RESIDENTIAL LIVING LIFE ENRICHMENT CALENDAR

OCTOBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 7:30 Lab Services (By Appt) 9:30 Art Class (RR) 9:30 Enhanced Balance -\$ (FA) 10:00 Aqua Balance (P) 10:00 Open Croquet 1:00 EVERENCE (Univest Bank Office on-site) 1:00 Tai Chi - \$ (RR) 3:00 Sunday Service Rebroadcast (CH2)	(FA/B) 53:00 Caregiver Support Group	3 7:30 Lab Services (By Appt) 9:30 Fit for Life w/ Kristin - \$ (RR) 10:00 Open Croquet 10:00 Aqua Fit (P) 10:30 Better Balance (RR) 1:30 Giant Supermarket (Trip) 2:00 Grief Share (RR)	9:30 Balance Booster (DMCR) 10:00 Choir Rehearsal (CH) 10:00 Water Volleyball (P) 10:30 Stronger Together (RR)	5 10:00 Open Croquet 10:00 Rosary (CH)
6 World Communion Day 10:30 Sunday Service (CH) 7:00 Music w/ Jim Smith (CH2)	9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 10:00 Water Volleyball (P) 10:30 Better Balance (RR) 11:00 Ladies Bible Study (DMCR) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 Police Appreciation Baking (RR) 7:00 Monday Night Bible Study (CH)	7:30 Lab Services (By Appt) 7:30 Police Appreciation Drive- Thru (FA Entr) 9:30 Art Class (RR) 9:30 Enhanced Balance -\$ (DMCR) 10:00 Aqua Balance (P) 10:00 Open Croquet 1:00 EVERENCE (Univest Bank Office on-site) 1:00 Tai Chi - \$ (RR) 1:30 Hennings Market (Trip) 3:00 Sunday Service Rebroadcast (CH2)	9 10:00 DEVOTIONAL (CH2) 10:00 Water Volleyball (P) 10:30 Stretch & Flex (RR) 2:00 RL Birthday Celebration (FA) 6:00 Schwenkfelder Church Service Rebroadcast (CH2)	10 7:30 Lab Services (By Appt) 9:30 Fit for Life w/ Kristin - \$ (RR) 10:00 Choir Rehearsal (CH) 10:00 Open Croquet 10:00 Aqua Fit (P) 10:30 Better Balance (RR) 2:00 Chair Volleyball (FA) 2:00 Grief Share (RR) 3:00 Prayer Together (CH)	8:00 Men's Breakfast (FA) 9:00 Hilltown Walmart (Trip) 9:30 Balance Booster (DMCR) 10:00 Water Volleyball (P) 10:30 Stronger Together (RR) 2:00 Fire Safety Program (FA)	12 10:00 Open Croquet 2:00 Music w/ Jim Smith (CH2)
` ` '	9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 10:00 Faith Walk (OC2) 10:00 Water Volleyball (P) 10:30 Better Balance (RR) 1:30 Needles and Hooks (CC Lobby outside the Bistro) 2:00 Medicare Seminar (CH) 7:00 Monday Night Bible Study (CH)	Maine Multi Day Trip Departure (Trip) 7:30 Lab Services (By Appt) 9:30 Art Class (RR) 9:30 Enhanced Balance -\$ (FA) 10:00 Aqua Balance (P) 10:00 Open Croquet 1:00 EVERENCE (Univest Bank Office on-site) 1:00 Tai Chi - \$ (RR)	9:00 Bookmobile/Van (FA Entrance) 9:00 Landis Market (Trip) 9:00 Off Campus Bike Ride (Schuylkill River Trail at Betzwood Picnic Area) 10:00 DEVOTIONAL (CH2) 10:00 Water Volleyball (P) 10:30 Stretch & Flex (RR) 3:00 Caregiver Support Group (CR B) 3:00 Sunday Service Rebroadcast (CH2) 7:00 Schwenkfelder Church Service Rebroadcast (CH2)	17 7:30 Lab Services (By Appt) 9:30 Fit for Life w/ Kristin - \$ (RR) 10:00 Open Croquet 10:00 Aqua Fit (P) 10:30 Better Balance (RR) 2:00 Cornhole (FA) 2:00 Grief Share (RR)	9:30 Balance Booster (DMCR) 10:00 Choir Rehearsal (CH) 10:00 Water Volleyball (P) 10:30 Stronger Together (RR) 2:00 Music w/ Seth (CC Lobby)	19 10:00 Open Croquet 2:00 Music w/ Jim Smith (CH2)

20	21	22	22	24	25	26
20 10:20 Sunday Samiaa (CH)	0.00 Lab Samias (Dr. Arrit)		23	7.20 Lab Saminas (Day Amat)	25 0.20 Palanca Pagatan (DMCP)	26
10:30 Sunday Service (CH)	9:00 Lab Services (By Appt)	7:30 Lab Services (By Appt)	10:00 DEVOTIONAL (CH2)	7:30 Lab Services (By Appt)	9:30 Balance Booster (DMCR)	
