

DOCKET

DOCK WOODS

UPCOMING EVENTS

2023 MARCH TALENT SHOW
“THE WONDERFUL WORLD OF DISNEY”
THURSDAY, MARCH 23, 2023
2:00 p.m. (FA)

Celebrate “THE WONDERFUL WORLD OF DISNEY” at the 2023 March Talent Show to be held in the Fisher Auditorium at 2:00 p.m. on Thursday, March 23, 2023. As Walt Disney World celebrates its 50 year anniversary, we invite you to join us at Dock Woods’ yearly event featuring song, dance, skits, stories, and much more at this once –in-a-lifetime-event! Come and reminisce with memorable music from some of the magical music from Lion King, Beauty & the Beast, Cinderella, Aladdin and many more! Experience some memories with some of our favorite characters like Mickey & Minnie! Be sure to contact your life enrichment coordinator, sign up and share what your act will be. This talent show might remind you that “It’s A Small, Small World “ and “Can You Feel The Love Tonight,” all “In My Own Little Corner” at Dock Wood’s most popular event!. Dress rehearsal is planned for Wednesday, March 22 at 2:00 p.m. until 4:00 p.m. in the Fisher Auditorium. Be sure to bring along your music and any props. Any Questions? Please contact Eileen Burks at 215-368-4438, extension 44121.

LANSDALE COMMUNITY CONCERT, INC.
2023-2024 SEASON MEMBERSHIP

The Lansdale Community Concerts, Inc., is now receiving renewal subscriptions for the upcoming 2023-2024 season. If you would like to be a prospective member of the Lansdale Community Concert series, please contact Carolyn Stuart, resident of 412 Dock Acres, at 215-855-2662. The price for six concerts will be \$120.00 per person. The concerts will begin at 7:30p.m. at the North Penn High School.

HOTLINE INFORMATION

Café/Dining Room Menu: 215-368-4438, extension 56789
Dining Reservations: 215-565-2407 or extension 52407
Fitness & Aquatics: 215-565-0236 or extension 50236
Information Technology: 215-412-5511 or extension 25511

WELLNESS CENTER

Grandview Hospital Lab Services are available by appointment only for residents of Dock Acres, Dock Gardens, the Villas and residents of Dock Manor who have joined the Wellness Center. Please bring your lab and any therapy orders to Maria Popp in the Wellness Center at least 48 business hours before your requested appointment. **Labs are drawn Mondays at 9:00 a.m., Tuesdays at 7:30 a.m. and Thursday at 7:30 a.m. in the Wellness Center Clinic.**

The walk-in Wellness Clinic is open daily Monday through Friday from 8:45-10:45 a.m. and on the 2nd and 4th Friday of the month from 1:30-3:30 p.m. or by appointment at any other time. You can schedule a time to see Maria during her normal office hours of 7:00 a.m. to 3:30 p.m. Monday through Friday.

To make an appointment with the following doctors:

Please inform them that you will be seen at Dock Woods.

Dr. Arthur Donley, Podiatrist
 Call:
 215-361-5769

Dr. Christine Kilczewski, TriValley Primary Care (Lansdale) or Brigitte Harken, CRNP, TriValley Primary Care
 Call:
 215-361-5010

Dr. Andrea Pellegrino, TriValley Primary Care (Quakertown) or Brigitte Harkin, CRNP
 Call:
 215-536-0655
 Dr. Patricia Reiff, Associates in Hearing
 Call:
 215-855-4217

**** Please bring your insurance cards and list of medications****

RESIDENTIAL LIVING VALENTINE’S DAY BANQUET
TUESDAY, FEBRUARY 14 5:00 p.m.
FISHER AUDITORIUM/BISTRO

“Let all that you do...be done in LOVE 1 Corinthians 16:14” ...

