

# RESIDENTIAL LIVING LIFE ENRICHMENT CALENDAR

# MARCH 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 8:45 Walk-In Clinic Hours (WC) 9:00 Bookmobile/Van (FA Entrance) <b>9:00 Giant Market</b> 🛒 9:30 Stretch Flow & Relaxation (RR) 10:00 DEVOTIONAL (CH2) 10:15 Water Volleyball (P) 3:00 Care Giver Support Group (RR) 7:00 Wii/Wii Bowling (OCB)	2 7:30 Lab Services (By Appt) 8:45 Walk-In Clinic Hours (WC) 9:30 Fit for Life w/ Kristin (RR) 2:00 Grief Share Group (RR) 2:30 Making Waves (P)	3 <b>10:00 CHOIR REHEARSAL (CH)</b> 10:15 Water Volleyball (P) 2:00 Bingo with Gloria (DMCR)	4 10:00 Rosary (CH) 10:00 Virtual Rosary (CH2)
5 10:30 Sunday Service (CH)	6 8:45 Walk-In Clinic Hours (WC) 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 9:30 ABC's Balance Class (FA) <b>10:00 Wegmans</b> 🛒 10:15 Water Volleyball (P) 11:00 Ladies Bible Study (DMCR) 1:00 Stitches of Love (CC Lobby) <b>2:00 Cornhole (FA)</b> 7:00 Monday Night Bible Study (CH)	7 7:30 Lab Services (By Appt) 8:45 Walk-In Clinic Hours (WC) 9:30 Art Class (RR) <b>10:00 BALANCE SCREENS (FC)</b> 1:00 EVERENCE (Univest Bank Office on-site) 1:00 Qigong (RR) \$ 2:00 Social Services Drop-In Time (DGGR) 2:30 Aqua Fall Prevention (P) 3:00 Sunday Service – Rebroadcast (CH2) 3:30 Cornhole Toss (RR)	8 8:45 Walk-In Clinic Hours (WC) <b>9:00 Landis Market</b> 🛒 9:30 Stretch Flow & Relaxation (RR) 10:00 DEVOTIONAL (CH2) 10:15 Water Volleyball (P) <b>2:00 RL Birthday Celebration (FA)</b> 🚐 7:00 Wii/Wii Bowling (OCB)	9 7:30 Lab Services (By Appt) 8:45 Walk-In Clinic Hours (WC) 9:30 Fit for Life w/ Kristin (RR) \$ 10:00 Prayer Together (CH) 2:00 Grief Share Group (RR) <b>2:00 Nepal Presentation w/ Nafzigers (CH)</b> 🛒 2:30 Making Waves (P)	10 <b>8:00 Men's Breakfast (FA)</b> <b>9:00 Hilltown Walmart</b> 🛒 10:15 Water Volleyball (P) <b>10:30 CHOIR REHEARSAL (CH)</b> 1:30 Walk-In Clinic Hours (WC) 2:00 Bingo with Gloria (DMCR) <b>2:00 Music w/ Seth (DG N)</b>	11
12 10:30 Sunday Service (CH)	13 8:45 Walk-In Clinic Hours (WC) 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 9:30 ABC's Balance Class (FA) 10:00 Faith Walk (OC2) 10:15 Water Volleyball (P) 1:00 Stitches of Love (CC Lobby) 7:00 Monday Night Bible Study (CH)	14 7:30 Lab Services (By Appt) 8:45 Walk-In Clinic Hours (WC) 9:30 Art Class (RR) 1:00 EVERENCE (Univest Bank Office on-site) 1:00 Qigong (RR) \$ <b>1:30 Hennings Market</b> 🛒 2:00 Social Services Drop-In Time (DGGR) 2:30 Aqua Fall Prevention (P) 3:00 Sunday Service – Rebroadcast (CH2) 3:30 Cornhole Toss (RR) <b>4:30 Cocktail Hour (Christopher's)</b>	15 8:45 Walk-In Clinic Hours (WC) 9:30 Stretch Flow & Relaxation (RR) 10:00 DEVOTIONAL (CH2) 10:15 Water Volleyball (P) <b>2:00 Hobby Day (FA)</b> 🚐 <b>2 hrs</b> 3:00 Care Giver Support Group (RR) <b>7:00 Quadras Dulcimer Club (CH)</b> 🚐 7:00 Wii/Wii Bowling (OCB)	16 7:30 Lab Services (By Appt) 8:45 Walk-In Clinic Hours (WC) <b>9:00 Hunterdon Hills Playhouse (Trip)</b> 9:30 Fit for Life w/ Kristin (RR) \$ 2:00 Grief Share Group (RR) 2:30 Making Waves (P)	17 <b>ST PATRICKS DAY</b> <b>9:30 Aide to Rep Liz Hanbidge (CC Lobby)</b> <b>10:00 CHOIR REHEARSAL (CH)</b> 10:15 Water Volleyball (P) 2:00 Bingo with Gloria (DMCR) <b>2:00 St Patrick's Day Party (FA)</b> 🚐	18 <b>6:00 Lansdale Community Concert (Trip)</b>