2:30 Amici Opera Co Verdi's	,	9:30 Enhanced Balance -\$	10:00 Water Volleyball (P)	9:30 Rep Liz Hanbidge Aide	10:00 Choir Rehearsal (CH)	2:00 Music w/ Jim Smith (CH2)
"Aida" (CH)	Library)	(DMCR)	10:30 Catholic Mass (CH)	(CC Lobby)	10:00 Water Volleyball (P)	
7:00 Music w/ Jim Smith (CH2)		10:00 Aqua Balance (P)	10:30 Stretch & Flex (RR)	10:00 Open Croquet	10:30 Stronger Together (RR)	
	10:00 Water Volleyball (P)	10:00 Open Croquet	6:00 Schwenkfelder Church	10:00 Aqua Fit (P)	2:00 Chair Volleyball (FA)	
	10:30 Better Balance (RR)	1:00 EVERENCE (Univest Bank	Service Rebroadcast (CH2)	10:30 Better Balance (RR)		
	11:00 Ladies Bible Study (DMCR)			2:00 Grief Share (RR)		
	1:30 Needles and Hooks (CC	1:30 Shoprite Market 🗏 (Trip)		3:00 Prayer Together (CH)		
	Lobby outside the Bistro)	3:00 Sunday Service Rebroadcast		4:00 RL Dine Around		
	2:00 Jefferson Health Outreach	(CH2)		Yellowhouse Hotel (Trip)		
	Program (CH) 🚃					
	7:00 Monday Night Bible Study					
	(CH)					
27	28	29	30	31		
10:30 Sunday Service (CH)	9:00 Lab Services (By Appt)	7:30 Lab Services (By Appt)	10:00 DEVOTIONAL (CH2)	7:30 Lab Services (By Appt)		
7:00 Music w/ Jim Smith (CH2)	9:00 UNIVEST BANK (near DG	9:30 Art Class (RR)	10:00 Water Volleyball (P)	9:30 Fit for Life w/ Kristin - \$	Life Enrichment: Eileen Burk	ss 215-368-4438, Extension 44121
	Library)	9:30 Enhanced Balance -\$ (FA)	10:30 Stretch & Flex (RR)	(RR)	Hearthside Bistro: 215-	565-2407, Extension 52407
	10:00 Faith Walk (OC2)	10:00 Aqua Balance (P)	6:00 Schwenkfelder Church	10:00 Open Croquet	Christopher's: 215-565-2407	, Extension 52407 (reservations)
	10:00 Water Volleyball (P)	10:00 Open Croquet	Service Rebroadcast (CH2)	10:30 Better Balance (RR)	Pastoral Care: 215-368-44	38, Extension 44227 or 44171
	10:00 Wegman's 🗏 (Trip)	1:00 EVERENCE (Univest Bank	7:00 VAMM Jazz Band (CH)	2:00 Costume Party w/ The	Wellness Nurse Maria Popp	215-368-4438, Extension 44158
	10:30 Better Balance (RR)	Office on-site)		Brittany Boys (FA) 🚟	Fitness & Aquatics: Tina Coo	k 215-368-4438, Extension 44153
	1:30 Needles and Hooks (CC	1:00 Tai Chi - \$ (RR)			Fitness and Aquatics Hot	line, Info and Cancellations:
	Lobby outside the Bistro)	1:15 I.V. Library Movie (Trip)			-	or dial 215-565-0236
	2:00 Fall Fest Chair Bingo (RR)	3:00 Sunday Service				atti Wright at 215-723-9881,
	7:00 Monday Night Bible Study	Rebroadcast (CH2)				ion 42237
	(CH)	4:30 Wine in the Woods				
	()	(Christopher's)				
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Location Key: (By Appt/WC) = By Appointment/Wellness Center, (B) = Bistro, (CC) = Community Center, (CDR) = Community Dining Room, (CH) = Derstine Chapel, (CR) = Conference Rooms A, B, C, (DMCR) = Dock Manor Community Room, (RR) = Dock Gardens Recreation Room, (DGGR) = Dock Gardens Game Room, (EC) = Education Center, (FA) = Fisher Auditorium, (FC) = Fitness Center, (HH) = Harmony House, (LB) = Library, (OC1) = Oakwood Court 1st Floor Great Room, (OC2) = Oakwood Court 2nd Floor Great Room, (OC3) = Oakwood Court 3rd Floor Great Room, (OCB) = Oakwood Court Dining Room, (P) = (Pool), (CH2) = Broadcasting on Channel 2 (in-house cable), (WC) = Wellness Center. The bus icon indicates there will be shuttle service for an event. Shuttle service for on-campus events begins 40 minutes before the event and includes two rounds at each entity. Indicates shopping trips. \$ Indicates additional fee. Activities are subject to change based on resident need and scheduling.