

March 2 - March 8

THE WILLOWS DINING ROOM MENU

Week 4

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Ham Steak with Gravy Candied Sweet Potatoes Buttered Corn Alt: Garlic and herb Shrimp Onion Rings Whole green beans Baker's choice pie	Chicken Marsala Whipped Potatoes Pesto Spaghetti Squash Alt: Sweet & sour Meatballs served over Steamed rice Broccoli florets Blueberry pear crisp	Pan seared salmon Parslied potatoes Pepper Cabbage Alt: Apricot Glazed Pork Tenderloin with Gravy Wild rice Capri Vegetable Blend Apple Bundt cake	Beef burgundy over egg noodles Steamed carrots Chicken Croquettes Whipped potatoes Buttered peas Chef choice cake	Roast turkey with gravy Bread filling Roasted butternut squash Alt: Stuffed pepper with marinara sauce Oven browned potatoes Green bean casserole Lemon Glazed Pound cake	Salisbury Steak with gravy Whipped potatoes Mixed vegetables Alt: Citrus and Fennel Chicken leg quarters Whipped sweet potatoes Corn fritters Banana Cake	Chicken parmesan Rotini with marinara Creamed Spinach Alt: Roast pork tenderloin with gravy Roasted potatoes Braised red cabbage Gelatin Parfait
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Hearty vegetable soup Hot open faced turkey sandwich served with gravy Alt: Soup D'jour Sliced ham sandwich Fresh baked cookies	Cream of tomato soup Grilled cheese sandwich Alt: Soup D'jour Grilled Chicken Caesar Salad Fruited Gelatin	Broccoli cheddar soup Sliced roast beef Sandwich Alt: Soup D'jour Bacon, lettuce and tomato on toast Ice cream Novelty	Split pea with ham soup Grilled hot dog served on a bun Baked beans Alt: Soup D'jour Egg salad sandwich With lettuce and tomato Fresh or canned fruit	Beef barley soup Chicken tenders with dipping sauce Alt: Soup D'jour Corned beef special (corned beef, Swiss cheese, coleslaw, 1000 Island dressing, rye bread) Brownies	Cream of potato soup Ham, macaroni and cheese casserole Alt: Soup D'jour Bologna sandwich sandwich Tapioca pudding	Pesto Chicken Tortellini Soup Sausage Griller on a roll with peppers, onions and Marinara Alt: Soup D'jour Tuna salad on a croissant Fresh or canned fruit

March 9 - March 15

THE WILLOWS DINING ROOM MENU

Week 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Top round with Pan Gravy Roasted Potatoes Mixed vegetables Alt: Shrimp Scampi Over Pasta with Garlic Bread Broccoli Florets Baker's choice pie	Turkey ala King served over rice Baby Carrots Alt: Pineapple Glazed Ham Yukon Whipped Potatoes Root Vegetable Medley Lemon Bundt Cake	Swedish Meatballs over Egg Noodles Green Bean Almandine Alt: Miso Glazed Salmon Fried Rice Sauteed Bok Choy Gingerbread Cake with Cinnamon Icing	Roast Pork Tenderloin with Gravy Whipped Potatoes Sauerkraut Alt: Chicken Cordon Bleu with Sauce Baked Sweet Potato Roasted Beets Baked Apple Blossom	Chicken Marsala Brown Rice Pilaf Buttered Peas Alt: Beef Brisket with Gravy Parslied Potatoes Sautéed Mushrooms and Onions Rice pudding	Beef Burgundy Over Egg Noodles Cauliflower Au Gratin Alt: Citrus Poached Cod Baked Potato with Sour Cream Sautéed Zucchini Cookies & Cream Pie	Rotini with Meat Sauce Italian Vegetable Medley Garlic Bread Alt: Hunter Style Chicken Breast Scalloped Potatoes Sautéed Red Cabbage Pear Crisp
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Cream of Tomato Soup Grilled cheese sandwich Alt: Soup D'jour Cobb Salad (bacon, chicken, blue cheese, egg, cucumber, tomato) with choice of dressing Fresh Baked Cookies	Cream of Potato Soup Carolina pulled pork on a Kaiser roll with cooper sharp cheese, caramelized onions Alt: Soup D'jour Egg Salad Sandwich With Lettuce and Tomato on a Bun Fresh or canned fruit	Vegetable Soup Hamburger on a Bun with Lettuce, Tomato and Onion Alt: Soup D'jour Sliced Turkey and Cheese Sandwich Orange Ambrosia	Mushroom Beef Barley Tuna Melt (tuna salad, sliced tomato, Swiss cheese on an English muffin) Alt: Soup D'jour Italian Hoagie Salad on Split Top Roll Butterscotch Pudding	Split Pea with Ham Soup Ground Beef BBQ served on a bun Alt: Soup D'jour Ham Salad on a Croissant Chocolate Brownie	Italian Bread Soup Creamed Chicken over a Waffle Alt: Soup D'jour Sliced Roast Beef Sandwich with Lettuce and Tomato Ice Cream Sandwich	Minestrone soup Hot Dog on a bun with Baked Beans Alt: Soup D'jour Chicken Salad Wrap Fresh or canned fruit

