



# RESIDENTIAL LIVING LIFE ENRICHMENT CALENDAR

# FEBRUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Life Enrichment: Eileen Burks 215-368-4438, Extension 44121</b>  <b>Hearthside Bistro: 215-565-2407, Extension 52407</b>  <b>Pastoral Care: 215-368-4438, Extension 44227 Or 44171</b>  <b>Wellness Nurse Maria Popp 215-368-4438, Extension 44158</b>  <b>Fitness &amp; Aquatics: Mike Hertzler, 215-368-4438, Extension 44153</b>  <b>Fitness and Aquatics Hotline, Info and Cancellations: Extension 50236 or dial 215-565-0236</b>  <b>Transportation items: Patti Wright at 215-723-9881, Extension 42237</b></p>			<p>1            8:45 Walk-In Clinic Hours (WC)            9:00 Bookmobile/Van (FA Entrance)  <b>9:00 Giant Market</b>            9:30 Stretch Flow &amp; Relaxation (RR)            10:00 DEVOTIONAL (CH2)            10:15 Water Volleyball (P)            3:00 Care Giver Support Group (RR)            7:00 Wii/Wii Bowling (OCB)</p>	<p>2 GROUNDHOG DAY            7:30 Lab Services (By Appt)            8:45 Walk-In Clinic Hours (WC)            9:30 Fit for Life w/ Kristin (RR) \$            2:00 Grief Share Group (RR)            2:30 Making Waves (P)</p>	<p>3  <b>10:00 Choir Rehearsal (CH)</b>            10:15 Water Volleyball (P)            2:00 Bingo with Gloria (DMCR)            2:30 Cornhole (RR)            6:00 Ping Pong (RR)</p>	<p>4            10:00 Rosary (CH)            10:00 Virtual Rosary (Channel 2)</p>
<p>5            10:30 Sunday Service (CH)</p>	<p>6            8:45 Walk-In Clinic Hours (WC)            9:00 Lab Services (By Appt)            9:00 UNIVEST BANK (near DG Library)            9:30 ABC's Balance Class (FA)            10:00 Balance Screening (FC)            10:15 Water Volleyball (P)            11:00 Ladies Bible Study (DMCR)            1:00 Stitches of Love (CC Lobby)            7:00 Monday Night Bible Study (CH)</p>	<p>7            7:30 Lab Services (By Appt)            8:45 Walk-In Clinic Hours (WC)            9:30 Art Class (RR)  <b>10:00 Balance Screens (FC)</b>            1:00 EVERENCE (Univest Bank Office on-site)            1:00 Qigong (RR) \$  <b>1:30 Hennings Market</b>            2:00 Social Services Drop-In Time (DGGR)            2:30 Aqua Fall Prevention (P)            3:00 Sunday Service - Rebroadcast (CH2)</p>	<p>8            8:45 Walk-In Clinic Hours (WC)            9:30 Stretch Flow &amp; Relaxation (RR)            10:00 DEVOTIONAL (CH2)            10:15 Water Volleyball (P)  <b>2:00 RL Birthday Celebration (FA)</b>            7:00 Wii/Wii Bowling (OCB)</p>	<p>9            7:30 Lab Services (By Appt)            8:45 Walk-In Clinic Hours (WC)            9:30 Fit for Life w/ Kristin (RR) \$            10:00 Prayer Together (CH)            2:00 Grief Share Group (RR)            2:30 Making Waves (P)</p>	<p>10  <b>8:00 Men's Breakfast (FA)</b>  <b>9:00 Hilltown Walmart</b>            10:15 Water Volleyball (P)  <b>10:30 Choir Rehearsal (CH)</b>            1:30 Walk-In Clinic Hours (WC)            2:00 Bingo with Gloria (DMCR)  <b>2:00 'I Love You, Truly' - Golden-Era Love Songs with Seth (FA)</b>            2:30 Cornhole (RR)            6:00 Ping Pong (RR)</p>	<p>11  <b>7:00 Jim Smith Musical Selections (CH2)</b></p>
<p>12            10:30 Sunday Service (CH)</p>	<p>13            8:45 Walk-In Clinic Hours (WC)            9:00 Lab Services (By Appt)            9:00 UNIVEST BANK (near DG Library)            9:30 ABC's Balance Class (FA)            10:00 Faith Walk (OC2)            10:15 Water Volleyball (P)            1:00 Stitches of Love (CC Lobby)  <b>2:00 Follow Your Heart Chair Bingo (RR)</b>            7:00 Monday Night Bible Study (CH)</p>	<p>14 VALENTINE'S DAY            7:30 Lab Services (By Appt)            8:45 Walk-In Clinic Hours (WC)            9:30 Art Class (RR)  <b>12:00 Jim Smith Musical Selections (CH2)</b>            1:00 EVERENCE (Univest Bank Office on-site)            1:00 Qigong (RR) \$            2:00 Social Services Drop-In Time (DGGR)            2:30 Aqua Fall Prevention (P)            3:00 Sunday Service - Rebroadcast (CH2)  <b>5:00 Valentine's Day Banquet (FA/B)</b></p>	<p>15            8:45 Walk-In Clinic Hours (WC)  <b>9:00 Landis Market</b>            9:30 Stretch Flow &amp; Relaxation (RR)            10:00 DEVOTIONAL (CH2)            10:15 Water Volleyball (P)  <b>2:00 Jim Smith Musical Selections (CH2)</b>            3:00 Care Giver Support Group (RR)            7:00 Wii/Wii Bowling (OCB)</p>	<p>16            7:30 Lab Services (By Appt)            8:45 Walk-In Clinic Hours (WC)            9:30 Fit for Life w/ Kristin (RR) \$            2:00 Grief Share Group (RR)            2:30 Making Waves (P)  <b>4:30 RL Dine Around - Red Lobster (Trip)</b></p>	<p>17            9:30 Aide to Rep Liz Hanbidge (CC Lobby)  <b>10:00 Choir Rehearsal (CH)</b>            10:15 Water Volleyball (P)            2:00 Bingo with Gloria (DMCR)  <b>2:00 Nature's Wonders with Bob &amp; Barbara Mullen (CH)</b>            2:30 Cornhole (RR)            6:00 Ping Pong (RR)</p>	<p>18  <b>7:00 Jim Smith Musical Selections (CH2)</b></p>

