

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022



Harmony House Life Enrichment

1
 10.00am Walking Club Social
 11.00am What If?
 1.30pm Saturday Matinee Movie

New Year's Day

2
 10.00am Morning Stroll
 11.00am Sunday Service
 1.30pm Scenic Drive

3
 10am Forever Fit Exercise +
 Daily Bread Reading
 11am Stories with Naomi
 1.30pm No Board-em Here Games
 3.00pm Montessori Activities

4
 10am Forever Fit Exercise +
 Daily Bread Reading
 11.00am Piano with Beth
 1.30pm Arts and Crafts
 3.00pm Reminiscing

5
 10am Forever Fit Exercise
 11.00am Devotion w/pastor Donna
 1.30pm Travel Abroad
 2:00 Dr. Steven Phillips "Gold of the Pharaohs" (CH)
 3.00pm Bingo
 4.00pm Guinea Pig Love

6
 10am Forever Fit Exercise +
 Daily Bread Reading
 11.00am Montessori Activities
 1.30pm Music with Seth
 3.00pm Flannel Graph Story

7
11.00am ELDERGROW – Kick-start Presentation
 11.00am Pet Care
 1.30pm Reminiscing

8
 10.00am Walking Club Social
 11.00am What If?
 1.30pm Saturday Matinee Movie

9
 10.00am Morning Stroll
 11.00am Sunday Service
 1.30pm Scenic Drive

10
 10am Forever Fit Exercise +
 Daily Bread Reading
 11am Stories with Naomi
 1.30pm No Board-em Here Games
 3.00pm Montessori Activities

11
 10am Forever Fit Exercise +
 Daily Bread Reading
 11.00am Piano with Beth
 1.30pm Arts and Crafts
 3.00pm Reminiscing

12
 10am Forever Fit Exercise +
 Daily Bread Reading
 11.00am State Fun Facts
 1.30pm Travel To A State
 3.00pm Bingo
 4.00pm Guinea Pig Love

13
 10am Forever Fit Exercise +
 Daily Bread Reading
 11.00am Montessori Activities
 1.30pm No Cook Food Fun
 3.00pm Flannel Graph Story

14
 10am Forever Fit Exercise
 11.00am Pet Care
 1.30pm Reminiscing

15
 10.00am Walking Club Social
 11.00am What If?
 1.30pm Saturday Matinee Movie

16
 10.00am Morning Stroll
 11.00am Sunday Service
 1.30pm Scenic Drive

17
 10am Forever Fit Exercise +
 Daily Bread Reading
 11am Stories with Naomi
 1.30pm MLK Trivia
 3.00pm Montessori Activities

18
9.30 ELDERGROW
 11.00am Piano with Beth
 1.30pm Arts and Crafts
 3.00pm Reminiscing

19
 10am Forever Fit Exercise
 11.00am Devotion w/pastor Donna
 1.30pm Travel Abroad
 3.00pm Bingo
 4.00pm Guinea Pig Love

20
 10am Forever Fit Exercise +
 Daily Bread Reading
 11.00am Montessori Activities
 1.30pm Music with Seth
 3.00pm Flannel Graph Story

21
 10am Forever Fit Exercise
 11.00am Pet Care
 1.30pm Reminiscing

22
 10.00am Walking Club Social
 11.00am What If?
 1.30pm Saturday Matinee Movie

Martin Luther King Jr. Day

23
 10.00am Morning Stroll
 11.00am Sunday Service
 1.30pm Scenic Drive

24
 10am Forever Fit Exercise +
 Daily Bread Reading
 11am Stories with Naomi
 1.30pm No Board-em Here Games
 3.00pm Montessori Activities

25
 10am Forever Fit Exercise +
 Daily Bread Reading
 11.00am Piano with Beth
 1.30pm Arts and Crafts
 3.00pm Reminiscing

26
 10am Forever Fit Exercise +
 Daily Bread Reading
 11.00am State Fun Facts
 1.30pm Travel To A State
 3.00pm Bingo
 4.00pm Guinea Pig Love

27
 10am Forever Fit Exercise +
 Daily Bread Reading
 11.00am Montessori Activities
 1.30pm No Cook Food Fun
 3.00pm Flannel Graph Story

28
 10am Forever Fit Exercise
 11.00am Pet Care
 1.30pm Reminiscing

29
 10.00am Walking Club Social
 11.00am What If?
 1.30pm Saturday Matinee Movie

30
 10.00am Morning Stroll
 11.00am Sunday Service
 1.30pm Scenic Drive

31
 10am Forever Fit Exercise +
 Daily Bread Reading
 11am Stories with Naomi
 1.30pm No Board-em Here Games
 3.00pm Montessori Activities

All programs subject to change

