

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday



# Harmony House Life Enrichment Activities

10:00 Forever Fit Exercise/ Walking program 10:00 Devotional (CH2) 11:00 Devotion 2:00 Bingo 3:00 Coloring/Puzzles	10:00 Forever Fit Exercise/ Walking program 10:30 Exercise the Mind 11:00 Baking Dog Biscuits 1:30 Music with Seth accompanied on piano by Mary Hildenbrand 3:00 Reminiscing  Groundhog Day	10:30 Music with Jenna 11:30 Countryside Travel Video 1:30 Winter Drive + Ice Cream 2:30 Trivia/Table Games 3:00 Painting	10:00 Rosary (CH) 10:00 Virtual Rosary (CH2) 10:00 Saturday Social 11:00 Trivia/ games 1.30 Butterfly Craft 2.30 Saturday Matinee Movie
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10:30 Sunday Service 11:30 Hymn Sing Along 1:30 Music with Jenna 3:00 Docutainment Program	10:00 Forever Fit Exercise/ Walking Program 10:30 Exercise the Mind 11:00 Stories with Naomi 1:00 Puzzles 1:15 Dance Movement with Jeannine 3:00 Activity of choice	10:00 Forever Fit Exercise/ Walking program 11:00 Eldergrow 1:00 Music Sing along with Alan Baseman 2:00 No Board- em – Here Games 3:00 Activity of Choice 3:00 Sunday Service re-Broadcast	10:00 Forever Fit Exercise/ Walking program 10:00 Devotional (CH2) 10:30 Music with Jenna 1:00 Wildlife Program 2:00 Bingo 3:30 Coloring/Puzzles	10:00 Forever Fit Exercise/ Walking program 10:30 Exercise the Mind 11:00 "World's Greatest Dogs" movie 1:30 Music Games 3:00 Reminiscing	10:30 Music with Jenna 11:30 Tropical Travel Video 1:00 Valentines Cookie Decorating 2:00 Golden Era Love Songs with Seth (FA) 3:30 Table Games	10:00 Saturday Social 11:00 Trivia/ games 1.30 Valentines Heart Craft 2.30 Saturday Matinee Movie
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10:30 Sunday Service 11:30 Hymn Sing Along 1:30 Bingo 3:00 Docutainment Program 6:30 Super Bowl Sunday	10:00 Forever Fit Exercise/ Walking Program 10:30 Exercise the Mind 11:00 Stories with Naomi 1:00 Puzzles 1:15 Dance Movement with Jeannine 3:00 Activity of choice	10:00 Forever Fit Exercise/ Walking program 10:30 Photo Shoot 1:00 Music Sing along with Alan Baseman 2:00 Valentines Party 3:00 Activity of Choice 3:00 Sunday Service re-Broadcast  Valentine's Day	10:00 Forever Fit Exercise/ Walking program 10:00 Devotional (CH2) 2:00 Bingo 3:00 Coloring/Puzzles	10:00 Forever Fit Exercise/ Walking program 10:30 Exercise the Mind 11:00 Watch "Homeward Bound" 1:30 Music with Seth accompanied on piano by Mary Hildenbrand 3:00 Reminiscing	10:30 Music with Lukas 11:30 Mountains Exploration Travel Video 1:00 Baking Dog Biscuits 2:00 Nature's Wonders w/ Bob & Barbara Mullen (CH) 3:30 Table Games	10:00 Saturday Social 11:00 Trivia/ games 1.30 Ladybug Craft 2.30 Saturday Matinee Movie
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10:30 Sunday Service 11:30 Hymn Sing Along 1:30 Music with Jenna 3:00 Docutainment Program	10:00 Forever Fit Exercise/ Walking Program 10:30 Exercise the Mind 11:00 Stories with Naomi 1:00 Puzzles 1:15 Dance Movement with Jeannine 3:00 Activity of choice  Presidents' Day	10:00 Forever Fit Exercise/ Walking program 11:00 Eldergrow 1:00 Music Sing along with Alan Baseman 2:00 No Board- em – Here Games 2:00 Presidents Day Program (CH) 3:00 Activity of Choice 3:00 Sunday Service re-Broadcast	10:00 Forever Fit Exercise 10:00 Devotional (CH2) 10:30 Catholic Mass (CH) 1:00 Music with Jenna 2:00 Bingo 2:00 Ash Wednesday Service (CH) 3:00 Coloring/Puzzles  Ash Wednesday	10:00 Forever Fit Exercise/ Walking program 10:30 Exercise the Mind 11:00 Family Feud 1:30 Music Games 3:00 Reminiscing 7:00 Indian Creek Youth Choir (CH)	10:30 Music with Lukas 11:30 Big City Travel Video 1:00 Baking Dog Biscuits 2:30 Table Games 3:30 Activity of Choice	10:00 Saturday Social 11:00 Trivia/ games 1.30 Winter Crafts 2.30 Saturday Matinee Movie
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10:30 Sunday Service 11:30 Hymn Sing Along 1:30 Bingo 2:30 Amici Opera Company "Robin Hood" (CH) 3:00 Docutainment Program	10:00 Forever Fit Exercise/ Walking Program 10:30 Exercise the Mind 11:00 Stories with Naomi 1:00 Puzzles 1:15 Dance Movement with Jeannine 2:00 Dr. Phillips Lecture (CH)	10:00 Forever Fit Exercise/ Walking program 11:00 Reminiscing 1:00 Music Sing along with Alan Baseman 2:00 Activity of Choice 3:00 Sunday Service re-Broadcast
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# FEBRUARY 2023

All programs subject to change. If you have any questions, please contact Carol Withers at 215-368-4438 Extension 44174