Open Croquet for ALL on Tuesdays, Thursdays and Saturdays at 2.30 p.m. on Dock's front field with flag pole. Contact Naomi Curry at 215-361-6873 if you want more information.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19 10:30 Sunday Service (CH)	20 8:45 Walk-In Clinic Hours (WC) 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 9:30 ABC's Balance Class (FA) <b>9:30 Book Club (DMCR)</b> 10:15 Water Volleyball (P) 11:00 Ladies Bible Study (DMCR) 1:00 Stitches of Love (CC Lobby) <b>2:00 Jefferson Health Outreach Program "Lets Cook" (CH)</b> 7:00 Monday Night Bible Study (CH)	21 7:30 Lab Services (By Appt) 8:45 Walk-In Clinic Hours (WC) 9:30 Art Class (RR) <b>10:00 BALANCE SCREENS (FC)</b> 1:00 EVERENCE (Univest Bank Office on-site) 1:00 Qigong (RR) \$ 2:00 Social Services Drop-In Time (DGGR) 2:30 Aqua Fall Prevention (P) <b>2:30 Fit for Life Demo w/ Kristin (FA)</b> 3:00 Sunday Service - Rebroadcast (CH2) 3:30 Cornhole Toss (RR) <b>4:30 RL Dine Around - The Metropolitan (Trip)</b>	22 8:45 Walk-In Clinic Hours (WC) <b>9:00 Aldi's Market</b> 9:30 Stretch Flow & Relaxation (RR) 10:00 DEVOTIONAL (CH2) 10:15 Water Volleyball (P) 10:30 Catholic Mass (CH) <b>2:00 Talent Show Dress Rehearsal (FA)</b> 7:00 Wii/Wii Bowling (OCB)	23 7:30 Lab Services (By Appt) 8:45 Walk-In Clinic Hours (WC) 9:30 Fit for Life w/ Kristin (RR) \$ 10:00 Prayer Together (CH) 2:00 Grief Share Group (RR) <b>2:00 Talent Show - The Wonderful World of Disney (FA)</b> 2:30 Making Waves (P)	24 <b>10:00 CHOIR REHEARSAL (CH)</b> 10:15 Water Volleyball (P) <b>11:00 Books R Fun Book Fair (FA) 3 hrs</b> 1:30 Walk-In Clinic Hours (WC) 2:00 Bingo with Gloria (DMCR)	25
26 10:30 Sunday Service (CH) <b>2:30 Amici Opera Co Donizetti's La Favorita (CH)</b>	27 8:45 Walk-In Clinic Hours (WC) 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 9:30 ABC's Balance Class (FA) 10:00 Faith Walk (OC2) 10:15 Water Volleyball (P) 1:00 Stitches of Love (CC Lobby) <b>2:00 Spring Fling Chair Bingo (RR)</b> 7:00 Monday Night Bible Study (CH)	28 7:30 Lab Services (By Appt) 8:45 Walk-In Clinic Hours (WC) <b>9:00 ShopRite Market</b> 9:30 Art Class (RR) 1:00 EVERENCE (Univest Bank Office on-site) 1:00 Qigong (RR) \$ <b>1:15 I.V. Library Movie-Where the Crawdads Sing (Trip)</b> 2:00 Social Services Drop-In Time (DGGR) <b>2:30 Nutrition is Medicine w/ Mike Hertzler (FA)</b> 3:00 Sunday Service - Rebroadcast (CH2) 3:30 Cornhole Toss (RR)	29 8:45 Walk-In Clinic Hours (WC) 9:30 Stretch Flow & Relaxation (RR) 10:00 DEVOTIONAL (CH2) 10:15 Water Volleyball (P) <b>2:00 Seated Chair Volleyball (FA)</b> 7:00 Wii/Wii Bowling (OCB)	30 7:30 Lab Services (By Appt) 8:45 Walk-In Clinic Hours (WC) 9:30 Fit for Life w/ Kristin (RR) \$ 2:00 Grief Share Group (RR) 2:30 Making Waves (P) <b>9:00 Dutch Apple Dinner Theatre (Trip)</b>	31 <b>10:00 CHOIR REHEARSAL (CH)</b> 10:15 Water Volleyball (P) 2:00 Bingo with Gloria (DMCR) <b>2:00 Generations Chamber Ensemble (CH)</b>	

Location Key: (By Appt/WC) = By Appointment/Wellness Center, (B) = Bistro, (CC) = Community Center, (CDR) = Community Dining Room, (CH) = Chapel, (CR) = Conference Rooms A & B, (DMCR) = Dock Manor Community Room, (RR) = Dock Gardens Recreation Room, (DGGR) = Dock Gardens Game Room, (EC) = Education Center, (FA) = Fisher Auditorium, (FC) = Fitness Center, (FDO) = Fund Development Office, (HH) = Harmony House, (LB) = Library, (OC1)= Oakwood Court 1st Floor Great Room, (OC2) = Oakwood Court 2nd Floor Great Room, (OC3) = Oakwood Court 3rd Floor Great Room, (OCB) = Oakwood Court Basement, (OCDR) = Oakwood Court Dining Room, (P) = Pool, (CH2) = Broadcasting on Channel 2 (in-house cable), (WC) = Wellness Center. The bus icon indicates there will be shuttle service for an event. Shuttle service for on-campus events begins 40 minutes before the event and includes two rounds at each entity. Indicates shopping trips. \$ Indicates additional fee. **ACTIVITIES ARE SUBJECT TO CHANGE BASED ON RESIDENT NEED AND SCHEDULING.**