



RESIDENTIAL LIVING LIFE ENRICHMENT CALENDAR

JANUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 New Year's Day Business Offices Closed	2 7:30 Lab Services (By Appt) 9:30 Art Class (RR) 1:00 Everence (Univest Bank Office on-site) 1:00 Tai Chi (RR) \$ 3:00 Sunday Service Rebroadcast (CH2) 7:00 Shuffleboard (OCB)	3 9:00 Bookmobile/Van (FA Entrance) 9:30 Stretch Flow & Relaxation (RR) 10:00 DEVOTIONAL (CH2) 10:15 Water Volleyball (P) 1:15 Enhanced Balance (RR) \$ 1:30 Giant Market 🛒 3:00 Caregiver Support Group (CR B) 7:00 Biblical Language Bible Study (CR C) 7:00 Wii/Wii Bowling (OCB)	4 7:30 Lab Services (By Appt) 9:30 Fit for Life w/ Kristin (RR) \$ 10:30 Aqua Fit (P) 2:00 Old Comrade Concert Band (CH) 🚌	5 10:15 Water Volleyball (P) 2:00 Cornhole (FA)	6 10:00 Rosary (Chapel)
7 10:30 Sunday Service (CH)	8 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 9:30 Better Balance & Strength (FA) 10:00 Faith Walk (OC2) 10:15 Water Volleyball (P) 1:00 Stitches of Love (CC Lobby outside the Bistro) 2:00 Select Rehab Presentation (CH) 🚌 7:00 Monday Night Bible Study (CH)	9 7:30 Lab Services (By Appt) 9:00 Hennings Market 🛒 9:30 Art Class (RR) 1:00 Everence (Univest Bank Office on-site) 1:00 Tai Chi (RR) \$ 2:00 DG, DA, VL, DM Quarterly Meeting (CH) 🚌 3:00 Sunday Service Rebroadcast (CH2) 7:00 Shuffleboard (OCB)	10 9:30 Stretch Flow & Relaxation (RR) 10:00 DEVOTIONAL (CH2) 10:15 Water Volleyball (P) 1:15 Enhanced Balance (RR) \$ 2:00 RL Birthday Celebration (FA) 🚌 7:00 Biblical Language Bible Study (CR C) 7:00 Wii/Wii Bowling (OCB)	11 7:30 Lab Services (By Appt) 9:30 Fit for Life w/ Kristin (RR) \$ 10:30 Aqua Fit (P) 3:00 Prayer Together (CH)	12 8:00 Men's Breakfast (FA) 9:00 Hilltown Walmart 10:15 Water Volleyball (P)	13
14 10:30 Sunday Service (CH)	15 Martin Luther King Day 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 9:30 Better Balance & Strength (FA) 9:30 Book Club (DMCR) 10:15 Water Volleyball (P) 11:00 Ladies Bible Study (DMCR) 1:00 Stitches of Love (CC Lobby outside the Bistro) 2:00 Jefferson Outreach Program (CH) 🚌 7:00 Monday Night Bible Study (CH)	16 7:30 Lab Services (By Appt) 8:30 Ladies' Breakfast (FA) 🚌 9:30 Art Class (RR) 1:00 Everence (Univest Bank Office on-site) 1:00 Tai Chi (RR) \$ 3:00 Sunday Service Rebroadcast (CH2) 7:00 Shuffleboard (OCB) 7:00 Souderton Men's Alumni Chorus (CH) 🚌 8:30 Ladies Breakfast (FA)	17 9:00 Bookmobile/Van (FA Entrance) 9:00 Landis Market 🛒 9:30 Stretch Flow & Relaxation (RR) 10:00 DEVOTIONAL (CH2) 10:15 Water Volleyball (P) 1:15 Enhanced Balance (RR) \$ 3:00 Caregiver Support Group (CR B) 7:00 Biblical Language Bible Study (CR C) 7:00 Wii/Wii Bowling (OCB)	18 7:30 Lab Services (By Appt) 9:30 Fit for Life w/ Kristin (RR) \$ 10:30 Aqua Fit (P) 4:00 RL Dine Around Moccia Train Stop (Trip)	19 9:30 Aide to Rep Liz Hanbidge (CC Lobby) 10:00 Choir Rehearsal (CH) 10:15 Water Volleyball (P) 2:00 January Blues Social (FA) 🚌	20 6:00 Lansdale Community Concert-NPHS (Trip)

