#### **RESIDENTIAL LIVING TRIPS CONTINUED....**

PERKIOMEN TOURS & TRAVEL
PENN'S PEAK "WE'VE ONLY JUST BEGUN: THE CARPENTERS
REMEMBERED"
TUESDAY, OCTOBER 4, 2022 9:30 a.m. (FA ENTRANCE)

The Perkiomen Tours & Travel luxury coach will be traveling to Jim Thorpe, on Tuesday, October 4 at 9:30 a.m. to enjoy the afternoon show, "We've Only Just Begun: Carpenters Remembered" at Penn's Peak. Upon arrival we will enjoy a family style lunch and experience an intimate behind the scenes portrait of the pop music phenomenon that defined an era. This concert starring Michelle Berting Brett, accompanied by her Nashville musicians, re-creates the Carpenters' classic songs which include "Close to You," "Yesterday Once More," " Rainy Days & Mondays," and many more! The price of this trip which includes the transportation, family style lunch, show and Perkiomen Driver gratuity is \$87.00 per person. Please make your reservations with Eileen Burks by calling or emailing her at 215-368-4438, or Eileen.burks@livingbranches.org Guests are welcome, and the coach will depart from the FA entrance ONLY. Approximate return to Dock Woods is 4:45 p.m.

Service	Price
tandard Meal Price in Christopher's	
Resident on a dining plan (DA, VL, DG, OC, DT)	\$ 17.25 (\$24.95 Fixed Price Menu)
Resident not on dining plan (DA, VL, DM)	\$ 17.25 plus tax
Guest	\$ 21.35 plus tax
Child (4-12)	\$ 10.50 plus tax
unday Brunch and Holidays	
Resident on a dining plan (DG, OC, DT)	\$ 17.25
Resident on an optional dining plan (DA, VL)	\$ 19.25
Resident not on a dining plan (DA, VL, DM)	\$ 19.25 plus tax
Guest	\$ 22.10 plus tax
Child (4-12)	\$ 10.50 plus tax

\*\* Eileen Burks will be on vacation August 19 through 26. She will be back in the office on Monday, August 29.\*\*

#### **WELLNESS CENTER**

Grandview Hospital Lab Services are available by appointment only for residents of Dock Acres, Dock Gardens, the Villas and residents of Dock Manor who have joined the Wellness Center. Please bring your lab and any therapy orders to Maria Popp in the Wellness Center at least 48 business hours before your requested appointment. Labs are drawn Mondays at 9:00 a.m., Tuesdays at 7:30 a.m. and Thursday at 7:30 a.m. in the Wellness Center Clinic.

The walk-in Wellness Clinic is open daily Monday through Friday from 8:45-10:45 a.m. and on the 2nd and 4th Friday of the month from 1:30-3:30 p.m. or by appointment at any other time. You can schedule a time to see Maria during her normal office hours of 7:00 a.m. to 3:30 p.m. Monday through Friday.

To make an appointment with the following doctors please inform them that you will be seen at Dock Woods.

Dr. Arthur Donley, Podiatrist
Call: 215-361-5769
Dr. Christine Kilczewski,
TriValley Primary Care
(Lansdale)
or Brigitte Harken, CRNP,
TriValley Primary Care Call:
215-361-5010
Dr. Patricia Reiff, Associates in
Hearing Call 215-855-4217

\*\* Please bring your insurance cards and list of medications\*\* A Living Branches Community Newsletter

# DOCKET

DOCK WOODS

AUGUST 2022

## EVERYWHERE, THE GLINT OF GOLD: TREASURES FROM THE TOMB OF TUTANKHAMUN

THURSDAY, AUGUST 4 2:00 p.m. (CH)

Did you know that November 4, 2022 marks the 100th anniversary of one of the greatest archaeological discoveries of all time, The Tomb of Tutankhamun. You are invited to join Dr. Stephen Phillips, Ph.D. from the University of Pennsylvania Museum of Archaeology and Anthropology in the Chapel at 2:00 p.m. on Thursday, August 4 and spend time inside King Tut's tomb without having to travel to Egypt. This lecture first recounts the extraordinary chain of events leading up to Howard Carter's discovery of King Tut's tomb, then we will see amazing images of the breathtaking array of spectacular ancient artifacts it contained, including gold, precious stones, sculpted alabaster, and beautifully carved wooden objects. A shuttle will pick up at each entity beginning at 1:20 p.m.

