

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# Harmony House Life Enrichment Activities



		<p>10:00 Forever Fit Exercise/ Walking program</p> <p>11:00 Reminiscing</p> <p><b>1:00 Music Sing along with Alan Baseman</b></p> <p>2:00 No Board-em Here Games</p> <p>2:30 Activity of Choice</p> <p>3:00 Sunday Service re-broadcast</p>	<p>10:00 Forever Fit Exercise/ Walking program</p> <p>10:00 Devotional (CH2)</p> <p><b>11:00 Devotion</b></p> <p>2:00 Bingo</p> <p>3:00 Activity of choice</p>	<p>10:00 Forever Fit Exercise/ Walking program</p> <p>10:30 Exercise the Mind</p> <p>11:00 Activity of choice</p> <p><b>1:30 Music with Seth accompanied on piano by Mary Hildenbrand</b></p> <p><b>2:30 Therapy Dog Visit</b></p> <p>3:00 Reminiscing</p>	<p>10:30 Music with Jenna</p> <p>11:30 Travel Video</p> <p>1:00 Fun Food</p> <p>2:00 Sentimental Memories with Seth (DGN)</p>	<p><b>10:00 Rosary (CH)</b></p> <p><b>10:00 Virtual Rosary (CH2)</b></p> <p>10:00 Saturday Social</p> <p>11:00 Trivia/ games</p> <p>1.30 Crafts</p> <p>2.30 Saturday Matinee Movie</p>	
<p>10:30 Sunday Service</p> <p>2:00 Bingo</p> <p>3:00 Docutainment Program</p>	<p>10:00 Forever Fit Exercise/ Walking Program</p> <p>10:30 Exercise the Mind</p> <p><b>11:00 Stories with Naomi</b></p> <p>1:00 Activity of Choice</p> <p><b>1:30 Dance Movement with Jeannine</b></p> <p>3:00 Activity of choice</p>	<p>10:00 Forever Fit Exercise/ Walking program</p> <p>11:00 Reminiscing</p> <p><b>1:00 Music Sing along with Alan Baseman</b></p> <p><b>2:00 Autumn Tea Party</b></p> <p>3:00 Activity of Choice</p> <p>3:00 Sunday Service re-broadcast</p>	<p>10:00 Forever Fit Exercise/ Walking program</p> <p>10:00 Devotional (CH2)</p> <p>11:00 Wildlife Program</p> <p>2:00 Bingo</p> <p>3:00 Activity of choice</p>	<p>10:00 Forever Fit Exercise/ Walking program</p> <p>10:30 Exercise the Mind</p> <p>11:00 Activity of choice</p> <p>1:30 Arts and Crafts</p> <p><b>2:30 Therapy Dog Visit</b></p> <p>3:00 Reminiscing</p> <p><b>7:00 V.A.A.M Veteran's Day Concert (CH)</b></p>	<p>10:30 Music with Jenna</p> <p>1:30 Fun Food</p> <p>2:30 In the Garden or Family Feud</p>	<p>10:30 Beach ball Exercise</p> <p>11:00 Trivia/ games</p> <p>1:30 Crafts</p> <p>3:00 Saturday Matinee Movie</p>	
<small>Daylight Saving Time Ends</small>					<small>Veterans Day Remembrance Day (Canada)</small>		
<p>10:30 Sunday Service</p> <p>1:30 Music with Jenna</p> <p><b>2:30 Amici Opera Company – "TOSCA" (CH)</b></p> <p>3:00 Docutainment Program</p>	<p>10:00 Forever Fit Exercise/ Walking Program</p> <p>10:30 Exercise the Mind</p> <p><b>11:00 Stories with Naomi</b></p> <p>1:00 Activity of Choice</p> <p><b>1:30 Dance Movement with Jeannine</b></p> <p>3:00 Activity of choice</p>	<p>10:00 Forever Fit Exercise/ Walking program</p> <p>11:00 Reminiscing</p> <p><b>1:00 Music Sing along with Alan Baseman</b></p> <p><b>2:00 River of Grace Concert (CH)</b></p> <p>2:30 Activity of Choice</p> <p>3:00 Sunday Service re-broadcast</p>	<p>10:00 Forever Fit Exercise/ Walking program</p> <p>10:00 Devotional (CH2)</p> <p><b>11:00 Devotion</b></p> <p>2:00 Bingo</p> <p>3:00 Activity of choice</p>	<p>10:00 Forever Fit Exercise/ Walking program</p> <p>10:30 Exercise the Mind</p> <p>11:00 Activity of choice</p> <p><b>1:30 Music with Seth accompanied on piano by Mary Hildenbrand</b></p> <p><b>2:30 Therapy Dog Visit</b></p> <p>3:00 Reminiscing</p>	<p>10:30 Music with Jenna</p> <p>1:30 Fun Food</p> <p>2:30 In the Garden or Family Feud</p>	<p>10:00 Saturday Social</p> <p>11:00 Trivia/ games</p> <p>1.30 Crafts</p> <p>2.30 Saturday Matinee Movie</p>	
<p>10:30 Sunday Service</p> <p>2:00 Bingo</p> <p>3:00 Docutainment Program</p>	<p>10:00 Forever Fit Exercise/ Walking Program</p> <p>10:30 Exercise the Mind</p> <p><b>11:00 Stories with Naomi</b></p> <p>1:00 Activity of Choice</p> <p><b>1:30 Dance Movement with Jeannine</b></p> <p>3:00 Activity of choice</p>	<p>10:00 Forever Fit Exercise/ Walking program</p> <p>11:00 Reminiscing</p> <p><b>1:00 Music Sing along with Alan Baseman</b></p> <p>2:00 No Board-em Here Games</p> <p>2:30 Activity of Choice</p> <p>3:00 Sunday Service re-broadcast</p>	<p>10:00 Forever Fit Exercise/ Walking program</p> <p>10:00 Devotional (CH2)</p> <p>10:30 Catholic Mass (CH)</p> <p>2:00 Bingo</p> <p><b>2:00 Thanksgiving Service (CH)</b></p> <p>3:00 Activity of choice</p>	<p>9-12 Macys Thanksgiving Day Parade</p> <p>10:00 Turkey Day Workout</p> <p>10:30 A, B, C of Thanks Game</p> <p>11:00 Thank Your Blessing Cards</p> <p>1:30 Thanksgiving Movie Matinee</p>	<p>10:30 Music with Jenna</p> <p>1:30 Fun Food</p> <p>2:30 In the Garden or Family Feud</p>	<p>10:30 Beach ball Exercise</p> <p>11:00 Trivia/ games</p> <p>1:30 Crafts</p> <p>3:00 Saturday Matinee Movie</p>	
				<small>Thanksgiving Day (US)</small>			
<p>10:30 Sunday Service</p> <p>1:30 Music with Jenna</p> <p>3:00 Docutainment Program</p>	<p>10:00 Forever Fit Exercise/ Walking Program</p> <p>10:30 Exercise the Mind</p> <p><b>11:00 Stories with Naomi</b></p> <p>1:00 Activity of Choice</p> <p><b>1:30 Dance Movement with Jeannine</b></p> <p><b>2:00 Stephen Phillips Lecture (CH)</b></p> <p>3:00 Activity of choice</p>	<p>10:00 Forever Fit Exercise/ Walking program</p> <p>11:00 Reminiscing</p> <p><b>1:00 Music Sing along with Alan Baseman</b></p> <p>2:00 No Board-em Here Games</p> <p>2:30 Activity of Choice</p> <p>3:00 Sunday Service re-Broadcast</p> <p><b>7:00 North Penn Singers (CH)</b></p>	<p>10:00 Forever Fit Exercise/ Walking program</p> <p>10:00 Devotional (CH2)</p> <p>11:00 Wildlife Program</p> <p>2:00 Bingo</p> <p><b>2:00 Christmas Concert With Bill and Michelle (CH)</b></p> <p>3:00 Activity of choice</p>				

All programs subject to change. If you have any questions, please contact Carol Withers at 215 368 4438 Extension 44174