

Residential Living Life Enrichment Calendar

JANUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Life Enrichment: Eileen Burks 215-368-4438, Extension 44121 Hearthside Bistro: 215-565-2407, Extension 52407 Christopher's: 215-565-2407, Extension 52407 (reservations) Pastoral Care: 215-368-4438, Extension 44227 or 44171 Wellness Nurse Maria Popp 215-368-4438, Extension 44158 Fitness & Aquatics: Tina Cook 215-368-4438, Extension 44153 Fitness and Aquatics Hotline, Info and Cancellations: Extension 50236 or dial 215-565-0236 Transportation items: 215-723-9881, Extension 42237			1 Happy New Year 12:00 New Year's Buffet (one seating)	2 7:30 Lab Services (By Appt) 9:00 Giant Market (Trip) 🛒 9:30 Fit for Life w/ Kristin - \$ (RR) 10:00 Aqua Fit (P) 1:00 Chair Yoga (DMCR) 6:00 Salford Mennonite Church Service Rebroadcast (CH2)	3 10:00 Water Volleyball (P) 10:30 Stronger Together (RR) 11:15 Balance Booster (DMCR) 2:00 Bingo (DM Game Room)	4 10:00 Rosary (Chapel)
5 10:30 Sunday Service (CH)	6 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 10:00 Water Volleyball (P) 10:30 Better Balance (RR) 11:00 Ladies Bible Study (DMCR) 1:30 Needles and Hooks (CC Lobby) 2:00 Carol Sing w/ Roma and Friends (CH) 🚌 7:00 Monday Night Bible Study (Ch)	7 7:30 Lab Services (By Appt) 9:30 Art Class (RR) 10:00 Aqua Balance (P) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE 3:00 Sunday Service Rebroadcast (CH2)	8 9:00 Landis Market (Trip) 🛒 10:00 DEVOTIONAL (CH2) 10:00 Water Volleyball (P) 10:30 Stretch & Flex (RR) 2:00 RL Birthday Celebration (FA) 🚌 3:00 Caregiver Support Group (CR B) 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 7:00 Biblical Language Bible Study (CR C)	9 7:30 Lab Services (By Appt) 9:30 Fit for Life w/ Kristin - \$ (RR) 10:00 Aqua Fit (P) 1:00 Chair Yoga (DMCR) 2:00 Seated Chair Volleyball (FA) 3:00 Prayer Together (CH) 6:00 Salford Mennonite Church Service Rebroadcast (CH2)	10 8:00 Men's Breakfast (FA) 10:00 Hilltown Walmart (Trip) 10:00 Water Volleyball (P) 10:30 Stronger Together (RR) 11:15 Balance Booster (DMCR) 2:00 Bingo (DM Game Room) 2:00 Music w/ Seth (CC Lobby)	11 6:00 Lansdale Community Concert-NPHS (Trip)
12 10:30 Sunday Service (CH)	13 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 10:00 Faith Walk (OC2) 10:00 Water Volleyball (P) 10:30 Better Balance (RR) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 Dr Stephen Phillips Presentation (CH) 🚌 7:00 Monday Night Bible Study (Ch)	14 7:30 Lab Services (By Appt) 9:00 Hennings Market (Trip) 🛒 9:30 Art Class (RR) 10:00 Aqua Balance (P) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE 2:00 DA, DG, VL, DM Qtrly Resident Meeting (CH) 🚌 3:00 Sunday Service Rebroadcast (CH2)	15 9:00 Bookmobile/Van (FA Entrance) 10:00 DEVOTIONAL (CH2) 10:00 Water Volleyball (P) 10:30 Stretch & Flex (RR) 2:00 Old Comrade Concert Band (CH) 🚌 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 7:00 Biblical Language Bible Study (CR C)	16 7:30 Lab Services (By Appt) 9:30 Fit for Life w/ Kristin - \$ (RR) 9:30 Rep Liz Hanbidge Aide (CC Lobby) 10:00 Aqua Fit (P) 1:00 Chair Yoga (DMCR) 2:00 Grief Support (RR) 6:00 Salford Mennonite Church Service Rebroadcast (CH2)	17 10:00 Water Volleyball (P) 10:30 Stronger Together (RR) 11:15 Balance Booster (DMCR) 2:00 Bingo (DM Game Room) 2:00 Cornhole (FA)	18