You are invited to attend the Valentine’s Day Banquet to be held in the Fisher Auditorium/Bistro on Tuesday, February 14 (Valentine’s Day) at 5:00 p.m. Be sure to have made your reservations with dining services by Thurs., February 9 at extension 44270. The price of this banquet is \$23.95. Please make your selection of either : A. CHICKEN or B. SALMON. As you enjoy the evening atmosphere of this banquet and the delicious menu, we will continue the traditions of the Valentine’s Day raffles followed by the 6:30 p.m. entertainment provided by the Audubon Symphony Ensemble, a local community ensemble that will feature a brass quintet, a string quartet, and other musicians including a flute duo, classical guitar and fiddle trios to perform for one hour. We invite you to wear your favorite Valentine’s Day attire! A shuttle will begin to pick up at each entity at 4:20 p.m. **HAPPY VALENTINE’S DAY!**

HISTORY’S MYSTERIES AMERICAN PRESIDENTS: PRESENTED BY HERB KAUFMAN
TUESDAY, FEBRUARY 21 2:00 p.m. CHAPEL

From elementary school through college we learned about the history of many of our American presidents. However, much of this is folklore and often myth. We invite you to come and learn about our presidents with historian Herb Kaufman in the Chapel at 2:00 p.m. on Tuesday, February 21. Learn that much of our presidential history is kept secret, made up of political creations, and rarely examined. This program delves into the mysterious catacombs of history and brings forward many unusual and often controversial incidents and events including secret operations, attempted assassinations, folktales, presidential mythology, and unusual personal histories of our American presidents. A shuttle will begin to pick up at each entity at 1:20 p.m.

PHARAOH OF THE SUN: AKHENATEN, AMARNA, AND MONOTHEISM IN ANCIENT EGYPT, PRESENTED BY: DR. STEPHEN PHILLIPS, PH.D.

MONDAY FEBRUARY 27 2:00 p.m. CHAPEL

You are invited to enjoy this lecture presented by Dr. Stephen Phillips, Ph.D. from the University of Pennsylvania Museum of Archaeology and Anthropology at 2:00 p.m. in the Chapel on Monday, February 27. This lecture illuminates the world of ancient Egypt’s pharaoh of the Sun, Akhenaten, who is also likely to have been the father of Tutankhamun. This ancient Egyptian king changes his name and declares that Egyptians would abandon the traditional worship of a pantheon of hundreds of gods and goddesses and focus instead on single deity, the Aten, represented symbolically by the sun itself. Some scholars credit King Akhenaten with being the man who founded the world’s first monotheistic religion. Come find out if this is TRUE?? A shuttle will begin to pick up at each entity at 1:20 p.m.



COMMUNITY EVENTS

RL FEBRUARY BIRTHDAY CELEBRATION WEDNESDAY, FEBRUARY 8 2:00 p.m. (FA)

ALL Residential Living residents are invited to attend the monthly birthday celebration. If you are a February birthday celebrant, please call or email Eileen Burks at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org by Tuesday, February 7, if you plan to attend and receive a birthday plant. "Music Memories" with Bill and Michelle is returning by popular demand to entertain us! A shuttle will begin to pick up at each entity at 1:20 p.m.

MEN'S BREAKFAST FRIDAY, FEBRUARY 10 8:00 a.m. (FA)

This month the guest speaker is Jeff Imboden, director of dining services. Jeff will share with us his story, his "Rise to Fame." He will share his journey which has led him into this current business, and a personal side, where he has come from. Please make your reservations with Eileen Burks by calling or emailing her at 215 368-4438, extension 44121, or Eileen.burks@livingbranches.org by Tuesday, February 7th. The price of the breakfast is \$7.95 per person plus tax. Ladies are welcome to hear the guest speaker at 8:30 a.m.

'I LOVE YOU, TRULY-' – GOLDEN - ERA LOVE SONGS WITH SETH FRIDAY, FEBRUARY 10 2:00 p.m. (DG NORTH WING ATRIUM)

With Valentine's Day coming soon, love is in the air in February, and there's nothing like a classic love song to put you in that sentimental mood. Please join Seth as we sing & play songs from the Golden Era of American popular music-from Tin Pan Alley tunes of the early 1900s, through Swing Era, and all the way up to the early Rock & Roll and Pop ballads of the 1950's & 60s. No musical experience or skills required - all are welcome!

"FOLLOW YOUR HEART" CHAIR BINGO MONDAY, FEBRUARY 13 2:00 p.m. (RR)

Love is in the Air... We invite you to join us in the recreation room for an hour of enjoyable, "Follow Your Heart" bingo games. At bingo you will receive a NEW bingo sheet per game. Bring along a pencil, marker, and a magazine or book to support your bingo sheet. Make your reservations by calling or emailing Eileen Burks at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org Let's see if your HEART is in the mood to win PRIZES!

