#### **RESIDENTIAL LIVING TRIPS CONTINUED...**

### HUNTERDON HILLS PLAYHOUSE - "CHRISTMAS AT THE PLAYHOUSE 2022"

#### THURSDAY, DECEMBER 8 9:00 a.m. (TRIP)

The Living Branches coach will be traveling to Hampton, N. J. to enjoy the served hot lunch and afternoon show, "Christmas at the Plavhouse 2022". Join us for this annual Holiday Musical Spectacular filled with all-new stories that celebrate love, family, and the magic of Christmas. Enjoy traditional favorites, pop Christmas hits, seasonal spirituals and spectacular dance numbers all backed by the HHP orchestra! The price of this trip includes the served lunch, show, and transportation is \$91.18 per person, to be billed on your statement following the trip. Sign up by calling or emailing Eileen Burks at 215-368-4438, extension, 44121, or Eileen.burks@livingbranches.org. The coach will pick up at each entity beginning at 9:00 a.m.

#### **DUTCH APPLE DINNER THEATRE-"ELF, THE MUSICAL" TUESDAY, NOVEMBER 22, 2022** 9:00 a.m. (TRIP)

The Living Branches coach will be traveling to Lancaster, PA to enjoy the hot buffet lunch and afternoon show, "Elf, The Musical" based on the 2003 hit movie ELF introduces us to a young orphan named Buddy, who mistakenly crawled into Santa's bag of gifts and was transported to the North Pole. Raised by elves his entire life, Buddy doesn't know he is actually a human. This modern-day holiday classic is sure to make everyone embrace their inner elf as Buddy wins over his new family and helps New York remember the true meaning of Christmas. The price of this trip which includes the hot buffet lunch, show and transportation is \$75.30 per person to be billed on your statement after the trip. Sign up by calling or emailing Eileen Burks at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org The coach will pick up at each entity beginning at 9:00 a.m.

#### WANTED: CANDY DONATIONS

Candy donations will be collected throughout the month of October for the costume party treat bags! Collection boxes will be placed in the Dock Manor Lobby below the daily bulletin board, and at the Dock Gardens Community Center, below the resident mailboxes. Your DONATIONS are SWEETLY **APPRECIATED!** 



#### WELLNESS CENTER

Grandview Hospital Lab Services are available by appointment only for residents of Dock Acres, Dock Gardens, the Villas and residents of Dock Manor who have joined the Wellness Center. Please bring your lab and any therapy orders to Maria Popp in the Wellness Center at least 48 business hours before your requested appointment. Labs are drawn Mondays at 9:00 a.m., Tuesdays at 7:30 a.m. and Thursdays at 7:30 a.m. in the Wellness Center Clinic.

The walk-in Wellness Clinic is open daily Monday through Friday from 8:45-10:45 a.m. and on the 2nd and 4th Friday of the month from 1:30-3:30 p.m. or by appointment at any other time. You can schedule a time to see Maria during her normal office hours of 7:00 a.m. to 3:30 p.m. Monday through Friday.

To make an appointment with the following doctors please inform them that you will be seen at Dock Woods.

Dr. Arthur Donley, Podiatrist Call: 215-361-5769 Dr. Christine Kilczewski, TriValley Primary Care (Lansdale) or Brigitte Harken, CRNP, TriValley Primary Care Call: 215-361-5010 Dr. Patricia Reiff, Associates in Hearing Call 215-855-4217

\*\* Please bring your insurance cards and list of medications\*\*

# A Living Branches Community Newsletter DOCKET

#### ANNUAL DOCK WOODS COMMUNITY MEETING

**TUESDAY, OCTOBER 11** 2:00 p.m. (CH)

Communication with our residents and employees is an important part of our Living Branches culture. One of the ways we communicate with residents is through an annual community meeting. The agenda will include reports from the CEO/President, campus executive directors, the chief financial and technology officer, and the chief executive officer. The goal is for you to come away from the meeting with a greater understanding of our operations. Please join us for this informative meeting.

#### **OKTOBERFEST TRIO "DAS NARISHA KAPPELLA"**

#### FRIDAY, OCTOBER 7 2:00 p.m. (FA)

It is time to get out your fall colors and celebrate the season at Dock Woods in the Fisher Auditorium at 2:00 p.m. with

"Das Narisha Kappella, Oktoberfest Trio." Come enjoy music from the Alps, Polkas, Waltzes and German Folk Music. The group consists of Larry Bortz on drums, Kermit Ohlinger on vocals and accordion, and Norman Stull on Woodwinds. Mark your calendars and invite a new neighbor to join you at this afternoon event planned for your listening and dancing pleasure!



