

# RESIDENTIAL LIVING LIFE ENRICHMENT CALENDAR

# DECEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Life Enrichment: Eileen Burks 215-368-4438, Extension 44121</b>  <b>Fitness: Brent Daubenspeck 215-368-4438, Extension 44153</b>  <b>Hearthside Bistro: 215-565-2407, Extension 52407</b>  <b>Pastoral Care: 215-368-4438, Extension 44227 Or 44171</b>  <b>Wellness Nurse Maria Popp 215-368-4438, Extension 44158</b></p>			<p><b>1</b>  8:45 WALK-IN CLINIC HOURS (WC)  <b>9:00 Bookmobile (FA Entrance)</b>  9:00 Open Swim (P)  10:00 DEVOTIONAL (CH2)  10:30 Water Volleyball (P)  <b>1:30 Giant Market</b>  <b>4:00 Advent Prayers (CH)</b></p>	<p><b>2</b>  7:30 Lab Services (By Appt)  8:45 WALK-IN CLINIC HOURS (WC)  9:00 Open Swim (P)  9:30 Forever Young with Kristin (RR)  10:15 Virtual Chair Exercise with Kristin (CH2)  3:15 Virtual Chair Exercise with Kristin (CH2)</p>	<p><b>3</b>  8:45 WALK-IN CLINIC HOURS (WC)  <b>9:00 Hunterdon Hills Playhouse (Trip)</b>  9:00 Open Swim (P)  <b>10:00 Choir Rehearsal (CH)</b>  10:30 Water Volleyball (P)</p>	<p><b>4</b>  10:00 Rosary (CH)  10:00 Virtual Rosary (CH2)  <b>2:00 Christmas Music by Jim Smith (CH2)</b>  <b>6:00 Christmas Music by Jim Smith (CH2)</b></p>
<p><b>5</b>  11:00 Sunday Service (CH)</p>	<p><b>6</b>  8:45 WALK-IN CLINIC HOURS (WC)  9:00 Lab Services (By Appt)  9:00 Open Swim (P)  9:00 UNIVEST BANK (near DG Library)  9:30 Healthy Steps in Motion (RR)  10:30 Water Volleyball (P)  1:30 Ilcken Knitting and Crocheting Club (Bistro)  3:00 Sunday Service - Rebroadcast (CH2)</p>	<p><b>7</b>  7:30 Lab Services (By Appt)  8:45 WALK-IN CLINIC HOURS (WC)  <b>9:00 Hennings Market</b>  9:00 Open Swim (P)  9:30 Art Class (RR)  10:15 Virtual Chair Exercise with Kristin (CH2)  1:00 Tai Chi (RR) \$  <b>1:00 Everence (bank office)(3 hrs)</b>  2:00 Social Services Drop-In Time (Satellite Office)  3:15 Virtual Chair Exercise with Kristin (CH2)  <b>6:30 Tree Lighting Ceremony (FA/Bistro)</b>  7:00 Shuffleboard (OCB)</p>	<p><b>8</b>  8:45 WALK-IN CLINIC HOURS (WC)  9:00 Open Swim (P)  10:00 DEVOTIONAL (CH2)  10:30 Water Volleyball (P)  <b>2:00 RL Birthday Celebration (FA)</b>  <b>4:00 Advent Prayers (CH)</b></p>	<p><b>9</b>  7:30 Lab Services (By Appt)  8:45 WALK-IN CLINIC HOURS (WC)  <b>9:00 Dutch Apple Dinner Theatre (Trip)</b>  9:00 Open Swim (P)  9:30 Forever Young with Kristin (RR)  10:00 Prayer Together (CH)  10:15 Virtual Chair Exercise with Kristin (CH2)  3:15 Virtual Chair Exercise with Kristin (CH2)</p>	<p><b>10</b>  <b>8:00 Men's Breakfast (FA)</b>  8:45 WALK-IN CLINIC HOURS (WC)  9:00 Open Swim (P)  <b>9:00 Poinsettia Sales (Bistro Lobby)(2.5 hrs)</b>  <b>9:00 Hilltown Walmart</b>  <b>10:30 Choir Rehearsal (CH)</b>  10:30 Water Volleyball (P)  1:30 WALK-IN CLINIC HOURS (WC)  <b>2:00 Christmas Music w/ Seth (North Wing Lobby)</b>  <b>4:00 Christmas Caroling on the Patio</b></p>	<p><b>11</b>  <b>6:00 Lansdale Community Concert NPHS (Trip)</b></p>
<p><b>12</b>  11:00 Sunday Service (CH)</p>	<p><b>13</b>  8:45 WALK-IN CLINIC HOURS (WC)  9:00 Lab Services (By Appt)  9:00 Open Swim (P)  9:00 UNIVEST BANK (near DG Library)  9:30 Healthy Steps in Motion (RR)  10:00 Faith Walk (OC2)  10:30 Water Volleyball (P)  1:30 Ilcken Knitting and Crocheting Club (Bistro)  <b>2:00 Christmas Carol Sing Along w/ Jim Smith (CH)</b>  3:00 Sunday Service - Rebroadcast (CH2)</p>	<p><b>14</b>  7:30 Lab Services (By Appt)  8:45 WALK-IN CLINIC HOURS (WC)  9:00 Open Swim (P)  9:30 Art Class (RR)  10:15 Virtual Chair Exercise with Kristin (CH2)  1:00 Tai Chi (RR) \$  <b>1:00 Everence (bank office)(3 hrs)</b>  <b>2:00 Christmas Beach Ball Volleyball (FA)</b>  2:00 Social Services Drop-In Time (Satellite Office)  3:15 Virtual Chair Exercise with Kristin (CH2)  <b>7:00 Penn View Brass Band (CH)</b>  7:00 Shuffleboard (OCB)</p>	<p><b>15</b>  8:45 WALK-IN CLINIC HOURS (WC)  <b>9:00 Bookmobile (FA Entrance)</b>  <b>9:00 Candy Crafter Candy Sales (Bistro Lobby)(6.5 HRS)</b>  9:00 Open Swim (P)  10:00 DEVOTIONAL (CH2)  <b>10:00 Aldis/Kohls</b>  10:30 Water Volleyball (P)  <b>2:00 Santa George &amp; Ann Claus (FA)</b>  <b>4:00 Advent Prayers (CH)</b>  <b>5:30 Patio "Fire Pit" Caroling (Outside the Bistro/Patio)</b></p>	<p><b>16</b>  7:30 Lab Services (By Appt)  8:45 WALK-IN CLINIC HOURS (WC)  9:00 Open Swim (P)  9:30 Forever Young with Kristin (RR)  10:15 Virtual Chair Exercise with Kristin (CH2)  3:15 Virtual Chair Exercise with Kristin (CH2)  <b>4:30 Dine Around (Joseph Ambler Inn) Trip</b></p>	<p><b>17</b>  8:45 WALK-IN CLINIC HOURS (WC)  9:00 Open Swim (P)  <b>10:00 Choir Rehearsal (CH)</b>  <b>10:00 Christmas Music w/ Seth (South Wing lobby)</b>  10:30 Water Volleyball (P)  <b>2:00 Victorian Tea Program (FA)</b></p>	<p><b>18</b>  <b>2:00 Christmas Music by Jim Smith (CH2)</b>  <b>6:00 Christmas Music by Jim Smith (CH2)</b></p>