## FOUNDING MOTHERS: THE WOMEN OF THE AMERICAN REVOLUTION

MONDAY, AUGUST 8 2:00 p.m. (CH)

You are invited to come and learn the history of many selfless and heroic women whose role in service of the revolution is often ignored and forgotten. Please join Historian, Herb Kaufman at 2:00pm in the Chapel as this lecture, "Founding Mothers" will focus on the significant and important roles played by many women in the War for Independence. Women organized the Daughters of Liberty and performed crucial tasks in the American Revolution, organizing fundraising drives, supplying the troops, working in military camps, serving as spies, and tending to the wounded soldiers. A shuttle will begin to pick up at each entity at 1:20 p.m.

## BEACH DAY AT LIVING BRANCHES

WEDNESDAY, AUGUST 17 (ALL DAY EVENTS)

### DOCK WOODS and SOUDERTON MENNONITE HOMES

This year instead of a BBQ, Living Branches is celebrating the end of the summer with "BEACH DAY" on Wednesday, August 17, at all Living Branches campuses. We invite you to save the date and enjoy all the exciting events planned throughout the day! Beach Day begins on August 15 and 16 as you enter your name to win the exciting beach raffle baskets to be awarded to the winning residents on August 17. On August 17, wear your favorite beach attire or hat, and enjoy accenting your attire with a complimentary lei in an array of beachy colors. Each campus will be hosting a variety of sport/games/events along with ice cream from Downtown Scoop and Captains Market Food Truck at discounted prices. We have added beach music with Bill Monaghan in the afternoon, patio/blanket bingo, and end the evening with a 7:00 p.m. concert featuring the Red Hill Band in the Dock Woods Chapel, under the artistic direction of Amanda Maldonado. (Following the concert a donation will be received.) Sign up with Eileen Burks at Dock Woods, or Heather Scattergood at Souderton Mennonite Homes, if you plan to purchase a delicious entrée from Captains Market Food Truck. You will receive a ticket for one entrée, one side, and a soft drink for \$10.00 per person to be billed on your statement. At Downtown Scoop enjoy a variety of flavors of a delicious ice cream cone for \$2.00 per person. (Exact cash accepted).

#### **COMMUNITY EVENTS**

#### **RL AUGUST BIRTHDAY CELEBRATION**

#### WEDNESDAY, AUGUST 10 2:00 p.m. (FA)

**ALL Residential Living residents** are invited to attend the monthly birthday celebration. If you are a birthday celebrant, please call or email Eileen Burks at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org by Tuesday, August 9, if you plan to attend and receive your birthday plant. This month we have invited "LORRIE & JAMES DUO" to entertain us! A shuttle will begin to pick up at each entity at 1:20 p.m.

#### **MEN'S BREAKFAST**

#### FRIDAY, AUGUST 12 8:00 a.m. (FA)

This month the guest speaker is HENRY ROSENBERGER, a former board member of Hatfield Mennonite Homes (The Willows), Vice Chair and then Chair of the Dock Woods Community, Inc. Board of Directors. Henry will present an overview of his life as he has shared it in his autobiography, LIFE AT C LEVEL. He emphasizes the importance of family and friends throughout his vouth, education, church life and businesses - Rosenberger Dairy, Rosenberger Cold Storage and many others. Come and learn the up and down experiences of his life. Please make your reservation with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or

Eileen.burks@livingbranches.org by Tuesday, August 9. The price

\$7.95 (new pricing) per person plus tax. Ladies are welcome to hear the presentation at 8:30 a.m.

#### **SONGS OF IOY WITH SETH**

#### FRIDAY, AUGUST 12 2:00 p.m. (PATIO OUTSIDE BISTRO)

As we continue to enjoy summer we invite you to come and share the joy of music-making with Seth Laucks and your neighbors out on our beautiful fire pit patio outside of the Bistro. We will be singing and playing some of your favorite familiar popular songs from wayback-when, folk music, uplifting hymns of hope, summertime tunes, and we may even have time for a few requests! All are welcome, no musical skills required. \*\*\*In the event of inclement weather, we will meet at the DG North Wing lobby, (FISH POND)\*\*\*

#### **AMICI OPERA COMPANY** Verdi's "LaTraviata"

#### SUNDAY, AUGUST 14 2:30 p.m. (CH)

You are invited to attend the Amici Opera Company's fully staged opera in costume, under the artistic direction of Ralph Tudisco. Residents of Living Branches are free with their ID card. There is a fee charged to guests at the sign in table located at the Chapel porch hallway.