March 16 - March 22

THE WILLOWS DINING ROOM MENU

Week 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Turkey with Gravy Bread Stuffing Green Bean Casserole Alt: Salmon Croquettes with Cream Sauce Rice Pilaf Steamed Carrots Baker's Choice Pie	Ham Loaf with Country Gravy Whipped Potatoes Cinnamon Roasted Parsnips Alt: French Onion Chicken breast Roasted Potatoes Peas and Onions Apple Cobbler	Chicken Stuffed with Broccoli and Cheese Roasted Potatoes Butternut Squash Soufflé Alt: Beef Liver with Onions Scalloped Potatoes Broccoli Florets Bread Pudding with Vanilla Sauce	Meatloaf with Gravy Macaroni and Cheese Stewed Tomatoes Alt: Baked Tilapia Whipped Sweet Potatoes Buttered Lima Beans Boston Cream Pie	Herb Crusted Pork tenderloin with gravy Whipped Potatoes Harvard Beets Alt: Manicotti with Marinara Creamed Spinach Carrot Cake	Home Style Chicken Stew with a Dumpling Buttered Carrots Alt: Lemon Baked flounder Rice Pilaf Key Largo Vegetable Medley Pecan Pie	Country Style Sausage Whipped Potatoes Peas and Mushrooms Alt: Chicken Marsala Oven roasted potatoes Vegetable Medley Gelatin Parfait
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Cream of Chicken Soup Chicken Cheese Steak with Sauce, Peppers and Onions Alt: Soup D'jour Bologna and Cheese Sandwich Fruited Gelatin	Lentil Soup Turkey Special (turkey, Swiss cheese, coleslaw, 1000 Island dressing, on rye) Alt: Soup D'jour Bacon, Lettuce and Tomato on Toast	Chicken Rice Soup Beef Chili served with a Fresh Baked Corn Muffin Alt: Soup D'jour Chef Salad with Choice of Dressing Orange Cake	Cream of Broccoli Soup Breaded Chicken Tenders with choice of dipping sauce Alt: Soup D'jour Spinach Salad with Bacon, Egg and Onion with Warm Bacon Dressing	Ham, Potato and Cabbage Soup Creamed Dried Beef over Toast Alt: Soup D'jour Egg Salad Sandwich with Lettuce and Tomato Fresh Baked Cookies	Cream of Tomato Soup Grilled Cheese Sandwich Alt: Soup D'jour Liverwurst and Onion on Rye Bread Chocolate Oreo	Manhattan Clam Chowder Amish Casserole Alt: Soup D'jour Roast Beef Sandwich with Lettuce and Tomato Apple Fritter

March 23 - March 29

THE WILLOWS DINING ROOM MENU

Week 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Pot Roast with Vegetable Gravy Candied Sweet Potatoes Sautéed Squash Alt: Chicken Alfredo over penne pasta Garlic Bread Cut Green Beans Baker's Choice Pie	Turkey Croquette Potato Stuffing Sautéed Green Cabbage with Bacon Alt: Beef stroganoff over egg noodles Thyme and Honey Carrots Rice Pudding	Chicken Piccatta Roasted Potatoes Buttered Peas Alt: Hearty Beef and Vegetable Stew with a Biscuit Peanut Butter pie	Salisbury Steak with Mushroom Gravy Whipped Potatoes Creamed Corn Alt: Catch of the Day Brown Rice Pilaf California Vegetable Blend Warm Cranberry Apple Cobbler	Smoked BBQ Beef Brisket Mashed Sweet Potatoes Brussel Sprouts with Bacon Alt: Vegetable Lasagna with Garlic Bread Mixed Vegetable Bread Pudding with a Maple Banana Glaze	Tuscan Shrimp Casserole over a White Bean Stew Garlic Parmesan Orzo Alt: BBQ Chicken Breast with Bacon and Cheddar Whipped Potatoes Creamed Spinach Chocolate Cream Pie	Home Style Chicken Pot Pie with a Biscuit Alt: Stuffed shells with Marinara Garlic bread Steamed Cauliflower Sponge cake trifle with butterscotch pudding
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Vegetable Soup Plain or Pepperoni Pizza Alt: Soup D'jour Chicken Salad with Lettuce and Tomato on a Bun Chocolate Cake with icing	Cream of Cauliflower Soup Cheese Omelet with Hashbrowns Alt: Soup D'jour Italian Hoagie (ham, salami, provolone cheese)	New England Clam Chowder Hamburger on a bun with Lettuce, Tomato and Onion Alt: Soup D'jour Ham and Swiss Sandwich Fresh baked cookies	Split Pea with Ham Soup Open Faced Roast Beef Sandwich with Gravy Alt: Soup D'jour Sliced Turkey and Cheddar Sandwich	Corn Chowder Grilled Italian Sausage with Peppers, Onions and Marinara on a Roll Alt: Soup D'jour Chicken Caesar Wrap	Beef Noodle Soup Beef Cheesesteak with Sauce and Onions Alt: Soup D'jour Tuna Salad Sandwich with Lettuce and Tomato Fresh or canned fruit	Minestrone Soup Meatball Parmesan sandwich with sauce and provolone on a roll Alt: Soup D'jour Shrimp Salad on a Croissant Blonde Brownie