STATE REP. LIZ HANBIDGE AIDE FRIDAY, FEBRUARY 17 9:30 a.m. (BISTRO LOBBY)

Just a reminder that Meg Diehl, constituent service advisor, will be

available at a table in the Bistro Lobby to provide a variety of services to you on the third Friday of each month for one hour. This service is in addition to the full time office hours at Representative Liz Hanbidge's district office in Blue Bell.

NATURE'S WONDERS WITH BOB and BARBARA MULLEN FRIDAY, FEBRUARY 17 2:00 p.m. (CH)

You are invited to enjoy the Mullen's YouTube presentation in the Chapel on Friday, February 17 at 2:00 p.m. Bob and Barbara are still traveling together with their cameras capturing what they observe in nature. These pictures include birds, flowers, insects, various wildlife and scenery. They recently took a trip to visit some of their children who live down south (Alabama, Tennessee, and Florida). Last summer they took a trip to Virginia for their 40th wedding anniversary. They have many pictures they are excited to share from these trips and others they have taken in the tri state and local areas. A shuttle will begin to pick up at each entity at 1:20 p.m.

BOOK CLUB MONDAY, FEBRUARY 20 9:30 a.m. (DMCR)

The Dock Woods Book Club meets the 3rd Monday of each month in the Dock Manor Community Room at 9:30 a.m. from September through June. We currently have a full membership and cannot accept any new members at this

RESIDENT BIRTHDAYS AND UPDATES

This page was removed to protect the privacy of our residents.

RESIDENTIAL LIVING TRIPS

RL DINE AROUND-RED LOBSTER THURSDAY, FEBRUARY 16 4:30 p.m. (TRIP)

The Living Branches coach will be traveling to Montgomeryville, to enjoy dinner at 5:30 p.m. at Red Lobster. You will be seated at tables of four and six, order off the menu, and receive separate checks. Sign up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org The coach will pick up at each entity beginning at 4:30 p.m.

LANSDALE COMMUNITY CONCERT N.P.H.S. SATURDAY, FEBRUARY 25 6:00 p.m. (TRIP)

The Living Branches coach will be transporting residents with a season membership to the North Penn High School to enjoy the fifth concert of the season at 7:30 p.m. featuring, "CHERISH THE LADIES." The price of this trip for transportation is \$4.40 per person. Sign up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org The coach will pick-up at each entity beginning at 6:00 p.m. Don't forget your ticket!

INDIAN VALLEY PUBLIC LIBRARY MOVIE: "HARRIET" TUESDAY, FEBRUARY 28 1:15 p.m. (TRIP)

The Living Branches coach will be transporting residents to the

Indian Valley Public Library to enjoy the 2:00 p.m. movie, "HARRIET." Based on the story of iconic freedom fighter, Harriet Tubman. This 2019 American biographical film stars Cynthia Erivo (Harriet) who from her escape from slavery through the dangerous missions she led to liberate hundreds of slaves through the Underground Railroad, this film is the story of heroic abolitionist, Harriet Tubman. The price of this trip is \$3.50 per person. Sign up with Eileen Burks by calling or emailing her at 215368-4438, extension 44121, or Eileen.burks@livingbranches.org The coach will pick up at each entity beginning at 1:15 p.m.

HUNTERDON HILLS PLAYHOUSE "THE IRISH CABARET" STARRING ANDY COONEY THURSDAY, MARCH 16 9:00 a.m. (TRIP)

The Living Branches coach will be travelling to Hampton, N.J. to enjoy the served hot lunch and afternoon show, "The Irish Cabaret," starring Andy Cooney. The Irish Cabaret, a St. Patrick's Day special event brings audiences some of the best Irish entertainment in the world. Treasured Irish compositions sung by the sweet tenor voice of Andy Cooney. It's an exhilarating, distinctive blend of Irish music, wit, and dance designed to delight you! The price of this trip which

includes the served lunch, show, and transportation is \$90.13 per person, to be billed on your statement following the trip. Sign up by calling or emailing Eileen Burks at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org The coach will pick up at each entity beginning at 9:00 a.m.