Location Key: (By Appt/WC) = By Appointment/Wellness Center, (B) = Bistro, (CC) = Community Center, (CDR) = Community Dining Room, (CH) = Chapel, (CR) = Conference Rooms A & B, (DMCL) = Dock Manor Computer Lab, (DMCR) = Dock Manor Community Room, (RR) = Dock Gardens Recreation Room, (DGGR) = Dock Gardens Game Room, (EC) = Education Center, (FA) = Fisher Auditorium, (FC) = Fitness Center, (FDO) = Fund Development Office, (HH) = Harmony House, (LB) = Library, (OC1)= Oakwood Court 1st Floor Great Room, (OC2) = Oakwood Court 2nd Floor Great Room, (OC3) = Oakwood Court 3rd Floor Great Room, (OCB) = Oakwood Court Basement, (OCDR) = Oakwood Court Dining Room, (P) = Pool, (CH2) = Broadcasting on Channel 2 (in-house cable), (WC) = Wellness Center. The bus icon indicates there will be shuttle service for an event. Shuttle service for on-campus events begins 40 minutes before the event, and includes two rounds at each entity. Indicates shopping trips. \$ Indicates additional fee. **ACTIVITIES ARE SUBJECT TO CHANGE BASED ON RESIDENT NEED AND SCHEDULING.**

<p>19 10:30 Sunday Service (CH)</p>	<p>20 PRESIDENT'S DAY 8:45 Walk-In Clinic Hours (WC) 9:00 Lab Services (By Appt) 9:30 ABC's Balance Class (FA) <b>9:30 Book Club (DMCR)</b> 10:00 Balance Screening (FC) <b>10:00 Wegmans</b> 10:15 Water Volleyball (P) 11:00 Ladies Bible Study (DMCR) 1:00 Stitches of Love (CC Lobby) <b>2:00 Jefferson Health Outreach Program (CH)</b> 7:00 Monday Night Bible Study (CH)</p>	<p>21 7:30 Lab Services (By Appt) 8:45 Walk-In Clinic Hours (WC) 9:30 Art Class (RR) <b>10:00 Balance Screens (FC)</b> 1:00 EVERENCE (Univest Bank Office on-site) 1:00 Qigong (RR) \$ <b>2:00 President's Day Program (CH)</b> 2:00 Social Services Drop-In Time (DGGR) 2:30 Aqua Fall Prevention (P) 3:00 Sunday Service - Rebroadcast (CH2)</p>	<p>22 8:45 Walk-In Clinic Hours (WC) 9:30 Stretch Flow &amp; Relaxation (RR) 10:00 DEVOTIONAL (CH2) 10:15 Water Volleyball (P) 10:30 Catholic Mass (CH) <b>2:00 Ash Wednesday Service (CH)</b> 2:30 Fitness Check Up (FC) 7:00 Wii/Wii Bowling (OCB)</p>	<p>23 7:30 Lab Services (By Appt) 8:45 Walk-In Clinic Hours (WC) 9:30 Fit for Life w/ Kristin (RR) \$ 10:00 Prayer Together (CH) 2:00 Grief Share Group (RR) 2:30 Making Waves (P) <b>7:00 Indian Creek Mennonite Youth Group Concert (CH)</b></p>	<p>24 <b>10:00 Choir Rehearsal (CH)</b> <b>10:00 Kohls</b> 10:15 Water Volleyball (P) 1:30 Walk-In Clinic Hours (WC) 2:00 Bingo with Gloria (DMCR) <b>2:00 Seated Chair Volleyball (FA)</b> 2:30 Cornhole (RR) 6:00 Ping Pong (RR)</p>	<p>25 <b>6:00 Lansdale Community Concert (Trip)</b></p>
<p>26 10:30 Sunday Service (CH) <b>2:30 Amici Opera Co DeKovens "Robinhood"</b></p>	<p>27 8:45 Walk-In Clinic Hours (WC) 9:00 Lab Services (By Appt) 9:00 UNIVEST BANK (near DG Library) 9:30 ABC's Balance Class (FA) 10:00 Faith Walk (OC2) 10:15 Water Volleyball (P) 1:00 Stitches of Love (CC Lobby) <b>2:00 Dr Phillips Lecture (CH)</b> 7:00 Monday Night Bible Study (CH)</p>	<p>28 7:30 Lab Services (By Appt) 8:45 Walk-In Clinic Hours (WC) <b>9:00 ShopRite Market</b> 9:30 Art Class (RR) 1:00 EVERENCE (Univest Bank Office on-site) 1:00 Qigong (RR) \$ <b>1:15 I.V. Public Library Movie (Trip)</b> 2:00 Social Services Drop-In Time (DGGR) 2:30 Aqua Fall Prevention (P) 3:00 Sunday Service - Rebroadcast (CH2) <b>4:30 Cocktail Hour at Christopher's</b></p>				

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