21 10:30 Sunday Service (CH)	22 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 9:30 Better Balance & Strength (FA) 10:00 Faith Walk (OC2) 10:15 Water Volleyball (P) 1:00 Stitches of Love (CC Lobby outside the Bistro) 1:30 Living U Spring Kick Off (FA) 🚌 2:00 New Year's Chair Bingo (RR) 7:00 Monday Night Bible Study (CH)	23 7:30 Lab Services (By Appt) 9:00 ShopRite Market 🛒 9:30 Art Class (RR) 1:00 Everence (Univest Bank Office on-site) 1:00 Tai Chi (RR) \$ 3:00 Sunday Service Rebroadcast (CH2) 4:30 Wine in the Woods (Christopher's) 7:00 Shuffleboard (OCB)	24 9:30 Stretch Flow & Relaxation (RR) 10:00 DEVOTIONAL (CH2) 10:15 Water Volleyball (P) 10:30 Catholic Mass (CH) 1:15 Enhanced Balance (RR) \$ 2:00 Live Better Hearing and Balance (FA) 🚌 7:00 Biblical Language Bible Study (CR C) 7:00 Wii/Wii Bowling (OCB)	25 7:30 Lab Services (By Appt) 9:30 Fit for Life w/ Kristin (RR) \$ 10:30 Aqua Fit (P) 3:00 Prayer Together (CH)	26 10:00 Choir Rehearsal (CH) 10:15 Water Volleyball (P)	27
28 10:30 Sunday Service (CH) 2:30 Amici Opera Co Verdi's "Simon Boccanegra" (CH)	29 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 9:30 Better Balance & Strength (FA) 10:00 Wegman's 🛒 10:15 Water Volleyball (P) 1:00 Stitches of Love (CC Lobby outside the Bistro) 2:00 Dr Stephen Phillips Egypt Presentation (CH) 🚌 7:00 Monday Night Bible Study (CH)	30 7:30 Lab Services (By Appt) 9:30 Art Class (RR) 1:00 Everence (Univest Bank Office on-site) 1:00 Tai Chi (RR) \$ 1:15 I.V. Library Movie (Trip) 3:00 Sunday Service Rebroadcast (CH2) 7:00 Shuffleboard (OCB)	31 9:30 Stretch Flow & Relaxation (RR) 10:00 DEVOTIONAL (CH2) 10:15 Water Volleyball (P) 1:15 Enhanced Balance (RR) \$ 2:00 Seated Volleyball (FA) 7:00 Biblical Language Bible Study (CR C) 7:00 Wii/Wii Bowling (OCB)	<div>  Life Enrichment: Eileen Burks 215-368-4438, Extension 44121 Hearthside Bistro: 215-565-2407, Extension 52407 Christopher's: 215-565-2407, Extension 52407 (reservations) Pastoral Care: 215-368-4438, Extension 44227 or 44171 Wellness Nurse Maria Popp 215-368-4438, Extension 44158 Fitness & Aquatics: Mike Hertzler, 215-368-4438, Extension 44153 Fitness and Aquatics Hotline, Info and Cancellations: Extension 50236 or dial 215-565-0236 Transportation items: Patti Wright at 215-723-9881, Extension 42237 </div> <div>  CROQUET IS AVAILABLE DAILY AT 1 p.m. weather permitting </div>		

Location Key: (By Appt/WC) = By Appointment/Wellness Center, (B) = Bistro, (CC) = Community Center, (CDR) = Community Dining Room, (CH) = Derstine Chapel, (CR) = Conference Rooms A, B, C, (DMCR) = Dock Manor Community Room, (RR) = Dock Gardens Recreation Room, (DGGR) = Dock Gardens Game Room, (EC) = Education Center, (FA) = Fisher Auditorium, (FC) = Fitness Center, (FDO) = Fund Development Office, (HH) = Harmony House, (LB) = Library, (OC1)= Oakwood Court 1st Floor Great Room, (OC2) = Oakwood Court 2nd Floor Great Room, (OC3) = Oakwood Court 3rd Floor Great Room, (OCB) = Oakwood Court Basement, (OCDR) = Oakwood Court Dining Room, (P) = Pool, (CH2) = Broadcasting on Channel 2 (in-house cable), (WC) = Wellness Center. 🚌 The bus icon indicates there will be shuttle service for an event. Shuttle service for on-campus events begins 40 minutes before the event and includes two rounds at each entity. 🛒 Indicates shopping trips. \$ Indicates additional fee. **ACTIVITIES ARE SUBJECT TO CHANGE BASED ON RESIDENT NEED AND SCHEDULING.**