

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2022



**1**  
10:00 Virtual Rosary (CH2)  
  
New Year's Day

**2**  
11:00 Worship Services (CH)  
11:00 Virtual Worship Services (CH2)

**3**  
10:00 Energize with Exercise  
10:30 Everyday Life Trivia  
2:00 Uno Card Game  
3:00 Sunday Worship Rebroadcast (CH2)

**4**  
10:00 Stretch It Out  
10:30 Letter U/V Word Game  
2:00 Bingo

**5**  
10:00 Weekly Devotions (CH2)  
10:15 Wednesday Warm Up  
10:45 Music Trivia  
2:00 Worship with Pastor Sandy  
2:00 Gold of the Pharaohs 2

**6**  
10:00 Sit and Be Fit  
10:30 Famous Lasts Trivia  
2:00 Movie: We're No Angels

**7**  
10:00 Light and Lively  
10:30 Words in a Word Game  
2:00 Bingo

**9**  
11:00 Worship Services (CH)  
11:00 Virtual Worship Services (CH2)

**10**  
10:00 Energize with Exercise  
10:30 Everyday Life Trivia  
2:00 Balloon Volleyball  
3:00 Sunday Worship Rebroadcast (CH2)

**11**  
10:00 Stretch It Out  
10:30 Letter W Word Game  
2:00 Bingo

**12**  
10:00 Weekly Devotions (CH2)  
10:15 Wednesday Warm Up  
10:45 Music with Seth  
2:00 Worship with Pastor Sandy

**13**  
10:00 Sit and Be Fit  
10:30 Who, What and When  
2:00 Music with Arlayne

**14**  
10:00 Light and Lively  
10:30 Words in a Word Game  
2:00 Bingo

**15**  
10:00 Bingo with Maryclare

**16**  
11:00 Worship Services (CH)  
11:00 Virtual Worship Services (CH2)

**17**  
10:00 Energize with Exercise  
10:30 Everyday Life Trivia  
2:00 Martin Luther King Jr Program (CH)  
3:00 Sunday Worship Rebroadcast (CH2)  
  
Martin Luther King Jr. Day

**18**  
10:00 Stretch It Out  
10:30 Resident Council  
2:00 Bingo

**19**  
10:00 Weekly Devotions (CH2)  
10:15 Wednesday Warm Up  
10:45 Music Trivia  
2:00 Worship with Pastor Sandy

**20**  
10:00 Sit and Be Fit  
10:30 Random Trivia  
2:00 Ice Cream Social (Merrymeade)

**21**  
10:00 Light and Lively  
10:30 Words in a Word Game  
2:00 Bingo

**22**

**23**  
11:00 Worship Services (CH)  
11:00 Virtual Worship Services (CH2)  
  
Activity Professionals Week

**24**  
10:00 Energize with Exercise  
10:30 Everyday Life Trivia  
2:00 Manicures  
3:00 Sunday Worship Rebroadcast (CH2)

**25**  
10:00 Stretch It Out  
10:30 Letter X,Y,Z  
2:00 What Day Is It? (CH) (Dock Woods Production)

**26**  
10:00 Weekly Devotions (CH2)  
10:15 Wednesday Warm Up  
10:30 Catholic Communion  
10:30 Music with Seth  
2:00 Worship with Pastor Sandy  
  
Australia Day (observed)

**27**  
10:00 Sit and Be Fit  
10:30 Zingers  
2:00 Star of the Month: Ray Bolger

**28**  
10:00 Light and Lively  
10:30 Words in a Word Game  
2:00 Bingo

**29**  
10:00 Bingo with Maryclare

**30**  
11:00 Worship Services (CH)  
11:00 Virtual Worship Services (CH2)

**31**  
10:00 Energize with Exercise  
10:30 Everyday Life Trivia  
2:00 Balloon Toss  
3:00 Sunday Worship Rebroadcast (CH2)

## DOCK TERRACE ACTIVITY CALENDAR

Activities can be changed at the request of the residents. If you have any questions about the calendar or programs, please call Connie Quier at 215-368-4438 extension 44105.