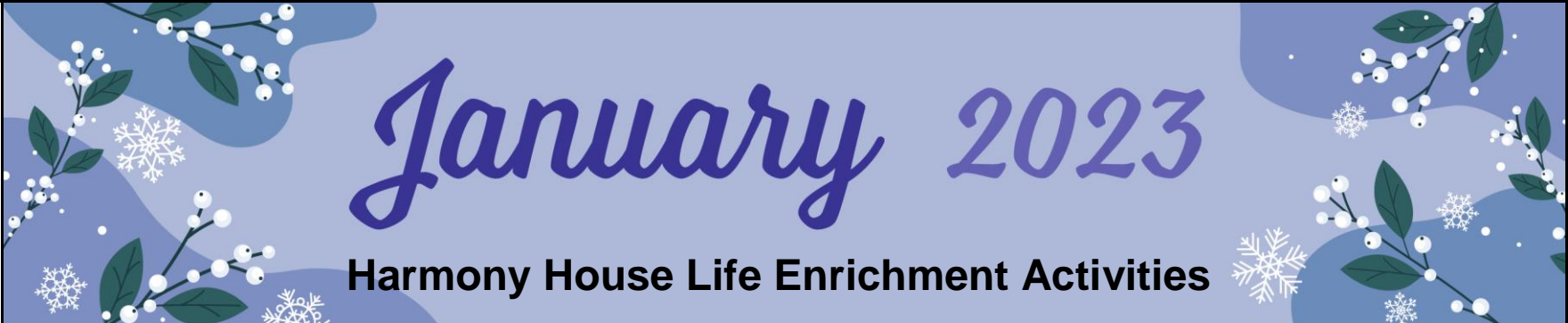


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30 Sunday Service 11:30 Hymn Sing Along 1:30 Bingo 3:00 Docutainment Program</p> <p>New Year's Day</p> <p style="text-align: right;">1</p>	<p>10:00 Forever Fit Exercise/ Walking Program 10:30 Exercise the Mind 11:00 Stories with Naomi 1:30 Hogmanay Tea Party 3:00 Activity of choice</p> <p style="text-align: right;">2</p>	<p>10:00 Forever Fit Exercise/ Walking program 11:00 Reminiscing 1:00 Music Sing along with Alan Baseman 2:00 No Board- em – Here Games 3:00 Activity of Choice 3:00 Sunday Service re-broadcast</p> <p style="text-align: right;">3</p>	<p>10:00 Forever Fit Exercise/ Walking program 10:00 Devotional (CH2) 11:00 Devotion 2:00 Bingo 3:00 Activity of choice</p> <p style="text-align: right;">4</p>	<p>10:00 Forever Fit Exercise/ Walking program 10:30 Exercise the Mind 11:00 Activity of choice 1:30 Music with Seth accompanied on piano by Mary Hildenbrand 3:00 Reminiscing</p> <p style="text-align: right;">5</p>	<p>10:30 Music with Jenna 11:30 Travel 1:00 Fun Food 2:30 Table Games</p> <p style="text-align: right;">6</p>	<p>10:00 Rosary (CH) 10:00 Virtual Rosary (CH2) 10:00 Exercise/ Walking program 11:00 Trivia/ games 1.30 Crafts 2.30 Saturday Matinee Movie</p> <p style="text-align: right;">7</p>
<p>10:30 Sunday Service 11:30 Hymn Sing Along 1:30 Music with Jenna 2:30 Amici Opera Company Donizetti's Lucia Di Lammermoor (CH) 3:00 Docutainment Program</p> <p style="text-align: right;">8</p>	<p>10:00 Forever Fit Exercise/ Walking Program 10:30 Exercise the Mind 11:00 Stories with Naomi 1:00 Activity of Choice 1:15 Dance Movement with Jeannine 3:00 Activity of choice</p> <p style="text-align: right;">9</p>	<p>10:00 Forever Fit Exercise/ Walking program 11:00 Eldergrow 1:00 Music Sing along with Alan Baseman 2:00 No Board- em – Here Games 3:00 Activity of Choice 3:00 Sunday Service re-Broadcast</p> <p style="text-align: right;">10</p>	<p>10:00 Forever Fit Exercise/ Walking program 10:00 Devotional (CH2) 11:00 Wildlife Program 2:00 Bingo 3:00 Activity of choice</p> <p style="text-align: right;">11</p>	<p>10:00 Forever Fit Exercise/ Walking program 10:30 Exercise the Mind 11:00 Activity of choice 1:30 Arts and Crafts 3:00 Reminiscing</p> <p style="text-align: right;">12</p>	<p>10:30 Music with Jenna 11:30 Travel 1:00 Fun Food 2:30 Table Games</p> <p style="text-align: right;">13</p>	<p>10:00 Saturday Social 11:00 Trivia/ games 1.30 Crafts 2.30 Saturday Matinee Movie</p> <p style="text-align: right;">14</p>
<p>10:30 Sunday Service 11:30 Hymn Sing Along 1:30 Bingo 3:00 Docutainment Program</p> <p style="text-align: right;">15</p>	<p>10:00 Forever Fit Exercise/ Walking Program 10:30 Exercise the Mind 11:00 Stories with Naomi 1:00 Activity of Choice 1:15 Dance Movement with Jeannine 2:00 Martin Luther King Jr. Presentation (CH) 3:00 Activity of choice <small>Martin Luther King Jr. Day</small></p> <p style="text-align: right;">16</p>	<p>10:00 Forever Fit Exercise/ Walking program 11:00 Reminiscing 1:00 Music Sing along