


RESIDENTIAL LIVING LIFE ENRICHMENT CALENDAR

JANUARY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>If you have any questions on the calendar or programs, please call:</p> <p>Life Enrichment programs: Eileen Burks at 215-368-4438, extension 44121 Fitness programs: Brent Daubenspeck at 215-368-4438, extension 44153 Fitness and Aquatics Hotline, Info and Cancellations: extension 50236 or dial 215-565-0236</p> <p>Pastoral Care items: Ray Hurst at 215-368-4438, extension 44227 Wellness Center Nurse: Maria Popp at 215-368-4438, extension 44158 Transportation items: Sharon Cloonan at 215-723-9881, extension 42237</p> <p>Activities are subject to change based on resident need and scheduling.</p>		NEW YEARS DAY 1 12:00 NY Day Buffet 🚌	2 8:30 Open Lap Swim (P) 9:00 Bookmobile (Dock Manor) 9:00 Hatfield Giant 🎯 9:00 Men's Coffee (B) 9:00 Uninvest Bank (CC) 9:30 Jan. Sign-Ups (CCLobby) 10:00 Resident Council (CR A&B) 10:00 Chair Yoga (RR) \$ 10:30 Water Volleyball (P) 2:30 Afternoon Swim (P) 2:30 Ladies Bible Study (DMCR) 3:15 Balance Basics (RR)	3 7:30 Lab Services (By Appt/WC) 9:00 Arthritis Water Program (P) 9:30 RL Social Services Drop-In Time (WC) 10:45 Chimes (OC2) 1:00 Strength and Endurance Training (RR) 1:15 Stitches of Love (OC1) 2:00 DM Afternoon Bingo (DMGR) 2:00 Moose Research Presentation w/ Ky Koitzsch (FA) 🚌	4 8:30 Open Lap Swim (P) 9:30 Jan. Sign-Ups (CCLobby) 10:30 Forever Young with Kristin (RR) 10:30 Water Volleyball (P) 11:00 Computer Help Desk (DMCL) 1:00 Uninvest Bank (CC) 2:00 Computer 101 Class (FA) 🚌 2:30 Afternoon Swim (P)	5 10:00 Catholic Prayer (Rosary) Time (CH)
		6	7	8	9	10
11:00 Worship (CH) 12:00 Sunday Brunch (Bistro/FA)	7:30 Lab Services (By Appt/WC) 8:30 Open Lap Swim (P) 9:00 Uninvest Bank (CC) 10:30 Water Volleyball (P) 1:00 DM Knitting Group (DMCR) 2:00 Christmas Chimers (CH) 🚌 2:30 Afternoon Swim (P) 3:15 Balance Basics (RR) 7:00 Monday Night Bible Study (DMCR)	9:00 Arthritis Water Program (P) 9:00 Henning's Market 9:00 Lab Services (By Appt/WC) 9:30 Art Class (RR) 9:30 PA House of Rep Aid (CCLobby) 1:00 Tai Chi (RR) \$ 1:00 Everence Trust Office Hours 1:00 Dr. Donley/Podiatrist (By Appt/WC) 2:00 DA, DG, VL, DM Quarterly Resident Meeting (CH) 🚌 2:30 Afternoon Swim (P)	8:30 Open Lap Swim (P) 9:00 Men's Coffee (B) 9:00 Uninvest Bank (CC) 10:00 Chair Yoga (RR) \$ 10:00 Mid-Winter Nightmare Buffet Sign-Ups (CCLobby) 10:30 Visiting Nurse (30 minutes) (DMCR) 10:30 Water Volleyball (P) 2:00 RL Birthday Celebration (FA) 🚌 2:30 Afternoon Swim (P) 3:15 Balance Basics (RR)	7:30 Lab Services (By Appt/WC) 9:00 Arthritis Water Program (P) 9:30 RL Social Services Drop-In Time (WC) 10:00 Prayer Together (OC3) 10:00 Dr. Rosenthal/Optomtrist (By Appt/WC) 10:45 Chimes (OC2) 1:00 Strength and Endurance Training (RR) 1:15 Stitches of Love (OC1) 2:00 DM Afternoon Bingo (DMGR) 2:00 Spiritual Refreshing (OC2) 2:30 Afternoon Swim (P)	8:00 Men's Breakfast (FA) 8:30 Open Lap Swim (P) 9:00 Hilltown Walmart 🎯 10:30 Forever Young with Kristin (RR) 10:30 Water Volleyball (P) 1:00 Uninvest Bank (CC) 1:30 Dr. Kilczewski/Physician (By Appt/WC) 2:30 Afternoon Swim (P)	6:00 Lansdale Community Concert NPHS (Trip)