Location Key: (By Appt/WC) = By Appointment/Wellness Center, (B) = Bistro, (CCLobby) = Community Center Lobby, (CDR) = Community Dining Room, (CH) = Derstine Chapel, (CR) = Conference Rooms A, B, C, (DMCR) = Dock Manor Community Room, (RR) = Dock Gardens Recreation Room, (DGGR) = Dock Gardens Game Room, (EC) = Education Center, (FA) = Fisher Auditorium, (FC) = Fitness Center, (HH) = Harmony House, (LB) = Library, (OC1)= Oakwood Court 1st Floor Great Room, (OC2) = Oakwood Court 2nd Floor Great Room, (OC3) = Oakwood Court 3rd Floor Great Room, (OCB) = Oakwood Court Basement, (OCDR) = Oakwood Court Dining Room, (P) = (Pool), (CH2) = Broadcasting on Channel 2 (in-house cable), (WC) = Wellness Center. 🚌 The bus icon indicates there will be shuttle service for an event. Shuttle service for on-campus events begins 40 minutes before the event and includes two rounds at each entity. 🛒 Indicates shopping trips. \$ Indicates additional fee. Activities are subject to change based on resident need and scheduling. Everence appointments are held in the Uninvest Bank Office near the DG Library

MUSIC W/ JIM SMITH BROADCASTING ON CHANNEL 2 SATURDAYS AT 3 PM AND SUNDAYS AT 7 PM when available.

<p>19 10:30 Sunday Service (CH)</p>	<p>20 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 9:30 Book Club (DMCR) 10:00 Water Volleyball (P) 10:00 Wegmans (Trip) 🚌 10:30 Better Balance (RR) 11:00 Ladies Bible Study (DMCR) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 MLK Presentation w/ Gwen Eagleson (CH) 🚌 7:00 Monday Night Bible Study (Ch)</p>	<p>21 7:30 Lab Services (By Appt) 8:30 Ladies Breakfast (FA) 🚌 9:30 Art Class (RR) 10:00 Aqua Balance (P) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE 1:00 Living U Spring Kick-Off (SMH) 3:00 Sunday Service Rebroadcast (CH2)</p>	<p>22 10:00 DEVOTIONAL (CH2) 10:00 Water Volleyball (P) 10:30 Stretch & Flex (RR) 10:30 Catholic Mass (CH) 2:00 Aldi's Market (Trip) 3:00 Caregiver Support Group (CR B) 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 7:00 Biblical Language Bible Study (CR C)</p>	<p>23 7:30 Lab Services (By Appt) 9:30 Fit for Life w/ Kristin - \$ (RR) 10:00 Aqua Fit (P) 1:00 Chair Yoga (DMCR) 3:00 Prayer Together (CH) 4:30 RL Dine Around The Metropolitan (Trip) 6:00 Salford Mennonite Church Service Rebroadcast (CH2)</p>	<p>24 10:00 Water Volleyball (P) 10:30 Stronger Together (RR) 11:15 Balance Booster (DMCR) 2:00 Bingo (DM Game Room) 2:00 Herb Kaufman Presentation (CH) 🚌</p>	<p>25</p>
<p>26 10:30 Sunday Service (CH) 2:30 Amici Opera Co Puccini's "La Boheme" (CH)</p>	<p>27 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 10:00 Faith Walk (OC2) 10:00 Water Volleyball (P) 10:30 Better Balance (RR) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 Jefferson Health Outreach Program (CH) 🚌 7:00 Monday Night Bible Study (Ch)</p>	<p>28 7:30 Lab Services (By Appt) 9:00 ShopRite Market (Trip) 🛒 9:30 Art Class (RR) 10:00 Aqua Balance (P) 1:00 Tai Chi - \$ (RR) 1:00 EVERENCE 1:15 I.V. Library Movie (Trip) 3:00 Sunday Service Rebroadcast (CH2) 4:30 Wine in the Woods (Christopher's)</p>	<p>29 10:00 DEVOTIONAL (CH2) 10:00 Water Volleyball (P) 10:30 Stretch & Flex (RR) 2:00 Seated Chair Volleyball (FA) 6:00 Schwenkfelder Church Service Rebroadcast (CH2) 7:00 Biblical Language Bible Study (CR C)</p>	<p>30 7:30 Lab Services (By Appt) 9:30 Fit for Life w/ Kristin - \$ (RR) 10:00 Aqua Fit (P) 1:00 Chair Yoga (DMCR) 2:00 Journey Across Spain w/ Mary Rodriguez (CH) 🚌 6:00 Salford Mennonite Church Service Rebroadcast (CH2)</p>	<p>31 10:00 Water Volleyball (P) 10:30 Stronger Together (RR) 11:15 Balance Booster (DMCR) 2:00 Bingo (DM Game Room)</p>	<p>31</p>

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