with Alan Baseman 2:00 No Board- em – Here Games 3:00 Activity of Choice 3:00 Sunday Service re-Broadcast 7:00 Souderton Alumni Men's Chorus (CH)</p> <p style="text-align: right;">17</p>	<p>10:00 Forever Fit Exercise/ Walking program 10:00 Devotional (CH2) 11:00 Devotion 2:00 Bingo 3:00 Activity of choice</p> <p style="text-align: right;">18</p>	<p>10:00 Forever Fit Exercise/ Walking program 10:30 Exercise the Mind 11:00 Activity of choice 1:30 Music with Seth accompanied on piano by Mary Hildenbrand 3:00 Reminiscing</p> <p style="text-align: right;">19</p>	<p>10:30 Music with Jenna 11:30 Travel 1:00 Fun Food 2:30 Table Games</p> <p style="text-align: right;">20</p>	<p>10:00 Exercise/ Walking program 11:00 Trivia/ games 1.30 Crafts 2.30 Saturday Matinee Movie</p> <p style="text-align: right;">21</p>
<p>10:30 Sunday Service 11:30 Hymn Sing Along 1:30 Music with Jenna 3:00 Docutainment Program</p> <p style="text-align: right;">22</p> <p><small>Chinese New Year (Year of the Rabbit)</small></p>	<p>10:00 Forever Fit Exercise/ Walking Program 10:30 Exercise the Mind 11:00 Stories with Naomi 1:00 Activity of Choice 1:15 Dance Movement with Jeannine 3:00 Activity of choice</p> <p style="text-align: right;">23</p> <p><small>Activity Professionals Week</small></p>	<p>10:00 Forever Fit Exercise/ Walking program 11:00 Eldergrow 1:00 Music Sing along with Alan Baseman 2:00 No Board- em – Here Games 2:00 Herb Kaufman Lecture (CH) 3:00 Activity of Choice 3:00 Sunday Service re-Broadcast</p> <p style="text-align: right;">24</p>	<p>10:00 Forever Fit Exercise/ Walking program 10:00 Devotional (CH2) 11:00 Wildlife Program 2:00 Bingo 3:00 Activity of choice</p> <p style="text-align: right;">25</p>	<p>10:00 Forever Fit Exercise/ Walking program 10:30 Exercise the Mind 11:00 Activity of choice 1:30 Arts and Crafts 3:00 Reminiscing</p> <p style="text-align: right;">26</p> <p><small>Australia Day (observed)</small></p>	<p>10:30 Music with Jenna 11:30 Travel 1:00 Fun Food 2:30 Table Games</p> <p style="text-align: right;">27</p>	<p>10:00 Saturday Social 11:00 Trivia/ games 1.30 Crafts 2.30 Saturday Matinee Movie</p> <p style="text-align: right;">28</p>
<p>10:30 Sunday Service 11:30 Hymn Sing Along 1:30 Bingo 3:00 Docutainment Program</p> <p style="text-align: right;">29</p>	<p>10:00 Forever Fit Exercise/ Walking Program 10:30 Exercise the Mind 11:00 Stories with Naomi 1:00 Activity of Choice 1:15 Dance Movement with Jeannine 2:00 Dock Players #4 Reunion (CH) 3:00 Activity of choice</p> <p style="text-align: right;">30</p>	<p>10:00 Forever Fit Exercise/ Walking program 11:00 Reminiscing 1:00 Music Sing along with Alan Baseman 2:00 No Board- em – Here Games 3:00 Activity of Choice 3:00 Sunday Service re-broadcast</p> <p style="text-align: right;">31</p>	 <p style="font-size: 2em; font-family: cursive;">January 2023</p> <p style="font-size: 1.2em; font-weight: bold;">Harmony House Life Enrichment Activities</p>			

All programs subject to change. If you have any questions, please contact Carol Withers at 215 368 4438 Extension 44174