13	14	15	16	17	18	19
11:00 Worship (CH) 12:00 Sunday Brunch (Bistro/FA) 2:30 Amici Opera Ossenbach's "The Tales of Hoffman"	7:30 Lab Services (By Appt/WC) 8:30 Open Lap Swim (P) 9:00 Faith Crumbs and Coffee (OC3) 9:00 Uninvest Bank (CC) 10:00 Associates in Hearing (1 hr) (WC) 10:00 Living U Spring Kick-Off Reception (FA) 🚌 10:30 Water Volleyball (P) 1:00 Genealogy 101 (DMCL) 1:00 DM Knitting Group (DMCR) 2:30 Afternoon Swim (P) 3:15 Balance Basics (RR) 7:00 Monday Night Bible Study (DMCR) 7:00 Souderton Alumni Men's Chorus (CH) 🚌	8:30 Ladies Breakfast (FA) 🚌 9:00 Arthritis Water Program (P) 9:00 Lab Services (By Appt/WC) 9:30 Art Class (RR) 1:00 Tai Chi (RR) \$ 1:00 Everence Trust Office Hours 1:00 Dr. Donley/Podiatrist (By Appt/WC) 2:00 Strength and Endurance Training (RR) 2:30 Afternoon Swim (P)	8:30 Open Lap Swim (P) 9:00 Bookmobile (Dock Manor) 9:00 Men's Coffee (B) 9:00 Landis Market 🎯 9:00 Uninvest Bank (CC) 10:00 Chair Yoga (RR) \$ 10:30 Water Volleyball (P) 2:30 Afternoon Swim (P) 2:30 Ladies Bible Study (DMCR) 3:15 Balance Basics (RR)	7:30 Lab Services (By Appt/WC) 9:00 Arthritis Water Program (P) 9:30 RL Social Services Drop-In Time (WC) 9:30 What's in Your Backpack (DMCR) 10:45 Chimes (OC2) 1:00 Strength and Endurance Training (RR) 1:15 Stitches of Love (OC1) 2:00 DM Afternoon Bingo (DMGR) 2:30 Afternoon Swim (P) 4:30 RL Dine Around - Rising Sun Inn (Trip)	8:30 Open Lap Swim (P) 9:30 Welcome to Laos Class (RR) 10:00 Choir Rehearsal (CH) 10:30 Forever Young with Kristin (RR) 10:30 Water Volleyball (P) 1:00 Uninvest Bank (CC) 2:30 Afternoon Swim (P)	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20	21	22	23	24	25	26
11:00 Worship (CH) 12:00 Sunday Brunch (Bistro/FA) 6:30 Sunday Evening Worship (CH) 🚌	7:30 Lab Services (By Appt/WC) 8:30 Open Lap Swim (P) 9:00 Univest Bank (CC) 9:30 Dock Book Club (RR) 10:30 Water Volleyball (P) 1:00 DM Knitting Group (DMCR) 2:00 Bolivia Presentation w/ Maky Samir (CH) 🚌 2:00 Classic Car Club (OC2) 2:30 Afternoon Swim (P) 3:00 Caring and Sharing Support Group (RR) 3:15 Balance Basics (RR) 7:00 Monday Night Bible Study (DMCR)	9:00 Arthritis Water Program (P) 9:00 Lab Services (By Appt/WC) 9:00 ShopRite Market 🛒 9:30 Art Class (RR) 1:00 Tai Chi (RR) \$ 1:00 Everence Trust Office Hours 1:00 Dr. Donley/Podiatrist (By Appt/WC) 2:00 Strength and Endurance Training (RR) 2:00 Petra Presentation w/ Dr. Stephen Phillips (CH) 🚌 2:30 Afternoon Swim (P) 7:00 Shuffleboard (OCB)	8:30 Open Lap Swim (P) 9:00 Men's Coffee (B) 9:00 Univest Bank (CC) 10:00 Chair Yoga (RR) \$ 10:30 Catholic Mass (CH) 10:30 Water Volleyball (P) 2:30 Afternoon Swim (P) 3:15 Balance Basics (RR) 5:00 Mid-Winter Nightmare Buffet (Bistro/FA) 🚌	7:30 Lab Services (By Appt/WC) 9:00 Arthritis Water Program (P) 9:30 RL Social Services Drop-In Time (WC) 10:00 Prayer Together (OC3) 10:45 Chimes (OC2) 1:00 Strength and Endurance Training (RR) 1:15 Stitches of Love (OC1) 2:00 DM Afternoon Bingo (DMGR) 2:00 Spiritual Refreshing (OC2) 2:30 Afternoon Swim (P) 7:00 Funeral Choices, Costs and Conversations (CH) 🚌	8:30 Open Lap Swim (P) 10:00 Choir Rehearsal (CH) 10:30 Forever Young with Kristin (RR) 10:30 Water Volleyball (P) 1:00 Univest Bank (CC) 1:30 Dr. Kilczewski/Physician (By Appt/WC) 1:30 Water Volleyball vs BPE 2:00 Schwenkfelder Fellowship (OC3) 2:00 January Blues Bingo (FA) 🚌 2:30 Afternoon Swim (P)	