#### **IEFFERSON HEALTH OUTREACH** PROGRAM-"EXERCISE YOUR MIND"

#### MONDAY, AUGUST 15 2:00 p.m. (CH)

Please join Denise Davidson MSN, RN, CNE, a member of the outreach team from Jefferson Health as she presents, "Exercise Your Mind." Come and review the latest techniques to maximize your Memory Fitness, and learn coping strategies in living with dementia and Alzheimer's! Following the presentation there will be time for Q & A. A shuttle will begin to pick up at each entity beginning at 1:20 p.m.

#### "BEACH DAY" OUTSIDE GAMES WITH MIKE HERTZLER

#### WEDNESDAY, AUGUST 17 10:30 a.m. (300 DA GROUNDS)

As we celebrate "BEACH DAY" at Living Branches we invite you to come and participate with the morning outside games located on the grounds of 300 Dock Acres. Come and enjoy playing one of your favorite games: badminton, glow in the dark corn hole, paddle ball, Frisbee throw, lawn darts, outdoor volleyball, and horseshoes.

#### **SEATED "BEACH DAY" CHAIR VOLLEYBALL**

#### WEDNESDAY, AUGUST 17 2:00 p.m. (FA)

As we Celebrate "Beach Day" at Living Branches, be sure to mark your calendars and plan to

#### RESIDENT BIRTHDAYS AND UPDATES

This portion has been removed to protect the privacy of our residents.

#### RESIDENTIAL LIVING TRIPS

#### **LEHIGH VALLEY IRON PIGS BASEBALL GAME** FRIDAY, AUGUST 5 5:00 p.m.

The Living Branches coach will be transporting residents with reservations to the Lehigh Valley Iron Pigs 7:05p.m. baseball game in Allentown, PA to enjoy the Lehigh Valley Iron Pigs vs. the Syracuse Mets (New York Mets affiliate). Just a reminder there will be time to purchase food and beverage with a credit card only. Following the game you will be able to enjoy a spectacular fireworks display. The coach will pick up at each entity.

#### **RL DINE AROUND-**THE METROPOLITAN MONDAY, AUGUST 29 4:30 p.m.

The Living Branches coach will be traveling to Montgomervville, PA to enjoy an evening dinner at The Metropolitan. At the restaurant you will order off the menu, be seated at tables of four and six. and receive separate checks. Sign up with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org The coach will pick up at each entity beginning at 4:30 p.m.

#### **INDIAN VALLEY PUBLIC LIBRARY** MOVIE: "DOG" TUESDAY, AUGUST 30 1:15 p.m.

The Living Branches coach will be transporting Dock Woods residents to the Indian Valley Public Library to enjoy the 2:00

p.m. movie, *DOG*. *DOG* is a 2022 American comedy drama starring 44121, or Channing Tatum as an Army Ranger who is tasked with escorting the military dog, Lulu, of his fallen friend to his funeral. Lulu, a Belgian Malinois with a history of aggressive behavior accompanies Jackson Briggs (Tatum) who is suffering from PTSD. This film was inspired by a MONDAY, SEPTEMBER 12 8:30 real road trip director Channing Tatum took with his pit bull mix also named Lulu. The price of this trip is \$3.50 per person. Sign up with Eileen Burks by calling or July trip to Ocean City to enjoy emailing her at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org

\*\*Please note that there is a limit of 15 DW residents to attend the movie\*\* The coach will pick up at each entity beginning at 1:15 p.m.

#### SHADY MAPLE FARM MARKET THURSDAY, SEPTEMBER 1 9:00 a.m. (TRIP)

The Living Branches coach will be traveling to Lancaster, PA to enjoy lunch at the Shady Maple Smorgasbord and free time to shop or browse in the Shady Maple Farm Market. Upon arrival to Shady Maple, each resident will pay \$20.05 inclusive per person for lunch. After lunch we will board the coach and have free time until 3:30pm at the Shady Maple Farm Market. The price of this trip for transportation is \$15.21 per person. Sign up with Eileen Burks by calling or emailing her

at 215-368-4438, extension

Eileen.burks@livingbranches.org The coach will begin to pick up at each entity at 9:00 a.m. Approximate return to Dock Woods is 5:30 p.m.