#### **BOOKS R FUN BOOK FAIR** FRIDAY, OCTOBER 28, 2022 11:00 a.m. - 3:30 p.m. (FA)

Just in time for the holidays, North America's largest portable book and gift store will be set up in the Fisher Auditorium on Friday, October 28 for 4.5 hours. There are great selections of children's books, best sellers, gift items and novelty items on hand at 70% off discount prices. A rebate from the total sales will benefit the new purchases of books for the Dock Gardens Library. Cash, checks, and credit cards are gladly accepted. Mark your calendars!

## Dock Woods

## **OKTOBERFEST BUFFET**

#### WEDNESDAY, OCTOBER 19 12:00 noon (FA/BISTRO)

As we enjoy the beauty of fall we invite you to join us in the Fisher Auditorium/Bistro at 12:00 noon on Wednesday, October 19, 2022 for the Oktoberfest Buffet. Come and enjoy the buffet with a great variety of Oktoberfest foods and enjoy the 12:30 p.m. authentic German music performed by the Lukens German Band.

This is a reservation ONLY buffet and seats are limited. Pricing is the same as Sunday brunch \$17.25 for DG \$19.25 for DA and VL with dining plan and \$19.25 plus tax without the dining plan. Reservations must be made by Wednesday, October 12 by calling 215-368-4438 and ask for extension 44270.

#### **RESIDENT BIRTHDAYS AND UPDATES**

#### **COMMUNITY EVENTS**

#### **TEST YOUR BALANCE! TUESDAY, OCTOBER 4** 10:00 a.m. (FC)

Stop by the Fitness Center and signup for a basic balance test with one of our amazing physical therapists! This will help establish a positive baseline for your health and longevity, as well as to develop a positive direction forward. Sign up for a time slot by October 3<sup>rd</sup>. Please dress comfortably, and contact Mike with any questions at x44153.

#### **MEDICARE SEMINAR** WEDNESDAY, OCTOBER 5 2:00 p.m. (CH)

You are invited to join Trish Sneddon, CSA of Everence Financial on Wednesday, October 5 at 2:00 p.m. in the Chapel. Trish will review your Medicare options – explaining the differences between Original Medicare and Medicare Advantage plans. She will also discuss Medicare enrollment dates and deadlines, Medicare plan options and costs, Medicare's Open Enrollment Period, Part D Prescription Drug plan updates, and a review of any new changes to Medicare. Please come with your questions in hand, there will be a Q & A session after the seminar.

#### **FIRE SAFETY PROGRAM THURSDAY, OCTOBER 6** 2:00 p.m. (FA)

Did you know that October is National Fire Prevention Month? According to the Department of Homeland Security (FEMA), most Americans underestimate their risk for fire and many lack emergency response plans. You are invited to join members of the Towamencin Fire Department in the Fisher Auditorium at 2:00 p.m. to learn about the safety measures that are

taken at Dock Woods and our broader community to make a safer place for us to live. Each year it is always helpful to refresh our memories with these valuable fire safety tips.

#### AN EVENING WITH MEN IN HARMONY **SUNDAY, OCTOBER 9** 7:00 p.m. (CH)

Please join us for this relaxing evening event featuring Men in Harmony. Men in Harmony is an all-volunteer men's chorus of twenty plus voices. They have been in active musical ministry since June 2000. Their musical repertoire includes sacred, classical, gospel, spirituals, hymn tunes, and patriotic songs. They perform with piano accompaniment and also sing a cappella in 2 and 4 part harmonies. God has blessed them with the ability to vocalize and share their love of God with others through their music. An offering will be graciously accepted.

#### POLICE APPRECIATION **BAKING/DRIVE THROUGH EVENT** MONDAY, OCTOBER 10 2:00 p.m. (RR) & TUESDAY, OCTOBER 11 7:30 a.m. (FA Carport)

Please join us as we thank and honor the Towamencin Township Police Department for their service and protection of our Dock Woods Community. On Monday, October 10 at 2:00 p.m., we invite you to help bake and package the muffins in the Recreation Room. If you plan to bake bring along your mixing bowls, muffin tins, spoons and spatulas. On Tuesday, October 11 at 7:30 a.m. until 9:00a.m., we will be serving hot coffee and the freshly baked muffins to our men and women in Blue, located under the carport at the Fisher Auditorium entrance. Please contact Eileen Burks at 215-368-4438, extension 44121 if you plan to bake.

