Wednesday Sunday Monday Tuesday Thursday Friday Saturday December 2023 10:30 Exercise 10:30 Basketball Exercise 11:00 Guess the Animal 11:00 Trivia/Word Games 1:30 Frisbee Fun 1:30 December Crafts 2:00 Pearl Harbor Presentation 2:30 Noodle Ball (CH) 3:00 Saturday Matinee Movie **Harmony House Life Enrichment Calendar** 3:00 Ice Cream Sundaes 3:30 Group Table Games

3	4	5	6	7	8	9
10:30 Sunday Service (CH) 11:30 Hymn Sing Along 1:30 Bingo 2:30 Variety Sports Games 3:00 Docutainment Program	10:00 Forever Fit Exercise 10:30 Christmas Quartet 1:00 Dance Movement with Jeannine 2:00 Crafts with Carol 3:00 Movie Monday: "One Magic Christmas"	10:00 Octaband Exercise 11:00 Eldergrow 1:00 Music with Alan Baseman 2:00 Mocktail Hour 3:00 Sunday Service Re- Broadcast (CH2)	10:00 Cardio Drumming 10:00 Devotional (CH2) 11:00 Devotions 1:00 Wild Kingdom Documentary 2:00 Christmas Hymn Sing w/ Roma & Friends (CH) 3:00 Bingo	10:00 Noodle Ball Exercise 10:30 Music with Jenna 1:30 Indoor Carnival Games 3:00 Reminiscing Hanukkah Begins	10:30 Exercise 11:00 Guess the State 1:00 Food Fun 2:00 Clarinet Ensemble (CH) 3:30 Board Games	10:30 Basketball Exercise 11:00 Trivia/Word Games 1:30 Winter Suncatcher Craft 2:30 Ladder Ball 3:00 Saturday Matinee Movie
10:30 Sunday Service (CH) 11:30 Hymn Sing Along 1:30 Bingo 2:30 Guinea Pig Playtime 3:00 Christmas Music with Jim Smith (CH2) 3:00 Docutainment Program	10:00 Forever Fit Exercise 10:30 Music with Jenna 1:00 Dance Movement with Jeannine 2:00 Baking Cookies 3:00 Coloring/Puzzles	10:00 Octaband Exercise 11:00 Stories with Naomi 1:00 Music with Alan Baseman 2:00 Winter Tea Party 3:00 Sunday Service Re- Broadcast (CH2) 7:00 Penn View Brass Band (CH)	10:00 Cardio Drumming 10:00 Devotional (CH2) 11:00 Coloring Contest 1:00 Days of Summer Nature Documentary 2:00 Bingo 3:00 Card Games	10:30 Noodle Ball Exercise 11:00 Seated Scavenger Hunt 1:30 Table *Air* Hockey 2:00 Building Gingerbread Houses 3:00 Reminiscing	10:30 Exercise 11:00 Group Crossword Puzzles 1:00 Indoor Golfing 2:00 Generations Chamber Ensemble (CH) 3:30 Card Games	10:30 Basketball Exercise 11:00 Trivia/Word Games 1:30 Winter Craft 2:30 Ladder Ball 3:00 Saturday Matinee Movie
17	18	19	10:00 Cardio Drumming 20	21	22	23
10:30 Sunday Service (CH) 11:30 Hymn Sing Along 1:30 Bingo 2:30 Variety Sports Games 3:00 Docutainment Program	10:00 Forever Fit Exercise 10:30 Santa Craft 1:00 Dance Movement with Jeannine 2:00 Baking with Carol 3:00 Movie Monday: "Miracle on 34th Street"	10:00 Octaband Exercise 11:00 Eldergrow 1:00 Music with Alan Baseman 2:00 Bowling vs Oakwood Court 3:00 Sunday Service Re- Broadcast (CH2)	10:00 Devotional (CH2) 11:00 Devotions 1:30 Christmas Party! 2:30 Bingo 3:00 Holiday Trivia	10:30 Noodle Ball Exercise 11:00 Winter "Price is Right" 1:00 Jenga 2:00 Dock Academy Choir (CH) 3:00 Reminiscing Winter Begins	10:30 Exercise 11:00 Family Feud 1:30 Christmas Cookie Baking 2:30 Ladder Ball 3:30 Board Games	10:30 Basketball Exercise 11:00 Trivia/Word Games 1:30 Reindeer Ornament Craft 2:30 Noodle Ball 3:00 Saturday Matinee Movie 7:00 Christmas Music with Jim Smith (CH2)
24	25	26	10:30 Balloon Exercise 27	28	29	30
10:30 Sunday Service (CH) 11:30 Making Holiday Hats 1:30 Music with Jenna 2:30 Guinea Pig Playtime 3:00 Christmas Music with Jim Smith (CH2) 3:00 Docutainment Program	10:30 Snowball Exercise 1:30 Christmas Celebration 2:30 Holiday Movie 7:00 Christmas Music with Jim Smith (CH2) Christmas	10:00 Octaband Exercise 11:00 Stories with Naomi 1:00 Music with Alan Baseman 2:00 Ice Cream Social Kwanzaa Begins Boxing Day (Canada)	10:30 Catholic Mass (CH) 11:00 Word Games 1:00 Desert Animal Documentary 2:00 Bingo 3:00 Holiday Movie	10:30 Noodle Ball Exercise 11:00 Golfing Competition 1:30 Baking Holiday Dessert 2:00 Volleyball vs Oakwood Court 3:00 Reminiscing	10:30 Exercise 11:00 Guess the Animal 1:30 Making New Years Treats 2:30 Chair Volleyball 3:30 Group Card Games	10:30 Basketball Exercise 11:00 Trivia/Word Games 1:30 New Years Craft 2:30 Ladder Ball 3:00 Saturday Matinee Movie
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CH = Chapel CH2 = Channel 2 **FA = Fisher Auditorium**

10:30 Sunday Service (CH)

1:00 Watch Eagles Game 4:00 New Years Eve Firework

11:30 Hymn Sing Along

Show (TV)