27	28	29	30	31		
11:00 Worship (CH) 12:00 Sunday Brunch (Bistro/FA)	7:30 Lab Services (By Appt/WC) 8:30 Open Lap Swim (P) 9:00 Faith Crumbs and Coffee (OC3) 9:00 Univest Bank (CC) 9:30 Montgomery Mall/Wegmans 🛒 10:30 Water Volleyball (P) 1:00 DM Knitting Group (DMCR) 2:00 Perkiomen Tours 2019 Multi-Day Trip Presentation (FA) 🚌 2:30 Afternoon Swim (P) 3:15 Balance Basics (RR) 7:00 Shuffleboard (OCB) 7:00 Monday Night Bible Study (DMCR)	9:00 Arthritis Water Program (P) 9:00 Lab Services (By Appt/WC) 9:30 Scavenger Hunt (FA) 9:30 Art Class (RR) 1:00 Tai Chi (RR) \$ 1:00 Everence Trust Office Hours 1:00 Dr. Donley/Podiatrist (By Appt/WC) 1:15 I.V. Public Library Movie - I Can Only Imagine (Trip) 2:00 Strength and Endurance Training (RR) 2:30 Afternoon Swim (P) 7:00 Shuffleboard (OCB)	8:30 Open Lap Swim (P) 9:00 Men's Coffee (B) 9:00 Univest Bank (CC) 9:00 Weis Market 🛒 10:00 Chair Yoga (RR) \$ 10:00 RL Valentine's Day Banquet Sign-Ups (CCLobby) 10:30 Water Volleyball (P) 2:30 Afternoon Swim (P) 3:15 Balance Basics (RR)	7:30 Lab Services (By Appt/WC) 9:00 Arthritis Water Program (P) 9:30 RL Social Services Drop-In Time (WC) 10:45 Chimes (OC2) 1:00 Strength and Endurance Training (RR) 1:15 Stitches of Love (OC1) 2:00 DM Afternoon Bingo (DMGR) 2:30 Afternoon Swim (P)	 CONSTRUCTION CHATS Thursday, January 3 3:30 pm – 4:00 pm Thursday, January 10 3:30 pm – 4:00 pm Friday, January 18 1:30 pm – 2:00 pm Friday, January 25 3:30 pm – 4:00 pm Wednesday, January 30 2:30 pm – 3:00 pm	

Location Key: (B) Bistro, (By Appt/WC) = By Appointment/Wellness Center, (CC) = Community Center, (CH) = Chapel, (CR) = Conference Rooms A & B, (DMCL) = Dock Manor Computer Lab, (DMCR) = Dock Manor Community Room, (DTAR) = Dock Terrace Activities Room, (DTL) = Dock Terrace Lounge, (EC) = Education Center, (FA) = Fisher Auditorium, (FC) = Fitness Center, (FDO) = Fund Development Office, (HH) = Harmony House, (LB) = Library, (OC1) = Oakwood Court 1st Floor Great Room, (OC2) = Oakwood Court 2nd Floor Great Room, (OC3) = Oakwood Court 3rd Floor Great Room, (OCB) = Oakwood Court Basement, (OCDR) = Oakwood Court Dining Room, (P) = Pool, (PBC) = Peter Becker Community, (OCB) = Oakwood Court Basement, (WC) = Wellness Center. 🚌 The bus icon indicates there will be shuttle service for an event. Shuttle service for on-campus events begins 40 minutes before the event, and includes two rounds at each entity. 🛒 Indicates shopping trips. \$ Indicates additional fee.

Games: Monday-Friday 6:00 p.m.
 CC Lobby
 Rummikub, Pinochle, Bridge, Canasta,
 Cribbage, etc.
Shuffleboard Monday-Friday 7:00 p.m.
 OCB
Wii Wednesday 7:00 p.m. OCB