#### **RL OCTOBER BIRTHDAY** CELEBRATION WEDNESDAY, OCTOBER 12 2:00 p.m. (FA)

ALL Residential Living residents are invited to attend the monthly birthday celebration. If you are a birthday celebrant, please call or email Eileen Burks at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org by Tuesday, October 11, if you plan to attend and receive your birthday plant. This month we have invited for the first time to Dock Woods, Nashville Recording Artist, Ann Brown, performing "Constantly Country." Mark your calendars!

#### **"MEET THE JUDGE" CIVICS 101 THURSDAY, OCTOBER 13** 2:00 p.m. (FA)

Please join Magisterial District Judge Edward Levine in the Fisher Auditorium at 2:00 p.m. as he updates and explains the State Judicial System and what the local courts have been recently handling. Judge Levine will also be sharing some interesting stories and anecdotes he has seen in court. The Judge's district covers Lansdale Borough, Towamencin Township, Hatfield Borough and parts of Hatfield Township. Following the presentation there will be some Q & A time with the Judge.

#### **MEN'S BREAKFAST FRIDAY, OCTOBER 14** 8:00 a.m. (FA)

This month the guest speaker is historian Walt Johnson who plans to highlight the exploits of William Penn and Christopher Dock in the early beginnings of the Pennsylvania Colony. William Penn got his land grant from the King of England in 1681 and being a Quaker experienced some struggles in

This page has been removed to protect the privacy of our residents.

#### **RESIDENTIAL LIVING TRIPS**

#### **PERKIOMEN TOURS & TRAVEL** PENN'S PEAK "WE'VE ONLY JUST **BEGUN: CARPENTERS REMEMBERED**" TUESDAY, OCTOBER 4 9:30 a.m. (FA **ENTRANCE) (TRIP)**

The Perkiomen Tours & Travel luxury coach will be transporting residents and guest with reservations to Jim Thorpe, to enjoy the afternoon family style lunch and show at Penn's Peak. The coach will depart from the FA entrance ONLY. Approximate return to Dock Woods is 4:45p.m.

#### MEDA GLOBAL FARM PARTY TRIP SUNDAY, OCTOBER 9 11:30 a.m. (TRIP)

The Living Branches coach will be transporting residents and guests with reservations to the Spring Creek Farm in Solebury, PA to enjoy the afternoon at the fun farm party infused with international culture. Come learn about MEDA's (Mennonite Economic Development Associates) work investing in farm communities around the globe. There is lunch available to purchase, hayrides, animals, beautiful gardens and music. If you like to play games, enjoy some corn hole, lawn games and much more! There are seats available on the coach, and we encourage you to invite your family and friends. Transportation is complimentary. Sign up by calling or emailing Eileen Burks at 215-368-4438, extension 44121, or

## Eileen.burks@livingbranches.org

\*\*There is some un-level turf. Please wear comfortable shoes and attire for the day\*\* Golf carts will be available.

#### SHADY MAPLE SMORGASBORD and SHADY MAPLE FARM MARKET TUESDAY, OCTOBER 18 9:00 a.m. (TRIP)

The Living Branches coach has been re-scheduled to transport residents and guests to Lancaster, to enjoy lunch at Shady Maple Smorgasbord and free time at the Shady Maple Farm Market. Upon arrival, each resident will pay \$20.05 per person for the smorgasbord. After lunch we will board the coach and have free time until 3:30 p.m. at the Shady Maple Farm Market. The price of this trip for transportation is \$15.21 per person. Sign up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or

Eileen.burks@livingbranches.org The coach will pick up at each entity beginning at 9:00 a.m. Approximate return home to Dock Woods is 5:30 p.m.

#### **RL DINE AROUND-BRICK TAVERN** INN

#### THURSDAY, OCTOBER 20 4:30 p.m. (TRIP)

The Living Branches coach will be traveling to Quakertown to enjoy dinner at 5:30 p.m. at the Brick Tavern Inn. At the restaurant you will order off the menu, be seated at tables of 4 & 6 and receive separate checks. Sign up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or email her at Eileen.burks@livingbranches.org The coach will pick up at each entity beginning at 4:30 p.m.