PERKIOMEN TOURS & TRAVEL SIGHT & SOUND THEATRE "MOSES" FRIDAY, APRIL 28, 2023 10:30 a.m.

Mark your calendars and join us on this chartered trip with Perkiomen Tours & Travel on Friday, April 28, 2023 at 10:30 a.m. Experience one of the Bibles most epic stories as MOSES comes to life with massive sets, special effects, and live animals in this original production. As a baby set adrift, he is an unlikely hero- until God calls him to lead His people out of Egypt and into the Promise Land. We will depart from the Fisher Auditorium entrance ONLY at 10:30 a.m., enjoy family style lunch at Fulton Steamboat Inn, enjoy the 3:00p.m. show of "Moses", and return to Dock Woods at approximately 7:30 p.m. The price of this trip is \$141.00 per person which includes the motor coach transportation, lunch, tax, tip, show and Perkiomen driver gratuity. Sign up by calling or emailing Eileen Burks at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org Guests are welcomed!

COMMUNITY EVENTS

time. The books we read are loaned to us from the Montgomery County Public Library. The number of books we receive each month is limited, therefore making our membership limited. If you are interested in joining the Book Club, please contact Ruth Kinsey at 215-393-8565 to have your name put on the waiting list. If a member drops out, you will be contacted.

JEFFERSON HEALTH OUTREACH PROGRAM "FALL IN LOVE WITH YOUR HEART" MONDAY, FEBRUARY 20 2:00 p.m. (CH)

Please join Denise Davidson MSN,RN,CNE, a member of the outreach team from Jefferson Health, as she presents, "Fall In Love With Your Heart." Come learn about the American Heart Association's recommended, "Life's Simple 8" and enjoy the many benefits of a healthier and more productive life! A shuttle will begin to pick up at each entity at 1:20 p.m.

ASH WEDNESDAY SERVICE WEDNESDAY, FEBRUARY 22 2:00 p.m. (CH)

Please join us in the Chapel at 2:00 p.m. as we mark the beginning of the Lenten Season.



INDIAN CREEK MENNONITE YOUTH GROUP CONCERT THURSDAY, FEBRUARY 23 7:00 p.m. (CH)

You are invited to attend the evening concert with the Indian Creek Mennonite Youth Group at 7:00 p.m. in the Chapel under the artistic direction of Duane L. Moyer. This 25 member youth group, ranging in ages from 18 to 39, will be presenting an all-Christian concert. Following the concert a DONATION will be received. A shuttle will begin to pick up at each entity at 6:20 p.m.

SEATED CHAIR VOLLEYBALL FRIDAY, FEBRUARY 24 2:00 p.m. (FA)

Join us for another fun-filled afternoon in Fisher Auditorium for seated chair volleyball. This activity is both great fun for participants and entertaining for on-lookers. It is a game that promotes comradeship and friendly competition among participants and is good for all fitness levels.

AMICI OPERA COMPANY DEKOVEN'S "ROBIN HOOD" SUNDAY, FEBRUARY 26 2:30 p.m. (CH)

Please join the Amici Opera Company under the Artistic Direction of Ralph Tudisco in the Chapel at 2:30 p.m. on Sunday, February 26 for a fully - staged opera in costume as they perform in English, DeKoven's,

"Robin Hood." Residents of Living Branches are free with their ID badge. There is a fee charged to guests at the sign-in table located at the Chapel porch hallway entrance.

COCKTAIL HOUR AT CHRISTOPHER'S TUESDAY, FEBRUARY 28 4:30 p.m. (CHRISTOPHER'S)

You are invited to sign-up with Eileen Burks for the first cocktail hour on Tuesday, February 28 at Christopher's. Once a month, for one hour, we will plan a cocktail/appetizer hour, beginning with 30 reservations. This is a BYOB cocktail hour where you will bring your own wine, be responsible to fill the wine glass that Christopher's will provide, and take your wine home after the event. A variety of appetizers will be available for you to enjoy and we hope you can make new friends, or just have an enjoyable, relaxing hour of fellowship with one another. Deadline for reservations will be on Friday, February 17. Please call or email Eileen at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org. Come have fun!!