<b>19</b> 11:00 Sunday Service (CH) <b>3:00 Longest Night Service (CH)</b>	<b>20</b> 8:45 WALK-IN CLINIC HOURS (WC) 9:00 Lab Services (By Appt) 9:00 Open Swim (P) 9:00 UNIVEST BANK (near DG Library) 9:30 Healthy Steps in Motion (RR) 10:30 Water Volleyball (P) 1:30 Ilcken Knitting and Crocheting Club (Bistro) 3:00 Sunday Service - Rebroadcast (CH2)	<b>21</b> 7:30 Lab Services (By Appt) 8:45 WALK-IN CLINIC HOURS (WC) 9:00 Open Swim (P) <b>9:00 ShopRite</b> 🛒 9:30 Art Class (RR) 10:15 Virtual Chair Exercise with Kristin (CH2) 1:00 Tai Chi (RR) \$ <b>1:00 Everence (bank office)(3 hrs)</b> <b>2:00 Christmas Cantata (CH)</b> 🚌 2:00 Social Services Drop-In Time (Satellite Office) 3:15 Virtual Chair Exercise with Kristin (CH2) 7:00 Shuffleboard (OCB)	<b>22</b> 8:45 WALK-IN CLINIC HOURS (WC) 9:00 Open Swim (P) 10:00 DEVOTIONAL (CH2) 10:30 Catholic Mass (CH) 10:30 Water Volleyball (P) <b>2:00 Victorian Women and Christmas Traditions Program w/ the Kaufmans (CH)</b>	<b>23</b> 7:30 Lab Services (By Appt) 8:45 WALK-IN CLINIC HOURS (WC) 9:00 Open Swim (P) 9:30 Forever Young with Kristin (RR) 10:00 Prayer Together (CH) 10:15 Virtual Chair Exercise with Kristin (CH2) <b>2:00 Christmas Eve Service (CH)</b> 3:15 Virtual Chair Exercise with Kristin (CH2)	<b>24 CHRISTMAS EVE</b> <b>12:00 Christmas Eve Buffet</b>  <b>BUSINESS OFFICES CLOSED</b>	<b>25 MERRY CHRISTMAS</b> <b>11:45 Christmas Buffet</b> <b>1:30 Christmas Buffet</b> <b>2:00 Christmas Music by Jim Smith (CH2)</b> <b>6:00 Christmas Music by Jim Smith (CH2)</b>
<b>26</b> 11:00 Sunday Service (CH)	<b>27</b> 8:45 WALK-IN CLINIC HOURS (WC) 9:00 Lab Services (By Appt) 9:00 Open Swim (P) 9:00 UNIVEST BANK (near DG Library) 10:00 Faith Walk (OC2) 10:30 Water Volleyball (P) 1:30 Ilcken Knitting and Crocheting Club (Bistro) <b>1:30 Montg Mall/Wegmans</b> 🛒 3:00 Sunday Service - Rebroadcast (CH2)	<b>28</b> 7:30 Lab Services (By Appt) 8:45 WALK-IN CLINIC HOURS (WC) 9:00 Open Swim (P) 10:15 Virtual Chair Exercise with Kristin (CH2) 1:00 Tai Chi (RR) \$ <b>1:00 Everence (bank office)(3 hrs)</b> 2:00 Social Services Drop-In Time (Satellite Office) 3:15 Virtual Chair Exercise with Kristin (CH2) 7:00 Shuffleboard (OCB)	<b>29</b> 8:45 WALK-IN CLINIC HOURS (WC) <b>9:00 Landis Market</b> 🛒 9:00 Open Swim (P) 10:00 DEVOTIONAL (CH2) 10:30 Water Volleyball (P)	<b>30</b> 7:30 Lab Services (By Appt) 8:45 WALK-IN CLINIC HOURS (WC) 9:00 Open Swim (P) 9:30 Forever Young with Kristin (RR) 10:15 Virtual Chair Exercise with Kristin (CH2) 3:15 Virtual Chair Exercise with Kristin (CH2)	<b>31 NEW YEAR'S EVE</b> <b>4:30 New Year's Eve Buffet (Bistro/FA)</b>  <b>BUSINESS OFFICES CLOSED</b>	

