

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2021

Dock Terrace Life Enrichment Calendar



										10:00 Light and Lively		1			2
										New Year's Day					
11:00 Virtual Worship Service	3	10:00 Energize w/ Exercise 10:30 Letter G Word game 2:00 Arm Chair Traveler: New York, New York 3:00 Sunday Worship Rebroadcast 6:00 1:1 Visits with Mel	4	10:00 Stretch it Out 10:30 Trivia 2:00 BINGO	5	10:00 Wednesday Warm Up 10:30 Resident Council 2:00 Worship w/ Pastor Sandy	6	10:00 Sit and Be Fit 10:30 Devotional reading/ Story 10:45 Who, What, When 2:00 All About Joan Crawford	7	10:00 Light and Lively 10:30 Mind Joggers 2:00 BINGO	8	Morning Visits with Mel		9	
Morning Visits with Mel 11:00 Virtual Worship Service	10	10:00 Energize w/ Exercise 10:30 Letter H Word Game 2:00 Zoo-Penguins, Polar Bears, Elephants & More 3:00 Sunday Worship Rebroadcast 6:00 1:1 Visits with Mel	11	10:00 Stretch it Out 10:30 Trivia 2:00 BINGO	12	10:00 Wednesday Warm Up 10:30 Name That Instrument 2:00 Worship w/ Pastor Sandy 6:00 1:1 Visits with Mel	13	10:00 Sit and Be Fit 10:30 Devotional reading/ Story 10:45 Music with Sean 2:00 Baltimore Aquarium & Points Beyond 6:00 1:1 Visits w/ Maryclare	14	10:00 Light and Lively 10:30 Mind Joggers 2:00 BINGO 6:00 1:1 Visits with Mel	15			16	
1 1:00 Virtual Worship Service	17	10:00 Energize w/ Exercise 10:30 Letter I Word game 2:00 MLK: We Shall Overcome 3:00 Sunday Worship Rebroadcast 6:00 1:1 Visits with Mel <small>Martin Luther King Day</small>	18	10:00 Stretch it Out 10:30 Trivia 2:00 BINGO	19	10:00 Wednesday Warm Up 10:30 All About Philadelphia 2:00 Worship w/ Pastor Sandy	20	10:00 Sit and Be Fit 10:30 Devotional reading/ Story 10:45 Music with Sean 2:00 Ice Cream Treats	21	10:00 Light and Lively 10:30 Mind Joggers 2:00 BINGO	22	Morning Visits with Mel		23	
Morning Visits with Mel 11:00 Virtual Worship Service	24	10:00 Energize w/ Exercise 10:30 Letter J Word Game 2:00 Uno Card Game 3:00 Sunday Worship Rebroadcast 6:00 1:1 Visits with Mel <small>Activity Professionals Week</small>	25	10:00 Stretch it Out 10:30 Trivia 2:00 BINGO <small>Australia Day (observed)</small>	26	10:00 Wednesday Warm Up 10:45 Music with Seth 2:00 Worship w/ Pastor Sandy 6:00 1:1 Visits with Mel	27	10:00 Sit and Be Fit 10:30 Devotional reading/ Story 10:45 Baking w/ Serena (Popovers) 2:00 Baking w/ Serena (Popovers) 6:00 1:1 Visits w/ Maryclare	28	10:00 Light and Lively 10:30 Mind Joggers 2:00 BINGO 6:00 1:1 Visits with Mel	29			30	
11:00 Virtual Worship Service	31	<p>Skype and FaceTime visits are available daily. See the Living Branches website to sign up.</p> <p>If you have any questions about the calendar or programs, please call Connie Quier at 251-363-4438 extension 44105</p>													

Activities can be added or changed at the request of the residents.