

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>1</p> <p>9:45 Worship Service with Pastor John Ehst (SVA) 10:45 Catholic Communion with St. Maria Goretti (4SR) 7:15 Movie Night (4SR)</p>	<p>2</p> <p>10:30 Occupational Bingo (FR) 12:00 Labor Day Theme Meal (Dining Room)</p> <p>Labor Day</p>	<p>3</p> <p>9:30 Exercise (FR) 9:30 Sittercize (4SR) 10:15 September Trivia (4SR) 11:15 Bookmobile (Lobby) 2:00 Bingo (FR) 2:30 Boxercise (Fam) 3:00 <i>Wellness Social (Café)</i> 7:15 Movie Night (4SR)</p>	<p>4</p> <p>9:00 Balance Basics (Fam) 9:30 Sittercize (4SR) 10:15 Bible Study with Dr. David Jeremiah (SVA) 2:00 <i>Joseph LeRosa Concert (SVA)</i> 2:15 Ping Pong (Fam) 3:00 Abby Visits (Rooms) 3:00 Prayer Yoga (Fam) 7:15 Movie Night (4SR)</p>	<p>5</p> <p>9:00 Podiatry Services (WC) 9:30 Exercise (FR) 9:30 Sittercize (4SR) 10:15 Nail Care with Sandra (4SR) 2:30 Chair Aerobics (Fam) 3:00 Line Dancing (Fam) 3:30 Choir Rehearsal (SVA) 7:00 Bryan Burkhart; The Best of Australia (SVA)</p>	<p>6</p> <p>9:30 Sittercize (4SR) 9:30 Strength Training (Fam) 10:00 Conversational Knitting (Family Room) 10:15 Flower Arranging (4SR) 2:00 <i>Brent Souder Auctioneer (SVA)</i> 2:00 Balance Basics (Fam) 7:00 Game Night (4SR)</p>	<p>7</p> <p>10:30 Bingo Time Fun (FR) 7:15 Movie Night (4SR)</p>
<p>8</p> <p>9:45 Worship Service with Pastor Joy (SVA) 10:45 Catholic Communion with St. Maria Goretti (4SR) 7:15 Movie Night (4SR)</p> <p>Grandparents' Day</p>	<p>9</p> <p>9:05 Prayer Meeting (Fel) 9:30 Exercise (FR) 9:30 Sittercize (4SR) 10:30 Tea &amp; Talk (4<sup>th</sup> Floor Lounge) 11:00 Stretch and Flex (Fam) 1:30 PC Sing Along (4SR) 7:15 Movie Night (4SR)</p>	<p>10</p> <p>9:30 Exercise (FR) 9:30 Sittercize (4SR) 10:15 Zion Soup Project (4SR) 2:00 Bingo (FR) 2:30 Boxercise (Fam)</p>	<p>11</p> <p>9:00 Balance Basics (Fam) 9:30 Sittercize (4SR) 10:15 No Bible Study in SVA 1pm-3pm <i>Clothing Exchange (FR)</i> 2:15 Ping Pong (Fam) 3:00 Prayer Yoga (Fam) 7:15 Movie Night (4SR)</p>	<p>12</p> <p>9:00 Podiatry Services (WC) 9:30 Exercise (FR) 9:30 Sittercize (4SR) 10:15 Game: Rummikub (4SR) 2:30 Chair Aerobics (Fam) 3:00 Abby Visits (Rooms) 3:00 Line Dancing (Fam) 7:00 Pastor Larry &amp; Barbara Stories &amp; Pictures from Ireland &amp; Scotland (4SR)</p>	<p>13</p> <p>9:30 Sittercize (4SR) 9:30 Strength Training (Fam) 10:00 Conversational Knitting (Family Room) 10:30 <i>Bible Study with Pastor Larry (4SR)</i> 2:00 Flower Arranging (4SR) 2:00 <i>Food Forum (FRA)</i> 2:00 Balance Basics (Fam) 7:00 Game Night (4SR)</p>	<p>14</p> <p>9:30 Sittercize (4SR) 10:30 Bingo Time Fun (FR) 1:00 Table Games &amp; 2:00 Coffee &amp; Chat (4SR) 7:15 Movie Night (4SR)</p>
<p>15</p> <p>9:45 Worship Service with Pastor Larry (SVA) 10:45 Catholic Communion with St. Maria Goretti (4SR) 6:30 <i>Hymn Sing with Hopewell Fellowship (SVA)</i></p>	<p>16</p> <p>9:30 Exercise (FR) 9:30 Sittercize (4SR) 10:30 Tea &amp; Talk (4<sup>th</sup> Floor Lounge) 11:00 Stretch and Flex (Fam) 1:30 PC Sing Along (4SR) 7:15 Movie Night (4SR)</p>	<p>17</p> <p>9:30 Exercise (FR) 9:30 Sittercize (4SR) 10:15 September Jeopardy (4SR) 11:15 Bookmobile (Lobby) 2:00 <i>Back To School Bingo (SVA)</i> 2:30 Boxercise (Fam) 7:15 Movie Night (4SR)</p>	