Location Key: (By Appt/WC) = By Appointment/Wellness Center, (B) = Bistro, (CC) = Community Center, (CDR) = Community Dining Room, (CH) = Chapel, (CR) = Conference Rooms A & B, (DMCL) = Dock Manor Computer Lab, (DMCR) = Dock Manor Community Room, (RR) = Dock Gardens Recreation Room, (EC) = Education Center, (FA) = Fisher Auditorium, (FC) = Fitness Center, (FDO) = Fund Development Office, (HH) = Harmony House, (LB) = Library, (OC1)= Oakwood Court 1st Floor Great Room, (OC2) = Oakwood Court 2nd Floor Great Room, (OC3) = Oakwood Court 3rd Floor Great Room, (OCB) = Oakwood Court Basement, (OCDR) = Oakwood Court Dining Room, (P) = Pool, (CH2) = Broadcasting on Channel 2 (in-house cable), (WC) = Wellness Center. 🚌 The bus icon indicates there will be shuttle service for an event. Shuttle service for on-campus events begins 40 minutes before the event, and includes two rounds at each entity. 🛒 Indicates shopping trips. \$ Indicates additional fee. **ACTIVITIES ARE SUBJECT TO CHANGE BASED ON RESIDENT NEED AND SCHEDULING.**

**VIRTUAL CHAIR EXERCISE W/ BRENT** Available Wednesdays on Channel 2 at 10:15 a.m. and 3:15 p.m.

### HOTLINE INFORMATION

**Bistro:** extension 44145

**Dining Reservations:** 215-565-2407 or extension 52407

**Fitness & Aquatics:** 215-565-0236 or extension 50236

**Information Technology:** 215-412-5511 or extension 25511

**CROQUET** will be available every day at 1:30 p.m. in the afternoons provided the temperature is over 50° degrees and weather permitting.

