

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1 10:00 Weighted Warmups 11:00 Devotions w/ Pastor Donna 1:30 Sing Along 3:00 Bingo 4:00 Guinea Pig Love</p>	<p>2 10:00 Morning Flow 11:00 Holiday Decorating 1:30 Music with Seth 3:00 Reading Circle 3:30 Mindful Coloring</p>	<p>3 10:00 Moving and a Grooving 11:00 Pet Care 1:30 Arts and Crafts 3:00 Reminiscing</p>	<p>4 10:00 Walking Club and Treasure Hunt <b>11:00 Christmas Tree Decorating</b></p>
<p>5 10:00 Morning Stroll 11:00 Sunday Service 1:30 Spa Day and Manicures</p>	<p>6 10:00 Scarf Exercise 11:00 Stories with Naomi 1:30 Get Out Your Green Thumb! 2:30 Apple Cider Social 3:00 Making a Daisy Chain</p>	<p>7 10:00 Chair Yoga 11:00 Piano with Beth 1:30 A Christmas Story and Social 3:00 Making Winter Meals for God's Creatures</p>	<p>8 10:00 Weighted Warmups 10:30 Bible Study 1:30 Sing Along 3:00 Bingo 4:00 Guinea Pig Love</p>	<p>9 10:00 Morning Flow 10:45 Exercise Your Mind 1:30 Antler Toss 3:00 Happy New Year Letters to Our Veterans</p>	<p>10 10:00 Moving and a Grooving 11:00 Pet Care 1:30 Arts and Crafts 3:00 Reminiscing</p>	<p>11 10:00 Walking Club and Treasure Hunt 10:30 Snowflakes 1:30 "It's a Wonderful Life" and Cocoa</p>
<p>12 10:00 Morning Stroll 11:00 Sunday Service 1:30 Spa Day and Manicures</p>	<p>13 10:00 Scarf Exercise 11:00 Stories with Naomi 1:00 Puppy visits with Haley <b>2:00 Christmas Carol Sing Along with Jim Smith (CH)</b> 3:30 Just Be Kind</p>	<p>14 10:00 Chair Yoga 11:00 Piano with Beth 1:30 The Story of the Grinch Who Stole Christmas 2:00 The Movie 3:00 Winter Art</p>	<p>15 10:00 Weighted Warmups 11:00 Devotions w/ Pastor Donna <b>2:00 Santa George and Ann Clause (FA)</b> 3:00 Bingo 4:00 Guinea Pig Love</p>	<p>16 10:00 Morning Flow 10:45 Exercise Your Mind 1:30 Music with Seth 3:00 Reading Circle 4:00 Antler Toss</p>	<p>17 10:00 Moving and a Grooving 11:00 Pet Care 1:30 Gift Wrapping <b>2:00 Victorian Tea Program (FA)</b> 3:00 Reminiscing</p>	<p>18 10:00 Walking Club and Treasure Hunt 11:00 The Story of the Nut Cracker 1:30 The Nut Cracker Suite</p>
<p>19 10:00 Morning Stroll 11:00 Sunday Service 1:30 Spa Day and Manicures</p>	<p>20 10:00 Scarf Exercise 11:00 Stories with Naomi 1:30 Get Out Your Green Thumb! 2:30 Card Games 3:30 Hymn Sing</p>	<p>21 10:00 Chair Yoga 11:00 Piano with Beth <b>2:00 Christmas Cantata (CH)</b> 3:30 Winter When We Were Kids  <small>Winter Begins</small></p>	<p>22 10:00 Weighted Warmups 10:30 Bible Study <b>2:00 Victorian Christmas Program w/ the Kaufmans (CH)</b> 3:00 Bingo 4:00 Guinea Pig Love</p>	<p>23 10:00 Morning Flow 10:45 Exercise Your Mind <b>2:00 Christmas Eve Service (CH)</b> 3:30 Reading Circle</p>	<p>24 10:00 Moving and a Grooving 11:00 Pet Care 2:00 Here We Come a Caroling <b>3:00 Santa Clause is Coming to Harmony House</b></p>	<p>25 10:00 Walking Club and Treasure Hunt 11:00 Holiday Memories 2:00 Building a Ginger Bread House 3:00 A Christmas Movie  <small>Christmas</small></p>
<p>26 10:00 Morning Stroll 11:00 Sunday Service 1:30 Spa Day and Manicures  <small>Kwanzaa Begins</small></p>	<p>27 10:00 Scarf Exercise 11:00 Stories with Naomi 1:30 Get Out Your Green Thumb! 3:00 Sewing</p>	<p>28 10:00 Chair Yoga 11:00 Piano with Beth 1:30 Cocoa and Poetry 2:30 When Jesus was Borne 3:30 Hymn Sing</p>	<p>29 10:00 Weighted Warmups 10:30 Bible Study 1:30 Sing Along 2:00 3:00 Bingo 4:00 Guinea Pig Love</p>	<p>30 10:00 Morning Flow 10:45 Exercise Your Mind 1:30 Have You Ever? 2:30 Cheese Tasting 3:30 Reading Circle</p>	<p>31 10:00 Moving and a Grooving 11:00 Pet Care <b>2:00 New Year's Eve Party</b>  <small>New Year's Eve</small></p>	

If you have any questions, concerns or suggestions, please call Carol Withers at 215-368-4439 ext. 44174