REPORTS

FUND DEVELOPMENT

Year End Update – Thanks for your generosity!

Thank you! These words are not said often enough, but please know we are so thankful for your continued support of the Living Branches Foundation year after year. Due to the generosity of residents, staff members, and the surrounding community, we raised \$44,410.75 for benevolent care during our Annual Year End Giving appeal. Our mission to “empower older adults and families to lead lives of purpose and joy” is expressed through our desire to provide care for our residents, regardless of their ability to pay. Your gifts allow us to make that mission a reality through our benevolent care ministry. The Foundation’s needs are growing every year and we appreciate your support. Thank you for your gifts and your concern for our residents. We are truly grateful! Keith Heavener, Director of Fund Development and Rose Hackman, Fund Development Assistant

Did You Know?

...that your purchases at our gift and thrift shops benefit the benevolent care ministry of the Living Branches Foundation? The proceeds of the Dock Woods’ Acorn Shop and the Gifts & Treasures Thrift Shop go directly to the Sharing Fund. Likewise, the proceeds from The Corner Store (at Souderton Mennonite Homes) go directly to the Agape Fund. So, stop by and shop at our shops and support our residents who need financial assistance.

DOCK STEWARDS

Did you know...plastic bags are NOT recyclable in the Dock Woods recycle bins? Plastic bags can damage recycling machines. Plastic bags and shrink wrap may be recycled at many grocery stores such as Target and Walmart. Bins are usually located just inside the entrance doors. Remember...do not dispose of plastic bags in the Dock Woods recycle bins. Stay tuned for more

“Earth conscience” information.



Living U registrations are open through February 1. Register on the website at LivingBranches.org/LivingU, or come to our open registration time on Wednesday, February 1 from 9:30 to 11:00 a.m. in the Bistro. Call Maribeth Benner, Living U Coordinator, at extension 44204 for more information.

THE ACORN SHOP

Remember the special people in your life! Gifts, cards and special chocolate treats are available for your Valentine in the Acorn Shop! Treat your Valentine (or yourself) to some of our beautiful jewelry! All purses and handbags will be on sale for 25% off during February! Our regular store hours are: Monday through Friday, 9:30 a.m. to 3:30 p.m. Saturday, 1:00 to 4:00 p.m. Thank you for supporting the Acorn Shop!

DOCK’S GIFTS & TREASURES SHOP & THE NOOK

Have you been to the Treasure Shop or Nook lately? New items are being added all the time. For the month of February, all jewelry will be 50% off. The shop is open Monday through Friday from 1 to 3 p.m. and we are located next to the Dock Manor lobby. Nook purchases can be made in the Acorn Shop during regular shop hours or at the Welcome Center. When paying at the Welcome Center, you need to have exact cash or a check made out to Dock Woods Community. Donations are accepted during regular business hours. All profits from the Gifts and Treasures Shop go into the Sharing Fund

Kim Hazley, Gift Shop Manager

VOLUNTEERS

February is the month for LOVE. Volunteers show their love every day at Dock Woods and our residents are the beneficiaries of this love. To learn how you can share your love at Dock Woods, contact Jennifer Wilson at 215-367-4438 ext. 44189.

PASTORAL CARE

We are Living Branches. The name of our community also describes who we are as we live and work together in the name of Christ. This is our theme verse, “I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit.” John 15:5a Jesus declares that we will bear fruit as we stay connected to him.

As I interact with residents, staff, and family visitors at all three of our campuses, I am reminded of how God is bearing fruit in our lives. I see so many examples of caring, kindness, and joy. Today I saw a volunteer helping a resident eat their lunch. I heard a small group praying for our community. I noticed people being patient with someone who is grieving. I heard people laughing together as they shared a funny story. The fruit of God’s work in our community is continuing as we are living branches, remaining close to Jesus as our source.

I am reminded of another verse in John 10:10. Jesus said, “I have come that they might have life and have it abundantly.” I see and experience abundant life in our communities. How do you participate and contribute to the growth opportunities and relational connections in your home setting? As a pastoral team at Living Branches, we invite residents to stay connected to Jesus through the many different spiritual growth activities offered. We look forward to bearing fruit together and living the abundant life Jesus offers. ☺

Pastor Sandy Landes, Dock Woods