#### OCEAN CITY, NEW JERSEY **DAY TRIP (RE-SCHEDULED)** a.m. (TRIP)

The Living Branches coach will be transporting residents with reservations from the cancelled the day on the beach/boardwalk. On route the coach will make a rest stop and upon arrival the coach will drop us off on 8th street at the Music Pier entrance. At 4:00 p.m. we will depart for home and arrive at Dock Woods at approximately 7:00 p.m. The price of this trip is \$21.20 per **SHADY MAPLE SMORGASBORD** person for transportation. There are a few seats remaining if you would like to sign-up. Please make your reservations with Eileen Burks by calling or emailing her at 215-368-4438, extension 44121, or Eileen.burks@livingbranches.org The coach will pick-up at each entity.

Continued back page.....

#### **COMMUNITY EVENTS**

participate in this fun activity for both men and women in the Fisher Auditorium at 2:00 p.m. This game is played with a large lightweight beach ball and our new five –foot net Don't forget to wear your favorite beach attire. You will receive a complimentary lei to complement your attire!

#### "BEACH DAY" SEATED CHAIR **BINGO**

#### **WEDNESDAY, AUGUST 17 2:00** p.m. (BISTRO PATIO)

As we celebrate "Beach Day" we performed by this talented duo. invite you to sign up with Eileen A shuttle will begin to pick up at Burks at 215-368-4438. extension 44121 and come to enjoy a variety of beach bingo games with a NEW bingo sheet per game. Bring along a pencil or marker, and a magazine or book to support your bingo sheets. Don't forget to wear your favorite beach hats and attire and receive a lei to accent vour outfit. Come and win some great BEACHY prizes!

#### PA HOUSE OF REP. DISTRICT **61 AIDE**

#### FRIDAY, AUGUST 19 9:30 a.m. (BISTRO LOBBY)

Just a reminder that Meg Diehl, constituent service advisor, will be available at a table in the Bistro Lobby to provide a variety of services to you on the third Friday of each month for one hour. This service is in addition to the full time office hours at Representative Liz

Hanbidge's district office in Blue Bell.

#### **END OF SUMMER BASH** W/"MUSIC MEMORIES WITH **BILL & MICHELLE**"

#### MONDAY, AUGUST 29 2:00 p.m. (FA)

Come beat the Dog Days of summer at the End of Summer Bash with Bill and Michelle from "Music Memories" in the Fisher Auditorium at 2:00 p.m. Enjoy a cool refreshing treat as you enjoy the variety of songs each entity at 1:20 p.m.

#### **AARP SMART DRIVER REFRESHER COURSE**

#### FRIDAY, NOVEMBER 18 12:00 – 4:00 p.m. (Education Center)

Judy Pfander, AARP instructor will be teaching the 4-hour AARP Smart Driver Course in the education center (Oakwood Court basement). If you are an AARP member the price is \$20 per person. If you are not a member the price is \$25 per person. Please make your check payable to AARP and sign up with Eileen Burks in August by calling or emailing her at 215-368-4438 extension 44121 of email her at Eileen.burks@livingbranches.org.

Please bring along a mask to the class, your AARP membership card, pencil and your driver's license. The class size is limited. Your check will be collected when you sign up with Eileen.

#### **REPORTS**

#### **FUND DEVELOPMENT**

#### Online Auction for the Agape Fund

This year the Fund Development Team will again be hosting an online auction to raise monies for the Agape Fund. The sale will include furniture, baked goods, gift cards, gift baskets, day trips, weekend outings, and more. The Auction will begin at 10:00 a.m. on Friday, August 19 and close at 8:00 p.m. on Sunday, August 28. There will be preview areas at Souderton Mennonite Homes in the Corner Store windows and at Dock Woods in the Welcome Center. Check the Living Branches website for a link to the auction site by August 1.

