both the cross and the grave. Yet, in the end, love will rise victoriously. Together we will have come full circle in the love of God.

As you prepare for the Lenten season keep these dates open on your calendar and join us on the journey:

**Sunday, April 13** ~ Palm Sunday Service...Enter Jerusalem shouting “Hosanna!”  
**Thursday, April 17** ~ Maundy Thursday Services at **Dock Woods & Souderton Mennonite Homes**  
**Friday, April 18** ~ Good Friday Service at **The Willows**  
**Sunday, April 20** ~ Easter Sunday Worship Service...Christ has risen! He has risen indeed!

*Come,*

*Brothers and sisters,  
Christ is heading for Jerusalem  
Let’s join in the Journey Together in Love.*

*Blessings, Pastor Tami Good*