#### LANSDALE COMMUNUITY CONCERT N.P.H.S. SATURDAY, OCTOBER 22 6:00 p.m. (TRIP)

The Living Branches coach will be transporting residents with a season membership to the North Penn High School to enjoy the second concert of the season at 7:30 p.m. featuring Jukebox Saturday Night with vocalist Helen Welch. The price of this trip for transportation is \$4.40 per person. Sign up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or

Eileen.burks@livingbranches.org The coach will pick up at each entity beginning at 6:00 p.m. \*\*Don't forget your ticket\*\*

#### **INDIAN VALLEY PUBLIC LIBRARY MOVIE: "AMERICAN UNDERDOG"** TUESDAY, OCTOBER 25 1:15 p.m. (TRIP)

The Living Branches coach will be transporting Dock Woods residents to the Indian Valley Public Library to enjoy the 2:00 p.m. movie, "American Underdog." This movie is a 2021 American biographical sports film about National Football League quarterback Kurt Warner. The film follows Warner's journey (starring Zachary Levi) as an undrafted player who ascended to winning Super Bowl XXXIV. Zachary Levi stars alongside Anna Paquin as his wife Brenda, and Dennis Quaid as his head coach Dick Vermeil. Learn how Kurt Warner went from stocking shelves at a supermarket to becoming an American football star. The price of this trip is \$3.50 per person. Sign up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or

## Eileen.burks@livingbranches.org \*\*

Please note that there is a limit of 15 DW residents to attend the movie\*\* The coach will pick up at each entity beginning at 1:15 p.m.

#### COMMUNITY EVENTS CONTINUED

setting up his plan for the new colony. Come and learn something new about each of these interesting men. Please make your reservations with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or

<u>Eileen.burks@livingbranches.org</u> by Tuesday, October 11. The price of the breakfast is \$7.95 per person plus tax. Ladies are welcome to hear the presentation at 8:30 a.m. A DONATION will be received following the presentation.

#### SENTIMENTAL MEMORIES WITH SETH

#### FRIDAY, OCTOBER 14 2:00 p.m. (NW DOCK GARDENS ATRIUM)

As we enter into the cool and crisp season of Fall, Seth would like for you to join him for a joyous journey into some of the sentimental sounds that give us that autumn aura. We will come together to sing & play sentimental ballads, love songs, and jazz standards. We will also have the chance to take part in a mindful relaxation session to live music. This mindful relaxation can help us to release stress in the mind & body. No musical experience or skills required. \*\*The program will be held indoors at the North Wing Dock Gardens Atrium\*\*

#### AMICI OPERA COMPANY-VERDI'S "OBERTO" **SUNDAY, OCTOBER 16**

2:30 p.m. (CH)

Please join the Amici Opera Company under the artistic direction of Ralph Tudisco in the Chapel at 2:30 p.m. for a fully staged opera in costume as they perform Verdi's, "Oberto." The residents of Living Branches are free with their ID badge. There is a fee charged to guests at the sign in table located at the Chapel Porch hallway entrance.

**SLEEP! MONDAY, OCTOBER 17** 2:00 p.m. (CH)

Please join Denise Davidson MSN, RN,CNE, a member of the outreach team from Jefferson Health as she presents, REGAIN YOUR RESTFUL SLEEP!. Join us to learn about sleeping patterns, disturbances, treatments, and diagnostic tests! Learn about sleep cycles, Restless Leg Syndrome, CPAP equipment, how to maximize your sleep, how to cope with sleeping disorders, as well as therapies and medications that promote sleep!

#### PA HOUSE OF REP. DISTRICT 61 AIDE **FRIDAY. OCTOBER 21** 9:30 a.m. (CC LOBBY)

Just a reminder that Meg Diehl, constituent service advisor, will be available at a table in the Bistro Lobby to provide a variety of services to you on the third Friday of each month for one hour. This service is in addition to the full time office hours at Representative Liz Hanbidge's district office in Blue Bell.

#### SHRED TRUCK EVENT **SATURDAY, OCTOBER 22** 9:00 a.m. to 11:00 a.m. - (FA) **Parking Lot**

Please see details on the flyer/announcement scheduled to be distributed or contact Renee Schaeffer at extension 44179 with your questions.