Help Us Fill Our Tree with Acorns!!! "Rooted in Love. Growing Together."
The Campaign for Living Branches

The Residential Campaign phase of The Campaign for Living Branches continues. The goal is 100% participation of all Residential Living residents by August 31, 2022. Our Dock Woods resident campaign representatives are Dan Lapp (215-920-2534) and Dick and Judy Mumaugh (267-649-7495). Feel free to contact them with your questions. Check out the oak tree stand-up banner in the lobby to see our progress to the goal of 100% participation! Thank you to all residents who have contributed to the resident campaign already! If you need a campaign packet or reply form/envelope, stop by the front desk or the Fund Development office.

#### **VOLUNTEERS**

We are looking for volunteers interested in joining our weekly Devotional team. Devotions are streamed live on Channel 2 every Wednesday morning from 10:00-10:15 a.m. You could share a poetry reading, vocal or instrumental selection, scripture, artwork, or a story of your faith experience. Anything that you feel called to share! You can do it once a month or at your

convenience. It's entirely up to you! If you are interested, please contact Jennifer Wilson, Assistant Volunteer Coordinator, at extension 44189 for more information or by email at Jennifer.wilson@livingbranches.org if you are interested or would like more information.

#### **SARA SPOTLIGHT**

Will SARA work in a power outage? Yes

All resident SARA pendant\wrist devices have a battery. All SARA repeaters are equipped with rechargeable batteries. Administration is notified of low batteries and they will contact you for battery replacement. In the event of a power outage, the repeaters will work for up to 24 hours depending on how many SARA alerts are transmitted during the outage. SARA servers are on battery backup as well as generator power

#### THE ACORN SHOP

Beat the heat by strolling in for a cool ice cream novelty available in our ice cream freezer, or a cold drink to keep you cool in those hot summer days! Why not add some greenery to your living spaces? Artificial potted plants are 20% off! Open Mon & Tues 9:30 a.m.-noon, Wed - Fri 9:30-3:00, Sat 10:00 a.m.-noon. We hope to see you in the Acorn Shop!

#### **DOCK'S GIFTS & TREASURES SHOP**

The shop is bursting with merchandise just waiting for a new home or college dorm! Look through our assortment of dinnerware plates and sets – 50% off during August! Thank you for supporting DWC's Sharing Fund through the Dock's Gifts & Treasures Shop. Donations are being accepted during shop hours. Please contact Kathy Martin to inquire about donating furniture at Ext 44230. Open M-F 1:00-3:00 p.m. Stop by to look around!

#### **PASTORAL CARE**

We give thanks to God for his provision of a new Director for the Pastoral Care Team here at Living Branches. Tamira Good will begin serving here at Dock Woods in late July and will bring to the community her gifts of worship, administration and pastoral care, as well as an enthusiastic and joyful spirit. Please join the Pastoral Care Team in welcoming Tami to our community.

Anyone who is a gardener is aware of the lack of rain we have had the past several weeks. We are needing to water our flower and vegetable gardens to keep them thriving in the heat of summer. Some of their roots are shallow and the plants would soon die without extra water. This reminds me of these verses from Jeremiah:

But blessed is the one who trusts in the LORD, whose confidence is in him.

They will be like a tree planted by the water that sends out its roots by the stream.

It does not fear when heat comes; its leaves are always green.

It has no worries in a year of drought and never fails to bear fruit."

Jeremiah 17:7-8

Our world feels chaotic and unsettled at times. We are still living with Covid-19. There is political turmoil, gun violence, inflation and the list goes on. In the midst of all this how can we be like the tree described in this text that has deep roots? How can we remember Jesus is our source of strength and purpose? The verses declare our confidence can be in God even in a difficult season. As we stay rooted in Christ, we will bear fruit. I encourage you to again return to Jesus as your source when you experience fear and worry. We can expect that God will nourish and sustain us so that we will bear fruit for his glory. I look forward to your stories of where you see "fruit-bearing" in the midst of our community."

Blessings,

Pastor Sandy

#### **REMINDERS:**

Prayer together: Thursday, August 11 and 25, Chapel, 10:00 a.m.

Caregiver Support Group: Wednesday, August 3 and 17,

 $Recreation\ Room,\ 3:00\ p.m.$ 

Catholic Mass: Weds, August 24, 10:30 a.m., Chapel Faith Walk: Monday, August 8 and 22, 10:00 a.m., OC 2

Sunday Worship, 10:30 a.m. Chapel

Sunday Service Rebroadcast, Tuesdays, 3:00 p.m., Channel 2

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