<p>18</p> <p>9:00 Audiology (WC) 9:00 Balance Basics (Fam) 9:30 Sittercize (4SR) 10:15 Bible Study with Dr. David Jeremiah (SVA) 2:00 Nail Care with Sandra (4SR) 2:15 Ping Pong (Fam) 3:00 Prayer Yoga (Fam) 7:15 Movie Night (4SR)</p>	<p>19</p> <p>9:00 Podiatry Services (WC) 9:30 Exercise (Fam) 9:30 Sittercize (4SR) 10:30 <i>Resident Council (4SR)</i> 2:00 <i>Herb Kauffman; Historian (SVA)</i> 2:30 Chair Aerobics (Fam) 3:00 Line Dancing (Fam) 3:30 Choir Rehearsal (SVA) 7:00 Care &amp; Share Update; Suzanne Kratz &amp; Team (SVA)</p>	<p>20</p> <p>9:30 Sittercize (4SR) 9:30 Strength Training (Fam) 10:00 Conversational Knitting (Family Room) 10:30 Game: Skip-Bo (4SR) 2:00 Flower Arranging (4SR) 2:00 Balance Basics (Fam) 7:00 Game Night (4SR)</p>	<p>21</p> <p>10:30 Bingo Time Fun (FR) 7:15 Movie Night (4SR)</p> <p>Oktoberfest Begins</p>
<p>22</p> <p>9:45 Worship Service with Pastor Kevin King &amp; SMH Choir (SVA) 10:45 Catholic Communion with St. Maria Goretti (4SR) 7:15 Movie Night (4SR)</p>	<p>23</p> <p>9:30 Exercise (FR) 9:30 Sittercize (4SR) 10:30 Tea &amp; Talk (4<sup>th</sup> Floor Lounge) 11:00 Stretch and Flex (Fam) 1:30 PC Sing Along (4SR) 7:15 Movie Night (4SR)</p> <p>Autumn Begins</p>	<p>24</p> <p>9:30 Exercise (FR) 9:30 Sittercize (4SR) 10:15 Cranium Crunchers (4SR) 2:00 <i>September/October Birthday Party (SVA)</i> 2:00 Bingo (FR) 2:30 Boxercise (Fam) 3:30 Rosary (SFR) 7:15 Movie Night (4SR)</p>	<p>25</p> <p>9:00 Balance Basics (Fam) 9:30 Sittercize (4SR) 10:15 Bible Study with Dr. David Jeremiah (SVA) 1:00 Grief and Loss Support Group (SFR) 1:00 Podiatry (WC) 2:15 Ping Pong (Fam) 3:00 Prayer Yoga (Fam) 7:15 Movie Night (4SR)</p>	<p>26</p> <p>9:00 Podiatry Services (WC) 9:30 Exercise (Fam) 9:30 Sittercize (4SR) 10:00 <i>Living Well into Old Age; Denise Primavera (SVA)</i> 2:30 <i>PA Dutch in HC Lounge</i> 2:30 Chair Aerobics (Fam) 3:00 Abby Visits (Rooms) 3:00 Line Dancing (Fam) 7:00 Harmonaires Music Program (SVA)</p>	<p>27</p> <p>9:00 <i>Wal-Mart Shopping</i> 9:00 Folding Summit News (Dresden) 9:30 Sittercize (4SR) 9:30 Strength Training (Fam) 10:00 Conversational Knitting (Family Room) 2:00 Flower Arranging (4SR) 2:00 Balance Basics (Fam) 7:00 Game Night (4SR)</p>	<p>28</p> <p>9:30 Sittercize (4SR) 10:30 Bingo Time Fun (FR) 1:00 Table Games &amp; 2:00 Coffee &amp; Chat (4SR) 7:15 Movie Night (4SR)</p>

29

9:45 Worship Service with Pastor Ray Hurst (SVA)  
10:45 Catholic Communion with St. Maria Goretti (4SR)  
7:15 Movie Night (4SR)

**Fitness Center Fair 30**  
8am-3pm

9:30 Exercise (FR)  
9:30 Sittercize (4SR)  
10:30 Tea & Talk (4<sup>th</sup> Floor Lounge)  
11:00 Stretch and Flex (Fam)  
1:30 PC Sing Along (4SR)  
7:15 Movie Night (4SR)

Rosh Hashanah (first Day)

Worship Services  
Channel 1978  
3:00pm & 7:00pm  
Sunday: Salford  
Monday: Blooming Glen  
Tuesday: Zion  
Wednesday: SMH  
Thursday: Calvary 3pm & 8pm  
Friday: Souderton  
Saturday: Franconia

# September 2019

## Personal Care Program Calendar

~PC/PV Life Enrichment Coordinator:  
Sandra Conroy ext: 42222  
Life Enrichment Assistant:  
Ruth Jones  
Weekday Announcements at 8:40am with Devotions Following on Channel 1979  
Univest Bank Tuesday & Thursday from 1pm-3pm~Wednesday: SMH