#### **JEFFERSON HEALTH OUTREACH PROGRAM-REGAIN YOUR RESTFUL**

#### **HERB KAUFMAN & "THE VICTORIAN WOMAN & THE** WOMEN'S RIGHTS MOVEMENT **OF THE 19TH CENTURY**" **THURSDAY, OCTOBER 27** 2:00 p.m. (CH)

You are invited to join historian, Herb Kaufman in the Chapel at 2:00 p.m. as he presents," The Victorian Woman and the Women's Rights Movement of the 19th Century." This is the story of some of the women who, regardless of the culture of the era, made significant strides in establishing their role as fully equal members of society and led the way for the greater establishment of women's equality.

#### 2022 COSTUME PARTY **MONDAY, OCTOBER 31** 2:00 p.m. (FA)

You are invited to join us in the Fisher Auditorium at 2:00 p.m. as we celebrate our annual Costume Party! We have invited back "THE BRITTANY BOYS," who are a swing band playing music from the 1920's to the 1960's. We invite you to wear your favorite orange and black or come in a special costume in the categories to be judged for a prize! Costume categories are: THE MOST **CREATIVE, THE MOST ORANGE &** BLACK, THE FUNNIEST, THE BEST COUPLE, THE PRETTIEST, and FAVORITE SPORTS FAN. Refreshments will be served and everyone will receive a sweet bag of treats!

#### THE ACORN SHOP

Summer's glory is fading and thoughts of fall will soon be here. Do you need to spruce up your fall decorations? Come in and see our fall decor. You're sure to find something beautiful for your home! All signs, plaques and framed artwork is 20% off for the month of September! Open M-T, 9:30 a.m. – noon, W–F, 9:30 a.m. – 3:00 p.m., Sat. 10:00 a.m.-Noon

#### **DOCK'S GIFTS & TREASURES SHOP**

Gifts and Treasures is full of useful household items. Have a grandchild going to college? We probably have what they need! Curtains and shower curtains are ½ price for the month of September! Thank you for supporting Dock Woods Sharing Fund through our gift shops! Open M-F, 1:00-3:00 p.m.

#### SARA SPOTLIGHT

What should I do with my pendant when I go off campus?

If you are going away overnight, you should leave your pendant in your home. The SARA pendant will not work off campus. If you forget to leave it at home please do not leave you SARA device in your car. The extreme temperatures can potentially render the device inoperable.

#### FUND DEVELOPMENT

#### **Online Auction - Thank You!**

The Fund Development Team would like to thank you for your support of the Online Auction that was held in August. We are so grateful for your donations, bids and sharing of the auction links. Donations amounted to \$8,319.20 after expenses, and these net proceeds will benefit the Agape Fund, which is the benevolent care fund that provides for the residents of Souderton Mennonite Homes who can no longer afford to pay the full cost of their care. Donations to the Agape Fund are accepted online at <u>livingbranches.org/donate</u> or can be sent (check payable to Living Branches Foundation) to Living Branches Foundation, 275 Dock Drive, Lansdale, PA 19446.

#### The Campaign for Living Branches – Residential Living Update

The Fund Development Team would like to thank you for the support of the Resident Phase of The Campaign for Living Branches. Our goal was to have 100% participation of all RL (Residential Living) residents, whether big or small donations. As of August 31, we are glad to announce that we had 63% participation of the Living Branches RL residents and raised over \$526,000.00 for the campaign. Donations will still be accepted for The Campaign for Living Branches as we move into the public phase this fall. Donations can be made online at livingbranches.org/donate or can be sent (check payable to Living Branches Foundation) to Living Branches Foundation, 275 Dock Drive, Lansdale, PA 19446. Please earmark your check for "capital campaign."

#### Friends of the Sharing Fund Dinner

- ✓ Invitations were mailed to all RL residents on both Dock Woods and Souderton Mennonite Homes campuses mid-September.
- ✓ The 34th Annual Friends of the Sharing Fund Dinner will be held on Wednesday, October 26, 2022 in the Dock Woods Fisher Auditorium and Chapel. We are excited to welcome Ted and Co. Theaterworks as they share "Holy Surprises" with us.
- ✓ Shuttles will run continuously for both Dock Woods and Souderton Mennonite Homes beginning at 4 p.m. and again after the concert at 9 p.m. There will also be a shuttle from Fisher Auditorium to the Dock Woods Chapel for the Ted & Co. Show.
- ✓ All proceeds from the event benefit the Dock Woods and The Willows Sharing Fund, which provides grants to residents who are no longer able to cover the full cost of their care.
- ✓ If you have questions about the event, please contact Keith Heavener at ext. 44115, Dena Winner at ext. 44304, or Rose Hackman at ext. 44305.

#### SHUTTLE UPDATE

We are continuing to experience a shortage of drivers at Living Branches. Beginning in October we will discontinue on-campus shuttles for routine events at Dock Woods and Souderton Mennonite Homes. This will allow us to prioritize our drivers for off-campus trips, including shopping trips and Dine-Arounds. We will look to resume on-campus shuttles as quickly we can identify additional drivers. We apologize for this inconvenience and thank you for your patience.

#### **REPORTS CONTINUED...**

#### ANNUAL DISCLOSURE STATEMENT

Each year we prepare a disclosure statement for the Department of Insurance, which regulates life plan communities. This year's disclosure statement will be available at the end of October. If you are interested in having a copy, please call the administrative office receptionist. Give your name and phone number, and a copy of the disclosure statement will be delivered to you.

#### THE ACORN SHOP

Have you had an opportunity to visit the **Acorn Shop** lately? New items include colorful Solmate Socks for men and women, Camille Beckman glycerin soaps, hand cream, and boxed cards with Scripture! All **jewelry is 20% off** for the month of October. Take advantage of our great selection while supplies are good. We also have a nice assortment of Fall items to spruce up your décor! **All Fall merchandise will be 25% off October 24-31! Christmas gifts and decorations** will be appearing throughout the month of October, so don't forget to bring your list and get a jump on your Christmas shopping!

#### **DOCK'S GIFTS & TREASURES SHOP**

All picture frames and framed art is **50% off** during October. Christmas décor will be for sale in the Nook and in the Gifts & Treasures Shop this month! We have lots of great goodies for yourself or gifting to others! Donations are accepted during regular business hours, M-F, 1:00-3:00 p.m.

#### LIVING U UPDATE

Living U kicks off this month with three active aging week classes that are free for all residents. October 3 (Mindfulness, Creativity and Movement), October 4 (Temporal Hygiene), and October 6 (Resilience and Exercise). Additional courses this month will allow us to appreciate beauty and enrich our thinking: October 11, 20, and 25 (The Arab/Israeli Dilemma), October 13 (Benefits of Native Plants), October 18 (Philadelphia Red-Tailed Hawks), and October 27 (An Honest and Industrious People). Are you a reader? The residential library has added a number of new books to read that complement several of the course offerings. Contact Maribeth Benner, Living U Coordinator at extension 44204 for more information.

#### PASTORAL CARE

October is a month that brings many changes. The temperatures are cooler, the leaves change color, the days are shorter and some of the songbirds are migrating south. Here at Dock Woods, we are seeing changes as the construction project continues to change the landscape around Dock Terrace. We don't always like change because it disrupts our normal pattern of life. I even heard someone say recently that older people are set in their ways and won't change.

I want to refute that idea because I see living examples of that every day in my encounters with residents here at Dock Woods. We have all had to adjust to significant change as we responded to the pandemic. I watch residents learning to use new technology, engaging in different activities such as Living U and Life Enrichment, and having conversations about all kinds of ideas.

As I shared the morning message in our chapel service at Dock Woods in September I used the metaphor of construction and remodeling to describe the spiritual renewal God does in each of our lives as we seek to follow Jesus. The Holy Spirit is always at work to renew our thought patterns and behaviors to be more Christlike. God does this work in a gentle way, but it often involves "deconstruction," so God can implant in us a new way of thinking or behaving.

As we watch the construction take place here at Dock Woods over the next several months, ask God to help you grow in your awareness of his "remodeling" work in your life as well. Be open to the new learnings Jesus has for you. Jesus declared in John 10:10, "The thief comes to steal, kill and destroy, but I have come that they may have life and have it to the full." How might God want you to experience more of his abundant love, grace and forgiveness? And remember, "God, who began a good work in you will carry it on to completion until the day of Christ Jesus." Philippians 1:6.

Just as we look forward to the Dock Terrace construction project taking shape and bringing renewal to our Health Care unit, let us also look forward to the transformation God will complete in each of us for his glory.

Pastor Sandy Landes